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T & T NEWS

THE COMMUNITY MAGAZINE FOR
TOTTERIDGE & TERRIERS

Winter
2025



Tyzack Road Post-box once again reflected the spirit of Halloween this year with an impressive topper. The box has seen several decorations over the years done by a local resident expert in their craft. Picture © TPJ 2025

Below removal of vehicles at Terriers car park which took place recently. There had been several complaints of abandoned vehicles some of which had been left parked for several months. The spaces are used by residents and visitors to local businesses.



This is the third digital edition of T & T News edition as we are no longer an in-print magazine after 18 years. You can still read your copy on-line at: tandtnews.org.uk or subscribe by e-mail: editor@tandtnews.org.uk with "Subscribe 18+" or Subscribe under 18" in the subject line.

See inside for all your community news from Totteridge & Terriers.

The **wye** Partnership



It's our business so we care.

The Wye Partnership gained their knowledge and developed their expertise within the most successful estate agents in High Wycombe. On witnessing the take over of these long established companies by nationwide chains we recognised the need for the retention of a local and independent service. Our recent merger makes the enlarged Partnership the strongest Independent in South Bucks and The Chilterns!

All the partners have invested their own money into the Wye Residential Partnership and all truly believe that our business will be built on delivering excellent service to our clients. This means you can be confident that we will deliver on all aspects of Estate Agency in an honest, open and transparent way.

If you are looking to buy, sell or let in High Wycombe or the surrounding Chiltern villages then contact an estate agency that is motivated by your success and talk to The Wye Partnership.

wyeres.co.uk

Hazlemere
01494 711 284
hazlemere@wyeres.co.uk

High Wycombe
01494 451 300
wycombe@wyeres.co.uk

Prestwood
01494 868 000
prestwood@wyecountry.co.uk

Great Missenden
01494 868 000
missenden@wyecountry.co.uk

Naphill
01494 565 555
naphill@wyecountry.co.uk

Stokenchurch
01494 509 377
stokenchurch@wyeres.co.uk

Lettings High Wycombe
01494 358 358
lettings@wyeres.co.uk

Lettings Great Missenden
01494 864 225
lettings@wyecountry.co.uk

Associated
Park Lane Office
0203 368 8472

From Town to Country



T & T News Events Diary

Thursday 8th January

Terriers W.I. Meeting, Cedar Barn , Barn Lane, Hazlemere HP15 7BQ

Meeting starts at 10:15am with plenty of on-site parking

Wednesday 14th January

NHS Retirement Fellowship meeting - Holmer Green Village Hall

Behind the scenes at Amersham Museum

Thursday 5th February

Terriers W.I. Meeting, Cedar Barn, Barn Lane, Hazlemere HP15 7BQ

Meeting starts at 10:15am with plenty of on-site parking

Wednesday 11th February

NHS Retirement Fellowship Meeting - Holmer Green Village Hall

Maternity Through Art

Thursday 5th March

Terriers W.I. Meeting, Cedar Barn, Barn Lane, Hazlemere HP15 7BQ

Meeting starts at 10:15am with plenty of on-site parking. This weeks it's the AGM.

Wednesday 11th March

NHS Retirement Fellowship Meeting - Holmer Green Village Hall

Lillian Lindsay—First Woman to qualify as a dentist in the UK

Regular Events

Every 1st Monday of the month

Inner Wheel Club, Cricket Club, London Road, High Wycombe

Contact Sue Creed on 07719 719636 (See P.13 for more information)

Every 2nd Wednesday of the month

Wycombe Wenches W.I. Meeting 7:30pm Cricket Club, London Rd, Wyc.

Monthly meeting of the W.I. See page 7 for more information and contact details.

Every 1st Thursday of the month

Terriers W.I. meeting 10:30am, Cedar Barn, Barn Lane, Hazlemere

Monthly meeting of the W.I. New members welcome. See page 9 for more info.

To find the full events diary visit our web site at: www.tandnews.org.uk and then click on the Events Calendar tab.

Totteridge and Terriers News

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Web Site Hits Approx 8,000 per month

 **WhatsApp**

Find us on 

T & T News is published four times a year in late February, May, August and November. We aim to get the magazine available at the end of the month prior to issue. In order that we can achieve this deadline we need your articles and advertising as early as possible. Our deadline for the spring 2026 edition is 15th February.

We thank all our advertisers and contributors for their support. However T & T News cannot endorse any product or service contained within this magazine. You are advised to check details of all goods and services offered. All contributions are accepted in good faith and opinions expressed are not necessarily that of the editor or T & T News.

That's about it...Join us again at the end of February 2026. In the meantime you can catch up with the latest news and events on the web at: www.tandtnews.org.uk

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2025 Advertising Rates (Introductory - Digital Edition):
Mini Ad £6 / £12 Quarter Page / £20 Half Page / Full Page £35 (Full colour)
Discounted rates are available for annual pre-paid (4 issues)
(Winter 2025 deadline is 20th November)

WELCOME TO T&T NEWS WINTER 2025

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Hello,

Welcome to the Winter 2025 edition of T & T News.

