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T & T NEWS

Spring
2024



Pilgrims Café opens for its first customers at Terriers Church Hall on Amersham Road



The new café at Terriers Church Hall opened its doors on 20th February. In our picture can be seen the Café's owner along with two volunteers and Peter, a Church Warden on the left.

The café currently plans to open two days a week on Tuesday and Thursday from 9am until 3pm. It will offer teas, coffee, soft drinks and milkshakes along with a variety of snacks and cakes with the emphasis on local sourcing for food, drinks and other items. Payment by card is available and customers are encouraged to pay by this method.

A sample of the food menu includes Croissants, Cinnamon Buns, Chocolate Chip Cookies and Muffins. There is seating available making it the perfect place to meet with friends or even do a bit of work while on the road. No need to book, just turn up and enjoy your local community café in Terriers.



See inside for all your community news from Totteridge & Terriers.

The **wye** Partnership



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The Wye Partnership gained their knowledge and developed their expertise within the most successful estate agents in High Wycombe. On witnessing the take over of these long established companies by nationwide chains we recognised the need for the retention of a local and independent service. Our recent merger makes the enlarged Partnership the strongest Independent in South Bucks and The Chilterns!

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From Town to Country



T & T News Events Diary

Sunday 31st March

Vegan Market in the High Street, High Wycombe 10:30am to 4pm
Food & Drink, Cosmetics, Sustainable Living, Clothing, Charities & more.

Tuesday 20th May

T & T News Deadline for Summer 2024 edition of the community magazine.
Contact: editor@tandtnews.org.uk or call 07905 888098

Saturday 25th May

High Wycombe Mayor weighing in ceremony in the Town Centre
This ancestral event will be taking place before 12 noon in the High Street.

Sunday 26th May

Frogfest in High Wycombe Town Centre
Annual popular music event now in its 10th year with local live performances.

Regular Events

Every 1st Monday of the month

Inner Wheel Club, Cricket Club, London Road, High Wycombe
Contact Sue Creed on 07719 719636 (See P.21 for more information)

Every 2nd Wednesday of the month

Wycombe Wenches W.I. Meeting 7:30pm Cricket Club, London Rd, Wyc.
Monthly meeting of the W.I. See page 7 for more information and contact details.

Every 1st Thursday of the month

Terriers Evening W.I. meeting 7:30pm. Cedar Park School, Hazlemere.
Monthly meeting of the W.I. New members welcome. See page 9 for more info.

Local Halls

Totteridge Community Centre, Totteridge Drive
St Francis Church Hall, Amersham Road
Totteridge Baptist Church, Hilary Road
St Wulstans Church Hall, Hollis Road
The Hive, Arnison Avenue

See our web site at www.tandtnews.org.uk for a full diary listing

Totteridge and Terriers News

68 Windsor Drive
High Wycombe HP13 6BL

Telephone: 01494 463107
Text / Mobile: 07905 888098
E-mail: editor@tandtnews.org.uk
Web: www.tandtnews.org.uk

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Find us on

T & T News is published four times a year in March, June, September and December. We aim to get the magazine distributed by mid month of issue. In order that we can achieve this deadline we need your articles and advertising as early as possible. Our deadline for the summer 2024 edition is 20th May.

We thank all our advertisers and contributors for their support. However T & T News cannot endorse any product or service contain within this magazine. You are advised to check details of all goods and services offered. All contributions are accepted in good faith and opinions expressed are not necessarily that of the editor or T & T News.

That's about it...Join us again in June 2024. In the meantime you can catch up with the latest news on the web at

www.tandtnews.org.uk

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2024 Advertising Rates:

B & W - Mini Ad £15 / £27 Quarter Page / £50 Half Page

Colour - Mini Ad £17 / £32 Quarter Page / £60 Half Page / £110 Full Page
(Full page adverts subject to availability—Summer 2024 deadline is 20th May)

WELCOME TO T&T NEWS SPRING 2024

Hello,

Welcome to the Spring 2024 edition of T & T News.

