

# MAY SHOPPING LIST

- Tinned cold meat i.e. Spam
- Tinned hot meat i.e. Stews
  - Jam
- Long life sponge puddings
  - Rice
- Tinned rice pudding

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## Non-food items

- Cat/dog food
- Gluten free alternatives
  - Shampoo
  - Conditioner
  - Deodorant

\* Please note: We ask for small packs as larger packs do not fit in our boxes making it difficult for our clients to carry home. Also, we are unable (for hygiene reasons) to split large size or catering packs.

We are always pleased to accept monetary donations if you prefer or Supermarket Gift Cards.

Please Note: We follow the standards set by the Food Standards Agency. We can only accept donations of unopened and undamaged goods that are still well within their “use by” date (no less than six months if possible). Items which do not meet these requirements cannot be used and your donation may be wasted.

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W: [www.braintreearea.foodbank.org.uk/give-help/donate-food](http://www.braintreearea.foodbank.org.uk/give-help/donate-food)

