

Totteridge and Terriers News

Issue 33

## T&T NEWS

Autumn 2015



Picture © Brian Pollard 2015

The 'White Tailed' Bumble Bee is attracted to the thistle as they are composed of lots of little flowers and ideal for collecting lots of pollen. Photograph taken in our back garden in Totteridge this summer.

See inside for all your community news from Totteridge & Terriers.....

### **Events & Information Diary**

This is your guide to just some of the events that are on in the local area. If we have not included yours remember you can still add it to our web site at www.bucksvoice.net/tandtnews or if it is after mid-December include it in our winter edition. Call, text or e-mail us with the details.

### **Thursday 10th September**

Wycombe Wenches W.I. Meeting, Totteridge Community Centre 8pm Tonight's meeting looks at "Celebrating 100 years of the W.I. The W.I. meets on the second Thursday of each month. See article on page 15 for more information.

### Thursday 1st October

### Terriers W.I. Meeting at Cedar Park School, Hazlemere 7:45pm

Talk on Traidcraft. The W.I. meets on the first Thursday every month. See article on page 5 for more information.

### Sunday 18th October

### Priestfield Arboretum Open Day 10:30am to 4:30pm

Stony Lane, Little Kingshill, HP16 0DU

A private collection of rare and specimen trees in a delightful 6 acre woodland setting. Managed by volunteers. Admission  $f_{2}$  with free guided tours during the day. A guide book is available. Uneven terrain so may not be suitable for disabled.

### Saturday 31st October

Children's Party for All Hallows Eve at St Francis Church Hall 5pm A non-scary alternative to Halloween with games and stories.

### **Thursday 5th November**

Bonfire Party at St Francis Church in Terriers 6pm The event takes place in the Church grounds with snacks and hot drinks available.

### Friday 20th November

T & T News deadline for articles, events and advertising. Our winter magazine will be out early December 2015

### Saturday 28th November

### Terriers Christmas Fair at St Francis Church Hall 11am

An opportunity to buy those gifts and cards, to stock up on homemade Christmas goodies and enjoy a simple lunch out. Santa will, we hope be there with gifts for the younger visitors.

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Totteridge and Terriers News	T & T News is published four times a year in March, June, September and December. We aim to get the magazine distributed by mid month of issue. In order that we can achieve this deadline		INS	IDE THI UE:	HIS WELCOME TO T&T NEWS		
68 Windsor Drive High Wycombe HP13 6BL	we need your articles	and advertising as early as possible. Our er 2015 edition is 20th November.	Terrie	ers W.I.	5	Hello,	
TelPhone: 01494– 463107 Text / Mobile: 07905–	However T & T New	e thank all our advertisers and contributors for their support. owever T & T News cannot endorse any product or service ntain within this magazine. You are advised to check details of		rice News l Policing	7 9	Welcome to the Autumn 2015 edition of T & T News. Firstly thank you to Brian for supplying our front page picture a great reminder of summer days in our gardens. As	
Ret / Mobile: 07905– 888098 F-mail· Printed by: Expert Print Doncaster DN1 2TF Tel: 01302 - 719137 Distribution: 3,750 copies to homes & businesses in Totteridge & Terriers	all goods and services offered. All contributions are excepted in good faith and opinions expressed are not necessarily that of the editor or T & T News. That's about itJoin us again in December 2015. In the meantime you can catch up with all the latest news on our web pages at: www.bucksvoice.net/tandtnews		Lota Upda Girlgi	ate	11	<ul><li>picture a great reminder of summer days in our gardens. As we move into autumn the leaves will be turning brown and our thoughts will soon be moving towards the festive season ahead.</li><li>If you were away this year I do hope you had an enjoyable summer holiday as we now begin what often seems the long run up until the end of the year. It is a busy time for many community, church and other organisations with Christmas fairs and other events. Do keep visiting our web site where</li></ul>	
			Terrie	ers Farm lopment	13		
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Speak up f	or your vote	T & T NEWS NEEDS YOU!	Cham	neleon	19	we will endeavour to include details of events where know of them. Please make sure you include T & T News in your circulation list so in turn we can let the community know "What's On".	
to every household in	Council recently wrote the district. The letter		Steve MP	Baker	21		
registered to vote to	sidents who are not o get on the electoral	have a number of roads where help is required so why not join our team?	Totter	ridge FC	24	Read on for all your local news and events around Totteridge and Terriers Good reading!	
Info: www.wycon	ister. nbe.gov.uk/voting .uk/register-to-vote	If you can help call us on 01494 463107 or text 07905 888098.	Event. Inform Diary	mation	27	David Winterburn, Editor	
PUPPY & DOG TRAINING CLASSES, 1-2-1's & BEHAVIOUR In High Wycombe, Beaconsfield & surrounding areas Small classes using reward-based methods Qualified, experienced instructor Member of APDT & CAPBT Tel. 07903 303 472 www.suzannebullworthy.weebly.com		David Winterburn Marketing & Media In-house newsletters, Local promotional work Flyers for the small business RSL Radio service management Training and Production Tel: 01494 – 463107 dwinterburn.fm@tiscali.co.uk		A Local Cleaning company for all your Domestic and Office Cleaning Regular or occasional cleans One off, End of Tenancy etc Competitive Rates - Free Quotes Call 01494 446131 or 07900 354174 E-mail: info@absolutecleaninguk.co.uk Web: www.absolutecleaninguk.co.uk			