After a somewhat wet winter we are looking forward to spring and perhaps those long hot, but not too hot, summer days ahead and a chance to get out a bit more.

As you will see from our cover story we have a new café at Terriers Church Hall currently open two days a week. Its good to see new businesses and social enterprises opening up in our local area so do make sure you make use of them. There is saying that goes “Use it, or lose it” and that does unfortunately sometimes ring true.

In this edition of the community magazine we have all our regular contributions. We are still looking to include more and increase the number of pages when funding permits. In the meantime make sure you keep up to date with all that's happening locally by visiting our web site at:

www.tandtnews.org.uk

Have a great spring and enjoy the hopefully warmer days while reading your edition of the community magazine.

David Winterburn, Editor

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As for our teams, we now have a few girls at U11 age (Year 5 and 6) that want to play football, and we also have a number of U8 (Year 2 and 3) and U10 children (Year 4 and 5) that train on a Saturday morning. We are desperately looking for anyone that wants to be involved in order for us to keep providing football for all children in the area. We have a number of spaces in our U12s groups (Year 7) and welcome those of any ability to please get in touch if you are interested.

If you are interested in joining, either as a player or volunteer, please contact myself, Oliver Witney on 07706888441.

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Under 11s Girls – Olly	07706 888441 (COACHES WANTED)
Under 11's – Dean	07961 666394 (SQUAD FULL)
Under 12's – Olly	07706 888441
Under 13's – Carl	07723 314419 (SQUAD FULL)
Under 14's – Jon	07723 314419
Under 15's – Khalid	07834 586786 (SQUAD FULL)
Under 18's – Tak	07838 579217 (SQUAD FULL)

we are **cycling** The cyclists' champion UK **Cycling with the Chiltern Hills Group** Join your local **Cycling UK** group this spring

Chiltern Hills Cycling UK group offers both led rides and Coffee pots every Sunday. Now spring is here it's time enjoy the coffee stops, lunches and make new friends while riding in the countryside that surrounds our local area.

There is something for everyone of all ages who wants to get out with both pedal bikes and e-bikers welcome. Cafes such as Hughenden Valley Coffee Shop, Hildreth's, The Potters Arms at Winchmore Hill and Costa or Matilda's in Great Missenden regularly feature in the club rides list so you are never far from home.

While most of our rides are easy paced and suitable for all we do have some moderate, longer and off-road rides included within our rides list.

Chiltern Hills Cycling UK have a Zoom social on the 1st Thursday of each month and a meet up clubroom on the 3rd Thursday 8pm -10pm. For more Information:

Web: www.southbuckscycling.org.uk

E-mail: publicity@southbuckscycling.org.uk

For general information about Cycling UK visit: www.cyclinguk.org



Memory Partners

**Totteridge
Community
Centre, High
Wycombe
HP13 6UG**

Thurs. 10.50 – 11.50

Further details from Sue 01494 532088

sastuart@globalnet.co.uk

Research shows that everyone can benefit from doing tai chi. There are many health benefits: physical, emotional, social, cognitive. Memory Partners is a charity which aims to spread these benefits widely to older adults. Donations are used to train more instructors. We especially welcome people with long-term health conditions to the café. Everyone breathes. Tai chi promotes health and wellbeing by helping you to breathe better.



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TOTTERIDGE FC has provided football to the local youth in the community since 1996. For more information and contact details please visit our web site – www.totteridgefc.co.uk

YOUR LOCAL COMMUNITY FOOTBALL TEAM!
And update from the Chairman, Oliver Witney

A WET WINTER. What a year so far its been. We have enjoyed plenty of fun football and looking at ways to keep the club in a good position both on and off the pitch.



Figure 1 – Our 9v9 Pitch after a night of heavy rain

We have had a wet winter with lots of games sadly postponed due to waterlogged pitches. Us volunteers have to head up to the pitches early in the mornings to see the condition they are in so we can let all players (and opposition know!) whether the games are able to go ahead.