Nearly another year gone and the festive season ahead. This is always the busiest time on year for many people with shopping, preparing and then finally enjoying the season.

In this edition we have included a mini festive quiz just for fun and a competition to win a prize thanks to Thermomix. See page 8 for more details and good luck!

We end this year with our 3rd digital only edition of the community magazine and next year will see further change as we look to move to a new software package to produce T & T News. While there has been a reduction in advertisers since going digital we thank you all for your support and the Mid-Counties Coop for a £500 grant toward the magazine.

In this edition we have all the usual contributors and some extra news from Buckinghamshire Council on services that affect us across the whole of the county.

All that remains for me to say is have a Merry Christmas and Happy New Year. See you all in 2026!

David Winterburn, Editor

High Wycombe
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Tel: 01494 472572

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32 Gregories Road
Tel: 01494 685000

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Blackwell Heath
24 White Pit Lane
Tel: 01494 952288

Gerrards Cross
38 Oak End Way
Tel: 01753 891892

Marlow
21-23 Little Marlow Road
Tel: 01628 898866

Farnham Common
4 The Broadway
Tel: 01753 535556



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www.arnold-funerals.co.uk



Midcounties Co-operative grant boosts digital distribution for T & T News

Supporting the Local Community

The Doing Good Together Fund is designed to empower local Midcounties Co-op site managers, allowing them to direct funds to causes that matter most in their communities.

Connor Oliver, Manager of the Hazelmere Co-op food site expressed pride in supporting such an important group that through its work, keeps the community connected and said -

“I am pleased that our Doing Good Together Fund can provide a helping hand for this group to expand its reach in our local community via their newspaper, it’s great to see how the fund can really make a difference.”

The Midcounties Co-operative’s continued commitment to community support demonstrates how Co-op members’ contributions directly benefit local causes.



Cycling in South Buckinghamshire

Join your local Cycling UK groups this winter

Cycling UK has a number of local groups in South Buckinghamshire.

South Bucks Midweek group offers a selection of rides every Wednesday from easy paced to moderate to rides that are faster and longer. Most rides meet at 09:30am and include a stop for elevenses at a local café or garden centre followed by lunch before returning home. There are also coffee Pots on Friday's. Make your own way there, meet from 10:30am and enjoy the company and cycling.

Chiltern Cycling offers both led rides and coffee pots every Sunday. There are a variety of different length rides along with coffee stops all taking place on quiet routes in the countryside. Summer means we can enjoy rides with coffee stops offering both inside and outside space with most rides returning to the start point. Chiltern Cycling have a Zoom social on the 1st Thursday of each month at 8pm and a meet up clubroom at Little Kingshill Baptist Church Hall on the 3rd Thursday except June—Summer BBQ on 26th. There are no clubrooms July or August but Zoom socials continue all year.

There is something for everyone of all ages with both pedal bikes and e-bikers welcome.

Why not come and join us while the sun shines (Well usually!) and enjoy cycling with your local Cycling UK Groups.

For more Information:

E-mail: publicity@southbuckscycling.org.uk

Web: www.southbucksmidweekcycling.org (Midweek Group)

Web: www.southbuckscycling.org.uk (Chiltern Group)

For general information about Cycling UK visit: www.cyclinguk.org

The junior league teams have all had such wonderful starts and its great to see everyone enjoying themselves.

Would you believe it, but we're already thinking about next season! Unfortunately we do have to think about this early in order to plan for logistics. We now have a good number of teams and we hope to continue this for years to come

If you are interested in joining, either as a player or volunteer, please contact myself, Oliver Witney on 07706888441.

SMC Under 6s/7/8s – Olly	07706 888441
Under 9s – David	07702 261024 (WAITING LIST AVAILABLE FOR SECOND SQUAD)
Under 10s – Olly	07706 888441 (2 POSITIONS AVAILABLE)
Under 12s – Ola	07435 435311 (DEVELOPMENT SQUAD PLACES AVAILABLE)
Under 13s – Dean	07961 666394 (SQUAD FULL)
Under 14s – Zak	07576 135321 (SQUAD FULL)
Under 15s – Will	07723 314419 (SQUAD FULL)
Under 16s – Jon	07723 314419 (SQUAD FULL)

Walk With Willie this winter

SUNDAY 30 NOVEMBER AT 14.00

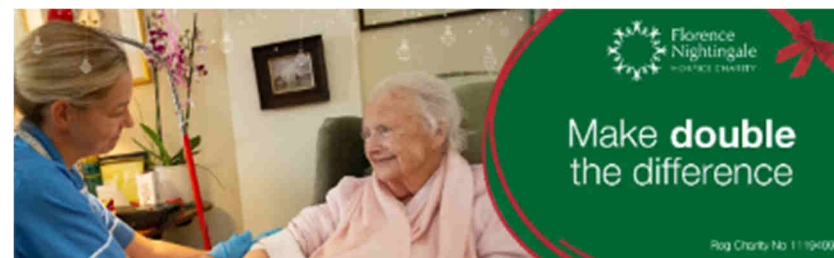
'Suffragists, Bodgers, Mosquitos and Goals '

