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# T & T NEWS

Autumn  
2024

## Autumn Tints are here!

With summer behind us its time to look forward to the cooler days and darker nights of autumn. It's a time When Totteridge & Terriers often looks its best with the autumn tints on the trees as the leaves turn from green to a variety of colours brightening up our local landscape.



There are plenty of local spaces to enjoy including the Totteridge Recreation Ground, Terriers Conservation Area with the Beech Tree Pub nestled at the bottom of the dip next to the Amersham Road. Totteridge Common offers leisure space too and there is a chance to explore Penn Woods beyond.

In the opposite direction passing De Havilland's House there is yet more open space heading up towards Hazlemere and Widmer End. So while here in Totteridge & Terriers we are much an outer part of High Wycombe Town we are also perhaps closer than we may think to the open countryside.

Our pictures here show just a snapshot off what there is to be discovered in our local area. So do get out there and enjoy all that is around us this autumn.



See inside for all your community news from Totteridge & Terriers.

# The **wye** Partnership



## It's our business so we care.

The Wye Partnership gained their knowledge and developed their expertise within the most successful estate agents in High Wycombe. On witnessing the take over of these long established companies by nationwide chains we recognised the need for the retention of a local and independent service. Our recent merger makes the enlarged Partnership the strongest Independent in South Bucks and The Chilterns!

All the partners have invested their own money into the Wye Residential Partnership and all truly believe that our business will be built on delivering excellent service to our clients. This means you can be confident that we will deliver on all aspects of Estate Agency in an honest, open and transparent way.

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prestwood@wyecountry.co.uk

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stokenchurch@wyeres.co.uk

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lettings@wyeres.co.uk

Lettings Great Missenden  
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lettings@wyecountry.co.uk

Associated  
Park Lane Office  
**0203 368 8472**

From Town to Country



## T & T News Events Diary

**Sunday 8th September 10am to 4pm**

**Wycombe Celebrates in the High Street, Wycombe Town Centre**

This is a brand new festival in the town with music, arts, craft, local heritage and food. The festival will include music from local bands along with spoken word, walks with Willie, exhibitions, street theatre, storytelling and much more.

**Saturday 5th October 6:30pm**

**Quiz Night at Hazlemere Community Centre, Rose Avenue, HP15 7UB**

The evening includes a Baked Potato supper. Contact the Community Centre to book in your team.

**Saturday 23rd, Sunday 24th & Saturday 30th November**

Rennie Grove Light up a Life events: 23rd St Albans, 24th Princes Risborough, 30th High Wycombe. For more information visit the web site at:

[renniegrovepeace.org.uk](http://renniegrovepeace.org.uk)

### Regular Events

**Every 1st Monday of the month**

**Inner Wheel Club, Cricket Club, London Road, High Wycombe**

Contact Sue Creed on 07719 719636 (See P.21 for more information)

**Every 2nd Wednesday of the month**

**Wycombe Wenches W.I. Meeting 7:30pm Cricket Club, London Rd, Wyc.**

Monthly meeting of the W.I. See page 7 for more information and contact details.

**Every 1st Thursday of the month**

**Terriers W.I. meeting 10:30am, Cedar Barn, Barn Lane, Hazlemere**

Monthly meeting of the W.I. New members welcome. See page 9 for more info.

### Local Halls

Totteridge Community Centre, Totteridge Drive

St Francis Church Hall, Amersham Road

Totteridge Baptist Church, Hilary Road

St Wulstans Church Hall, Hollis Road

The Hive, Arnison Avenue

See our web site at [www.tandtnews.org.uk](http://www.tandtnews.org.uk) for a full diary listing

## Totteridge and Terriers News

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Find us on

T & T News is published four times a year in March, June, September and December. We aim to get the magazine distributed by mid month of issue. In order that we can achieve this deadline we need your articles and advertising as early as possible. Our deadline for the winter 2024 edition is 20th November.

We thank all our advertisers and contributors for their support. However T & T News cannot endorse any product or service contain within this magazine. You are advised to check details of all goods and services offered. All contributions are accepted in good faith and opinions expressed are not necessarily that of the editor or T & T News.

