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Totteridge and Terriers News

Issue 18

Winter 2011

T&T NEWS



Picture - Roger Colomb and Terriers Playgroup's new sign © RC/TP 2011

Terriers and Amersham Hill Councillor Roger Colomb recently donated his ward community funds to help fund a new signpost. Read the story on Page 5 in our local news section.

See inside for all your community news from Totteridge & Terriers....

Page 2 Issue 18 **Computer Tuition Computer Services** One to One Computer Training Independent Specialist Introduction to computers Repairs and Upgrades New Systems Made to Order Beginners & Intermediates New Systems Set-Up & Internet & email Data Transfer Managing Attachments Broadband & Wireless Installation Word Processing & Spreadsheets Software Troubleshooting Address Labels Contact family using Webcams **Clive Mannerings** Digital Photography Local Computer Specialist • Printing and Scanning 1. 01494 565738 m. 07768 342 802 Top Up and Refresher Lessons email. clivemannerings@btinternet.com

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T&T News

Page 19 ROOKIE DRIVER Our Success is Driven by You 2 free lessons for IP TO all drivers Free pick up from home, school or work Free theory & hazard perception online training Free nunil handouts and mock test 🖌 Free hom e practice partner evaluation & demonstration drive Prices starting from just £10.00 Student discounts Call us free: 0 🖊 Block booking discounts Mobile users: 01494 71 Advanced in car training techniques. Manual air conditioned dual controlled cars Open 7 days a week 8am - 9pm Automatic air conditioned dual controlled cars www.rookiedriver.co.uk Charisma Cutz Hair Studio & Massage Room Professional & Affordable **Tickled Pink Cleaning Services** Hairdressing for Ladies, Gents & Children Would you like to save some money? **Cuts, Colours, Foils** Of course the answer is yes. Curls, Blow-Dry, Hair-up Tickled Pink offer an honest, reliable Latest Keratin Straightening cleaning service which cater for all your from Brazil needs and at a very reasonable price. **Remedial Injury Massage Chiropody Clinic** Domestic and Commercial contracts with **Open Tuesday - Saturday** no job too big or too small. Free Parking, OAP Discounts For a free quote contact 01494 812698 Sophie - 07704 276145 Craig - 07747 030063 29 Coppice Farm Rd, tickledpinkcleaners@yahoo.co.uk Off Penn Rd, Hazlemere

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Tickled pink - (meaning) To be delighted

Page 18		Issue 18		
Totteridge and Terriers News 68 Windsor Drive High Wycombe HP13 6BL	T & T News is published four times a year in March, June, September and December. We aim to get the magazine distributed by mid month of issue. In order that we can achieve this deadline we need your articles and advertising as early as possible. Our deadline for the spring 2012 edition is 20th February. We thank all our advertisers and contributors for their support. However T & T News cannot endorse any product or service contain within this magazine. You are advised to check details of services offered. All contributions are excepted in good faith and opinions expressed are not necessarily that of the editor or T & T News.			
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Distribution: 3500 copies to homes and business within Totteridge & Terriers. Published: Quarterly in March, June, September & December each year.	The magazine now reaches around 3500 households with every issue! $1/4$ Page f_{20} (B&W) f_{30} (Colour) $1/2$ Page f_{40} (B&W) f_{55} (Colour) Full Page f_{80} (B&W) f_{110} (Colour inside cover) Copy deadline is 20th of the month prior to publication.			
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T&T	News	

INSIDE THIS ISSUE:		WELCOME TO T&T NEWS	
Local News	5	Hello,	
Round-Up	6	Welcome to the winter 2011 edition of T & T News. As we put together this edition it hardly feels like Christmas is just around the	
Steve Baker MP writes	7	corner. While summer perhaps did not live up to expectations autumn on the other hand has been very mild so we shall be hoping this year to avoid delivery problems for the magazine due to snow. Lets just hope I have not spoken too soon!	
Girlguiding	8	Talking of speaking too soon next year looks set to be a very busy one and perhaps a challenging one too. We will also have the Olympics and the Queen's Jubilee taking place so there are bound to be local events around this. Please do let us know your plans along with details of anything where the community gets involved such as a street party. We can include details in our March and June 2012 editions as appropriate.	
Digital Switchover	9		
Chameleon Singles Group	11	Staying on the theme of challenges next year we will be looking at adding more colour pages to T & T News. This of course will depend on additional funding and maintaining the support of our advertisers which have as always been first rate. Do make sure you support them too by using some of the service offered in this magazine.	
News from our local churches	12 - 13	This month we have articles from Steve Baker MP, Girlguiding, the digital switchover and help scheme, Chameleon, local Churches, Bucks CC and MPF Counselling and more.	
News from	15	All that remains is for me to wish you all the best for Christmas and the New Year. See you in 2012!	
Bucks CC & MPF Counselling	- 16	Happy Reading!	
		David Winterburn, Editor	



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T&T News

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Training is fun and informal and takes place every Saturday 9.30 – 11 am on the Rye (next to the tennis courts).