Starts outside Godstowe Preparatory School, Shrubby Road, High Wycombe HP13 6PR for a walk down to the cemetery and west central Wycombe. Includes two short steep descents with a distance of 1.25 miles in 2 hours. *Come and hear about local women's struggle for equal rights, discover the industry that made Wycombe famous throughout the world, learn about the town's serial criminal and why Wycombe Wanderers score in the Guinness Book Records.*

Enhanced Care For Hospice Patients Across Buckinghamshire

Florence Nightingale Hospice Charity and South Bucks Hospice merged in **October**. As it serves the whole of Buckinghamshire and bordering areas, the merged charity will be called Florence Nightingale Hospice Charity. Butterfly House, in Totteridge, has been the home for South Bucks Hospice since 2017, and the building's name will be unchanged, and all hospice services are continuing as normal.

At the heart of the merger is the commitment to care for patients living with life-limiting illnesses or needing end-of-life care, as well as supporting their families. Both hospice charities have proud heritages dating back 40 years and have provided compassionate and expert care for thousands of patients. By bringing the much-loved charities together and working with partners at Buckinghamshire Healthcare NHS Trust, they can operate more efficiently and be able to secure, and ultimately expand, hospice care services in Buckinghamshire.



Overnight Hospice At Home Team

Continued hospice care depends on the support of its community. Florence Nightingale Hospice Charity is taking part in the Big Give Christmas Challenge from 2nd – 9th December 2025. During this week, every donation made will be doubled at no extra cost, helping to achieve the goal of raising £70,000 to create a dedicated Overnight Hospice at Home Team. The Charity aims to ensure that no one in our community faces the night alone. To find out more, please visit www.fnhospice.org.uk/biggive.

Follow Florence Nightingale social media accounts for news from Butterfly House.





Are you retired or about to retire from the NHS or social care?...

...Want to keep up with your friends and make new friends with other NHS and social care staff and enjoy a variety of additional benefits and offers? Then the NHS Retirement Fellowship may be for you!

The Fellowship provides social, educational and welfare opportunities across the country with a number of additional, specially tailored benefits.

You can find out more by:

Tel: **01305 361 317**

Email: **info@nhsrf.org.uk**

Or visit our website at:

www.nhsrf.org.uk

Local branches run across the country providing a range of additional social activities including trips out, theatre visits, talks with interesting local speakers.



Search for
NHS Retirement Fellowship



or follow us on Twitter
@NHSRetire

You can find out more about
your local branch:

Wycombe and Amersham

We meet at Holmer Green Village Centre on the second Wednesday of the month. 1.30 – 4.00pm

Annual membership £30, plus £2.50 on the door.

Contact: joykay1944@gmail.com

07931307598 or

cooperjac@hotmail.co.uk 01494488468

Facebook: NHS Retirement Fellowship
Wycombe and Amersham Branch

NHS
Retirement
Fellowship

Making your retirement work for you.



TOTTERIDGE FC has provided football to the local youth in the community since 1996. For more information and contact details please visit our web site – www.totteridgefc.co.uk

YOUR LOCAL COMMUNITY FOOTBALL TEAM!

And update from the Chairman, Oliver Witney

ANOTHER GREAT START. This seasons start has been so great for the club. We now have 8 teams regularly playing some great fun football across the area.

We welcomed David who has stepped up to manage the Under 9s, alongside Jake who is assisting. It is wonderful to keep the younger squads coming through, enabling more children to be playing for the club more than ever. However it is very difficult finding volunteers so we are always so grateful.

Unfortunately we had our U10s coach leave us at the beginning of the season but I have managed to keep things going for this squad in the short term and we hope to find a replacement volunteer as soon as we can. We also have a couple of extra spaces available for this squad so if anyone wants to look for a team to join and are in Year 5 then please let us know.



In the higher age groups we also welcome Olawale who has taken on the U12s team. They have had an amazing start winning the large majority of their games. Now they start their blind results competitive league where the two finalists from each league play a final at a stadium in the area. Good luck Ola and the team!

Computing & Technology

Are you still using Windows 10?
Is your computer not suitable for Windows 11?

There are still free security updates for Windows 10 for consumers, ie home users. Here is how to get Microsoft's Extended Security Updates for Windows 10 until October 2026:

1. Make sure you have Windows 10 version 22H2. To see which Windows 10 version you have, click Start menu -> Settings -> System -> About. If you have an older version of Windows 10, click Start menu -> Settings -> Update & Security -> Windows Updates -> Check for updates.

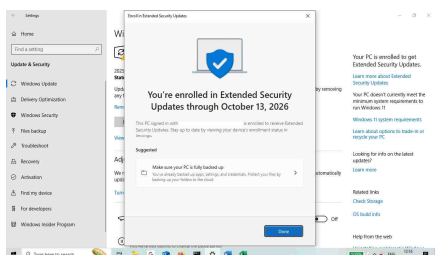
2. Make sure you have signed in to Windows 10 as an Administrator with a Microsoft Account. The Microsoft Account type must be an adult account, not a child account. To check, click Start menu -> Settings -> Accounts. It should say you have an Administrator account. It should say "Manage my Microsoft Account".