That's about it...Join us again in December 2024. In the meantime you can catch up with the latest news on the web at

[www.tandtnews.org.uk](http://www.tandtnews.org.uk)

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### 2024 Advertising Rates:

B & W - Mini Ad £15 / £27 Quarter Page / £50 Half Page

Colour - Mini Ad £17 / £32 Quarter Page / £60 Half Page / £110 Full Page

(Full page adverts subject to availability—Winter 2024 deadline is 20th November)

## WELCOME TO T&T NEWS AUTUMN 2024

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Hello,

Welcome to the Autumn 2024 edition of T & T News.

Summer this year has been a very mixed experience with the weather so hopefully you managed get out and enjoy some of the fine days and events taking place this year. Perhaps you managed to get away either here or abroad and if so hope this went well.

In this edition of your community magazine we have all your regular contributors. However, we are always on the look out for more both for the printed magazine and to include on our web site. Remember for the web site these can be submitted at any time and for the printed magazine the next deadline is 20th November.

You can keep up to date with all that's happening locally by visiting our web site:

[www.tandtnews.org.uk](http://www.tandtnews.org.uk)

Have a great autumn and enjoy reading your edition of the community magazine.

David Winterburn, Editor

<p><b>High Wycombe</b> 891 London Road Tel: 01494 472572</p>	<p><b>Beaconsfield</b> 32 Gregories Road Tel: 01494 685000</p>	<p><b>Marlow</b> 21-23 Little Marlow Road Tel: 01628 898866</p>
<p><b>Head Office</b> <b>Flackwell Heath</b> 24 White Pit Lane Tel: 01494 952288</p>		
<p><b>Gerrards Cross</b> 38 Oak End Way Tel: 01753 891892</p>	<p><b>Farnham Common</b> 4 The Broadway Tel: 01753 535556</p>	

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**Teams!** This year we have manage to expand our teams slightly. We have two U15s squads, thanks for our club legend Nathan returning to help Carl. Will, who was coach for last years U13s will take over the management of this team going into the U14s. We have also had a past player come forward to volunteer running a minis team in the U10s age group. This is a big challenge for Noah but as a club we will offer him all the support we can.

I will continue running the Saturday Morning Club for those that are 6-7 years old. For those that are looking to join as a player, we have spaces with Noah (those in Year 4 and 5), Rohan (Year 8s) with Will (Year 9s). For those in Years 6 and 7 we are looking at extending this to an additional team, we have a number of players on a waiting list. If anyone has children in these age groups and wants to take on the challenge then please get in touch

**If you are interested in joining, either as a player or volunteer, please contact myself, Oliver Witney on 07706888441.**

SMC Under 7s/8s – Olly	07706 888441
Under 10s – Noah	07484 718802
Under 11s/12s – HELP WANTED	07706 888441
Under 12s – Dean	07961 666394 (SQUAD FULL – HELP WANT-ED)
Under 13s – Rohan	07576 135321
Under 14s – Will	07723 314419
Under 15s – Jon	07723 314419 (SQUAD FULL)
Under 16s – Khalid	07834 586786 (SQUAD FULL)
Under 18s – Tak	07838 579217



**Riding with Chiltern Cycling this autumn**

Chiltern Cycling offers both led rides and coffee Pots every Sunday morning. With autumn here the cooler and hopefully dry days will make for some pleasant rides.

Our coffee Pots are held each week in different locations including Hughenden Valley Coffee Shop, Hildreths Garden Centre and Costa in Great Missenden.

Chiltern Cycling has a zoom social on the 1st Thursday of each month and a clubroom on the third Thursday at Little Kingshill Baptist Church at 8pm. All welcome.