This year, our first year at Four Ashes, we have thoroughly enjoyed and found it much more positive than using council pitches, but know a lot of work needs to be done to keep it going. We are starting a tea bar and we are looking into FA grants to make pitch improvements (drainage and goalmouth repair especially) and site additions, safety fencing alongside our full sized pitch.

We thank Pickerings for the very generous help in getting a container at the site, with a small kitchen unit, which enables us to start selling teas, coffees and hot chocolates at home games.

As we are now in the second half of the season we start organising the end of year awards ceremony and we are also looking into having a family fun day in the summer. Make sure you keep an eye out on social media for this as we want to open up the family fun day to the public.



Could you be a volunteer receptionist?

If you live nearby, perhaps you could help South Bucks Hospice by joining the friendly team at Kingswood Park Road in Totteridge?

The local hospice is currently recruiting volunteers to help on reception.

Do you want to make a difference to the lives of patients with a life-limiting illness and make them feel welcome when they arrive for their appointment and on the telephone?

If you are organised, have good communication skills and enjoy working in a busy environment, then they would love to hear from you. First impressions count, so if you can give hospice visitors a great first impression, then please get in contact.

Your level of commitment is flexible. For more details, please get in touch via email at volunteer@sbhospice.org.uk or give them a call on 01494 552768. They are also recruiting retail volunteers for shops.

The hospice is planning lots of fun events for the year ahead. If you would like to be added to the mailing list to be kept updated, please email the fundraising team – fundraising@sbhospice.org.uk.





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One Can Trust food bank works on a referral system from partners such as the Helping Hand team at Buckinghamshire Council, Wycombe Women’s Aid and Citizens Advice Bureau. For more information: Tel: 01494 512 277

E-mail: office@onecantrust.org.uk

There are local food drop of points in our area at: West Drive, Amersham Hill, Lucas Road, Sheraton Drive, Underwood Road, Green Road & more.

WADSAD Wycombe and District Sports Association

Wadsad is based at the Wycombe Leisure Centre. We offer people of all types of disability a chance to take part in sport. . If you would like further information on becoming a member at WADSAD or Helping out then contact - Sarah Wiltshire 01494 450169 , or Rachel Pope 01753 889390.

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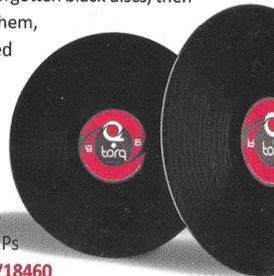


RECORDS WANTED
 1950'S—1960'S LP's/ EP's/ 45's
 WERE YOU BORN AROUND 1935—1955?
 DID YOU BUY RECORDS BETWEEN 1955—1970?
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 PAUL EVANS ON 01494 718460 OR
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 I AM INTERESTED IN
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 WHO, MOD, SOUL, BEAT etc etc

Hi my name is Paul Evans and I have placed a RECORDS WANTED advert in this magazine.

The reason being that many records in many houses are un-wanted! They used to be loved. They used to be loved. Many years ago they were bought and played and gradually became a collection. But over time they got played less and less and eventually they were put into a box and hidden away. Many are still in those boxes, in attics, in cupboards, even in sheds. They have survived house-moves and spring-cleans, but now, forty or fifty years later they are effectively

forgotten. Some people come across them and cannot even recall why they bothered to store them away in the first place. They no longer even have a record player. And so they either throw them away, or give them to a charity shop (if they can find one that will still accept them) or perhaps take them to a car boot sale—where people like me will look through and buy them. Because, going back to my first line – I DO want records. Not each and every record of course, but there are many that I do look out for that were purchased between around 1955 to 1970 or so, and if by chance this triggers a memory and you give me a call to come and look at your poor sad long-forgotten black discs, then I will be happy to pay for them, and they will become loved once again! I look for anything from early 45s from the 1950s through to rock'n'roll, 1960s pop, beat, soul, Motown, spoken word, jazz and occasionally certain classical LPs, EPs and 45s. Call me on 01494 718460 or email paulbuysrecords@btinternet.com.



