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Totteridge and Terriers News

Issue 63

Spring 2023

T&T NEWS



Picture © DW 2023

Sunset in the early spring through the trees down by the
River Thames at Marlow.

See inside for all your community news from Totteridge & Terriers

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From Town to Country



T & T News Events Diary

Saturday 22nd April

Blend Choir and Cream Tea Fundraiser at St Francis Church

For information and tickets contact lyngooch@gmail.com

Monday 20th May

T & T News Deadline for the summer 2023 edition

Today is the last date for News, Events, Articles & Advertising submissions.

Contact the Editor E: editor@tandtnews.org.uk / T: 01494 463107

Regular Events

Every 1st Monday of the month

Inner Wheel Club, Cricket Club, London Road, High Wycombe

Contact Sue Creed on 07719 719636 (See P.21 for more information)

Every 2nd Wednesday of the month

Wycombe Wenches W.I. Meeting 7:30pm Cricket Club, London Rd, Wyc.

Monthly meeting of the W.I. See page 7 for more information and contact details.

Every 1st Thursday of the month

Terriers Evening W.I. meeting 7:30pm. Cedar Park School, Hazlemere.

Monthly meeting of the W.I. New members welcome.

For all the latest events see our web site at: www.tandtnews.org.uk

Lets us know your events by e-mailing: editor@tantnews.org.uk

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Find us on

T & T News is published four times a year in March, June, September and December. We aim to get the magazine distributed by mid month of issue. In order that we can achieve this deadline we need your articles and advertising as early as possible. Our deadline for the summer 2023 edition is 20th May.

We thank all our advertisers and contributors for their support. However T & T News cannot endorse any product or service contain within this magazine. You are advised to check details of all goods and services offered. All contributions are accepted in good faith and opinions expressed are not necessarily that of the editor or T & T News.

That's about it...Join us again in June 2023. In the meantime you can catch up with the latest news on the web at

www.tandtnews.org.uk

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2023 Advertising Rates:

B & W - Mini Ad £14 / £25 Quarter Page / £45 Half Page

Colour - Mini Ad £17 / £32 Quarter Page / £60 Half Page / £110 Full Page
(Full page adverts subject to availability—Summer 2023 deadline is 20th May)

WELCOME TO T&T NEWS SPRING 2023

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Hello,

Welcome to the Spring 2023 edition of T & T News.

As we entered this year there was perhaps gloom ahead. However, the lighter evenings and warmer days will hopefully take away some of that and we can look forward to summer!

Times have been tough for many both personal and business. Here at T&T News we have not been exempt from this and are very grateful for our advertisers continuing support. We have a couple of new one on board for this edition so please do make sure you support them by using local trades and services from the magazine.

We have all the usual contributions and between the printed editions are now including more on our web site. Not only is the content growing but so are the number of visitors. If you are one of them thank you for making this a success. If not why not get over to www.tandtnews.org.uk and find out what you have been missing.

Have a great Easter and enjoy the break.

Happy Reading!
David Winterburn, Editor

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Tel: 01753 535556

Marlow
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The club has now been going for over 25 years which is a tremendous achievement for all the volunteers the club has had over the years and we strive to make the club more sustainable and offering football to children of all ages.

We have a number of voluntary positions available:

Indoor Football Coach for U6s and U7s

Under 11s Manager

Under 9s Manager

If you are interested in joining, either as a player or volunteer, please contact myself, Oliver Witney on 07706888441. We provide full training and support, including training up to UEFA C qualifications. Any parents volunteering their time also pay no registration fees for their children at the club.

Under 6/7/8s – Oliver

07706 888441

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07961 666394

Under 11s – Michael

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we are cycling **Cycling with the Chiltern Hills Group**
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Chiltern Hills Cycling UK group offers both led rides and Coffee pots every Sunday. Now spring is here it's time enjoy the warmer days, coffee stops and make new friends with bike rides in the countryside that surrounds our local area. There is sure to be something for everyone of all ages who wants to get out with both pedal bikes and e-bikers welcome. Cafes such as Hughenden Valley Coffee Shop, Hildreths at Prestwood, The Potters Arms at Winchmore Hill and Costa in Great Missenden regularly feature in the club rides list so you are never far from home.

Chiltern Hills Cycling UK have a Zoom social on the 1st Thursday of each month and a meet up clubroom at Little Kingshill Baptist Church on the 3rd Thursday.

