

U13 GIRLS				
EVENT	Name	Performance	Venue	Year
70mH	Jemma Gregory	12.4	Abingdon	2006
75m	Jemma Gregory	10.5	Abingdon	2006
100m	Athena Bolton	13.1	Sailsbury	2001
150m	Jemma Gregory	20.2	Abingdon	2006
200m	Jemma Gregory	28.06	Kingston	2006
600m	Mieke Bedlington	1.52.34	Horspath	2015
800m	Ella Turner	2.23.72	Kingston	2012
1500m	Beth Darwent	5.07.63	Horspath	2015
Long Jump	Lily Cartwright	4.56	Kingston	2006
High Jump	Lily Cartwright	1.46	Nuneaton	2006
Shot Putt	Becky Ladd	7.14	Horspath	1999
Discus	Rachel Fernandez	15.7	Horspath	2014
Javelin	Catherine Duncan	17.8	Daventry	1997
4x100	Athena Bolton, Beth Hampson, Aimee Chisnall, Shay Lewis	58.0	Horspath	2001

U15 GIRLS				
EVENT	Name	Performance	Venue	Year
75mh	Jemma Gregory	12.05	Hendon	2008
100m	Bryony Dawson	12.8	Abingdon	2010
150m	Jemma Gregory	20.0	Cheltenham	2008
200m	Jemma Gregory	26.2	Abingdon	2008
300m	Georgia Harvey	43.0	Horspath	2012
600m	Elizabeth Gottwald	2.05.4	Swindon	1997
800m	Georgia Harvey	2.22.52	Horspath	2012
1500m	Olivia Martin	4.50.54	Milton Keynes	2018
3000m	Olivia Martin	10.42.19	Coventry	2018
Long Jump	Lily Cartwright	5.16	Abingdon	2008
High Jump	Sammy Lewis	1.50	Abingdon	2002
Shot Putt	Catherine Duncan	9.32	Portsmouth	2000
Javelin	Rachel Fernandez	19.74	Horspath	2015
Discus	Catherine Duncan	20.78	Isle of Wight	1999
Pole Vault	Beth Hampson	1.40	Horspath	2003
4x100m	Sammy Lewis, Steffi Bazykiewicz, Ruth Hampson, Cerri Jones	55.1	Abingdon	2003

U17 Girls				
EVENT	Name	Performance	Venue	Year
80mh	Beth Hampson	12.3	Heathside	2005
100m	Scarlett Herold	12.5	Horspath	2018
100mh	Kirstine Fahl	18.0	Burton	2015
150m	Charlotte Salt	22.4	Radley	2010
200m	Jemma Gregory	26.1	Abingdon	2010
300mh	Jemma Gregory	46.4	Abingdon	2010
400mh	Beth Hampson	60.5	Dudley	2004
300m	Beth Hampson	41.99	Banbury	2004
400m	Beth Hampson	60.5	Dudley	2004
800m	Georgia Harvey	2.18.68	Basingstoke	2012
1500m	Fiona Bunn	4.55.75	Horspath	2014
3000m	Fiona Bunn	10.40.89	Horspath	2015
5000m	Laura Jane Chisnall	21.44.5	Horspath	2003
Long Jump	Aimie Chisnall / Fiona Bristow	5.18	Horspath / Birmingham	2006 / 2018
Triple Jump	Jemma Gregory	9.92	Wormwood Scrubs	2009
High Jump	Sarah Silvester	1.54	Redditch	2001
Shot Putt	Catherine Duncan	9.68	Abingdon	2001
Discus	Catherine Duncan	29.96	Abingdon	2001
Javelin	Katherine Mitchell	28.45	Midlands	2000
4x100	Athena Bolton, Aimee Chisnall, Beth Hampson, Erica Vann	52.2	Horspath	2005

U20 LADIES				
EVENT	Name	Performance	Venue	Year
100mh	Beth Hampson	16.0	Radley	2007
100m	Tiffany Cox	12.4	Stourport	2016
200m	Jemma Gregory/Tiffany Cox	26.0	Horsepath/Burton	2011
400m	Jemma Gregory	60.18	Guildford	2011
400mh	Jemma Gregory	66.9	Horspath	2011
800m	Lottie Siddle	02:22:08	Rugby	2018
1500m	Fiona Bunn	4.46.76	Watford	2016
3000m	Fiona Bunn	10.35.39	Leamington Spa	2016
5000m	Chloe Ridewood	19.40.12	Yate	2018
10000m	Laura-Jane Chisnall	45.32.9	Horspath	2004
Long Jump	Beth Hampson	5.20	Yeovil	2006
Triple Jump	Jemma Gregory	10.13	Hemel Hempstead	2011
High Jump	Katherine Mitchell	1.56	Derby	2005
Pole Vault	Katherine Mitchell	1.30	Abingdon	2002
Shot Putt	Katherine Mitchell	9.18	Abingdon	2002
Discus	Kate Goyder	22.32	Abingdon	2001
Javelin	Katherine Mitchell	36.08	Derby	2002
4x100	Beth Hampson, Ruth Hampson, Athena Bolton, Aimie Chisnall	52.5	Tipton	2005
4x400m	Laura Jane Chisnall, Ruth Hampson, Lauren Barklie, Liz Gottwald	53.5	Abingdon	2002

U23 & Senior Ladies				
EVENT	Name	Performance	Venue	Year
60mi	Charlotte Salt	8.51	Eton	2016
100mh	Ruth Hampson	17.0	Horspath	2011
100m	Tiffany Cox	12.2	Abingdon	2018
200m	Tiffany Cox	25.6	Abingdon	2018
400m	Jemma Gregory	59.7	Tipton	2015
400mh	Jemma Gregory	68.0	Tipton	2015
800m	Sarah Lackman	2.23.5	Coventry	2017
1500m	Sarah Lackman	4.56.04	Leamington Spa	2016
3000m	Cordelia Parker	10.25.55	Milton Keynes	2018
5000m	Cordelia Parker	17.50.98	Yate	2018
10000m	Cordelia Parker	38.06.16	Parliament Hill	2017
Long Jump	Tiffany Cox	4.99	Rugby	2018
Triple Jump	Jemma Gregory	9.66	Solihull	2016
High Jump	Jemma Gregory	1.50	Abingdon	2015
Shot Putt	Fatima Jammeh Kinteh	11.34	Horspath	2013
Discus	Fatima Jammeh Kinteh	34.06	Horspath	2013
Javelin	Fatima Jammeh Kinteh	41.65	Burton	2014
Hammer	Fatima Jammeh Kinteh	31.86	Stourport	2016
Pole Vault	Athena Chown	1.90	Corby / Coventry	2016 / 2017
Heptathlon	Beth Hampson	3687	Nuneaton	2007
10K	Cordelia Parker	36.52	Staines	2018
Half Marathon	Claire Norrish	88.42	Grove	2011
Marathon	Victoria Richardson	3.35.48	Abingdon	2018
4x100m	Scarlett Herrold, Fiona Bristow, Tiffany Cox, Chessy McPherson	49.9	Abingdon	2018
4x400m	Sarah Lackman, Charlotte Salt, Kirstine Fahl, Rachel Baust	4.22.0	Coventry	2017