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Wycombe Wenchies WI



Wycombe Wenchies continue to welcome women who like to share the company of others for a variety of interesting activities, both evening and daytime. Our Book Group has continued to meet at Hughenden Village Community Café, with Graham Norton and Tony Flowers (a local author) amongst our chosen book authors. After a short winter break, the Supper Club has started up its regular monthly meals, trying out different restaurants. The Walking Group has held a variety of walks through the winter, weather permitting, and Knit and Natter continues to meet monthly at John Lewis Café.

In our December monthly meeting, we held our usual Christmas party event. Members were first provided with biscuits and icing tubes, and asked to decorate a “Christmas Bauble” biscuit, which were then judged. Following this, and Christmas refreshments, the committee presented a pantomime – “The Great British Panto Chase-off Quiz”. In January, we were well-informed with a talk on “The Great Spice Trail” and why gut health is important, followed in February by a speaker from Bucks Mind, talking to us about mental health awareness. In March we heard about British Coronations through the ages. Our new programme starts in April, and we have lots of exciting speakers and activities lined up.



Judging the biscuit Baubles



The Pantomime Cast



Our lovely Christmas meal

Wycombe Wenches (Cont.)....

Our extra activities programme is a little quieter during the winter months, but in December, we had a very enjoyable Christmas meal out, at The Crown in Penn, and many members were able to go to the Christmas market at Stratford, which, despite the cold weather, was very interesting and a lovely way to top up the Christmas shopping.

If you are interested in joining our friendly group, please contact us via the website address. We meet on the second Wednesday of each month, at the Cricket Club on London Road, High Wycombe, at 7.30pm.

Best wishes

Diane Haylor

wycombewencheswi@hotmail.co.uk

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News in Brief

Walking with Willie

Willie Reid returns with his walks around High Wycombe in 2024. The first two for this year are:

High Wycombe Unmasked - Saturday 30th March, 10am.

This is a flat walk around the Town Centre starting at the Red Letter Box at the Railway Station. Distance is about 1 mile in 2 hours

Suffragists, Bodgers, Mosquitoes and Goals - Saturday 18th May, 10am

Starts outside Wycombe Museum in Priory Avenue for a walk up to Godstowe, the cemetery and west central Wycombe.

Totteridge Community Centre

The community centre is located on Totteridge Drive and opens 7 days a week from midday until 11pm (Closes 9pm Sunday). The centre has a licenced bar and is home to a number of local groups and activities.

There are also special events such as live music and the weekly meat raffle. They also arrange the occasional trip out by coach and recently did a trip to the Greyhound Racing in Oxford.

To find out more about the Totteridge Community Centre just search for them on Facebook. You can also drop in during opening hours, call 01494 511216 or e-mail: info@totteridgecommunitycentre.org

Volunteering

Lots of local organisations are looking for volunteers to help out. If you can only spare a couple of hours per week this would be gratefully received. Visit: communityimpactbucks.org.uk/volunteering

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Working together to improve wellbeing

Terriers Evening W.I.

At our December meeting, we celebrated Christmas with, Banjovi Revival, a 5 Piece group who sang, played Guitars and Banjos. They played a selection of music including Christmas Carols, Jazz and pop songs they provided us with song sheets so we could all join in with the singing. Our committee arranged festive food and refreshments.

On the 14 December one of our members hosted a coffee morning at her home in Holmer Green, it was well-supported and enjoyed by everyone. As we all looked forward to Christmas and reflected on how Christmas celebrations had changed over the years

In January our speaker was Jo Laurie who told us how she joined the RAF in 1966 to train to be an Officer. She passed all her selection tests by proving strength of character and leadership skills at RAF Biggin Hill and in 1967 she began her Officer Training at RAF Henlow, in 1968 she joined RAF Abingdon as an Operations Officer; as part of her post she was overseeing the runways and the air space round the airbase. As well as taking phone calls and dealing with the residents of nearby villages when the planes were too noisy and when a part of an air craft fell off and landed in someone's garden.