On Sundays from September we will also be playing matches in the South Bucks Minor league. The league matches are not compulsory but are good fun and encourage a strong team spirit.

Come on down on Saturday for a free trial session!

For more information contact Kevin on 07833 431711 email: <u>sakeal@googlemail.com</u> or see <u>www.tottfc.intheteam.com</u> for more details



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MPF Counselling Appoints New Head of Counselling

MPF Counselling, the Bucks-based charity which offers affordable counselling to adults in High Wycombe and the surrounding areas, has announced recently the appointment Dr Christine English as their new Head of Counselling.

Christine English is a BACP Senior Accredited counsellor with 10 years counselling experience including being Clinical Lead for a voluntary sector counselling service attached to Reading University. She currently has a private psychotherapy practice, convenes an experiential group of trainee counsellors at Basingstoke Counselling Service (a WPF affiliate), and is also teaching an Introduction to Counselling course for the University of Oxford Department of Continuing Education.

MPF Counselling offers clients a confidential counselling service to help them deal with issues, such as depression or anxiety, which may have been triggered by recent events such as the break-up of a relationship, low income or unemployment. They are located in the centre of High Wycombe and can offer appointments during the day, as well as in the evening. It is part of the wpf network, a long-established national body with recognised standards for training, counselling and supervision. In addition, it adheres to the requirements for ethical and professional conduct set by the British Association of Counselling and Psychotherapy.

Nigel Roberts, Chairman of MPF Counselling, said, 'We are very happy that Christine has accepted this position as she has very strong counselling, supervision and management experience. She is very enthusiastic about the role and will be a great asset for MPF.'

You can contact MPF Counselling at:

MPF Counselling, The Cottage behind The Hub, Easton Street, High Wycombe, Bucks, HP11 1NJ Tel: 01494 440199 E-mail: enquiries@mpfcounselling.org T&T News

Local News Round Up (1)

Terriers Evening W.I.

On September 22nd our members gathered at Hardings restaurant at Aylesbury College to celebrate our 50th Anniversary. We had a memorable evening with excellent food and service. The students were most attentive, opening doors and attending to our needs on all occasions. There was only one hiccup. Our president had thoughtfully decorated tea lights to be taken home as a memento. However, these were mistakenly lit by the staff which made the tables look very pretty but were a bit of a fire hazard.

We went on a trip to the Andes, Amazon and Galapagos Islands in September. We were introduce to red and blue boobies and Lonesome George, the only surviving tortoise of its kind - how sad for poor George.

Stonor Park was our destination in October, a very interesting local Stately Home that has been in the same family for over 850 years. It has strong connections with Catholicism and Sir Edmund Campion took refuge there during the Reformation.

November was our AGM when the year was reviewed and president and committee elected for the coming year. Our membership is growing and our finances are healthy partly due to a very successful Market Stall in September. The evening concluded with a "Show and Tell" session. Members had stories from memories of Jimmy Savile, celebration of a Golden Wedding and family histories. As an Institute we boast a Wren who was one of the first to work on board ship with 700 men. She explained that she was not allowed to spend the night on board but was put ashore each evening.

Future programme. 5th January - Women and Girls in India 2nd February - Air Ambulance 1st March - Tracing your Family Tree.

We meet at Cedar Park School, Cedar Avenue, Hazlemere at 7.45 p.m. and are pleased to welcome new members. For further details contact Margaret Rogers Tel 01494 524947

Councillor Supports local playgroup

Terriers and Amersham Hill Councillor Roger Colomb donated his ward community funds to Terriers Playgroup to help fund a new signpost. This was recently installed at St Francis Church Hall, Amersham Road, where the playgroup meets every week-day morning during term time.