Web: www.southbuckscycling.org.uk
E-mail: publicity@southbuckscycling.org.uk

For more general information about Cycling UK visit: www.cyclinguk.org



TOTTERRIDGE FC has provided football to the local youth in the community since 1996. For more information and contact details please visit our web site – www.totteridgefc.co.uk

YOUR LOCAL COMMUNITY FOOTBALL TEAM! And update from the Chairman, Oliver Witney

WE ARE THE RIDGE. What a winter!

Its been quite a manic winter, with lots of cancellations to try and save the pitches from being ruined before the now spring. This means lots of catch-up games, including some scheduled for Friday evenings! But we have had positive league results, with the U13s (as at time of writing) being undefeated in 6, much improving under Jon's leadership. The U14s are flying in division 3 but with some tough fixtures coming up, and the U16s a few points behind the leaders but with games in hand. The U12s split into two squads thanks to Nathan and Carl putting in the hard volunteering work that they do. With an age group of over 20 players we have two separate teams, which is great for growth of the club. The U11s have struggled since being promoted but are still doing well under Michael's current management. The U10s are loving their mini fixtures and the latest results are showing how much they are improving.



Figure 1 – Action shot from our annual futsal tournament

In what is a major development at the club, we are now going to start mini indoor football – based around futsal, for younger age groups. This will cover children in years 1, 2, and 3 and will be on a trial basis running over the summer term. Sessions will be held at Highcrest and on a PAYG costing £6 a session, running on Saturday mornings 09:30-10:30. We are looking for some helpers so anyone that is interested in helping with younger children please get in touch with myself (details at the end of this). Once again, we had our indoor futsal tournament over Christmas which is in memory of Eric Chapman, one of the clubs co-founders. All the teams had a great time and there were some deserving winners of the Chapman Memorial Award which is given to players based on their non-footballing attitude.



Lynn Brooks, Head of Lymphoedema at South Bucks Hospice, tells here why the service is so important for her patients.



I have been a nurse for 45 years and can honestly say I still love my job – and love the fact that we are making such a difference to patients and their families. At the end of every day, I go home exhausted but happy in the fact that our patients are so appreciative of the work we do for them at South Bucks Hospice.

There are three part-time staff in my team, including myself, and we know we could treat even more patients with more resources because there is a huge demand for our work. But I also know from feedback that people are so thankful for the way in which we help them go back to achieving as normal a life as possible.

Lymphoedema is a collection of fluid you get in tissue spaces and normally occurs after lymph nodes have been removed or blocked due to disease or surgery. There are several ways lymphoedema may develop – but we currently treat cancer patients or people requiring palliative end-of-life care. Lymphoedema can be painful and debilitating and cause extreme swelling. If you have a swollen leg, you are not always steady on your feet – if it's in your hands, the dexterity is not the same as normal. Clothing is quite often an issue as well as body image.

We use a gentle process, stroking people's skin in the direction of flow to the nearest healthy lymph nodes – and we see first hand how it has a really positive impact on the physical and psychological well-being of patients. I was 19 when I started in nursing and am 64 now – I love this job because it means so much for my patients and can make such a difference to their lives.

*** Please email lymph@sbhospice.org.uk to find out more about the lymphoedema service, its eligibility criteria and how to go about seeking treatment. Or you can email fundraising@sbhospice.org.uk to make a donation to support the service.**

*** The public can attend drop-in sessions during Lymphoedema Awareness Week to learn more about the hospice or lymphoedema. These will be held on Monday 6th March 1pm-3pm and Thursday 9th March 11am to midday at Butterfly House, Kingswood Park, HP13 6GR, and everyone is invited**



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We host musical theatre and dance shows, workshops, visual arts exhibitions and live music performances. We have two licenced bars and hire out our Theatre and Café spaces for private functions including business meetings, training days, birthday parties, celebrations, and wedding receptions.

Our regular programme includes:

Open mic nights, supporting local musicians, poets, and performance artists.

Guitari Lounge - Under 18 Open Mic Night

Sunday Music Jam / Music Therapy

In-house Jazz Workshop / The Rock Project music tuition for all ages

Ceramics workshops / Life Drawing / Photography Club

Art Club, an informal open studio group for local creatives

Occasional watercolour, gouache, dance, drama, yoga, and other classes

And much more in the pipeline

We are always open to new ideas and are happy to work with members of the community who want to run events or workshops.

