Books to support Relationships and Sex Education

Title	Author	Description	Suitable for
Mummy Laid an Egg!	Babette Cole	In this story the kids put their embarrassed parents straight and dispel the myths surrounding baby-making, growth and birth.	Year 2 and KS2
Making a Baby: An inclusive guide to how every family begins Making baby	Rachel Greener and Clare Owen	An honest, accessible illustrated guide to how babies are made, readers can find out exactly what is needed to grow a baby, from introducing the basic building blocks of life such as sperm and eggs, to explaining the different ways that these building blocks can be put together to create a family.	KS2
It's Okay to be Different TO OKAY TO BE DIFFERENT TO OKAY TO BE DIFFERENT TO OKAY TO BE DIFFERENT TO OKAY TO BE DIFFERENT	Todd Parr	A child-friendly book that delivers the messages of acceptance, understanding and confidence.	KS1
And Tango Makes Three and tango tango three tango three tango	Justin Richardson and Peter Parnell	Based on a true story of a pair of male penguins at the Bronx Zoo.	KS1 and KS2
Questions and Feelings About: When Parents Separate	Peter Sanders and Steve Myers	A simple and reassuring book that deals with the complexities for parents separating.	KS1 and KS2

When Parents Separate			
All About Families	Felicity Brooks	A book to help children explore 'What is a family?'	KS1 and KS2
Respect, Consent, Boundaries and Being In Charge of You	Rachel Brian	Presented in a comic book style, this book is a good starting point to explain what consent means.	KS2
Who Has What? Who Has What? All About Girls' Bodies and Boys' Bodies ROBIE H. HARRIS BURGERIN NADINE BERNARD WESTCOTT	Robie H Harris	An introduction to the similarities and difference between girls' and boys' bodies.	EYFS and KS1