

## April 2024 Shopping List and Update

We would like to thank you for your continued support. With the cost of living crisis and rising food prices any donations made are gratefully received. We also know and see how much your donations mean to those who find themselves in food crisis.

We have distributed over 2,600 parcels to those in need so far this year and we find ourselves in the unfortunate position that as fast as the donations are coming in we are giving them out. Your support is vital.

Our Community Outreach Officer is working hard to build links with local communities so that we can help those who are unable to reach a centre for example those with mobility issues. This outreach work is for anyone who finds that they need support in both towns and rural areas. If you would like more information about this service please email [outreach@braintreearea.foodbank.org.uk](mailto:outreach@braintreearea.foodbank.org.uk) or telephone 01376 330694 and ask to speak to Sarah.

### Food items

- Tinned cold meat i.e. Spam
- Tinned hot meat i.e. Stews
- Jam
- Long life sponge puddings
- Rice
- Tinned rice pudding

### Non-food items

- Cat/dog food
- Shampoo
- Deodorant
- Gluten free alternatives
- Conditioner
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**\* Please note: We ask for small packs** as larger packs do not fit in our boxes making it difficult for our clients to carry home. Also, we are unable (for hygiene reasons) to split large size or catering packs.

We are always pleased to accept monetary donations if you prefer or Supermarket Gift Cards.

**Please Note:** We follow the standards set by the Food Standards Agency. We can only accept donations of unopened and undamaged goods that are still well within their "use by" date (no less than six months if possible). Items which do not meet these requirements cannot be used and your donation may be wasted.

T: 01376330694

E: [info@braintreearea.foodbank.org.uk](mailto:info@braintreearea.foodbank.org.uk)

W: [www.braintreearea.foodbank.org.uk/give-help/donate-food](http://www.braintreearea.foodbank.org.uk/give-help/donate-food)