**Web: [www.southbuckscycling.org.uk](http://www.southbuckscycling.org.uk)  
 E-mail: [publicity@southbuckscycling.org.uk](mailto:publicity@southbuckscycling.org.uk)**

For general information about Cycling UK visit: [www.cyclinguk.org](http://www.cyclinguk.org)



**TOTTERRIDGE FC** has provided football to the local youth in the community since 1996. For more information and contact details please visit our web site – [www.totteridgefc.co.uk](http://www.totteridgefc.co.uk)

## YOUR LOCAL COMMUNITY FOOTBALL TEAM! And update from the Chairman, Oliver Witney

**A NEW SEASON.** Off we go for the 2024/25 season!

**FUNDRAISING!** We go into the start of the season like any other, by putting on a BBQ and Beat the Keeper activity at Hazlemere Fete. We have run the BBQ at the fete since 2016 and it is a super fundraiser for the club. It is a lot of hard work leading up and on the day but it is so rewarding.

We like to keep things local so all of our meat is purchased at JP Gleasons. By the time this magazine goes out, Hazlemere Fete will be in the past, but we hope to have seen some of you up there!



Figure 1 – Some pictures from Hazlemere Fete 2023

**Celebrations** from last season were on top form, with bouncy castles, pizza and mini matches!



Figure 2 – End of Season Club Photo



## South Bucks Hospice launches a new collection service and opens its first superstore

Residents are set to benefit from a new collection service being launched by South Bucks Hospice. The charity is opening a new superstore in Waddesdon, it will be the charity's largest outlet and will comprise; a shop, a distribution centre and it will also house the eBay operation.

South Bucks Hospice is working towards accepting donations from September, and the shop is due to open in October. As part of the expansion, the charity will also launch a collection service across Buckinghamshire covering house clearances and free collection of larger, sellable furniture items.

Nick Callaghan South Buck Hospice's CEO said, "The superstore offers us new opportunities to raise funds for our vital community services. Importantly, we can now collect and accept larger items of furniture. "We know from experience that South Bucks residents are clever thinkers who recycle, reuse and support important causes.

The Waddesdon site will join four existing South Bucks Hospice shops in Hazlemere, Bourne End, Amersham and Chalfont St Peter, an eBay store and two reuse sites. Full details of the new collection service will be available on South Bucks Hospice's website and social media accounts.

The Waddesdon shop will sell vintage and good quality second hand clothing, books and household items, some new items and larger furniture. The charity is calling for volunteers who might like to join their existing friendly team. If you are interested in volunteering, please contact [volunteer@sbhospice.org.uk](mailto:volunteer@sbhospice.org.uk).





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### One Can Trust—What to do if you need help

One Can Trust food bank works on a referral system from partners such as the Helping Hand team at Buckinghamshire Council, Wycombe Women’s Aid and Citizens Advice Bureau. For more information: Tel: 01494 512 277

E-mail: [office@onecantrust.org.uk](mailto:office@onecantrust.org.uk)

There are local food drop of points in our area at: West Drive, Amersham Hill, Lucas Road, Sheraton Drive, Underwood Road, Green Road & more.

### WADSAD Wycombe and District Sports Association

Wadsad is based at the Wycombe Leisure Centre. We offer people of all types of disability a chance to take part in sport. . If you would like further information on becoming a member at WADSAD or Helping out then contact - Sarah Wiltshire 01494 450169 , or Rachel Pope 01753 889390.

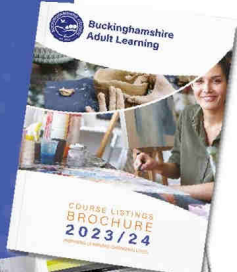


## New Adult Learning courses available now

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**RECORDS WANTED**  
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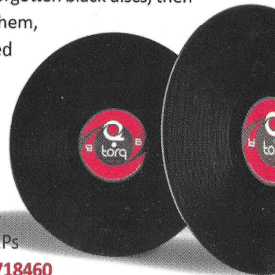
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I AM INTERESTED IN  
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Hi my name is Paul Evans and I have placed a RECORDS WANTED advert in this magazine.