T&T News

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**Terriers & Amersham Hill** Val Letheren E-mail: vletheren@buckscc.gov.uk

**Totteridge & Bowerdean** Chaudrey Ditta E-mail: cditta@buckscc.gov.uk

For your local District councillors: Visit the Wycombe District Council Web Site at: www.wycombe.gov.uk who after flirting at the top end of the table last season will be looking to continue their improved form in the league and maybe push for league honours.

Sport helps children develop in many ways, learning key skills for life such as team work, communication and problem solving whilst providing a fun and challenging environment to maintain their fitness levels. Our qualified FA coaches are there to ensure that the children develop their skills at their own pace and have the satisfaction of putting them into practise against players of their own age.

We are now looking for players to fill these younger teams. If you are interested in joining, please contact Peter Jemmett by email <u>peterjemmett@aol.com</u> or call the appropriate team manager:

Under 9's – Liam Lovett 07899 902637 Under 11's – Oliver Witney 07706 888441 Under 15's – Richard Porter 07710 825387

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Advertising Rates: B & W - Mini Ad £12 / £20 Quarter Page / £40 Half page Colour - Mini Ad £15 / £30 Quarter Page / £55 Half Page / £110 Full Page



**TOTTERIDGE FC** was formed in 1996 to provide football for the local youth in the community. For more information and contact details please visit our web site – tottfc.intheteam.com

### AWARDS

To round off last season, for the 2<sup>nd</sup> year we all descended on Frankie & Benny's for our end of season awards and was pleased to welcome as our guest of honour Cllr Chaudhary Ditta who presented a cheque on behalf of Bucks County Council towards a set of new goalposts. Amidst the normal player achievement awards there were a few top honours that I feel deserve a special mention here:

**'Frankie & Benny's Exceptional Young Person'** - This award is in its second year and it is really pleasing to see this go to one of our younger players. Harvey Davies has been with us for a couple of years and in that time has always shown great enthusiasm and positive attitude, always willing to congratulate the opposition whatever the result and welcoming new players and helping them settle into the team.

**'Chapman-Jemmett Special Contribution Shield'** – After many years of being in the running for this award at long last Steve Jackson has won the accolade he has patiently waited for after his many years of dedicated service performing nearly every duty there is. It is ironic that, after being left disappointed in the previous 13 years, he was not present to collect the award!

**'Chairman's Award, Clubman of the Year'** - last in this line up is Oliver Witney. Olly joined us a couple of years ago re-establishing our mini football section for younger players. Last year proved more difficult when the Under 8's team manager resigned, however Olly took on the mantel of not just his own team but overseeing the younger age group as well and has been a driving force in moving the club forward – Olly fully deserves to win this award for the second year running.