Terriers Playgroup, a registered charity, has been operating at St Francis Church Hall for 42 years providing pre-school education and play for the area's children. They can be contacted on 07967 - 898285 or visit their website at www.terriersplaygroup.co.uk

Your local District and County Councillors have small funds of money that can be used to support local community projects and charities. If you are involved in a project that could benefit from some support and is based in the Terriers and Amersham Hill ward please contact the councillors by emailing terriersandamershamhill@gmail.com or visit their website at http://terriersandamershamhill.yourcllr.com (See cover for picture on this story)

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Local News Round Up (2)

Totteridge Community Centre AGM

The Community Centre on Totteridge Drive will be holding its AGM on Sunday 11th December from 11am until 12 noon. The past year has proved very busy and challenging, but also rewarding. Use of the centre has continued to rise with more people using the centre for a wide range of activities including parties, Yoga, Keep Fit and educational classes.

The Community Centre has been nominated for a Community Champions Award and an announcement will be made at the AGM to whether this has been successful. The nomination is testament to the hard work of the staff and volunteers who have turned the old dilapidated building round in the last three years and has had overwhelming support of members.

The AGM is a public meeting so everyone within Totteridge and District are invited to attend. There will be time to ask questions at the meeting but if you have a specific question that needs a more detailed answer please let any of the trustees know prior to the meeting.

Digital TV Switchover - Help Scheme



Analogue television will be switched off across the London TV region in April 2012 - this will affect all residents who receive the **ITV London Tonight** news programme. If you have five channels or fewer on any TV in your home, you will need to switch them to digital, or you will be left with a blank screen at switchover. Most people manage this change smoothly, although some older and disabled people may need additional practical help, which is available from the Switchover Help Scheme.

The Help Scheme is run by the BBC and their standard option provides everything you need to switch one TV to digital for f_{40} (or free if you are also on income related benefits). There are no hidden costs. This includes easy-to-use digital equipment; installation by a security checked installer and a 12-month aftercare service, including a free helpline. The Help Scheme is now writing directly

to everyone aged 75 and over and certain disabled people to offer them help. You must respond to the Help Scheme to receive their help, therefore please don't ignore any letter you may receive. For more information visit www.helpscheme.co.uk

T & T News receives Donation from Community Centre

T & T News was very pleased recently to receive a donation of £150 from the Totteridge Community Centre towards the costs of running the magazine. Each edition of the magazine currently costs around £700 just to print and while all other work is undertaken by volunteers covering the cost of each magazine can still be difficult and relies on a mix of advertising and other funding. We are therefore very grateful to Totteridge Community Centre for the donation.

News form Bucks County Council

Winter gritting routes have been reviewed after last years bad Winter, and are available on line on the Transport for Bucks website. We have stocked up on our supplies of grit ready for the frosty nights and have all our new grit bins now installed and ready for use. Residents will see that there are now notices on them reminding members of the public that the grit is there just for the use of the adjacent highway.

In my new role of Cabinet member for Children's services I am looking for new foster carers and prospective adopters for our less fortunate children and would welcome any inquiries from any readers who are interested in learning more. Our staff give plenty of support to residents who are willing to help give these young people a better start in life and the stability they need. Do contact me if you think you could help play a very worthwhile role. nobody is excluded on grounds of age, race Single people can also be considered.

Lastly. the County Council is reviewing its Home to School Transport policy. In a world of increasing costs and greater strain on the Council Tax payer along with other County Council,s Buckinghamshire is consulting the public and users of the service as to the fairest way forward in difficult times for all. The consultation started in November and runs through to January,. It can also be found on the Bucks County Council website.

My very best for Christmas and Happy 2012

Valerie Letheren County Councillor for Terriers and Amersham Hill vletheren@buckscc.gov.uk 01494528691

Your District & County Councillors

Amersham Hill & Terriers

Cllr Tony Green (Conservatives), Cllr Roger Colomb (Conservatives), Cllr Arif Hussain JP (Conservatives) & Cllr Valerie Letheren (Conservatives - County Councillor)

Totteridge

Cllr Ian Bates (Labour) & Cllr Chauhdry Shafique MBE (Labour)

Bowerdean

Cllr Julia Wassell (Liberal Democrats) & Cllr Chaudhary Ditta (Liberal Democrats) Cllrs Wassell & Ditta are also the County Councillors for Totteridge & Bowerdean.

