

# July 2023 Shopping List



## Urgent:

Feminine Hygiene  
Size 3 Nappies  
Tinned Fish  
Jam  
Tinned Vegetables  
Tinned Fruit  
Shampoo  
Tinned Vegetables  
Tinned Hot Snacks  
(eg Beans and  
Sausages)  
UHT Milk  
Coffee  
Sugar  
Fruit Squash

## To Maintain Stocks

Size 4,5,6 nappies  
Tinned Tomatoes  
Sponge Puddings  
Tea  
Tinned Spaghetti  
Tinned Rice Pudding  
Tinned Hot Meat (Stew, Curry)  
Custard (Packet)  
Tinned Potatoes  
Instant Mash  
Rice  
Pasta  
Pasta Sauce  
Biscuits  
Instant Snacks (eg Pot  
Noodle)  
Packet Soup  
Long Life Juice  
Cereal (500g & Below)

We follow the Food Standards Agency standards. We can only accept donations of unopened and undamaged goods well within their "use by" date. Items that do not meet these requirements cannot be used and your donation may be wasted.

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