

Totteridge and Terriers News

T&T NEWS

Issue 38

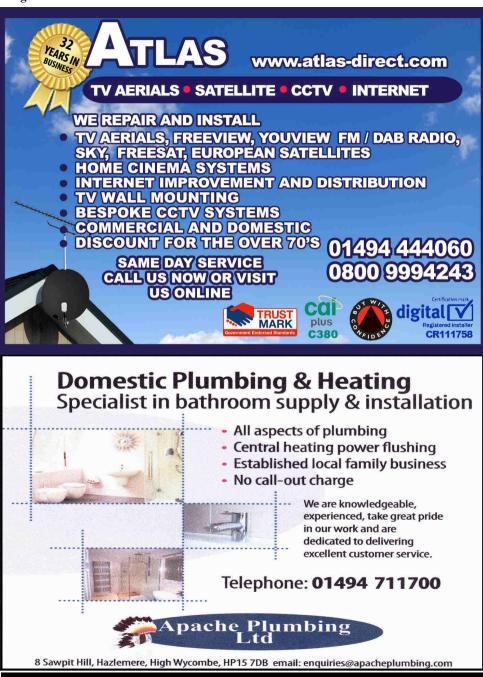
Winter 2016



Picture © DW 2016

A local house in festive mood. Will your house be taking up the challenge to be the best in Totteridge & Terriers this year? Send us your pictures and stories of the festive season. We'll include them on our web pages.

See inside for all your community news from Totteridge & Terriers.....



Web: www.apacheplumbing.com

Events & Information Diary

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Friday 16th December

Terriers Playgroup Children's Christmas Party

Annual party for children at the playgroup at St Francis Church Hall.

Saturday 24th December (Christmas Eve)

Christmas Eve Services at local churches. See pages 18 to 21 for more Information and contact details.

Sunday 25th December (Christmas Day)

Merry Christmas!

Services at local churches across Totteridge & Terriers.

Thursday 5th January

Terriers W.I. Meeting 7:45pm at Cedar Park School, Hazlemere

Monthly meeting of the W.I. Talk this month is on "Wine Tasting" New members welcome (See P.5 for more information)

Thursday 2nd February

Terriers W.I. Meeting 7:45pm at Cedar Park School, Hazlemere

Monthly meeting of the W.I. Talk this month is on "Bacon & Bagels" with Jeff Rozelaar.

Saturday 4th February

Table Top Sale at Hazlemere Community Centre

For more information and to book a table call 01494 813000

Monday 20th February

T & T News deadline for the spring 2017 edition of the magazine

Thursday 2nd March

Terriers W.I. Meeting 7:45pm at Cedar Park School, Hazlemere

Monthly meeting of the W.I. Talk this month is on "Fags ends and Frustration" with N.G. Eagling.

Thursday 30th March

Terriers W.I. Meeting 7:45pm at Cedar Park School, Hazlemere

Monthly meeting of the W.I. Talk this month is on "Flower power" (with plants and animals) with Dr Brenda Harold.

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Totteridge and Terriers News

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T & T News is published four times a year in March, June, September and December. We aim to get the magazine distributed by mid month of issue. In order that we can achieve this deadline we need your articles and advertising as early as possible. Our deadline for the spring 2017 edition is 20th February.

We thank all our advertisers and contributors for their support. However T & T News cannot endorse any product or service contain within this magazine. You are advised to check details of all goods and services offered. All contributions are excepted in good faith and opinions expressed are not necessarily that of the editor or T & T News.

That's about it....Join us again in March 2017. In the meantime you can catch up with the latest news on the web at:

www.bucksvoice.net/tandtnews

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B & W - Mini Ad £12 / £20 Quarter Page / £40 Half page Colour - Mini Ad £15 / £30 Quarter Page / £55 Half Page / £110 Full Page T&T News Page 3

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WELCOME TO T&T NEWS

Hello,

Welcome to the winter 2016 edition of T & T News.

There has certainly been a chill in the air already a sign that winter is already with us. As usual there will be the debate over will we or won't we have a white Christmas. Whatever the weather I hope you and you family will have an enjoyable festive season and a Happy New Year.

In this edition of the magazine we have all the usual contributors but we are always on the look out for new stories, news and events to include. If you are involved with or run a local group, have an interesting story to tell or just what to let people know about an event taking place then do get in touch.

We are looking at including more on the web site in the future so do make sure you visit us. Between the printed editions we can include more up-to-date news and event details so do make use of this resource.

Happy reading until next time!

David Winterburn, Editor



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In this position you would manage the team affairs – arranging and leading training sessions, liaising with opposition managers and parents to arrange matches, setting up and instructing the team on match days, reporting results and attending a monthly club meeting.

