

Abingdon Athletics Club Championship Rules 2021

1. Only paid-up, first claim members at 1st July 2021 are eligible to score points. Eligible membership types are Senior Full, Senior Student / Unwaged, Competing Coach, U9, U11, U13, U15 & U17.
2. You must wear an Abingdon AC club vest/t-shirt in club championship events to be included. Except for club track events, parkruns, marathons or the Pud Run.
3. It is your responsibility to check dates and enter events in good time. No concessions will be made if entry limits prevent anyone running.
4. Your age on 1st January 2021 determines your category for the whole year.
5. Times and positions from official results are always used. This is usually the gun time, except for larger events, which may use chip times.
6. For each gender, points run from 30 for the first eligible club member down to 1 point minimum in each event. If there are more than 30 eligible runners of a gender in an event then the 31st and subsequent runners of that gender receive 1 point each.
- 7.(a) Up to 5 events count towards your championship total points. If you exceed 5 qualifying events, you can discard your weaker scores.
- 7.(b) To qualify for age category or overall prizes, you must score in a minimum of 3 events. Except for the U20 age group, who need to run a minimum of 2 events.
8. (a) Major trophies/prizes are the first overall man or woman and the first in each category: MU20, SM, M40, M50, M60, M70, M80, WU20, SW, W35, W45, W55 & W65.
8. (b) The Prolific Racer Prize is awarded to the runner (of either gender) who completes the most championship events, regardless of points scored. In the event of a tie, if any runner has won one of the main trophies then this will go to the runner that has not won a major trophy with the highest total score, or the runner with the highest total, if all eligible runners have won a main trophy.
9. The overall men and women prize winners are not eligible for age category prizes.
10. The championship coordinator may remove or substitute events if there are cancellations, date changes, date clashes etc.
11. Points for the marathon are awarded on ranked times for each gender as at 30th November 2021. Marathons after 30th November 2021 do not count. If a runner completes more than one marathon then they are ranked using the best time. Virtual races will not count; if your event does not appear on Power of 10 then please let the event coordinator know your result or it may not be included.
12. Order of tie-break:
 - (a) Compare the sub-total of points only in events where the tied runners both competed and both scores could be used in their final score for the best 5 events.
 - (b) Compare the average points per event for each runner over all events completed.
 - (c) Compare the total number of qualifying events completed (more is better).