### NEXT SEASON

With the new season upon us, we will continue with the 3 same teams all moving on one year: The Under 9's continuing to play mini football as last year – The Under 11's moving up to 9-a-side football, this is a new venture for the club with matches played on slightly larger pitches with larger goalposts – The Under 15's





T&T News

### **Terriers Evening W.I.**

The profile of the W.I. has certainly been raised in the past few months with all the Centenary celebrations. The Garden Party at Buckingham Palace was a very exciting although tiring day for Brenda. 7,000 women were there and it was hosted by the Duchess

of Cornwall. Apparently glimpses of the Royals were difficult to come by although Brenda had a view of the top of the Duchess of Cornwall's hat by standing on a chair. Photos were not allowed in the grounds so we have no record of this.

The Centenary Baton , which you may remember passed through High Wycombe in April, ended its journey at the Annual Meeting when it was presented to the Queen W.I.s had been asked to upload images of their activities on a memory stick concealed inside the baton giving a taste of W.I. life across the Country. The singing of Jerusalem by 5,000 women at the Albert Hall is always an emotional experience but this year they were joined by everyone at the live screenings at local cinemas.

It was a privilege to have the Queen at the Annual Meeting and as always she and Princess Anne showed real interest in everything going on. Some of you may have seen Lucy Worsley tracing the history of the W.I. on TV. The W.I. is renowned for its campaigning over the years, fighting on such issues as women's rights and improvement in rural housing. Our President continued this tradition when she joined a rally, along with others from High Wycombe, at Westminster on climate change a major concern of our day.

To complete the year we hope to plant a special pack of bulbs somewhere in Terriers during September to commemorate the founding of the W.I. in that month a hundred years ago.

We continued with the hundred years theme at our garden party in July. Members were asked to dress up in period costume from the last 100 years. The winner was Pat as a 1930's tennis player, very topical, and second place went to Chris who was the little woman who stayed at home to look after hubbie. Things have changed some what! We then had a buffet supper which we would have recognised from our younger days, bridge rolls, trifle etc.

### Future programme

Oct. 1st.	Traidcraft
Nov. 5th	A.G.M.
Dec. 3rd.	The Magic Circle Experience

We meet on the first Thursday of the month at Cedar Park School, Cedar Avenue, Hazlemere at 7.45 p.m. We are always pleased to welcome new members. For further details contact Margaret Rogers Tel. 01494 524947

## SOUTH BUCKS

Formally known as MPF Counselling the non-profit making organisation registered as a charity has been established over 30 years. They offer counselling to adults over the age of 18 years in High Wycombe and the surrounding areas. It offers help to people when they feel they can no longer cope and are affected by feelings such as depression, anxiety and confusion. Counselling at South Bucks Counselling offers a confidential place in which to explore problems, helping clients to see their situation more clearly and make decisions to achieve a more satisfying life.

South Bucks Counselling also runs courses and this spring has been running two of its most popular ones on Surviving Parenting and Counselling and Interpersonal Skills.

To find out more visit the web site at: www.southbuckscounselling.org.uk or telephone the office on 01494 440199

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In July, the Chancellor introduced his first budget of this Parliament, and it is clear George Osborne intends to deliver a growing economy and control the national finances and see the national debt fall, as well as moving us to a higher wage, lower tax and lower welfare society. There were some eye-catching initiatives such as the raising of the Inheritance Tax threshold to £1million for married couples, cutting Corporation Tax, confirming our commitment of spending 2% of our budget on defence, and putting welfare on a sustainable footing. I have been re-elected to serve on the Treasury Select Committee and will continue to ensure this country's finances are sound. I retain my commitment to full employment, rewarding work and making sure the country lives within its means.

If you would like to comment on the Government's programme, please email me: <u>steve.baker.mp@parliament.uk</u>. If you despair of the bureaucracy of government and would like my help with a particular issue, please phone my constituency office on 01494 448408.



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#### T&T News

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Rennie Grove has a number events during autumn and throughout the year to raise funds for the charities vital work.