All coaching & manager positions are voluntary and a FA Level 1 coaching certificate is desirable but not essential as the club will subsidise the cost of training to the right person.

Sport helps children develop in many ways, learning key skills for life such as team work, communication and problem solving whilst providing a fun and challenging environment to maintain their fitness levels. Our qualified FA coaches are there to ensure that the children develop their skills at their own pace and have the satisfaction of putting them into practise against players of their own age.

We also in need of referees to officiate our 'home' matches, again the club is willing to subsidise training costs in return for availability to the club; this could be a good introduction for a younger person into refereeing.

If you are interested in joining please contact Peter Jemmett by email peterjemmett@aol.com or call the appropriate team manager:

Under 10's – Frank Milligan 07506 564169

Under 11's – Tak Aziz 07838 579217

Under 12's – Oliver Witney 07706 888441

Under 16's - Liam O'Rourke 07519 820273

T & T NEWS NEEDS YOU!

New volunteers are needed to help deliver T & T News four times a year. We have a number of roads where help is required so why not join our team?

If you can help call us on 01494 463107 or text 07905 888098.

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TOTTERIDGE FC has provided football to the local youth in the community since 1996. For more information and contact details please visit our web site – tottfc.intheteam.com

Under the new management of Liam O'Rourke and Phillip Holman, the UNDER 16's kicked off the season with 3 straight wins before falling to 2 narrow defeats. Further wins in

the league and cup have seen the team hold a good 2nd position in a tight league table, 1 point behind the leaders Chesham Athletic with a game in hand. Defeat against higher division Bedgrove Dynamos ended our interest in the League Cup but we enter the Christmas period in a handy position to push for league honours.

Lights, Camera, Action!

As a slight distraction from the normal training Liam and team captain Callum were interviewed by Bucks TV to provide an introduction to life at Totteridge FC, this 'must see' piece of film history can be viewed via a link on the club web site.

Strangely, this not the first time we dabbled with TV stardom, out of the blue back in early 2014 we received a call from a casting director saying they are filming in Totteridge and looking for some young footballers to appear in a TV commercial fame, fortune and stardom!! Until we realised they meant Totteridge in north London!!

Our 'mini' teams continue to make good steady progress. The UNDER 10's record so far this season reads Won 8, Drawn 1 and Lost 4 in all games with last defeat coming back in mid-October. Our Under 11's having now stepped up to 9-a-side football, have a similar record having Won 4, Drawn 1 and Lost 2 while the Under 12's in their second season of 9-a-side have Won 4 and Lost 1 – all in all very pleasing progress by all the teams.

TEAM MANAGERS & HELPERS WANTED

With more players joining we now have around 40 young players at our Saturday morning 'mini' training sessions down the Rye, we could really do with more 'coaching' help and possibly volunteers to introduce new age groups to provide football to a greater cross section of the local community.

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Terriers Evening W.I.

Since the last report in the early Autumn we have enjoyed meetings at which we have heard from Mr Geoffrey Gudgion, a published author, of the problems faced by

aspiring writers when it comes to being published and of the difficulties created for independent retailers by giant online vendors of books. In October a fascinating talk on bats was given by Julie Hopton who is licenced to handle the animals. With her came Rosie, a bat who was brought to her injured. She can no longer fly but is happy to be handled by Julie. Many of the myths surrounding bats were debunked, they do not create a great deal of mess if in your roof nor are they destructive.

We had another successful stall at the Pann Mill Open Day on 11 September when our cakes, bread and preserves etc proved very popular. We hope that the stall will be a regular feature of future Open Days.

After our Christmas Party on 1 December we look forward to 2017 when we have a very varied programme of speakers and events in prospect. We start off the New Year appropriately with an evening of wine tasting on 5 January when we anticipate that there will be a wide variety of wines to sample.

For the early part of the year the programme is as follows:-

5 January Wine tasting

2 February "Bagels and Bacon" with Jeff Rozelaar

2 March "Fag ends and Frustration" with N.G. Eagling

(the work of the Regional Crime Squad)

30 March "Flower Power" (with plants and animals)

with Dr. Brenda Harold

We meet at Cedar Park School, Cedar Avenue, Hazlemere at 7.45pm and are always pleased to welcome new members.

For further details please contact Margaret O'Connor 075026 12093

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Community Notice Board

Those of you who regularly pass up and down Arnison Avenue may have noticed a new "Community News" notice board next to the Bus Stop on the green opposite Windsor Drive.