3. If it says "Local account", click "Sign in with a Microsoft Account instead". I have found that if you are using a Local Account, it will ask if you want to pay £24.99 to get the Extended Security Updates.

4. Click Settings -> Update & Security -> Windows Update. Under Extended Security Updates, click "Enrol now".

5. Enter the email address that was used to sign up for a Microsoft Account and the password for the Microsoft Account.

I have had to do steps 4 and 5 twice to get to the success screen. On the first attempt, I got "Something went wrong" followed by "We can't enrol you in Extended Security Updates right now. Close this window and try again". I don't know why it did that, but then it worked on the second attempt.



After doing this, it will help to keep your computer virus-free, but it is only a temporary measure. Did this help? Let me know!
Phil 07904 125648



Wycombe Wenches W.I.



Wycombe Wenches continue to welcome women who like to share the company of others for a variety of interesting activities, both evening and daytime. The Culture Club went to the Swan to see "Death Comes To Pemberley" and the Film Club met monthly to discuss films including "What We Did On Our Holidays", "Gosford Park", "Allelujah" and "Red Dust" over the summer. Bookworms continues to meet at Hughenden Community Café for a lunch, and chat about the month's chosen book, with the summer range of books including "Pompeii" and "Frankie". The Walking Group have had some lovely summer walks, and the Monday morning Coffee and Chat has met once a month for – coffee and chat! Winners and Diners continued to go out for a meal once a month, to places such as Giggling Squid in Marlow and the Black Lion in Naphill.

Our programme of speakers continue with some very informative talks and presentations. A recent social evening in August saw us hold our summer social evening, where 21 of us descended on The Mayflower pub in Hazlemere to enjoy an excellent meal and a chance to get to know each other better. In September we had a touch of history, learning about the Saunderton Bomb.

Our summer tea and cake afternoons have remained popular with our members, and several different venues were offered this year, so it was lovely to enjoy each other's company and eat some incredibly delicious cakes and scones!

We were also extremely pleased to congratulate our Quiz Team – having come third (for the second year running) in the Buckinghamshire competition, they went forward to the Inter-County final, where they managed the magnificent goal of winning the competition, with a final score some way ahead of the other teams! Well done ladies – a brilliant achievement!

If you are interested in joining our friendly group, please contact us via the email address below. We meet on the second Wednesday of each month, at the Cricket Club on London Road, High Wycombe, at 7.30pm.

Best wishes
Diane Haylor
President
wycombewencheswi@hotmail.co.uk

Christmas Quiz Just for Fun!

1. If you were born on Christmas Day what is your Star Sign?
2. Which animal carried Mary before she gave birth to Jesus?
3. When was the first Christmas Card sent?
4. Where was baby Jesus born?
5. Which of Santa's reindeer has the same name as the God of Love?
6. What is the period leading up to Christmas
7. What is traditionally hidden in a Christmas Pudding?
8. In which tin of chocolates would you find 'The Green Triangle'?
9. Which soft drinks company has been using Santa Claus in advertising since 1931?
10. Which country started the tradition of putting up a Christmas Tree?
11. What must have Christmas item did Tom Smith invent?
12. In what year was the Royal Speech for shown on TV?

Answers on page 25

Competition in association with Thermomix

Do you enjoy cooking?
Want to learn more about cooking and try out an innovative kitchen appliance?
Yes! Then this competition is for you.

To enter the Free Prize Draw
Text/What's App your name and telephone number to 07905 888098 or E-mail
editor@tandtnews.org.uk

Closing date is 31st December 2025. See web site for T & C's.



The **all-in-one** kitchen appliance.

The TM6 embodies versatility with **over 20** different functions and modes.

Icons showing functions: Dough, Grate, Slow Cook, Egg Boiler, Chop, Peel.

Advisor name: Kasia Keown
Telephone: 07907570687
Email: Thermomix.K.Keown@outlook.com

Scan here to check out my Instagram!

Vorwerk.co.uk thermomix @Thermomixukandire

News from Thames Valley Police

Since the start of summer Thames Valley Police have enhanced their work in dealing with domestic abuse. They have held a day of action in every area in which the force serves.

Since May 2025 they have:

- Executed 108 arrest attempts
- Seven failed to appear warrants leading to 49 in custody
- Five suspects were remanded and charged
- 34 released on bail and 5 given cautions, 5 released with no further action
- Downloaded 26 electronic devices from suspects
- Conducted 17 voluntary interviews
- Completed 10 domestic violence prevention order checks
- Held 3 community stands in busy public areas.

You can find out more on the [Thames Valley Police Web Site](#)

Christmas Quiz Answers

1. Capricorn
2. Donkey
3. 1843
4. Bethlehem
5. Cupid
6. Advent
7. A silver coin (Sixpence)
8. Quality Street
9. Coca-Cola
10. Germany
11. Christmas Crackers
12. 1957

How did you do?