In February our speaker Louise Donovan presented us with an excellent slide show of photographs she has taken around Great Britain. Louise explained how her hobby had started by taking photographs of the wild birds in the local area had developed. Louise now spends many hours taking photos around Britain and the British Coast Line capturing photos of birds in flight or feeding their chicks in their nests and closeups of young seals on the beach. She also goes to zoos, and from a safe place has been able to take photos of a diverse range of Large Wild Cats and other Animals with great results.

Future Meetings

March 7th Our annual AGM - followed by a Quiz

April 18th Amersham Museum by Peter Hearly

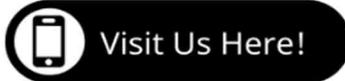
May 2nd WI Resolutions for 2024 - followed by show and tell, were members bring along items of interest and tells us why and how they were acquired and what were used for or why they are special and the history behind them

Visitors and new members are warmly welcomed and invited to join us 7.30 at Cedar park School, Hazelmere HP15 7EF on the first Thursday of every month except August, plenty of on-site parking

More information on <http://www.terrierseveningwi.org.uk>

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Steve Baker MP

Wycombe Hospital is close to many people's hearts. I was glad to visit recently and congratulate staff on their accreditation as an elective surgical hub, recognising high standards in clinical and operational practice. Surgical hubs, which are separated from emergency services, are part of plans nationally to increase capacity for elective care with more dedicated operating theatres and beds. The hubs exclusively perform planned surgery and mainly focus on six specialties – ophthalmology, general surgery, orthopaedics, gynaecology, ear nose and throat, and urology. Hubs bring together the skills and expertise of staff under one roof delivering shorter waits. Wycombe Hospital is one of 31 hubs to date accredited. This is great news for local people waiting for an operation, and I am now working to have a new building on the hospital site.

There is good news on tax and National Insurance contributions for those in employment. From 6th January, the National Insurance rate for employees decreased from 12% to 10%, giving people more money in their wages. Also, taxes for the self-employed will be cut and reformed from April. Class 4 National Insurance contributions for the self-employed will reduce by 9% to 8% and no self-employed person will have to pay Class 2 contributions, saving the average self-employed person £350 a year. I'm expecting there to be more changes to personal tax when the Budget is announced on 6th March.

Getting more people into work and ensuring it remains a key priority for the Government is important for growing the UK economy and managing inflation. Getting more people into good jobs helps raise living standards, gives security and allows people to flourish. The Government recently launched a £2.5 billion Back to Work Plan, helping up to 1.1 million people with long-term health conditions, disabilities or long-term unemployment to look for and stay in work. The scheme also includes benefit sanctions for those who do not take this up.

For those who use public transport there is Government help with fares. On most bus routes the fare has been capped to £2 until the end of this year. It's available on Carousel and Arriva buses and might well offer a saving if you were thinking of a day out somewhere, or just to get around the town.

As ever, if you would like to get in touch with me, please email: steve.baker.mp@parliament.uk If you would like my help with a particular urgent issue please telephone my constituency office on 01494 448408.

Inner Wheel Club of High Wycombe

As part of the 100 for 100 initiative a District Event was held at Benson on 9th January. Inner Wheel celebrated its Centenary this year and District Chairman Hilary Tindall arranged the event in honour of both International Inner Wheel Day (10th January) and the Association President's theme "100 for 100".

The number of attendees exceeded the 100 people that Hilary hoped would attend. Inner Wheel members, partners and guests all came together to enjoy a morning of dance. This included Morris Dancing, Line Dancing and Barn Dancing. In between the sessions, we were treated to demonstrations of Morris Dancing and Clog Dancing. A great time was had by all.

Taking you back now to the events that we held leading up to Christmas.



CHRISTMAS TREE FESTIVAL AT THE PARISH CHURCH

What a wonderful two hours we had decorating the HW Inner Wheel Christmas tree. The lights were a tad difficult to untangle but perseverance paid off and the tree looked beautiful with our yellow and blue decorations.

CHRISTMAS LUNCH - RAFFLE

Our raffle organised so well by Frances and Janet raised a massive £320 for our charities.