The board was funded by the High Wycombe Town Committee of Wycombe District Council and is to display any community notices. These notices can be public notices, notices of events by local community groups and charities or information about meetings of local groups. The Community News board cannot be

used for commercial, political or religious notices, to sell items or to advertise commercial events.

If you, or a group you know, has a notice to display then please e-mail it to: tony.green@wycombe.gov.uk

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Terriers Farm Development



Wycombe District council's Public Consultation on developing Terriers Farm has now closed. A number of comments have been submitted regarding this both from within our immediate local area and from neighbouring parishes which will be affected by increased traffic and other possible negative effects.

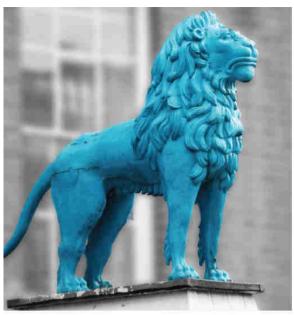
A full copy of the brief should still be available from the council web site at: https://www.wycombe.gov.uk/terriers-farm-development-brief

The number of new homes proposed on the new site is likely to be more than at Kingshill Grange which has already put additional pressure on local services and roads. The main entrance / exit to the new development is expected to be opposite Tower Street on Kingshill Road. A secondary entrance / exit is also being considered onto the Amersham Road. Both of these will mean more cars and other vehicles onto already clogged roads that are already almost at a standstill during peak weekday morning, school run and evening periods.

Over the coming months we will watch this development with interest. There are of course many different opinions with the key issue being the need for additional housing that has to be provided. We will try in the community magazine to reflect your views so do let us know what you or your local group think.

There were of course some issues of density and parking at Kingshill Grange so hopefully they will not be repeated in the design of the proposed new estate.

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It's our business so we care.

The Wye Partnership gained their knowledge and developed their expertise within the most successful estate agents in High Wycombe. On witnessing the take over of these long established companies by nationwide chains we recognised the need for the retention of a local and independent service. Our recent merger makes the enlarged Partnership the strongest Independent in South Bucks and The Chilterns!

All the partners have invested their own money into the Wye Residential Partnership and all truly believe that our business will be built on delivering excellent service to our clients. This means you can be confident that we will deliver on all aspects of Estate Agency in an honest, open and transparent way.

If you are looking to buy, sell or let in High Wycombe or the surrounding Chiltern villages then contact an estate agency that is motivated by your success and talk to The Wye Partnership.

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01494 451 300

wycombe@wyeres.co.uk

London

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Buckinghamshire HP11 2BE 01494358358

lettings@wyeres.co.uk



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120 High Street, Prestwood, Buckinghamshire HP16 9HD

01494 868 000

prestwood@wyecountry.co.uk

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36B High Street, Great Missenden. Buckinghamshire HP16 OAU

01494864225

missenden@wyecountry.co.uk

Naphill

129 Main Road, Naphill, Buckinghamshire HP14 4SA

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Nurse tells why it is vital to support Hospice campaign

Lyndsey Robinson, a nurse at South Bucks Hospice, tells why it is so important that the public supports a new fundraising campaign for the charity.

Working as a nurse at South Bucks Hospice is an incredibly fulfilling job because it is evident at the end of each day just how much the patients benefit from the care they receive here. So that's why I was delighted to see the launch of Support Our Nurses. a campaign to raise funds to allow me and my colleagues to carry on doing our work here.

Less than 3.5% of this Hospice's funding comes from the Government and we raise the rest of the money ourselves just to pay for the day-to-day services which do so much to help patients with life-limiting conditions. But every day, I see how valuable the fundraising work is and what a difference it makes to the lives of people who are going through some pretty tough times.

We provide over one thousand hours per month to care and support our patients. Our role is to spend quality time with patients and get to really know them. As their physical state deteriorates or as they undergo gruelling treatment, this relationship allows us to help them cope with everything that is going on. This personal care allows them to manage their symptoms, maintain their dignity and keeps them at home longer with their families.

To those who have never visited us, a Hospice is often seen as a dark and depressing place full of sick people in bed, attached to tubes. However, for the most part, this is a truly joyful place where patients can socialise with people undergoing similar experiences, and can even have massage and acupuncture treatments or their hair styled.

So often, we are told how this day Hospice has made a massive difference, either by prolonging someone's life by reducing anxiety or by allowing them to share their pain and sadness. One man recently told us on his first attendance at the Hospice that it was 'the best day of my life'. Just being there for him to talk to make such an impact to the quality of his life, and it is so rewarding to see the difference we can make for people in a relatively short space of time.