All district councillors can be contacted at (First Name) _ (Last name) @wycombe.gov.uk



News from Wycombe and Westminster - Steve Baker MP

As many readers of Terriers and Totteridge News know, Wycombe Hospital and the services it provides for patients is my top local concern. I do all I can to ensure local people receive the highest level of care. On 27th September I opened the Better Healthcare in Bucks public meeting in High Wycombe where the local Primary Care Trust was asking local people to get involved in shaping health services in the County. At the moment, the report and conclusions from these meetings have not been published, but I should like to assure you that I will do all I can to ensure the services you need are provided.

As a result of my campaigning on maternity services, I have become a supporter of the Royal College of Midwives and have joined its Parliamentary Panel. This is a group of MPs and peers from across the political spectrum who are advocates for women and maternity services. The Panel is to be formally launched in the House of Commons on 23rd November, and I am pleased to support the College, midwives and maternity services.

During September, I was honoured to formally open the new Highcrest Academy. I wish the school every success and feel sure its status as an Academy will see it go from strength-to-strength. Also, I was recently asked by Tesco to present computer equipment to local primary schools, bought using the vouchers given to customers and collected by schools. As someone with a background in computer science and engineering, I believe it is important for schools to give pupils the best grounding possible in technology.

On 24th October, I was one of the 81 Conservative MPs who defied the Whip and voted in the House of Commons in favour of holding a referendum on this country's membership of the European Union. I know many people are concerned at the unfolding events in Europe, and the possible effects these will have on Britain and its economy. I can assure you that the Party is united in its desire to find a new relationship with the European Union, and a belief that the present system is unsustainable. You are always welcome to view my contribution to Parliament debates and my voting record by logging on to www. theyworkfor you.com

Many voters have contacted me to express their discontent over the Government's plans for highspeed rail (HS2). I have opposed these plans in debates in the Commons and was disappointed to be the only member of the Transport Select Committee to vote against the report endorsing this scheme. I brought forward a number of amendments to change the tone of the report, which were narrowly defeated. Until the Bill goes through Parliament, there is still the possibility that it will either be dropped or will be voted down.

I welcomed news that apprenticeships for young people in Wycombe have increased by over 50%. This is over 200 more than in neighbouring constituencies. This shows that youth employment prospects in the South East area are increasing through business investing in the talents of our local young people. I was delighted to attend Wycombe Business Expo, which showed the many diverse companies based in the Wycombe area. It was encouraging to see local business coming together, sharing ideas and best practise. All these initiatives will add to the practical effort to create jobs and boost growth based on real skills and added value.

As always, I am pleased to hear from constituents whether they have views on national or local political issues. Please feel free to contact me either via the House of Commons or my constituency office in the West Wycombe Road or by email steve.baker.mp@parliament.uk. Alternatively, you can ring my office in the House of Commons on 0207 219 5099 or the constituency office on 01494 448408.

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Girlguiding

High Wycombe East District girls in the lead

Remember Girl Guiding?

100 years on - still going strong!

Now in 2012

We give girls and young women a voice... Provide a unique, girl only space... Promote equality and diversity... Relevant to today's girls... Help in the wide community

This year girls camped at Ellesborough, joined other Guides abroad in Sweden, went bowling in Wycombe, saw Pixie Lott at the Big Gig, went Dragon Boating at Longridge and joined with Scouts in High Wycombe Annual Gang Show.

We have Rainbows (aged 5-7), Brownies (aged7-10), Guides aged 10-15) and Rangers/Senior Section (aged14-25) in our District. If you are interested in becoming a Guiding member we will be more than happy to put you in touch with your local unit or give you more information. Where some units have a few spaces, others have a waiting list, so if you are interested in joining, it is advisable to put your name down soon.

Want to find out more? Contact Alison by E-Mail at alisongieler@dsl.pipex.com or on 01494 562473.

T & T NEWS NEEDS YOU!

New distributors are always needed to help deliver T & T News. We have a number of roads in Totteridge and Terriers where help is required so why not join our team?

If you can help call us on 01494 463107 or you can text 07905 888098. The magazines can be delivered anytime over a 10 day window four times a year. We look forward to hearing from you!