The reason being that many records in many houses are un-wanted! They used to be wanted. They used to be loved. Many years ago they were bought and played and gradually became a collection. But over time they got played less and less and eventually they were put into a box and hidden away. Many are still in those boxes, in attics, in cupboards, even in sheds. They have survived house-moves and spring-cleans, but now, forty or fifty years later they are effectively

forgotten. Some people come across them and cannot even recall why they bothered to store them away in the first place. They no longer even have a record player. And so they either throw them away, or give them to a charity shop (if they can find one that will still accept them) or perhaps take them to a car boot sale—where people like me will look through and buy them. Because, going back to my first line – I DO want records. Not each and every record of course, but there are many that I do look out for that were purchased between around 1955 to 1970 or so, and if by chance this triggers a memory and you give me a call to come and look at your poor sad long-forgotten black discs, then I will be happy to pay for them, and they will become loved once again! I look for anything from early 45s from the 1950s through to rock'n'roll, 1960s pop, beat, soul, Motown, spoken word, jazz and occasionally certain classical LPs, EPs and 45s. Call me on 01494 718460 or email paulbuysrecords@btinternet.com.



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**Wycombe Wenchies WI**



Wycombe Wenchies continue to welcome women who like to share the company of others for a variety of interesting activities, both evening and daytime. Our new Culture Club has enjoyed several trips to Cineworld, to catch live screenings of National Theatre plays, including “Present Laughter” and “Prime Facie”, the Garden Wanderers group has visited a variety of gardens and garden centres over the summer, and the Film Club has met regularly to talk about “The Courier”, Whisky Galore” and “The Duke”. Bookworms meets at Hughenden Community Café for a lunch, and chat about the month’s chosen book, the Walking Group have had some lovely summer walks, and the Monday morning Coffee and Chat has met once a month for – coffee and chat! Winers and Diners took a short break over the summer, but will be back meeting up once a month in the autumn.

Our programme of speakers continued in July with an interesting talk on Tudor architecture. As many of us enjoy visiting old houses, we now know what features to look out for that give us more information about previous occupants! In August we did not hold a meeting in our usual venue, but instead we met up at a pub for a social get-together, then some moved onto an Indian restaurant for a meal. In September we had a talk about Magnetic Jewellery and its uses.

Our extra activities programme has also been very busy over the summer. A group of us went to the Bank of England Museum – although it is only a small museum, it was very interesting and informative. A few of us found a very nice back-street bistro for lunch afterwards! We also had an evening enjoying ten-pin bowling – for some it was their first ever attempt! Our afternoon tea parties last year were a great success, so we enjoyed repeating the sessions, with 6 parties hosted in different houses. This may well become an annual event!

We were also pleased to congratulate our Quiz Team – having come third in the Buckinghamshire competition, they were forwarded to the Inter-County final, where they again came third equal – a magnificent effort.



Visit to the Bank of England Museum



Book Club meeting



If you are interested in joining our friendly group, please contact us via the email address below. We meet on the second Wednesday of each month, at the Cricket Club on London Road, High Wycombe, at 7.30pm.

Best wishes  
Diane Haylor  
President  
[wycombewencheswi@hotmail.co.uk](mailto:wycombewencheswi@hotmail.co.uk)

Ten-Pin Bowling

**To enter the Herts 10K run visit the web site at: [www.renniegrovepeace.org](http://www.renniegrovepeace.org) for more information and to book your place.**

### Come to the Memory Partners Tai chi café Thursday 10-50-11.50am Totteridge Community Centre

It will soon be three years since Totteridge Community Centre opened its doors to the Memory Partners Tai chi café. The original aim was to support people with long-term health conditions, their friends and families, but, basically, everyone is welcome. People get to know one another over coffee and cake before engaging in the simple but health-giving exercise of tai chi qi gong.

We ask for a donation of £5 per person or per pair coming together, so that we can cover our expenses. Anything left over is used to train more instructors to spread the benefit of these activities more widely. We are pleased to be hosting a second instructor training course this autumn.

#### AND FOR THE WORKERS....



There has been considerable interest expressed recently in setting up an early evening session aimed at learning tai chi for its benefits to health and wellbeing. Interested in an early evening stress-buster after work?