I know times are hard for many, but if you can spare any money at all, however small, I would ask you to donate it to South Bucks Hospice's Support Our Nurses campaign. In supporting the funding of the nurses, you will be directly helping the patients who so urgently need our care.

> To donate to Support Our Nurses, visit www.sbhospice.org.uk or text SBHN15 plus your amount to 70070

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From Westminster to Wycombe - Steve Baker MP



Dementia currently affects over 850,000 people in the UK and nearly 7,000 people aged over 65 in Buckinghamshire, and it is likely everyone knows of someone living with dementia. People with dementia and memory impairments want to be independent for as long as possible, but they and their carers can face everyday challenges trying to live well with the condition. This is why I was pleased to see a local project to make High Wycombe a dementia friendly town. In 2015 the prime minister launched *Challenge on Dementia* which aims to deliver major improvements in dementia

care and research. There are three main areas for development: driving improvements in health and care; creating dementia friendly communities; and improving dementia research. The government has already invested £50 million towards this aim and dementia research funding has doubled.

To make High Wycombe a dementia friendly town, our local authorities and charities aim to implement a number of practical improvements and to boost public awareness and understanding of the condition and how it can affect a person's ability to complete normal daily tasks. Things such as improved signage, creating dementia friendly safe spaces and providing dementia friendly business support will all help to make High Wycombe a town which is welcoming and supportive to people living with dementia. If you would like to play your part in helping make our town dementia friendly then please contact dfcommunities@buckscc.gov.uk

In my last article I spoke about specialist hospital services, particularly carotid endarterectomy surgery which is related to stroke care. From 1st September this surgery moved from Wycombe Hospital to the John Radcliffe Hospital in Oxford in order to ensure patients have the best possible clinical outcomes. I have been assured the majority of pre- and post-operative procedures will continue to be performed locally at Wycombe Hospital, giving ease of access to patients. Vascular surgeons will continue to offer day surgery at Wycombe Hospital with outpatient clinics at Wycombe, Stoke Mandeville, Amersham and Chalfont Hospitals. Full details can be found on my website www.stevebaker.info

I should like to send you my very best wishes for Christmas and the New Year. As ever, if you would like to comment on the Government's programme, please email me at: steve.baker.mp@parliament.uk. If you despair of the bureaucracy of government and would like my help with a particular issue, please phone my constituency office on 01494 448408.

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Help support a family in crisis this Christmas

Christmas is such a magical time of year for most, celebrating with your loved ones and perhaps a little overindulgence along the way. For some families, especially those living on the brink of poverty, the winter months add even more pressure to make ends meet and as a result we see the demand for crisis funding increase.

Did you know:

- In Buckinghamshire there are nearly 20,000 children living in poverty
- ♦ A large number of children in poverty say they are missing out
- Cold homes are a big killer across the UK

Over the last 2 years we have distributed nearly £5,000 per month to support families in crises but still need to help many more people. To find out more and to donate visit the web site at: www.heartofbucks.org

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Highcrest students vote to back Air Ambulance

Students at The Highcrest Academy have voted to support Thames Valley Air Ambulance as their charity partner this year. They will raise money and awareness for the life-saving emergency service over the next few months through events at the school and sponsored bag packs at supermarkets.



The Academy, in High Wycombe, selects a different charity every year to support, and thousands of pounds have been raised for good causes as a result. Glen Burke, Principal, explained: "At Highcrest we believe that the students should choose which charity we will be supporting. Indeed, this year our four Vice House Captains made the final decision, having listened to the views of their peers.

"At the start of this year we invited in three very worthy local charities who all made excellent presentations to our students in assemblies. After much consideration, the students chose Thames Valley Air Ambulance as the one to back this year - and they are extremely passionate about raising money for them." Roxy, Vice House Captain aged 13, said: "We chose the Thames Valley Air Ambulance. They are helping so many people, so we wanted to bring them forward and support them this year. They don't get enough appreciation, they put their lives at risk daily, and they are not so well-known as other charities and it is such a great cause."

Representatives from the Air Ambulance are due to give presentations at school assemblies and are running a competition in which students are asked to send in questions. The pupils with the best questions will win a visit to RAF Benson where the helicopter is based. Ruth Dunkin, of Thames Valley Air Ambulance, said: "We are delighted to have been chosen by the pupils of Highcrest Academy, and are really looking forward to working with them over the forthcoming year - I am sure that their passion and enthusiasm with mean we will learn as much from them as they will from us."

Last year, Highcrest raised $\mathfrak{L}5,435$ for good causes through a number of events, including collections, non-uniform days and 'Splat the Teacher' with wet sponges. Just over $\mathfrak{L}2,000$ of this went to MPS, a national charity based in Amersham supporting children with a rare genetic disease. Children in Need, Sports Relief, Brain Tumour Research, Race for Life and the Holocaust Memorial Day were the other beneficiaries.