CHRISTMAS LUNCH – COLLECTION FOR ONE CAN

As part of the 100 for 100 Inner Wheel initiative this year we were asked to bring items to the Christmas Lunch for the One Can Trust Food Bank. I am delighted to report that we exceeded our 100 target.



FEBRUARY - CHARITY LUNCH

A very successful lunch was held with a raffle and auction which raised in excess of £1,000 for our charities this year, Canine Friends and The Thomas Ball Childrens Cancer Charity. Thank you for your generous donations.



Rainbows, Brownies, and Guides enjoy Christmas



As well as our normal meetings, we had a busy lead up to Christmas with a Girlguiding High Wycombe District trip to the cinema. We took over one of the screens at Cineworld in High Wycombe and filled it with Rainbows, Brownies, and Guides from the town to watch the Disney film "Wish". We had great fun watching it all together and even got a special badge each!

Lots of us also joined up with other units from across the area and went on an exciting trip to the panto in Aylesbury. All the girls and leaders who went loved it and we are all hoping to go again next Christmas.

We are currently looking for new leaders and helpers to help in our Rainbow, Brownie, and Guide units.

We're a friendly organisation looking to make a difference in the lives of girls and young women. Maybe you were a Rainbow, a Brownie, or a Guide yourself, and can remember the fun you had. Why not think about how you could get involved for the next generation?

If you would like to find out more information, please go to <https://www.girlguiding.org.uk/get-involved/become-a-volunteer/> You'll be able to register your interest and then one of our local volunteers will reach out to have a chat with you.

In this area we have Rainbow (aged 5-7 years), Brownies (7-10 years) and Guides (10-14 years).

We always love to welcome new young members so if you're interested in your daughter joining one of the units, register your interest using the link. <https://www.girlguiding.org.uk/information-for-parents/register-your-daughter/>

You will be able to see the units in the area and find out where they meet. Once you have registered your daughter, one of the local leaders will then contact you with more information.



Latest news from Scannappeal, proud to support Bucks NHS hospitals.

Join us at one of our upcoming events

Every year we put together a collection of events. We have a wonderful variety to choose from including, our popular open gardens, film screenings, summer music and golf days. Funds raised from our events help ensure hospitals across Buckinghamshire can continue to benefit from state of the art medical equipment. Your support will improve patient care for hundreds of people on a daily basis, improving diagnosis and treatment of serious and life limiting illnesses.

For our full events listing please visit:- www.scannappeal.org.uk/events

Outdoor Cinema Screening of Wonka

Friday 17 May Doors open at 6.00pm, film starts 7.15pm

Wycombe Air Park, Booker Airfield, Marlow, SL7 3DP

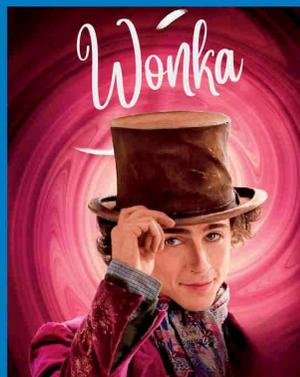
Tickets: Early bird tickets, Adult £10, Child £8 (sorry, no under 7's).

Please note early bird tickets are limited and prices will increase.

After our successful outdoor cinema experience last year at Wycombe Airpark, we return in 2024 for an irresistibly vivid and inventive big screen spectacle of 'Wonka'.

Audiences will be introduced to a young Willy Wonka, chock-full of ideas and determined to change the world one delectable bite at a time—proving that the best things in life begin with a dream, and if you're lucky enough to meet Wonka, anything is possible!

Doors open from 6pm, where you can grab a bite to eat and a drink from one of our vendors, or bring your own picnic. Then sit back and relax for a wonderful magical summers evening filled with magic and music.



Tythrop Park Open Garden – Kingsey, HP17 8LT

Wednesday 5 June, 2pm-4.30pm

Tickets: £12 in advance, includes tea and cake,

A spectacular 10 acre garden surrounding a late 17th century Manor House, all set in 60 acres of parkland. The garden includes, a kitchen cutting garden with glasshouse, rose gardens, viewing tower, large pond, striking walled garden and much much more.



