




Volunteer Sports Coach & Youth Mentor

 **Location:** Charterhouse Road Community Centre, Hackney, London

 **Hours:** Monday evenings (4:00 PM – 6:00 PM), with potential for additional sessions in the future

 **Voluntary Role** (Travel expenses can be covered where needed)

Role Overview

We are looking for a **passionate and energetic volunteer** to coach and engage children and young people (ages 10-18) in **fun, structured sports and physical activities** at our afterschool/youth club. This role is ideal for **enthusiastic individuals** who want to **inspire young people to be active, build confidence, and develop teamwork skills** in a safe, inclusive environment.

Key Responsibilities

- ✓ Plan and lead **sports sessions** such as football, basketball, athletics, and other fun activities
- ✓ Encourage **physical fitness, teamwork, and positive social interactions**
- ✓ Ensure activities are **inclusive and suitable for all abilities**
- ✓ Supervise children, ensuring their **safety and wellbeing** at all times
- ✓ Motivate and mentor young people to **build confidence and resilience**
- ✓ Promote **fair play, discipline, and teamwork**
- ✓ Assist with setting up and packing away equipment
- ✓ Adhere to **safeguarding policies** and report any concerns

What We're Looking For:

- Someone **reliable, enthusiastic, and patient**.
- Experience working with young people (formal or informal) is beneficial but not essential.
- An understanding of safeguarding and child protection (training will be provided).
- A friendly and approachable attitude with good communication skills.
- Ability to commit to at least **one evening per week** (Mondays).
- A current **DBS check** (or willingness to apply for one, which we can arrange).

What You'll Gain:

- The opportunity to make a **real difference** in the lives of local children.
- Experience working with young people in a **community setting**.
- Training in **safeguarding and youth engagement**.
- Being part of a **dedicated and supportive team** making an impact in the local area.

Join us in creating a **safe, fun, and supportive space** for young people in our community! 🎉

Skills Required for Sports Coach & Youth Mentor (Volunteer):

- ✓ Experience in **coaching, sports instruction, or youth work** (preferred but not essential)
 - ✓ Passionate about **working with children and young people**
 - ✓ Strong **communication and leadership skills**
 - ✓ Enthusiastic, patient, and able to **motivate participants**
 - ✓ Ability to **adapt activities** to suit different skill levels
 - ✓ A clear **Enhanced DBS Check** (or willingness to undergo one)
 - ✓ Knowledge of **safeguarding and child protection** (training provided)
 - ✓ First aid qualification (preferred but not required)
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Other Support for Volunteers

At **Unity Support Network**, we value our volunteers and offer additional support to ensure a positive experience, including:

- ✓ **Mentoring & Guidance** – New volunteers can be paired with experienced team members for support.
- ✓ **Wellbeing Support** – Regular check-ins to ensure you feel comfortable and valued in your role.
- ✓ **Flexible Scheduling** – If you need adjustments to your time commitment, we're happy to accommodate.
- ✓ **Skill Development** – Gain training in safeguarding, youth work, and first aid to build your skills.
- ✓ **Travel Expenses** – We can cover reasonable transport costs for volunteers where possible.
- ✓ **Access to Resources** – All necessary equipment and materials will be provided for

your role.

✅ **Recognition & Appreciation** – Your contributions will be celebrated through events, certificates, and public acknowledgments.

We are committed to **creating an inclusive, supportive, and rewarding volunteering experience!**

Providing a COVID-Safe Environment

At **Unity Support Network**, we prioritise the health and safety of all volunteers, children, and community members. To ensure a **COVID-safe environment**, we will:

🧴 **Maintain Hygiene Standards** – Hand sanitiser stations will be available, and regular handwashing will be encouraged.

🧹 **Regular Cleaning** – Frequently touched surfaces, equipment, and shared spaces will be disinfected regularly.

🪟 **Space & Ventilation** – Where possible, activities will be spaced out, and rooms will be well-ventilated.

🤒 **Stay Home if Unwell** – Volunteers and attendees will be encouraged to stay home if they feel unwell or show COVID symptoms.

😷 **Masks (If Preferred)** – Volunteers and participants who wish to wear masks will be supported in doing so.

📋 **Guidelines Followed** – We will adhere to the latest government and health authority guidance regarding COVID-19 safety.

We are committed to **keeping our community safe while ensuring everyone can take part in a fun, engaging, and welcoming environment!**

Inclusive Volunteering – Who We Welcome


At **Unity Support Network**, we are committed to providing an **inclusive and supportive** volunteering environment. We welcome individuals who:

- ✅ Are passionate about supporting children, young people, and the community.
- ✅ Can commit to regular volunteering hours and work well as part of a team.
- ✅ Are willing to undergo an **Enhanced DBS Check** (this must be clear of any

convictions).

- ✓ Have no criminal offences that would prevent them from working with vulnerable groups.
- ✓ Are respectful, responsible, and committed to safeguarding the well-being of all participants.

We are dedicated to **creating a safe, inclusive, and positive space** where volunteers can **make a meaningful impact** while developing their skills and experiences.

 Interested? Contact MJ on 07359431441 or unitysyncic@outlook.com