* For more information online, go to: www.tvairambulance.org.uk/ and http://www.highcrest.bucks.sch.uk/

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Buckinghamshire Libraries

Hazlemere Library

Did you know that there are a whole range of regular and special events going on at Hazlemere Library?

Knit and Natter

If you enjoy knitting and would like to meet other knitters in a friendly group over a cup of tea or coffee, then just come along on **Tuesdays at 1:30pm**.

Simply Walk

Our Simply Walk group meet in the library every **Friday at 10:15am.** They go for a 45 minute walk and then come back to the library for a cup of coffee, a biscuit and a chat. All welcome.

Crochet Circle

If you like to crochet or would like to learn, then come and pick up tips, share ideas and enjoy honing your skills in good company every **Friday at 10:30am**.

Computer Lessons

We run one to one computer lessons for complete beginners that are free, relaxed and tailored to your interests. Contact the library to book a session.

Smoking ...How to Break Free Tues 10th Jan 2017 10:30-11:30am A talk by Stop Smoking Bucks on the techniques, gadgets and support you can get to help you break the habit and make 2017 the year you quit.

Coping with the Winter Blues Thurs 26th Jan 2017 10:30-11:30am
A talk by Healthy Minds Bucks on understanding and coping with low mood at any time of year.

01296 382415

We welcome Text Relay calls prefix 18001

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DEC 2015

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News from Wycombe District Council

New Numbers change housing plans

Work continues to fine tune the local plan for Wycombe District. Over 3000 people responded to the public consultation which took place over the

summer months. The council has now looked through all the comments relating to specific sites and will now go on to review all the general and detailed submissions. The planning policies that come out of this could be used to shape the districts future up to 2033.

Key changes are:

- We now need 2000 less homes up to 2033
- At sites around the district 1000 further homes could be accommodated. Planners are continuing to scrutinise the sites ruling out any major development in AONB areas or releasing further large parts of the Green Belt.
- Housing density will not reach unsatisfactory levels
- The council will support two parishes Longwick-cum-Ilmer and Great and little Kimble as they bring forward neighbourhood plans.

The Cabinet member for Planning and Sustainability at Wycombe District Council is Cllr David Johncock.

The council will be working with neighbouring Aylesbury Vale District Council to look at how they can co-operate to spread and share local housing needs. This will enable both councils to present a robust local plan to national inspectors in the New Year which meet the 'duty to co-operate' criteria required.

T & T NEWS NEEDS YOUR STORIES and EVENTS

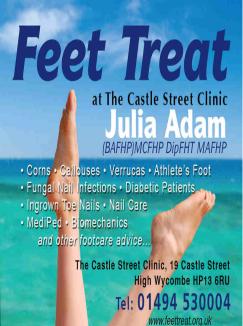
If you run a local group and would like to let the community know what you do, attract new members or get support for an event then get in touch. The deadline for our winter 2016 edition is 20th November.

Call us on 01494 463107 or text 07905 888098. E-mail: tandtnews@tiscali.co.uk Page 22 Issue 38 T&T News Page 11





www.totteridgedrivingschool.com



WE DISCOVER, WE GROW Girlguiding High Wycombe East District

What's Going on in Girlguiding?

We have made the most of the outdoors while we could_at this time of year and have been finding out about the seasons. Sometimes different age groups join for activities and this paves

the way for girls to move onto the next section.

Brownies and Guides got together for a fire-lighting safety training run by the Chiltern Rangers and also a joint camp fire at Longridge near Marlow (both featured toasted marshmallows!) Guides and Senior Section girls went on a night hike around Hazlemere across fields and through woods ending up at the chip shop.

One group of Rainbows have been working towards their Seasons badge – they have been finding out about hedgehogs including making hedgehog cakes. They have had a pretend camp fire, made straw rockets and are going to do some snow and Christmas related crafts soon.

The High Wycombe Scout and Guide Gang Show team visited several units and ran workshops for the girls to join in which they really enjoyed. This whetted their appetites for taking part in the gang show or even just becoming spectators when the show is performed next year from the 27.03.2017 – 01.04. 2017. Tickets can be purchased by the general public and it is a really good show, more information coming soon.

RUSH, the new trampolining experience in High Wycombe has been a highlight of the outings for many of the girls. Girls in several units, from Rainbows to Guides are looking forward with excitement to the sleepovers planned to take place before Christmas.