**Memory Partners**

If you want to hear more about any of these activities please contact Sue [sastuart@globalnet.co.uk](mailto:sastuart@globalnet.co.uk) 01494 532088



## Do men and boys grieve differently?

It seems to be part of the DNA that says “Don’t cry when you graze your knee, hold in your emotions”. While this may not always be the case from families Child Bereavement UK has supported over the years men and boys can often show their grief and cope with their feelings in a different way to women and girls. They may feel pressure to bottle up their feelings put on a brave face or focus on taking care of practical concerns. This sometimes means their grief is not acknowledged or understood and they can miss out on support.

However, bereaved men and boys the charity has supported say talking about their feelings really helps. You can find out more and read real stories from those Child Bereavement UK have helped on their web site:

[www.childbereavementuk.org](http://www.childbereavementuk.org)

### Small Ad's in T & T News

At the suggestion of one of our readers as a trial we are going to offer small Ad's in the community magazine. These will be on the conditions of:

- ❖ Lineage only with a maximum of 35 words for up to 2 items per issue.
- ❖ For private advertisers only selling personal items, No trade adverts.
- ❖ Adverts will be included at the editor's discretion and space availability.
- ❖ All adverts must be legal, descent and honest.
- ❖ No firearms, weapons, knives, flammables or illegal items.
- ❖ While not necessarily included in the advert must have a name, land mail address, telephone number and e-mail.
- ❖ Free on a trial basis only (May be chargeable thereafter).
- ❖ Our mini advert boxes will also be available for £15 B&W and £17 colour. These will also allow the inclusion of a picture and/or more information.

Our standard terms shown on P.26 will also apply to all small adverts included in the magazine. Adverts should be sent by e-mail to: [editor@tandtnews.org.uk](mailto:editor@tandtnews.org.uk)

Thanks to Betty for her suggestion.





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*Working together to improve wellbeing*

**Terriers W.I.**

In June we held our first meeting in our new location at the Cedar Barn Hazelmere, we have now officially changed our name and are now known as **Terriers W.I.**

Kerry from the One Can Trust, came and spoke to us about, The Wycombe based charity which provides food for people who are going through a difficult period, in the local area. On average they support 535 people per week and delivered 975 food parcels in April 2024. The Trust also supports a Community Café called Together We Can, plus cookery evenings showing how to make easy and tasty meals, for people with limited food and cooking equipment. They also run Toddlers groups that provide much needed support for mothers and small children to meet. And they work with schools to provide meals for children whose families do not qualify for free school meals, but still need support in providing their children with a meal during the day.

After Kerry left, Chris Gray who had attended the NFWI AGM the day before at the Royal Albert Hall, gave a brief report on the day's events, although it had been a long day she had enjoyed it. The resolution had been past. This year the speakers had spoken on abuse, one of the speakers was Melanie Brown who had spoken about her 10 years of abuse in a former marriage.



The 4<sup>th</sup> of July was our **Annual Garden Party**, this year it was held in our Presidents Garden in Terriers. The weather kept fine, our committee provided food and drinks and we all had a relaxing afternoon chatting, and enjoying the sunshine.



- Future Meetings** 5 September – Charles Dickens by David Gantzel  
 3 October – Burglaries, Car Crime and Anti-Social Behaviour by Geoff Pegg  
 7 November – Angela's Journey by Angela Hougham  
 5 December – Christmas Party

Visitors and new members are warmly welcomed and invited to join us 10.30 am Cedar Barn, Barn Lane, Hazelmere HP15 7BQ on the first Thursday of every month except August, plenty of on-site parking.

More information on <http://www.terrierseveningwi.org.uk>

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It's been a busy summer for the team at Wycombe Sound. In June and July, we were delighted to host comprehensive coverage of the general election for three constituencies in our coverage area – Wycombe, Beaconsfield and Mid Buckinghamshire. We held debates with the candidates, plus one-to-one interviews with all nine of the candidates in Wycombe. Finally, we were live for almost ten hours straight on election night itself, with a fantastic team in the studio and at the count in Stoke Mandeville providing insightful, informative and at times entertaining commentary of both local and national events as they unfolded.