10+ - Christmas Expert!
6-9 - You know a bit about Christmas
Up to 5 - You need to brush up!

Local Halls

Totteridge Community Centre, 55
Totteridge Drive, HP13 6UG
Tel: 01494 511216

St Francis Church Hall, Amersham
Road, HP13 5AB Tel: 01494 462911

Totteridge Baptist Church, Hilary
Road, HP13 7RA Tel: 01494 263359

St Wulstans Church Hall, Hollis
Road, HP13 7UN Tel: 01494 438300

The Hive, Arnison Avenue, HP13
6DD Tel: 01494 454697

Memory Partners Charity

The spring edition of T&T News gave details of our tai chi cafés in Totteridge and Beaconsfield. In our aim to spread the benefits of tai chi for health and wellbeing more widely we are proud to announce that last month we were able to run a training workshop to produce new instructors. The cost of doing so was covered by donations from the café with support from the community centre.

For more information contact
Sue 01494 532088
susanstuart922@gmail.com

Tai Chi Café
Thursday's 10:50am
Totteridge Community
Centre



www.buckinghamshirelottery.co.uk & search for T&T News
£1 Per ticket. Players must be 18 or over. Always gamble responsibly.

Terriers W.I.

September – Our speaker was Ken Brazier who spoke to us on his fund raising for Mercy Ships. Mercy Ships is a faith-based international development organisation that deploys hospital ships to some of the poorest countries in the world, delivering vital, free healthcare to people in desperate need. This included Ken traveling to Tanzania and walking to the top of Kilimanjaro where he raised sixteen thousand pounds. Kilimanjaro is a large dormant volcano in Tanzania. It is the highest mountain in Africa and the highest free-standing mountain above sea level in the world, at 5,895 m (19,341 ft) above sea level.



October – We welcomed back Louise Donovan a Local Wildlife Photographer, who gave us an insight on how she photographs wild birds and animals. Louise went to Greece, where she managed to take photos of dalmatian Pelicans diving for food over the sea. She also went to the west coast of Scotland to Mull, Iona, & Lunga, where she was able to spend time with our coastal birds and was able to take clear close-up photos of birds including Cranes, Puffins and Eiders.

LouiseDonavanphotography.co.uk

November – Local Historian Mike Dewey, our speaker, brought a collection of photographs he described how the residents of High Wycombe spent their leisure time from 1909 when the first electric light show opened to the opening of the Swan Theatre in 1992. Many of the old photographs of High Wycombe remain and we can still recognise some of the buildings today. Before 1939 Wycombe had 4 Cinemas, many of us remembered going to the Palace and Odeon cinemas during the 1960's and 1970's. We were surprised to hear that there was an indoor swimming pool in Frogmore, it was filled with cold water from the River Wye and was only open in the summer months and later boarded over for roller skating.

Wycombe Show held on the Rye was mainly a county fair with cattle and sheep, and tug of war competitions. Members were amazed to hear of an annual Air Shows that were held on the land which is now Wycombe High School, where planes, would take passengers on short flights around High Wycombe. This is how the Society has so many historical photos taken from the air in their collection.

<https://wycombephotographicsociety.org.uk>

<https://SWOP.org.uk> (Sharing Wycombe's Old Photographs)

Future Meetings

8th **January**

5th **March - AGM**

Speakers still to be confirmed

5th **February**

2th **April**

Meeting starts 10.15am Doors open at 10.00 Cedar Barn, Barn Lane, Hazelmere HP15 7BQ on the first Thursday of every month except August, plenty of on-site parking.

More information on <http://www.terrierswi.org.uk>



Volunteers needed in Aylesbury

Our team needs your help:

- Loading audiobooks onto USB sticks
- Processing returned audiobooks
- Chatting and eating biscuits

SCAN ME



01296 432339
calibreaudio.org.uk



Crackdown on misuse of disabled permits

Buckinghamshire Council recently carried out another successful Blue Badge Day of Action targeting misuse of disabled parking permits across the county.

The latest operation was held on 28th October with 163 badges checked across Aylesbury, Beaconsfield and Gerrards Cross. During the checks three expired badges were seized although in each case the holder had a valid replacement but had failed to remove the old one. Five penalty charge notices were issued.

Please make sure you check your badge is valid and in date and only used by the badge holder.

Waiting times for Education, Health and Care Plan assessments targeted

An extra investment of £3 million in a recovery plan to cut waiting times for Education, Health and Care Assessments (EHCPAs) are part of the council's commitment to improving support for children and young people with special educational needs and disabilities (SEND).

Along with other UK wide authorities Buckinghamshire Council has seen a significant rise in demand in recent years of 12%. To address these challenges, to ensure all children and young people in Buckinghamshire with SEND can access the support they need in a timely way and support families the council has agreed an action plan.

The £3 million will go towards recruitment and retention, streamlining application processes, enhancing family support and monitoring and accountability measures.

White Ribbon Day

Buckinghamshire Council is supporting White Ribbon Day which this year takes place of 25th November. The theme this year is "We speak up" a powerful call to action encouraging everyone especially men and boys to challenge sexist or harmful behaviour.