Scannappeal is a local charity that raises funds to purchase life saving revolutionary medical equipment for Amersham, Stoke Mandeville, Wycombe NHS hospitals, serving people living in Bucks and the surrounding areas.

T - 01494 734161 W - scannappeal.org.uk

Registered Charity
No. 296291



Local Faith Group information for Totteridge & Terriers



St Francis Church

Located on Amersham Road in Terriers. www.terrierschurch.org.uk

Revd Joanna Gallant: teamvicar@terrierschurch.org.uk

Office email: churchoffice@terrierschurch.org.uk

Tel: 01494 297933 Office Tel: 01494 462911

Facebook: Friends of St Francis Terriers

Totteridge Baptist Church

Totteridge Baptist Church Located on Hillary Road, High Wycombe, HP13 7RA

Our services are held every Sunday at 10.30am - All are very welcome.

Tel: 07760 651953 E-mail: totteridgebc.secretary@gmail.com

Website: <https://www.totteridgebaptist.org.uk>

Facebook: <https://www.facebook.com/totteridgebaptist.church>

Instagram: totteridgebaptist

St Andrews Church (C of E)

Located on Hatters Lane, High Wycombe HP13 7NJ.

Services are every Sunday at 10:15am.

Tel: 01494 - 529668

St Wulstans Catholic Church

Located on Hollis Road, Totteridge, HP13 7UN

Regular Masses both on Sundays and at other times during the week.

Tel: 01494 - 472576

St Augustines Church (Catholic)

Located on Amersham Hill, High Wycombe

There are regular Masses on Saturdays, Sundays and during the week.

Tel: 01494 - 523969

Totteridge Mosque

(Wycombe Islamic & Mosque Trust Limited)

24 Totteridge Road, High Wycombe, HP13 6EB Tel: 01494 - 513440

Also Muslim Education Centre at 4 The Parade, Totteridge Drive

Tel: 01494 - 522786

Wise (Wycombe Islamic Society)

St Marks Close, High Wycombe, HP13 6GN

Tel: 01494 - 259194

Web: www.wise-web.org



Terriers Community Garden

Spring is showing its face in the garden, the bulbs we planted are near to flowering so it will be full of colour soon. We have some of the beds cleared and waiting for planting but we do have garlic, purple sprouting broccoli and leeks growing well. The shrubs, raspberries, blueberries, and the young fruit trees are all showing buds.

The time between winter and when we can begin planting seems such a long time. We have begun planting some seeds in the new small greenhouse and the sweet peas are romping along in there. We could do with an expert to help us plan for this year so if any of you want to help, we would love you to join us. The garden is behind St Francis Church on Amersham Road.

The weather hasn't been very good over the last few weeks. But when the sun does shine, we don't feel the cold. We even sit out enjoying our coffee at the end of the mornings. The Chiltern Rangers came and made a start on what we hope is the beginning of a nature trail through the wood by our shed.

Come and see our garden, we will usually be there Thursday and Saturday mornings, unless the weather is bad. We would love to meet you. For more information call Valerie on 07733794021 or leave a message, or email: valerie.stringer@icloud.com



Chiltern Stroke Club

Had a stroke? or a family member had a stroke?

**Come along and join us Tuesdays 2pm-4pm
in Brooks Lounge, Amersham Road, Hazlemere**

We are a local network of The Stroke Association; support and social group for stroke survivors and their families. Weekly exercise led by a qualified rehabilitation teacher, specialist speakers and social activities.

Contact: Adele 01494 728537 www.chilternstrokeclub.co.uk



**WORKING FOR A
SAFER COMMUNITY**

Wycombe District Neighbourhood Watch Association

Do you live in an Easy Street?