On 17th September they will be holding a Fashion Show which takes place over at Grove House in St Albans. Meanwhile later in the month there will be the inaugural Charity Golf Day organised by Steve Toms. This will take place at Chartridge Park Golf Club on Friday 17th June. Please call 01442 890222 for more information.

You can Test your strength and stamina in this year's Muddy Mucker© on Sunday 27 September. Choose either a 5km or 10km obstacle challenge in the mud - decide on the day depending on how fired up you are! Sign up now and get fundraising.

If you have an old car to dispose of the Give-A-Car scheme may be for you. At no cost your old car will be taken away to help raise funds.



In May South Bucks Hospice launched the 'Support our Nurses' fundraising campaign and we would love for you to be involved!

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If you would be interested in becoming a monthly donor towards this appeal please call Rose at the Hospice on 01494 464045 and ask for a monthly donation form.

We would also love for your business, school or social group to adopt us as their charity of the year! We would be delighted to work with you across the year to organise exciting fundraising events and activities.

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### News from Westminster to Wycombe - Steve Baker MP



I know local health services are one of the most important issues for my constituents, and I have often spoken about my commitment for a new generation Urgent Care Centre at Wycombe Hospital. However, this time I thought I would talk about the Care Quality Commission's (CQC) recent report on End of Life Care at Wycombe Hospital. The CQC found there has been improvement since its last inspection in two of the five areas it evaluated, and overall rated it 'Requires Improvement'. However, it is rated 'Good' for caring, which I see reflected in the report. Many of us will have had some

experience of losing a loved one and may be impatient to see improvements in this service; I have no doubt staff are working hard towards that end.

During the last few weeks you may have seen on national TV and newspapers I am leading the *Conservatives for Britain* campaign. The group has been formed to discuss the criteria by which to judge the Government's EU renegotiation, and will prepare the ground to leave the European Union if it is not possible to agree a new relationship of peaceful trade and co-operation rather than ever closer political union. I believe the UK's present relationship with the EU lacks democratic accountability and consent, and I welcome the Prime Minister's commitment "to reform the EU and fundamentally change Britain's relationship with it". I believe the UK should be a sovereign nation and Parliament able to decide which EU laws apply in this country. I have an optimistic global view of the UK's future, and have great confidence in the British people.

Britain's relationship with Europe is not the only constitutional matter under consideration. When Parliament returns in the autumn we will be debating Bills to give further devolution to Scotland, Wales and our cities, and giving English MPs a veto over matters only affecting England. Many of us will have questions about both the Counter-Terrorism Bill and the Communications Data Bill: balancing the very real threats we face against protecting liberty and privacy is a delicate matter which is bound to provoke a range of views. Page 20

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### Local Policing Update

### Terriers & Amersham Hill / Totteridge & Bowerdean

Monthly local Neighbourhood Updates for both our local areas can now be found on the Thames Valley Police web site under "Wycombe East". Visit www.thamesvalley.police.uk and follow the links.

In both areas speeding continues to be of concern. A speeding operation was recently carried out along Hatters Lane. Results indicated that 93% of vehicles were going under 30mph with the remainder doing between 31-34mph. A further speeding operation is due to be carried out along Totteridge Road and Arnison Avenue where there have also been reports of anti-social driving.

Parking issues seem to be on-going in several areas. However the powers available to the Police are mainly limited to obstruction. This has meant that for 90% of calls made there is little that can be done which is making it very resource intensive for the local Police team.

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### CHAMELEON SINGLES GROUP

Summer would not be summer without a day trip to the coast. This year nine of us made a welcome return to the east coast with a day at Clacton-on-Sea. Lucky



with the weather it was even warm enough to venture onto the sands for the afternoon although the tide was in putting paid to sandcastle building! A fish and chip supper on the pier made for a fitting end to a great day out.

Several of our members are interested in live music, cinema and theatre and when there is something of common interest we try to book taking advantage of group rates where possible. Events over the last few months include a Chinese Meal at Top Wok in Princes Risborough, a summer BBQ held at a members home and a visit to the Rebellion Brewery to mention but a few. There is always a lot going on with something for virtually everyone. All events are organised by members acting as hosts. To them all we are very grateful as no organisers would equal no Chameleon!