LIGHTBULB CAFE

The Lightbulb Café is a warm and welcoming space, designed to support individuals experiencing memory changes or living with a dementia diagnosis and their carers.

Hosted by Wycombe Wanderers Foundation, this programme offers a safe and comfortable space where you can:

- Connect with Others - Engage in Reminiscence Activities -**
- Promote Well-being - Separate Carer Support**

Join us in a friendly environment where everyone is welcomed, valued, and supported.

Every 1st Wednesday of the month
10:30-12pm

Held at Adams Park Stadium, Hillbottom Road, High Wycombe, HP12 4HJ

To book and to question please call or email the office on details below

01494 455736

COMMUNITY@WWFC.COM

WYCOMBEWANDERERSFOUNDATION.CO.UK



Rainbows, Brownies, and Guides in High Wycombe have spaces!

Girlguiding is what each girl wants it to be. It might be the thrill of doing something for the first time, making great new friends or the buzz of getting a new badge. We offer a space where she can get creative, explore, become more confident, and most of all have fun. Girlguiding offers all girls an equal sense of belonging, no matter who they are or where they're from. Ours is a relaxed and encouraging all-girls space where every girl can feel at home.

Do you know a girl who would like to join us? We have spaces!

Our units meet once a week in the school term (with occasional trips/activities at a weekend which girls can join in if they wish). All the units are run by experienced volunteers.

There are 4 different age groups of girls in Girlguiding : Rainbows aged 4-7, Brownies aged 7-10, Guides aged 10-14, Rangers and Young Leaders aged 14-18

To register your interest in your daughter joining a unit, please use the link below.

<https://www.girlguiding.org.uk/information-for-parents/register-a-child/>

You will be able to see the units in the area and find out where they meet.

Once you have registered your daughter, one of the local leaders will then contact you with more information.

The Rainbow, Brownie and guide units around the area have been having a great deal of fun this term.

In our weekly meetings, some of the exciting things our units have been doing are raising money by hosting tea parties, learning new skills like first aid, visiting the backstage of The Swan Theatre and playing new games.

One Saturday in October, we also joined together with over 1300 other members of Girlguiding in Buckinghamshire to have an amazing trip to Chessington World of Adventures! We enjoyed so many of the rides as well as seeing the fish and animals. It was wonderful seeing so many girls and leaders having a great time together.



Chiltern Stroke Club

Had a stroke? or a family member had a stroke?

**Come along and join us Tuesdays
2pm-4pm in Brooks Lounge,
Amersham Road, Hazlemere**

We are a local network of The Stroke Association; support and social group for stroke survivors and their families. Weekly exercise led by a qualified rehabilitation teacher, specialist speakers and social activities.

Contact: Adele 01494 728537
E-Mail: grassadele@gmail.com

www.chilternstrokeclub.co.uk

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Crystal Property Maintenance
email: ash.craven@gmail.com
Telephone: 07742 022987

One Can Trust—What to do if you need help

One Can Trust food bank works on a referral system from partners such as the Helping Hand team at Buckinghamshire Council, Wycombe Women's Aid and Citizens Advice Bureau.

Tel: 01494 512 277

E-mail: office@onecantrust.org.uk

WADSAD Wycombe and District Sports Association

Wadsad is based at the Wycombe Leisure Centre. We offer people of all types of disability a chance to take part in sport. For more information on becoming a member or Helping contact - Sarah Wiltshire 01494 450169 or Rachel Pope 01753 889390.

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Terriers Community Garden

Hello, all gardeners out there. I hope you have got your dahlias and geraniums into warmer places. We have dealt with the dahlias but left the geraniums because they were still flowering, another job for Saturday.

This morning was a shock. Even though we were warned, but so many jobs were still to do. We had bulbs to plant, leaves to clear and put into bags. A new experiment. Looks like winter has arrived, everything seems to be happening earlier. We still have raspberries on the autumn raspberries.

Tomorrow is our Advent Fayre which has also moved into November. We have had a bumper harvest this year, loads of tomatoes not all ripened but ended up in green tomato chutney. Loads of beans that were eagerly wanted and courgettes, pumpkins, rhubarb etc.

We are still desperate for volunteers as we now have the extra Nature Trail which we are constantly having to clear and weed. We have planted up there so there will be some colour for the spring.

In August we were helped by 8 volunteers organised for us by Paula of (paula@growtogetherbucks.co.uk). Who repainted our shed and helped with some of the heavy jobs of which we are very grateful. Also the church held a pet blessing service for St Francis Day which was very successful. The weather was good so we were able to use the garden with 14 dogs and 1 cat and their owners.

We are still the only three in the garden regularly Valerie, Jane, and Pauline but we do have a gentleman called Les now too, occasionally helping, so when there is a little sunshine and you are at a loose end, come and meet us. Also if you have any garden equipment or tools etc we would really appreciate them. Just pop in. We are usually in the garden on Thursday and Saturday between 10.00 and 1.00 weather permitting. We would love to meet you. We are at the back of St Francis Church, Amersham Road HP13 5AB Or ring Valerie on 07733794031



Wycombe Sound is your local community radio station broadcasting on 106.6FM and also via the internet and Radio Player.