Highlights for Spring 2023:

Stereosonics – 11th March

Marlow Amateur Operatic Society perform the Dolly Parton inspired musical;

'9 to 5' 16th- 18th March

Vintage and Craft Fair – 8th April

The Dung Beatles – 15th April

Jazz Festival - June 3rd

Bucks Art Weeks, featuring over 30 local artists and makers; 10th – 25th June

Check our website for up to date details, ticket information etc: <https://wycombeartscentre.com/>

Follow us on Facebook: <https://www.facebook.com/wycombeartscentre/>

Instagram: <https://www.instagram.com/wycombearts/?hl=en>

Chiltern Stroke Club

Had a stroke? or a family member had a stroke?

**Come along and join us Tuesdays 2pm-4pm
in Brooks Lounge, Amersham Road, Hazlemere**

We are a local network of The Stroke Association; support and social group for stroke survivors and their families. Weekly exercise led by a qualified rehabilitation teacher, specialist speakers and social activities.

Contact: Adele 01494 728537 www.chilternstrokeclub.co.uk



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The One Can Trust food bank works on a referral system from partners such as the Helping Hand team at Buckinghamshire Council, Wycombe Women's Aid and Citizens Advice Bureau. They assess your needs and contact the food bank to request a parcel. For more information:

Tel: [01494 512 277](tel:01494512277) E-mail: office@onecantrust.org.uk

There are local food drop of points in our area at: West Drive, Amersham Hill, Lucas Road, Sheraton Drive, Underwood Road, Green Road & more.



Wycombe Wenchies WI



Wycombe Wenchies ended the year with great fun, at our Christmas party with fun games, and entertainment provided by the committee with a sketch and some Christmas poems. In January, we were treated to a talk by Jo Laurie, telling us about her training and time in the RAF, and then in February, climate change was addressed, when we listened to Catherine and Yvonne, two WI Climate Ambassadors. This talk included details of both how we could help as a WI, and what we could all do to assist in helping the climate issue, and we were all given a checklist of small actions that could collectively make a difference at home. Looking forward to April, we will have a talk from Neil Rees about William Penn and the Bucks Quakers in Penn County, Pennsylvania.

At our meetings, we continue to support the Women's Aid Refuge, with monthly donations, and we held a successful combined book and jigsaw sale at our February meeting to raise funds. We raffled not just one, but four Christmas hampers, and we will be having another hamper raffle for Easter.

Our additional activities outside of monthly meetings continue – the Walking group have held a variety of countryside walks, and after a break in January, the Supper Club began again in February, with a trip to the Spade Oak. Sadly illness meant that the Cinema Club events had to be cancelled in January but they are meeting again in February to see "The Swimmers". The Book Club have continued to meet via Zoom, reading "The Last Summer In Ireland", "Hide" and "The Lost Girls of Devon".

Future events for the Wenchies will include a visit to the Swan Theatre in Wycombe to see "The King and I", a mystery walk round Beaconsfield, a tour of Stubbings Gardens in Maidenhead, with a cream tea, and a tour of the Houses of Parliament.

If you are interested in joining our friendly group, please contact us via the website address. We meet on the second Wednesday of each month, at the Cricket Club on London Road, High Wycombe, at 7.30pm.

Best wishes
Diane Haylor
wycombewenchieswi@hotmail.co.uk



Terriers Community Garden

Spring is coming, even though officially it is winter, so we are hoping we don't have a final blast of cold before the end. Our bulbs are flowering now and it should be a beautiful display soon. We have hosted a live Nativity in our shed, and a warming of the Earth in our quiet area, while we wait for planting time. We plan to extend into a nature trail this year and would love to see new gardeners join us, especially someone with experience to help us plan our beds.

Last year we had loads of vegetables, tomatoes, squash, and we planted fruit trees. We found the artichokes to be a fantastic vegetable too. Vegetable seeds are already being planned so we may have a variety available for a small sale in the Spring.

So again we would love to see you. The working weekends are the second Saturday in the month 10.00 - 12.00 and Thursday mornings 10.00 onwards when we are working and hopefully getting the Gardening Club going. All dependent on the weather.

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Inner Wheel Club of High Wycombe



On 23 November we enjoyed an excellent lunch at a member's home to raise money for The Book Bus Charity which gives people the opportunity to access books and learn to read. The food was excellent, the company fun and along with a raffle, a very generous sum of money was raised for this overseas charity.



In November some of our members met up and created decorations for the Inner Wheel Christmas Tree which would be joining the annual Christmas Tree Festival in All Saints Church in High Wycombe over the Christmas season. Our tree also displayed coloured labels showing the various charities we have supported and are supporting which formed part of the decorations.

In December, our annual Christmas Lunch with partners was a very jolly time at the High Wycombe Cricket Club. Old friends joined us and we even had Santa with us too.