Our regular events each month include the Lunch Club on the first and the Pub Night on the last Friday of each month. For those interested in live music we visit Dusty's most months for some great live bands at the Holmer Green Sports Club. Coffee mornings have also been popular with more planned.

All our events are open to new members with the Pub Night a great place to meet up. You would be very welcome to come along and join us for a drink on the last Friday of the month at The Crown, Amersham Road, Hazlemere from 8pm. There is food available if you wish to eat and many members take that opportunity to skip the cooking at home!

Our membership includes a number of local people from Totteridge, Terriers and surrounding areas. If you are single, 40 - 60's, looking for a great social life and new friends then why not give us a try? There are no strangers at Chameleon, just new friends to be made in a social group run by and for its members. To find out more call one of our membership secretaries Heike 01494 - 459246 or Joyce 01494 - 817895 or e-mail: chameleon bucks@tiscali.co.uk. Visit us on-line at www.bucksvoice.net/chameleon for more information and an events listing.



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#### 24 HOUR SERVICE

### T&T News



First High Wycombe Brownies and Guides have been having great fun in the last few months. The Brownies had a sponsored Sleepover in St Andrew's Hall earlier in the year, when they raised over £200 for Wycombe Homeless Connection. We have also been learning about Brownies in Sri Lanka, making fruit "mocktails" and had great fun at the end of term at our "Fairy Party" where we decorated fairy cakes

and had a "Great Fairy Treasure Hunt" outside! We have spent some time doing bark rubbing and seeing what creatures we could identify at a Bug Hunt.

The Guides have also been having fun, working on music badges, looking forward to attending the "Big Gig" Pop Concert which is an event at Wembley especially for Guides (last year they were so excited as "Little Mix" appeared). The girls rounded off the summer term with a fantastic District Campfire event at Mop End, with Rainbows, Brownies and Guides from the District meeting together to sing old camp fire favourites, learn new ones, and share some of their own songs with each other. It was a lovely evening, in a beautiful location.

We are all now enjoying a lovely Summer Break while thinking of interesting and fun activities for the girls to learn and enjoy next Term. Andrea

### BucksFest15 lst - 6th August 2015

During the first week of August many of the Girl Guiding units within Buckinghamshire attended a camp within the New Forest at Foxlease, a Guiding Training and Activity Centre.

This camp had many activities during the day that the girls could attend, ranging from high ropes, archery and fencing to swimming, geocaching or visiting the local village of Lyndhurst. Everyone also had the opportunity to spend the night under the stars on Brownsea island where the first

ever Boy Scout camp was held by Robert Baden Powell exactly 108 years ago. While on Brownsea the girls took part in raft building and sea kayaking as well as exploring the island and spotting the red squirrels, peacocks and deer.

There was also evening entertainment led by Carole Arnold and James Palin who have been in the High Wycombe gang show as well as having produced it. This entertainment included a disco, a sing-a-long film evening, and a live music evening with C J Edwards band. All of the activities both during the day and during the evening had entertainment for all the girls ranging from the Guides to the Senior Section aged (10 - 25).

(Image 1:Carole Arnold and James Palin as Princess Anna and Oaken during the Frozen sing-a-long film evening) Helen Moffatt, East District Rangers

Want to join or find out more? Log into www.girlguiding.org.uk/interested or contact Terrie on 01494 445816 email terrie103@btinternet.com



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### **Regular parish activities:**

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- Sunday services at 8.00 a.m. and 10.00 a.m.
- Communion services each Wednesday at 10.00 a.m.
- Messy Church on the third Saturday of each month for people of every age: a time of craft work and messy play, worship and a shared meal.
- Communion services on Saints' days and other holy days (details on the ٠ parish website: www.terrierschurch.org.uk).
- The Julian Meetings for people interested in exploring meditation and the ٠ way of contemplative prayer. These take place in church at 8.00 p.m. on the first Monday and 2.30 p.m. on the third Monday of the month.
- Keep Fit in the church hall at 3.00 p.m. on Tuesday afternoons. •
- Christian Aid Lunch in the church hall at 12.30 p.m. each Friday.
- The Walkers United group meet first Saturday of each month (except • September) for a walk and a pub lunch. Details on church notice-board.
- The monthly working parties keeping the church grounds tidy on the • morning of the second Saturday of each month (weather permitting) from around 9.30 a.m.