Congratulations to one of our leaders who has been working hard and is now qualified to take the girls on residential trips. This will mean more exciting experiences for the girls.

Service to the community is an important part of Guiding - Many units have raised money for Children in Need, wearing onesies, playing games and icing Pudsey biscuits. There are also plans to go carol singing to a local residential home.

Two leaders from 1st HW Brownies braved the shave for Cancer Research, being sponsored for doing this – the Brownies got to watch their locks being shorn.

But, we haven't finished yet! We still have some great end of term productions and parties to look forward to before Christmas.

Why not join us and become a leader and have fun alongside the girls? If you are interested please contact Terrie on 01494 445816 or 07720 383535 Email terrie103@btinternet.com or visit the national website www.girlguiding.org.uk/interested

Merry Christmas and a Happy New Year from High Wycombe District Girlguiding

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The Golden Path to Computing

Email Strategies & Systems Email has crept up upon us & now most people need an email address. Without one, simple tasks such as booking a holiday, online shopping and liaising with family and friends becomes difficult or impossible. Lets consider best practice for emails.



Strategies - The way we set up email is important and it should be considered carefully. Many people are given an email address by their Broadband provider. Unfortunately this is supplied as a marketing ploy and it is not the best option. There are two main ways - register you own domain (best for businesses or organisations), or use a standard online email such as Gmail (or hotmail now called Outlook). These provide good functionality and you shall not lose your address when you move away to another Broadband supplier. As part of any strategy it is very useful to have two independent addresses - a main address for friends and a secondary address for everything else. Spam will then be kept to a minimum and anything important such as an order you can forward to your main address.

Choose your Interface – Surprisingly, these are usually independent from your email provider. So the Gmail interface may be used to handle your email from almost any email provider. Some people do not wish to move to a different interface and learn another. This is fine provided issues such as backing up email files are understood. Also some interfaces do not allow access from multiple devices, (eg tablet, phone and laptop).

By John Phillips - download my Newsletter for the full text - www.itran.co.uk



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Office Tel: 01494 564251

Other local Church information for Totteridge & Terriers

Totteridge Baptist Church

Located on Hillary Road, High Wycombe, HP13 7RA Regular Sunday service at 10:30am. Clubs and groups include Beavers, Cubs, Genesis Club for Y1-6 and Youth Club at ESYC for Y7+.

Tel: 01494 - 263359

St Andrews Church (C of E)

Located on Hatters Lane, High Wycombe HP13 7NJ. Services are every Sunday at 9:15am & 11:15am.

Tel: 01494 - 529668

St Wulstans Catholic Church

Located on Hollis Road, Totteridge, HP13 7UN Regular Masses both on Sunday's and at other times during the week. Tel: 01494 - 438300

St Augustines Church (Catholic)

Located on Amersham Hill, High Wycombe There are regular Masses on Saturday's, Sunday's and during the week. Tel: 01494 - 523969

Totteridge Mosque

(Wycombe Islamic & Mosque Trust Limited) 24 Totteridge Road, High Wycombe, HP13 6EB Tel: 01494 - 513440 Also Muslim Education Centre at 4 The Parade, Totteridge Drive Tel: 01494 - 522786

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Wycombe Wenches WI

For the opportunity to make new friends and to partake in a wide variety of activities then why not join *Wycombe Wenches*?

Wycombe Wenches has just celebrated its 5th birthday with a

display of jive dancing as we sipped our fizz and ate birthday cake. We had the opportunity of having a go ourselves, with this particular member having a puffy breath from laughing, never mind the exercise!

We are a growing WI with an age range between 30 and 75. We would like to open our doors to welcome 'new Wenches' to our group of over thirty members at the last count.

The monthly programme includes interesting speakers including a recent visit from the Medical Detection Dogs that are currently being trialled at our local hospitals.

As well as the monthly meetings there is also a thriving additional activities programme with a regular book club, supper club and a creative craft group. Nordic walking, visits to the theatre and delicious lunches are also on offer.

If you are interested in finding out more about being a WI member then why not come along? We meet on the 2nd Wednesday of the month, in Totteridge Community Centre, from 8-10 pm. Guests and prospective new members are always made welcome so don't be shy, get in touch and try us out.

To find out more, visit our website: http://wycombewi.weebly.com and then come to one of our meetings, we would love to see you!

Dawn Jafari

President - Wycombe Wenches





Rennie Grove Hospice Care is a charity providing care and support for patients in Herts and Bucks diagnosed with life-limiting illness. Through our unique 24/7 responsive hospice at home service and a range of day services we make it possible for patients to choose how and where they want to be cared for towards the end of life. The support we provide for families both during the illness and after bereavement is an integral part of our care.