We have also covered a number of local events with live outside broadcasts from the Youth's Got Talent event organized by Thames Valley Police at Adams Park, and High Wycombe Pride. We have more live OBs coming up throughout the autumn, so tune in and follow our website for details as we love speaking to you at these events.

We've had a number of changes on our schedule, with Ian Hughes launching his new show, Totally 80s and 90s. The start of the football season saw the return of Ringing the Blues and The Wycombe Wanderers Show, ensuring we have no shortage of mid-week content to go alongside our regular commentary on matchdays. There are further new programmes in the pipeline during the autumn and winter months, so watch this space.

Finally, the eagle-eared may have noticed that August saw the launch of our first new set of jingles in three years. The team have worked very hard behind the scenes to ensure we continue to sound fresh as we bring you the best local radio we can.

We're always on the lookout for new volunteers. If you have an idea for a programme or would like to join our team behind the scenes, get in touch via our website and we'd be delighted to hear from you!

Web: [wycso.org.uk](http://wycso.org.uk) - E-mail: [studio@wycombesound.org.uk](mailto:studio@wycombesound.org.uk) - Tel: 01494 449900



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Or visit our website at:

**[www.nhsrf.org.uk](http://www.nhsrf.org.uk)**

Local branches run across the country providing a range of additional social activities including trips out, theatre visits, talks with interesting local speakers.



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NHS Retirement Fellowship



or follow us on Twitter  
@NHSRetire

You can find out more about  
your local branch:

### Wycombe and Amersham

We meet at Holmer Green Village Centre on the second Wednesday of the month. 1.30 – 4.00pm

Annual membership £30, plus £2.50 on the door.



**NHS Retirement Fellowship**

Making your retirement work for you.



## **Rainbows, Brownies, and Guides enjoy the summer**

The Girlguiding groups in High Wycombe have made the most of the weather during the summer term and have enjoyed many outdoor sessions well as those inside.



There have been games, activities, picnics, camps and residential.

2<sup>nd</sup> High Wycombe (Trinity) Brownies went away for a weekend in June to stay in a Girlguiding house very close to Whipsnade Zoo. For many girls, this was their first time staying away without their family.

Girls and leaders had a lovely time, playing, visiting the Zoo and learning new life skills such as how to wash up! We even met the new baby Giraffe at the Zoo.

### **There are 4 different age groups of girls in Girlguiding : Rainbows aged 4 –7, Brownies aged 7–10 , Guides aged 10–14 and Rangers aged 14–18**

We always love to welcome new members so if you are interested in your daughter joining one of the units, please register your interest using the link.

[https:// www.girlguiding.org.uk/information-for-parents/register-your-daughter/](https://www.girlguiding.org.uk/information-for-parents/register-your-daughter/)

You will be able to see the units in the area and find out where they meet. Once you have registered your daughter, one of the local leaders will then contact you with more information.

**If you would like to find out more information about helping or becoming a leader, please follow the link below.**

<https://www.girlguiding.org.uk/get-involved/become-a-volunteer/>

You will be able to register your interest and then one of our local volunteers will contact you.



## Spam Text Messages

Texting remains one of the most popular ways of keeping in touch. So its no surprise that firms are increasingly choosing to market their products by text. However, no one want to have their mobile phone bombarded by spam texts advertising products and services they don't want.

### What can I do to stop receiving spam texts?

If you receive a text message from a sender you are familiar with, or from a short code (usually 4 or 5 digits but can be up to 8), reply STOP to the number shown in the message. However if it is from an unknow sender its recommended not to reply. Doing so will let them know your number is active and may result in more messages.