### **Totteridge Baptist Church**

Hilary Road. Regular Sunday service at 10:30am. Reverend is David Hazledine. Tel: 01494 - 263359

Clubs and groups include Beavers, Cubs, Genesis Club, Xodus Club and Tumbling Tots. Coffee Morning on the first Wednesday of the month from 9:30 - 11am.

### St Andrews Church (C of E)

Located on Hatters Lane, High Wycombe HP13 7NI. Services are every Sunday at 9:15am & 11:15am Tel: 01494 - 529668

### St Wulstans Catholic Church

Located on Hollis Road, Totteridge, HP13 7UN Regular Masses both on Sunday's and at other times during the week. Tel (Parish office) 01494 - 438300

### St Augustines Church (Catholic)

Located on Amersham Hill, High Wycombe There are regular Masses on Saturday's, Sunday's and during the week. Tel: 01494 - 523969

### **Totteridge Mosque**

(Wycombe Islamic & Mosque Trust Limited) 24 Totteridge Road, High Wycombe, HP13 6EB Tel: 01494 - 513440 Also Muslim Education Centre at 4 The Parade, Totteridge Drive Tel: 01494 - 522786

Issue 33



#### Autumn at St Francis

.....is always a busy time of year at St Francis. As well as the start of the new school and college year there is the celebration of Harvest Thanksgiving, followed by the celebration of our patron, St Francis, and of our church building's birthday. This year it will reach the ripe age of 85 and there will be cause for special celebration now that the work of restoring and renewing the church building is completed. Then, at the beginning of in November, we

celebrate the people whose lives have inspired us and encouraged us as we seek to follow the way of Jesus. We also remember those whom we love but see no longer, inviting all those for whose family the clergy of St Francis have led a funeral service during the past three years to join us in remembering. Ten days later we will share in the national act of remembrance for those who died in two world wars and the many other conflicts in which British forces have been involved since 1945. Finally, we begin to look forward to Christmas, with the annual Terriers Christmas Market towards the end of November.

This year several of these will have an extra dimension. Our Harvest Thanksgiving this year will be enriched by the presence of visitors from Bredaryd, our partner parish in the Church of Sweden. We also anticipate further visitors from Sweden, junior clergy from our partner diocese, who will share our life for some days at the beginning of November.

First, however, we shall be saying goodbye to the Revd Martin Davis, who has shared our life for the past twelve months as he prepares for a return to full-time ministry. Martin will be licensed as Team Vicar of Kidlington with Hampton Poyle, just north of Oxford, at the end of September and a coach-full from Terriers will be travelling to his first service there to wish him well. We shall miss him, and are grateful for all that he and his wife Diana have shared with us during the past year.

Here in the mean time are some dates for your diary:

- Saturday, 12<sup>th</sup> September 10.00 a.m. Bucks Historic Churches Trust "Ride and Stride" *with* Walkers Unite(d)!
- Saturday, 19<sup>th</sup> September 4.00 p.m. Messy Church (in Church Hall)
- Friday, 25<sup>th</sup> September Visitors from Bredaryd arrive
- Saturday, 26<sup>th</sup> September 7.30 p.m. Harvest Supper and Quiz Night
- Sunday, 27<sup>th</sup> September Harvest Thanksgiving 8.00 a.m. Holy Communion (a simple said service)10.00 a.m. – Parish Communion

Tony Dickinson

### **Terriers Farm Development**

If you walk the fantastic meadow on the Terriers side of Hazlemere Recreation ground, you will have noticed that it has been fenced off. This is the first public sign that plans to develop Terriers Farm are once again rearing their ugly head. The land is private and the Public Footpath (plus an additional footpath) have been left but fenced in like a Colditz corridor. The dogs who used to run freely are very confused and the pathways are already overgrown with the brush and scrub removed to make them.