St Wulstan's, Hollis Road, High Wycombe, HP13 7UN Totteridge Baptist Church, Hillary Road, Totteridge HP13 7RA St Francis Church, Amersham Road, Terriers, HP13 5AB

"The Churches in Terriers and Totteridge invite you to join them in celebrating Christmas at a range of special services. Carols, Christingles, and a Crib Service are on the menu at the Parish Church of St Francis of Assisi, St Wulstan's Catholic Church and Totteridge Baptist Church. Join us at St Wulstan's on 11th December at 4.00 p.m., Totteridge Baptist Church on 18th December at 6.00 p.m., or St Francis's at 6.30 p.m. (also on 18th December) to sing the traditional songs and hymns of the season and discover a new dimension to your Christmas celebration.

Details of these and other Christmas Services can be obtained at: (01494) 438300 (St Wulstan's) (01494) 533502 (Totteridge Baptist Church) (01494) 520676 (St Francis of Assisi)

Or visit the appropriate church website: http://www.totteridgebaptist.com/ http://www.bjhnparish.org/index.html (for St Wulstan's) http://www.terrierschurch.org.uk/ (for St Francis's)

Christmas Carol Service

Totteridge Baptist Church – Hillary Rd Sunday 18th December

6.00 p.m. - 7.00 p.m.

Take a Fresh look at the Christmas Story And enjoy some of your favourite Carols

Followed with Refreshments



Issue 18

Totteridge Baptist Church Hillary Road - HP13 7RA

Christmas Day Celebration

Sunday 25th December 10.45 a.m. – 11.30

You are invited to join with us on Christmas Day to celebrate the birth of Jesus "IMMANUEL" God with us



For more details of other weekly events see our web site, Web Site: www.totteridgebaptist.com E-mail: minister@totteridgebaptist.com Phone: 01494 5335D2

Christmas Gift Service

Totteridge Baptist Church – Hillary Rd. Sunday 11th December 10.30 – 11.30 a.m. All age Family Service with crèche

We invite you join with us and to bring along New toys, Colouring books, soft toys or toiletries We distribute them as Christmas gifts To local homes for those with Learning difficulties

What is the digital TV switchover?

TV across the UK is going digital. The existing analogue TV signal will be switched off and replaced with a new, stronger digital TV signal.

Why is switchover happening?

Switchover is happening so that Freeview services (digital TV through an aerial) can be extended to people who can't currently get them, including those who receive their signal from a relay transmitter.

It also allows new services, such as High Definition channels to become more widely available.

When does the digital switchover take place?

Digital Switchover commences on the 4th April 2012 and completes on the 14th April 2012.

What do I need to do?

Ensure that each T.V in your home has either a built in Freeview tuner, or a separate digital Freeview set top box.

All T.V's and Freeview set top boxes are available from your local supplier & Installer.



Issue 18

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CHAMELEON SINGLES GROUP

As winter begins we can reflect on another quarter of successful events and offer a warm welcome to a number of new members who have joined us. While the summer



was perhaps not the best for getting out and about autumn has given us some good weather for events. Christmas is now very much on our minds with the annual dinner dance ahead of us on 10th December and a visit to the Marlow Brewery to sample the offerings and stock up ahead of the festive season. For these trips we may well be swapping car sharing for the bus conscious of a few drinks that may be consumed!

Our programme has a number of regular events such as the pub night on the last Friday of the month and the lunch club usually held on the first Friday of the month. However, we are always looking for new ideas and events and encourage all our members to get involved as organisers be it an at home event, trip out or to a venue such as the pub, theatre or cinema. For the next few months we will be doing more indoor events and making use of our own homes to welcome other members where we can. This will include such events as games evenings, sample events, sharing meals, DVD evenings and take-aways.

Our pub night on the last Friday of the month is a great place to meet new members and you would be very welcome to come along. We meet from 8pm and there is food available until 9pm if you wish to eat and avoid the cooking at home for an evening. You are of course welcome just to join us for a drink, a chat and to find out more about the group. Our Lunch Club continues to be a successful daytime event and we have been holding this regularly over the last few months at The Crown in Hazlemere but in the coming months may be trying new venues giving variety in hospitality and food on offer.

Membership has been increasing over the last few months and includes a number of local people from Totteridge, Terriers, Bowerdean and the surrounding areas. If you are single, 30 plus, looking for a social life and new friends then why not give us a try? There are no strangers at Chameleon, just new friends to be made in a social group run by and for its members. To find out more call Joyce on 01494 – 461328, Martin on 07747 - 703663 or e-mail: chameleon_bucks@tiscali.co.uk. You can also visit us on the web at www.bucksinfo.net/chameleon where there is further information and an events listing.

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