



CHARTERHOUSE ROAD AND DALSTON LANE NEWSLETTER



Welcome to the Inaugural Edition of the Charterhouse Road and Dalston Lane Community Update!

Dear Charterhouse Road and Dalston Lane Neighbours,

* We are thrilled to present to you the first edition of our newsletter, a vibrant community resource designed to keep everyone in the Charterhouse Road and Dalston Lane area connected and informed. This initiative springs from a collaboration between the Amhurst Road/Charterhouse Road/Dalston Lane Community Centre, with a shared vision to foster a closer-knit community.

Each issue of our newsletter will bring you the latest updates, upcoming events, and important announcements directly related to our neighbourhood. From family fun days to educational workshops and community clean-ups, you'll find everything you need to stay in the loop and get involved.

We believe that informed, connected communities are stronger and more resilient. Whether you're new to the neighbourhood or a longstanding resident, we hope this newsletter becomes a valuable part of your routine.

Thank you for welcoming us into your homes. We look forward to building something great together.

Warm regards,
Abbey - Southern Housing Group
Miranda (MJ) - Editor, Unity Support Network



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COMMUNITY GARDEN

Our community garden has been flourishing with assistance from the community.

We are looking at reviewing some of our plant boxes and we are looking for volunteers to join the caring hands of the current head volunteers Aziz, Paola and Virgil who has been doing an amazing job in keeping things spick and span. If you're interested in volunteering contact MJ on 07900098979 and Abbey 07745 658 932 or please speak to the current volunteers for guidance.

ANIMALS

Hello. My name is TJ. I'm 15 years old this August, but you wouldn't believe it to look at me. I don't go out much. My human has me locked away as she says I'm not very friendly. That's not true, I'm just very particular about the company I keep.



BINGO

'All the 2s, 22!!' 'Quack Quack!!!' I've never heard that before, but I've heard it now.

Fancy a flutter? Come along to our weekly BINGO game on Wednesday from 6.30pm to 9pm at the Charterhouse Road Community Centre. Membership fee is £2.50 per month. £3 a book of 6 games and £1 a flyer. Prizes varies very week. Over 18s only and please gamble responsibly.

Refreshments provided.



YOUTH CLUB

Happy Dayz!! The Youth Club at Charterhouse Road Community Centre is back up and running on Mondays from 4pm to 6pm for children aged 4 to 18 years old. Bring your friends for games, puzzles, UNO and dancing. We will also have the occasional movie. So bring your parent/carer and whilst you play, they have a cup of tea and share their day with the other adults.

Days closed: Monday 26th August & Monday 2nd September



COACH TRIP

Saturday 17th August we will be going to Clacton on Sea for a day filled with sun and fun. If you're interested, reserve your seat at £10 for adults and £5 for under 12s before 17th June. Contact MJ on 07900098979 to reserve your space.

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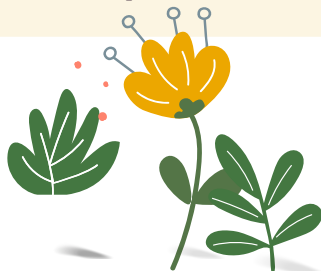


COMMUNITY FUNDAY/COMMUNITY WHATSAPP GROUP

Yea, that sounds nice doesn't it? Well together with Southern Housing Groups Health and Wellbeing team, we are planning a community funday at Charterhouse Road community centre. The date is Saturday 6th July. We're looking for stall vendors on the day, if you have anything you'd like to sell, stalls will be £7 to hire which will go toward future community activities. Please feel free to cook or bake a dish to bring along.

If you would like to be involved in the planning and volunteer for the event, please contact Abbey on 07745 658 932 or MJ on 07900098979 also, if you want to be included in the community WhatsApp group, contact Abbey or MJ and they will add you and you will get all the latest updates on community events.

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COMMUNITY CAFE

Come and meet Abbey and the team from Southern Housing Group's Health & Wellbeing Department.

This is a place for members of the community to have a natter and play a game of cards, dominoes and a boogie. Come along and swivel those hips on Fridays from 1pm to 3pm at the Charterhouse Road Community Centre. Refreshments provided.



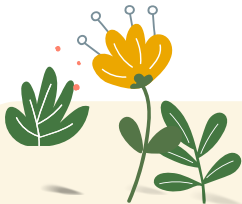
DALSTON LANE COFFEE MORNING

Every Wednesday from 11 AM to 1 PM, the Dalston Lane Community Centre becomes a haven for the women of Charterhouse Road and Dalston Lane. Our Women's Coffee Morning is the perfect spot to take a peaceful break and enjoy good company. Come along to relax and engage in warm conversations over coffee with fellow local residents.

What's Happening:

- * **Armchair Yoga:** Gentle, accessible yoga sessions from the comfort of a chair—ideal for relaxation and improving flexibility.
- **Mindfulness Activities:** Guided exercises to help you find tranquility and enhance your mental well-being.

This gathering is not just a coffee break but a safe space to unwind, meet new friends, and enjoy some tranquil moments together. We look forward to welcoming you!



GET INVOLVED



Want to volunteer on any of the projects? Want to be the next great bingo caller? Want to put your green fingers to great use? Want to assist in providing activities to our kids and elders in the community? Want to be an editor for the following newsletter or feature in our following newsletter?

Contact Miranda on 07900098979 and Abbey 07745 658 932 to discuss opportunities. Volunteering with Elders, Vulnerable Adults, and Children will require an Enhanced DBS.