The station offers a mix of music along with specialists shows and local news and interviews.

Listen in 24 hours a day, 7 days a week.

Web: wycso.org.uk

E-mail: studio@wycombesound.org.uk

Tel: 01494 449900

REPAIR CAFE

BIN IT? NO WAY!

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HP15 7UB

4th Saturday of each month (not December)
10-1 (last orders 12.30)

e: hazlemere.repaircafe@climateactionnow.uk

CLOTHES FURNITURE ELECTRICAL APPLIANCES TOYS BICYCLES

Scams & Cons.....They are everywhere!

In recent weeks it seems like the scammers have upped their game. Whether it be on the phone or by the e-mail they are there to catch you off guard. Having done so with a claim of a refund, a large payment from somewhere or an investment you may or may not have made they are out to get your money not refund it to you. Once your bank details and other information has been obtained the only route is likely to be the loss of your money. Any thoughts of receiving money into your bank account is very unlikely.

Just some of the current scams.....

A caller, usually automated informs you there has been a couple of unusual transactions on your bank account. One of these will often will be for a large amount of money, the other an international transaction. They invite you to press 1 to cancel or 2. to speak to an agent. DO NEITHER, hang the phone up!

A caller usually live calls to tell you there is a Crypto wallet with your name on it. You apparently invested in this maybe by clicking a link on a web site with a deposit of £250.00. The question is to whom? They don't know the answer because this never happened. The wallet is worth (Example) £23,000.00 and they want to return this to you. They will not do a cheque (of course not) but want your bank details so you can be credited. DO NOT GIVE OUT ANY DETAILS AND HANG UP!

A caller calls supposedly in response to your request to invest from a web site. You have of course done no such thing and perhaps worryingly they have harvested your phone number and e-mail likely as the result of a data breach somewhere. Again DO NOT GIVE OUT ANY DETAILS AND HANG UP!

A caller claims to be your local energy advisor. While some of these calls may be from genuine companies there are plenty of fraudsters out there to replicate them. Even the genuine ones don't really have your interest at heart, they are there to make money both from any grants they can obtain and any extras you will have to pay them for. AVOID THEM AND HANG UP!

These are just a few of the scams that are out there. There are many aimed at specific groups such as young or older people. If an offer sounds too good to be true it probably is. Hang up or walkaway is the best advice.

KNIT & NATTER

Relax • Create • Connect



Wednesdays at 11:15



St Francis of Assisi Church Hall
Amersham Road, High Wycombe, HP13 5AB



Enjoy a cuppa and a chat



Knit, crochet, or bring any craft



No experience needed – just drop in!

Wycombe Community Advice Hub

A one-stop drop in advice shop will be held on the last Wednesday of every month between 9:30am and 12pm and offers advice from a number of organisations. It will be located at the Beacon (formerly Lata Lata) in the underpass in between Bucks New University and the town centre.

Organisations supporting this include Citizens Advice Bucks, Buckinghamshire Council, Buckinghamshire Family Information Service, One Can Trust, Women's Aid, The Oasis Partnership and HSBC.



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email bookings@hazlemereparishcouncil.gov.uk

or visit www.hazlemereparishcouncil.gov.uk

Local Faith Group information for Totteridge & Terriers



St Francis Church

Located on Amersham Road in Terriers. www.terrierschurch.org.uk

Our services are held every Sunday at 8am and 10am and on

Wednesday at 10:30am

Office email: churchoffice@terrierschurch.org.uk

Tel: 01494 297933 Office Tel: 01494 462911

Facebook: Friends of St Francis Terriers

Totteridge Baptist Church

Located on Hillary Road, High Wycombe, HP13 7RA. Services are held every Sunday at 10:30am - All are very welcome

Tel: 07760 651953

E-mail: totteridgebc.secretary@gmail.com

Web: totteridgebaptist.org.uk

Facebook: facebook.com/totteridgebaptist.church

Instagram: totteridgebaptist

St Andrews Church (C of E)

Located on Hatters Lane, High Wycombe HP13 7NJ.

Services are every Sunday at 10:15am.

Tel: 01494 - 529668

St Wulstans Catholic Church

Located on Hollis Road, Totteridge, HP13 7UN

Regular Masses both on Sundays and at other times during the week.

Tel: 01494 - 472576

St Augustine's Church (Catholic)

Located on Amersham Hill, High Wycombe

There are regular Masses on Saturdays, Sundays and during the week.

Tel: 01494 - 523969

Totteridge Mosque

(Wycombe Islamic & Mosque Trust Limited)

24 Totteridge Road, High Wycombe, HP13 6EB Tel: 01494 - 513440

Also Muslim Education Centre at 4 The Parade, Totteridge Drive

Tel: 01494 - 522786

Wise (Wycombe Islamic Society)

St Marks Close, High Wycombe, HP13 6GN

Tel: 01494 - 259194

Web: www.wise-web.org



The Past



Wycombe Food Hub was formed in 2020, at the height of the COVID-19 pandemic, as an emergency response to growing food insecurity in High Wycombe. It started with volunteers rescuing surplus food to support vulnerable families. Since then, we've evolved into a grassroots solution to food waste and community hunger. We've redistributed over 70 tonnes of surplus food per month, thanks to the commitment of local residents, community leaders, and partner organisations. Our work continues to reduce food waste and support those facing food poverty.