The charity runs a number of fundraising events throughout the year. For the latest events and news visit: www.renniegrove.org

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SOUTH BUCKS South Bucks Counselling is based in High Wycombe in a quiet and convenient location in the town centre. We offer a professional and confidential one to one counselling service to

Many of our clients come from High Wycombe, Marlow or Maidenhead, however we are open to clients from any geographical area. Our team of counsellors offer you help to cope with and work through difficulties, and make positive changes in your life.

Whilst GPs may recommend some clients to contact us, anyone over 18 years of age is free to contact us on 01494 440199 or fill in the web site form at www.southbuckscounselling.org.

We are a non-profit organisation and a registered charity. (Charity No 1095554) We were set up in 1977. You are welcome to contact us.



.... A round up of news, opportunities and diary dates

- Community Impact Bucks hosts the Rural Community Council for Bucks, offering a service to parish community buildings and transport schemes. Both can be a real lifeline to people living in rural communities by providing a focus for events and bringing people together.
- The Volunteer Hub project was a great success but what next? Over 300 organisations were helped and over 400 volunteer roles promoted with over 200 volunteers placed.. The statistics were impressive and showed the impact of the project which has now come to an end.
- We are working with ACRE (Action for communities in Rural England) and Smart Energy GB to raise awareness of the smart meter roll out and ensure that everyone has the same opportunities to access the benefits, regardless of where they live.

For more information on Community Impact Bucks and the services it provides for local organisations visit the web site at:

www.communityimpactbucks.org.uk

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If you would like to know more about any of these services, or to find out what Christians actually believe, as opposed to what the media tell you they believe, please contact me by e-mail (vicar@terrierschurch.org.uk), telephone (at 01494 520676) or letter to "St Francis Vicarage, Terriers, High Wycombe HP13 5AB".

Here in the mean time are some Christmas-related dates for your diary:

Sunday, IIth December - Advent 3

8.00 a.m. & 10a.m. - Holy Communion / 4.00 p.m. - Christingle Service

Sunday, 18th December - Advent 4

8.00 a.m. - Holy Communion / 10a.m. - Parish Communion

6.30 p.m. - Festival of Nine Lessons and Carols

Saturday, 24th December - Christmas Eve

4.00 p.m. - Crib Service / 11.30 p.m. - Midnight Mass of the Nativity

Sunday, 25th December - Christmas Day

10.00 a.m. - Family Service with Holy Communion

Tuesday, 28th February - Shrove Tuesday

7.30 p.m. –Pancake Party and Quiz Night

Wednesday, Ist March - Ash Wednesday (Beginning of Lent)

10.00 a.m. - Holy Communion (BCP) /8.00 p.m. - Parish Communion

Sunday, 26th March – Lent 4 (Mothering Sunday)

10.00 a.m. - Parish Communion for all-ages

Regular parish activities:

Sunday services 8.00 a.m. & 10.00 a.m. / Communion Wednesday 10.00 a.m. Messy Church at 4.00 p.m. on the third Saturday of each month.

Christian Aid Lunch in the church hall at 12.30 p.m. every Friday term-time. Keep Fit for the not-so-active, church hall at 3.00 p.m. on Tuesday afternoons Walkers United group meet the first Saturday of each month from February.

With every good wish to you and yours for this coming season of celebration.





Winter at St Francis' Church

Hope in a fearful world

The narrow vote in favour of the United Kingdom leaving the European Union and the (to many people) surprise victory of Donald Trump in the US presidential election have given rise to a wide range of emotions. On both sides of these political divides there is anxiety, fear and confusion. At such a time it is important for Christians, and other people of faith, to

reaffirm their hope in God. This is not hope in some kind of "fairy godfather" who will wave a magic wand and make all the nasty things go away. It is, rather, hope in the God who is in it with us, who walks alongside human beings through our fear and confusion, and who reveals that the Power which drives the universe is not financial muscle, nor political or military might but unconditional, self-giving love and mercy, the kind of love which a parent bestows on a new-born baby. For Christians that love is made fully known in just such a baby. We believe that in Jesus of Nazareth, born in a country under military occupation by a foreign power, forced as a child to seek safety in exile, away from the murderous hostility of his country's ruler, God has entered his creation to open up new possibilities of healing and transformation.