### To report spam text forward it to 7726

You may get an automated response but will not be charged for the message. You can also report on-line at: [nsc.gov.uk](http://nsc.gov.uk)

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## Local Faith Group information for Totteridge & Terriers



### St Francis Church

Located on Amersham Road in Terriers. [www.terrierschurch.org.uk](http://www.terrierschurch.org.uk)  
Revd Joanna Gallant: [teamvicar@terrierschurch.org.uk](mailto:teamvicar@terrierschurch.org.uk)  
Office email: [churchoffice@terrierschurch.org.uk](mailto:churchoffice@terrierschurch.org.uk)  
Tel: 01494 297933 Office Tel: 01494 462911  
Facebook: Friends of St Francis Terriers

### Totteridge Baptist Church

Totteridge Baptist Church Located on Hillary Road, High Wycombe, HP13 7RA  
Our services are held every Sunday at 10.30am - All are very welcome.  
Tel: 07760 651953 E-mail: [totteridgebc.secretary@gmail.com](mailto:totteridgebc.secretary@gmail.com)  
Website: <https://www.totteridgebaptist.org.uk>  
Facebook: <https://www.facebook.com/totteridgebaptist.church>  
Instagram: totteridgebaptist

### St Andrews Church (C of E)

Located on Hatters Lane, High Wycombe HP13 7NJ.  
Services are every Sunday at 10:15am.  
Tel: 01494 - 529668

### St Wulstans Catholic Church

Located on Hollis Road, Totteridge, HP13 7UN  
Regular Masses both on Sundays and at other times during the week.  
Tel: 01494 - 472576

### St Augustines Church (Catholic)

Located on Amersham Hill, High Wycombe  
There are regular Masses on Saturdays, Sundays and during the week.  
Tel: 01494 - 523969

### Totteridge Mosque

(Wycombe Islamic & Mosque Trust Limited)  
24 Totteridge Road, High Wycombe, HP13 6EB Tel: 01494 - 513440  
Also Muslim Education Centre at 4 The Parade, Totteridge Drive  
Tel: 01494 - 522786

### Wise (Wycombe Islamic Society)

St Marks Close, High Wycombe, HP13 6GN  
Tel: 01494 - 259194  
Web: [www.wise-web.org](http://www.wise-web.org)



### Terriers Community Garden

While we are in the beginning of our Harvest, Autumn is round the corner. What a funny year it has been. Too much rain, a week break with hot weather, just as seedlings we're starting to establish then rain and hot alternatively. Still some of the garden has blossomed and some are weak and undernourished. We also had scaffolding around the church tower which blocked our water tap off, and we nearly emptied our water butts, so we had to find other ways to water our plants. We had a stall at the Museum where we met a few new friends. It was a really good day.

The garden is hosting a Garden Open Day on the 21st September, save the date and come and call in. Where Grow & Feed are coming, so some of our harvest hopefully will be used, tours around the garden if the weather is kind to us.

Then we will be planning the winter programme which is sure to involve planting all the bulbs that we have saved from our wonderful display in the spring. The wildlife is still around, we still have plans for the Nature Trail with the help of Chiltern Rangers. Jane brought her wildlife camera over and filmed a vixen with 4 cubs, a badger searching for food and a mink jack deer passing through. The videos are on our Facebook sight.

There are many people now who come down just to sit and enjoy the peace and quiet. Jane, Pauline and myself have been helped by Nataliya, her husband and their son Marcin who is 4 and loves watering the plants and eating some of the fruit. Our mornings are Thursday and Saturday (weather permitting) between 10.00 until about 1.00 with coffee and biscuits.

For more information call Valerie on 01494 473128 or 07733794021 and leave a message. Or E.mail [valerie.stringer@icloud.com](mailto:valerie.stringer@icloud.com).

You can also visit us on Facebook, just search for Terriers Community Garden.

## Chiltern Stroke Club

Had a stroke? or a family member had a stroke?

**Come along and join us Tuesdays 2pm-4pm  
in Brooks Lounge, Amersham Road, Hazlemere**

We are a local network of The Stroke Association; support and social group for stroke survivors and their families. Weekly exercise led by a qualified rehabilitation teacher, specialist speakers and social activities.