I have spoken to the development company, and whilst plans are at an early stage, they will be looking at putting up to 500 residences on the land. This may also include the development of the beautiful 'three field' meadow nearest the Rec. They expect to have a public consultation with plans etc later in the year.

Many people have walked freely in that meadow for many years; one gentleman has contacted me stating he has walked there since 1948 - 67 years to save you the maths! If we can get enough evidence that the pathways in this meadow have been walked for over 20 years, we have a right to claim for them to be made a Public Footpath under Section 31 of the Highway Act 1980. I would love to see the whole of this meadow saved and hope that getting recognised Footpaths is a first step.

If you have walked in this meadow for a number of years, please contact me. Even if you have not walked there recently, 'old' usage is important as evidence from different users can be added together to complete a timeline. If there is anyone interested in setting up a committee to fight the whole development, please also contact me. I cannot commit the time to doing this, but can act as a central point to get people together (and have knowledge of an offer to help pay solicitor fees if it comes to that!).

This is our area, and unless we want the whole of it covered in bricks and concrete (and our already overflowing schools, doctors and roads swamped even further) we need to make our views heard.

Sara Perry Facebook page: Hazlemere Rights of Way Email: path.walker@outlook.com

### PILATES WITH PAMELA

Local classes am/pm/eve's. Intro to Pilates, Intermediate Mat Pilates, Pilates for Neck, Shoulder, Upper back problems, Pilates for Men. Also private 1:1's or small groups possible.

Please call Pamela 07759 831706 (Pilates Instructor, REPs 3, Remedial Massage Therapist (ITEC))

### **MASSAGE:** Relaxing or Remedial

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### WYCOMBE WENCHES WI

The summer is coming to a close, but we managed to fit in a great deal whilst it was here.

### Tea and Tents

Three of our members attended the Tea and Tents weekend in Wales, by Forest in Nottinghamshire from July  $17^{th} - 19^{th}$ . It was billed as 'a lovely weekend of camping, activities and fun with fellow WI members' and that is exactly what it was. Although we weren't too sure about the camping, the sleeping was a minor part of the weekend. With 500 WI members, there was a lot of chatter, sharing of stories and involvement in a whole range of activities including Pilates, canoeing, wine tasting, willow weaving, yarn bombing, tea duelling, arm knitting, eating cake and drinking tea. We are all set to book for next year and hope more members will join us. (Have a look on our website for the photos)

#### Centenary

WW are celebrating the 100<sup>th</sup> anniversary in September with an evening looking at the history of WI in a fun way and a lunch on the 100 year anniversary.

#### Annual meeting

This will take place in October and we will reflect on our activities over the last year and elect the committee for 2016.

#### **Christmas Activities**

Although we do not want to start talking about Christmas too early. In November we will be finding out how to make decorations from things in the home, getting ideas for the table and how to make a chocolate tree. We will also celebrate our 4<sup>th</sup> birthday. This time of year gives us a reason to go out for a nice meal together. The last meeting of the year will focus on 'Angels in Art'.

#### Our programme for future months is as follows:

September – Celebrating 100yrs of the WI October – Annual Meeting November – Christmas Ideas December – Celebrations – Angels in Art

We meet at the Totteridge Community Centre in Totteridge Drive, High Wycombe, HP13 6UH on the 2<sup>nd</sup> Thursday in the month at 8pm until 10pm.

As well as the monthly meeting we also have an Additional Activities programme where we go out for meals, take walks, go to the theatre, go bowling, have Sparkling Afternoon Tea and other outings. If you are interested in joining Wycombe Wenches, you can either just turn up to one of our meetings, give Jean a call on 07891 296 631 or email her on wycombewenches@hotmail.co.uk.

We welcome new members of all ages. To find out more about visit our website: <u>http://wycombewi.weebly.com/</u>