Guess how many burglaries there have been in Hazlemere and Tylers Green in the last few months? Hint: We are in double figures already!! Easy Street is any street that criminals find inviting due to security and maintenance. Burglars are often opportunistic thieves who prey on houses and flats. They seek out any opening that they can take advantage of, doors and windows that are left open or unlocked or are easy to force.

- Point of entry is gained by using ladders, garden furniture or drainpipes.
- Burglars will enter through a bedroom window to gain access to the upstairs.
- Jewelry seems to be the main target, however all valuables are at risk.

DISTRACTION BURGLARY: Distraction burglars will pretend to be someone they are not, so it's important you are aware of the common methods used:

- Pretending to be from a care agency, the council or a utility company.
- Seeking help to leave a note for a neighbour or asking for a drink of water.
- Claiming to be in a hurry and needing to get into your home quickly.
- Working in teams, with one person distracting while other searches your home.

SPECIAL BURGLARY PREVENTION EVENT "EASY STREET"

**Joint Wycombe Neighbourhood Watch / Thames Valley Police event at
Hazlemere Community Centre, Rose Avenue, HP15 7UB
on Friday 22nd March 2024 6.30pm.**

Come and meet the Neighbourhood Watch and Police informally, have a drink, see our crime prevention products and free literature. No need to book!
6.30pm Doors Open, 7.30pm - Presentations on burglary, including one on home security and crime prevention, followed by Q&A. For further information please see the Wycombe Neighbourhood Watch website or call / text 07941 909305

We look forward to seeing you there!

Email: office@wdnhwatch.plus.com

Website: <https://neighbourhoodwatchwycombe.org/>

Facebook: @wycombenhw

Instagram: @wycombenhw

At Vets4Pets High Wycombe

We are proud of our

-  Convenient location and opening hours
-  Highly trained vets and nurses
-  Modern medical and surgical facilities
-  Affordable healthcare plans, like our Vac4Life
-  We work with you to keep you fully informed on what treatments your pet needs and why

Call **01494 443 075** or visit **vets4pets.com**

Vets4Pets High Wycombe

133 Amersham Road, High Wycombe, HP13 5AD

Opening times: 8.30am - 7pm Mon-Fri, 9am - 12pm Sat



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Converted Barn and The Stables



Each room holds 60 people

Suitable for meetings, parties and fitness groups etc

Cost: £18 per hour Cedar Barn

Cost: £14 per hour The Stables

Please call Rachel on 01494 715548

or email bookings@hazlemereparishcouncil.org.uk

or visit www.hazlemereparishcouncil.org.uk

CHAMELEON SINGLES GROUP



The winter months have seen us doing more indoor events including in December our Christmas Lunch Club and an evening out at Wycombe Town Hall. Shopping for the festive season was not forgotten as we made our way to Stockbridge on the River Test and then onto Salisbury to look at the Cathedral and Christmas Market.

Early events for 2024 included a Coffee Morning in Princes Risborough, our regular Lunch Club and an evening social held over Zoom. The Pub Night at the end of January serves as our AGM. This is a chance to look back at the year just gone and plan events for the future. No doubt several of those ideas suggested at the AGM will be included in our programmes during the year.

We plan once again this year for some day trips out including one to the coast and to Guernsey. Our walks will continue on a regular basis throughout the year. Walked at a gentle pace it's the perfect way to meet with others and enjoy a chat along the way.

At home evenings, take-away food nights and the occasional Quiz Night also feature in our bi-monthly events programme. The Pub Night on the last Thursday of the month is held at The Crown in Hazlemere. Lunch Club is on the second Friday at the Spindle & Thread in High Wycombe. Both events are ideal for newcomers giving a chance to meet other members in an informal location.

If you are single, 40-60's, looking for new friends and a great social life why not give Chameleon Singles Group a try? There are no strangers at Chameleon, just new friends to be made. The group has several local people from Totteridge, Terriers and the surrounding areas and you would be very welcome too. To find out more call contact Terrie on 01494 445816, Trevor on 01494 529067 or e-mail: info@chameleonsingles.org.uk. Visit the group on-line at www.chameleonsingles.org.uk or search Facebook.

Find us on 