Contact: Adele 01494 728537 [www.chilternstrokeclub.co.uk](http://www.chilternstrokeclub.co.uk)



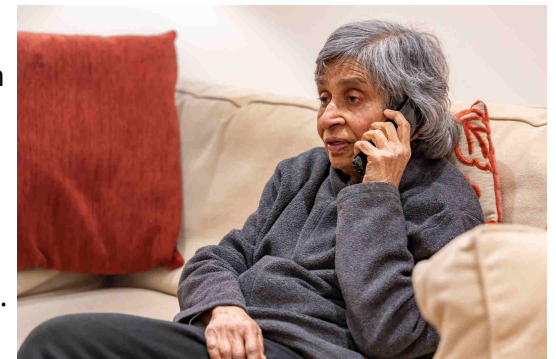
## Bucks Citizens Advice Bucks urges pensioners to check they are getting all they are entitled to

Many pensioners are missing out on pension credits or claiming pension credit as a gateway benefit. With changes to the winter fuel payment which was introduced in 1997 this will now not be automatic for all of pension age. This will now only be given to those who are receiving Pension Credit or a few other benefits.

The payment has not been without criticism as by paying all pensioners many wealthy people who may not need the money have still received the payout. However, with the cost-of-living crisis affecting many households and 1 in 3 pensioners not claiming all their entitlement there is concern what effect this will have on many older residents in Bucks. People may not be claiming all their entitlement because they are unaware, the amount seems to small or the stigma around receiving benefits.

People should not have to choose between heating and eating during the winter and if claiming pension credit can help then they certainly should do this. There are an estimated 880,000 households not claiming Pension Credit currently in the U.K.

It is easy to check either for yourself or a relative if the household is eligible through Citizen Advice Bucks. The charities web site has a simple calculator where by entering a few details it will show if you can claim. There is also lots of other useful information, help and advice.








Visit the web site at:

[www.citizensadvicebucks.org.uk](http://www.citizensadvicebucks.org.uk)

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or visit [www.hazlemereparishcouncil.org.uk](http://www.hazlemereparishcouncil.org.uk)

## CHAMELEON SINGLES GROUP



Our early summer outdoor events were affected by the wetter than usual weather. This meant we did more indoors and our pub and at home events proved more popular. On this note we tried some new areas including a visit to The Plough, a Sizzling Pub in Aylesbury for an early evening meal.

Our recent day trip to Canterbury and Margate was met by some warm weather. In Canterbury we looked round the city and cathedral and enjoyed a lunch time picnic by the river. Watching the boats go by was a contrast to the hustle and bustle of the city's main shopping streets. In the afternoon we boarded South-Eastern's Hi-Speed train to Margate although along this stretch of the line its not particularly fast! The turnaround in this coastal towns fortunes was clearly evident. Beaches were full and the re-opened Dreamland was well worth the visit where some of us boarded the revived wooden rollercoaster which was as good as expected.

A visit to the Rebellion Brewery in early June gave members a chance to try out a beer from the brewery along with a talk by Tim, one of the Directors. We also joined Downley's Rogation Sunday Walk for an afternoon out which was enjoyed by all those who took part. The tea after at the Le De Spencer's was of course also a great attraction of this event!

The club has a wide variety of events throughout the year, all suggested and run by group members. We have planned some coach day trips out including one to Poole and Battersea Power Station. Our walks and Quiz Nights continue on a regular basis along with some of the popular events such as Take-away evenings, Pub meals and the occasional trip to the Cinema and Theatre. Summer will see us take up the offer of a BBQ at a member's home.

If you are single, 40-60's, looking for new friends and a great social life why not give Chameleon Singles Group a try? There are no strangers at Chameleon, just new friends to be made. The group has several local people from Totteridge, Terriers and the surrounding areas and you would be very welcome too. To find out more call Terrie on 01494 445816, Trevor on 07879 332975 or e-mail: [info@chameleonsingles.org.uk](mailto:info@chameleonsingles.org.uk). Visit the group online at [www.chameleonsingles.org.uk](http://www.chameleonsingles.org.uk) or search Facebook.

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