

May 2023 Shopping List

Urgent: Shampoo Toothpaste Size 4, 5 & 6 Nappies Washing Up Liquid Coffee Sugar

To Maintain Stocks:

Tinned Baked Beans Tinned Soup Tinned Spaghetti Tinned Hot Meat (Curry, chilli, stew etc) Tinned Snacks (Beans & Sausages etc) Tinned Veg Tinned Tomatoes Tinned Fish

To Maintain Stocks (continued) **Tinned Rice Pudding Tinned Fruit Tinned Potatoes Tinned Cold Meat** Instant Snack (eg Pot Noodle) Jam Cuppa Soup Pasta Sauce Rice Pasta Custard Instant Mash **Biscuits** Chocolate Long Life Juice **UHT Milk** Tea

We follow the Food Standards Agency standards. We can only accept donations of unopened and undamaged goods well within their "use by" date. Items that do not meet these requirements cannot be used and your donation may be wasted.

www.braintreearea.foodbank.org.uk info@braintreearea.foodbank.org.uk



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