In the weeks of Advent, the season in which Christians prepare to celebrate the coming of Jesus as a child in Bethlehem and prepare themselves spiritually for his coming again in judgement and mercy, the mood is one of expectation, of waiting for God to make known his presence among us. That isn't something that will happen in the far distance, when time comes to an end. It is a possibility here and now. That is why, each week until Christmas, St Francis Church is offering a series of "drop-in quiet days", space for anyone who wishes to take time out from the frantic rush to prepare for our Christmas celebrations so that we can connect again with the God who comes to us in the babe of Bethlehem. Each **Thursday** up to and including 22nd December the church will be open from Morning Prayer at 9.30 a.m. until Evening Prayer at 5.30 p.m. for people to read, to pray, to be still, to light a candle, to rest consciously in God's presence. You don't have to commit to the full day. Simply drop in for as long or as short a time as you can carve out of your pre-Christmas schedule. There will be resources available to help visitors use that time. People will be around to offer guidance or to answer questions, but they won't force themselves on visitors uninvited.

Around these days, and the weekly rhythm of prayer, our Christmas celebrations will take place. The Christingle Celebration, the Festival of Nine Lessons and Carols and the Crib Service will happen (see below for details). As last year, we offer a special invitation to those who will spend Christmas either away with family or at home entertaining family and who cannot come to church on Christmas Eve or Christmas Day. You will be very welcome to join us for the special Christmastide services, with traditional Christmas carols, at 10.00 a.m. on **Monday 26**th **December, Tuesday 27**th **December** and **Wednesday 28**th **December**. There will also be the normal Sunday pattern of services on New Year's Day.



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In Mid-August we held our annual day trip to the coast. This was perhaps not the best day weather wise as we headed off early one Saturday morning to Brighton. It was very much a

day in the shops and on the pier as the wind and rain greeted us. A highlight was not a day on the beach but taking the new British Airways i360 trip. This is currently the world's highest vertical moving viewing platform and had only opened a couple of week's earlier. It was certainly a good experience on the 20 minute ride with good views across Brighton, Hove, the South Downs and the English Channel.

Over the last few months members have also enjoyed live music at Dusty's Blues Club in Holmer Green, an evening meal at The Bellcote just outside Chesham and a visit to Waddesdon Manor. Our August Bank Holiday BBQ held at a member's home was a good end to the summer on a fine evening. Some of our popular events run regularly so no need to miss out with Lunch Club and the Pub Night taking place every month on the first and last Friday respectively. We also go to the theatre, cinema, live music concerts, comedy evenings, do the occasional walk and various other events.

Coffee mornings during the cooler months are also popular and for our first in the autumn we were pleased to take part in the MacMillan Cancer Support world's biggest coffee morning. As well as coffee and cakes members along with a few neighbours helped raised funds for the charity through donations and competitions.

All our events are open to new members with the Pub Night a great place to meet up. You would be very welcome to come along and join us for a drink on the last Friday of the month at The Crown, Amersham Road, Hazlemere from 7:30pm. Food is available if you wish to skip the cooking at home and many members take that opportunity!

If you are single, 40-60's, looking for a great social life and new friends then why not give us a try? There are no strangers at Chameleon, just new friends to be made in a social group run by and for its members. We have several local people from Totteridge, Terriers and surrounding areas and you are very welcome too. To find out more call our membership secretaries Heike 01494-459246 or Joyce 01494-817895 E-mail: chameleon-bucks@tiscali.co.uk. Web site www.bucksvoice.net/chameleon



and now on **Streetlife** (The Local Social Network) too!

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Bowerdean

Chaudrey Ditta

E-mail: cditta@buckscc.gov.uk

For your local District councillors: Visit the Wycombe District Council Web Site at: www.wycombe.gov.uk and follow the links to "Find your Councillor" from the Council Services tab. Page 17 Issue 38

Christmas Quiz

Its that time of year again for our annual quiz as we come to the end of another year. If you have been reading your community newsletter throughout 2016 then the answers to the questions below should be easy....or are they?

- 1. Which flower did we feature on the front cover of the spring 2016 edition of T & T News?
- 2. On what official date was the 2016 Big Lunch held?
- 3. Which two W.I.'s regularly feature in T & T News?
- 4. Who is our local MP?
- 5. Which advertiser has changed the red lion for a blue one?
- 6. Which Academy had a new principal this year?
- 7. Where is the new community noticeboard?
- 8. Which hospice is building a brand new facility in Totteridge?
- 9. Name the mill on The Rye which had a summer open day in July?
- 10. When did travellers arrive on Terriers Conservation Area?

As in previous years there is a £10 Gift Voucher of your choice for the lucky winner drawn in early January 2017. Submit your entries by post, text message or by e-mail by 31st December at the latest. Good luck!

On behalf of all the team at T & T News may I wish you and your family all the best this festive season. Have a Happy New Year and look out for our spring edition in early March.