The Present

Today, Wycombe Food Hub is a vital community resource. We intercept food from 90 suppliers – supermarkets, restaurants, wholesalers, farms, and local growers. We provide low-cost, nutritious food to those who need it most, while promoting sustainability through repair Hub, community growing, and educational initiatives. We also support people beyond food – offering financial advice, signposting services, and social connection. Our team, made up of local volunteers and supported by partners, is committed to tackling poverty, isolation, and inequality in High Wycombe.

The Future

By the end of 2025, we must relocate from our current base. But with change comes opportunity. We are planning a new, permanent home for Wycombe Food Hub – one that includes:

- A food warehouse and community kitchen
- Dedicated spaces for education, growing, and repair

Accessible community support services. This move will expand our impact and enable long-term, sustainable support for the people of High Wycombe.

The Dream

Our long-term vision is a High Wycombe where no one goes hungry, and nothing goes to waste. We aim to build a circular, community-led food system powered by:

- Kindness, cooperation, and local action
- Practical solutions to food and fuel poverty

A model that inspires other communities to act

Together, we can make High Wycombe greener, fairer, and more connected.

Volunteer

If you think you can fit into our project and team we would love to hear from you
contact@wycombefoodhub.org

CHAMELEON SINGLES GROUP



As the cooler days come around our focus is now towards Christmas and our winter events. This means a move to more indoor activities although we'll continue our walks followed by coffee or a light lunch. Going forward we are looking at doing more accessible events so more members can take part in activities such as the walks where hills and terrain can be an issue. Distances are always kept short and at a pace of the slowest meaning events are for everyone.

Autumn has seen Chameleon members enjoy a number of social events including an at home supper, a visit to the Rebellion Brewery, coffee and cake at a members home as well as the regular Lunch Club on the second Friday and Pub Night on the last Thursday of the month. These regular events are a great place to meet other people and for new members to find out more about the group.

For those who want to join us from home, especially useful during those cold or wet days, we have a Zoom social where we catch up for 40 minutes once a month. This is particularly useful for those who cannot easily get out and is also a place to swap ideas for future events and plan any travel.

If you are single, 40-60's, looking for new friends and a great social life why not give Chameleon Singles Group a try? There are no strangers at Chameleon, just new friends to be made. The group has several local people from Totteridge, Terriers and the surrounding areas and you would be very welcome too. To find out more call Terrie on 01494 445816, Trevor on 07879 332975.

E-mail: info@chameleonsingles.org.uk

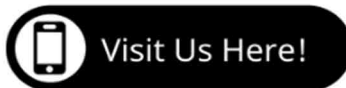
Visit the group on-line at www.chameleonsingles.org.uk

or search for us on Facebook and Nextdoor.

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Emma Reynolds MP

It was a privilege to attend the Remembrance Sunday Parade and Service at the All Saints Parish Church War Memorial in High Wycombe. We gathered with thanksgiving and sorrow to honour all those who have laid down their lives in wars and conflicts. As we reflect on their courage and sacrifice, I welcome the Government's new Defence Housing Strategy, launched earlier this year. This landmark £9 billion investment will deliver modern, high-quality homes fit for our heroes. More than 40,000 military homes will be upgraded, including many right here in Buckinghamshire. I am proud to serve in a Government that has already delivered the largest pay rise for Armed Forces personnel in over 20 years.

Earlier this year Butterfly House in Totteridge received £57,314 in July 2025 by Department of Health and Social Care to upgrade its facilities. During Hospice Care Week, I was delighted to visit Butterfly House, which provides an outstanding range of services to improve people's quality of life. From physiotherapy and bereavement support groups to creative arts and crafts activities, the team at Butterfly House go above and beyond to support local families. Their work embodies compassion and community spirit at its best.

Throughout my election campaign and my first year as Wycombe's MP, I have been clear that we must not lose any services from Wycombe Hospital. I therefore welcome the announcement from Buckinghamshire Healthcare NHS Trust regarding their submission of plans for a new landmark building at the Wycombe Hospital site, which marks an exciting new chapter for local healthcare. Earlier this month I met with the new CEO to protect vital local NHS services.

Like many local residents, I am deeply concerned about the state of our rivers and waterways. Pollution and sewage spills are unacceptable, and this is an issue I am determined to tackle in my role as Environment Secretary. The government has recently announced the introduction of automatic penalties, similar to speeding tickets, so that water companies face swift consequences when they break the rules.

It was a real pleasure to meet so many constituents at the Christmas light switch on. I'd like to take this opportunity to wish all readers of Totteridge and Terriers News a very Merry Christmas and a joyful New Year.