Instead of our usual speaker, this year President Rosemary booked an entertainer who sang popular songs and gave us a chance to join in.



Near Christmas members enjoyed a Mulled Wine and Mince Pie morning a Rosemary's home where we were generously entertained with home-made cakes and mince pies. Any money raised will go towards the Bourne End Lighthouse group

If you would like to join us, we meet on the first Monday of each month at HW Cricket Club, London Road. Please contact Sue Creed 07719 719636 to enjoy a friendly welcome plus a programme of interesting speakers and event.



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Working together to improve wellbeing

Terriers W.I.

The new year, and 2023 has brought a slight change to the administrative structure of The Women's Institute. Traditionally, the WI year has been marked in November by the annual meeting with the election of the new committee and officers. However, this has now moved to March to align with the end of the financial year. So, we no longer need to remember to bring "subs" in January and can, in fact, opt to go digital and pay by bank transfer.

2022 was rounded off by our Christmas party. Attendance was slightly down due to the abundance of nasty viruses still doing the rounds, but those members who had managed to avoid them remained in good spirits and fine voice joining in traditional songs and carols with our visiting musicians. We were also entertained by an excellent lady stand-up comedian of mature years who managed to hit just the right note with her audience. As usual we were treated to a delicious buffet, with mulled wine, prepared by the committee.

The weather was reasonably kind to us for the January meeting and an entertaining talk by Lyn Instone about her long teaching career.

By February we were managing to avoid most of the freezing conditions and there was a good turnout for a talk on the craft of Macrame by Ceri Noor. This particular talk was also an audition for the presenter to be included on the official speakers list so was attended by two county officers. As part of the process members were invited to write a short critique of her talk. This gave an unusual insight into the procedures involved in the selection process as well as an opportunity for ordinary members to have their say. Throughout what must have been a somewhat nerve-wracking session Ceri maintained her composure and revealed how this craft is making a come-back amongst crafters of all ages, school children being particularly keen.

The next meeting on 2nd March will be the Annual Meeting and then the April meeting will take place 30th March with a highly topical talk about Neighbourhood Watch, Cons and Scams.

Meetings normally take place on the first Thursday of the month at Cedar Park School, Hazlemere at 7.30pm. New members and visitors always welcome. For more information please go to terrierseveningwi.org.uk or contact terriers.evening@hotmail.co.uk



Books needed



If you have any very good quality general adult fiction paper back books or very good quality children's books that you no longer need, please consider donating them to our book shops at: Wycombe, Amersham and Stoke Mandeville hospitals. Books can be dropped off at any of our bookshops as well as our office at Amersham hospital.

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Steve Baker MP

I appreciate these are not easy times with Britain's economy shocked by Coronavirus and then impacted by the war in Ukraine. As our economy recovers, we must take immediate action to fix the problems families are facing, while putting in place the long-term solutions to build a stronger and more innovative economy that will guarantee a better future for the next generation. A recovering economy will mean reduced inflation and lower mortgage rates, more affordable food and energy, and support for the NHS so people get the care they need more quickly.

There have been a number of Bills going through Parliament recently. In mid-January there was an announcement on amendments to the Public Order Bill to tackle disruptive protests. The Government is broadening the legal definition of 'serious disruption' to clarify when police should intervene to stop tactics such as blocking roads. The Strikes (Minimum Service Levels) Bill also passed through the Commons. It is regrettable many unions have decided to strike leading to operations being cancelled, ambulances not arriving and trains not running. This is why the Government has taken responsibility to keep the public safe with minimum levels of service on strike days. People need to know access to emergency services will be protected and their livelihoods defended.

I know many people are concerned about the cost of living. Many schemes to support people, such as the Energy Price Guarantee, were introduced in the autumn. The Energy Price Guarantee will continue to support everyone and will save the typical family £500 this year. What people may not know is that Cold Weather Payments have also been triggered in both December and January meaning those in receipt of certain benefits have been given additional payments to meet their heating costs. Every pensioner household in receipt of the Winter Fuel Payment will also get a £300 cost of living payment and those in receipt of disability benefits will get £150. From April the National Living Wage will increase by 9.7% giving an average of £1,600 extra for low-paid workers. There is also additional funding for the Household Support Fund enabling the Council to support people who need a little extra help.

I recently visited Sir William Ramsay School to meet the headteacher to discuss issues raised with my office by parents. As well as discussing those concerns, I had a tour of school buildings and met a number of the pupils. I am pleased to say it was a very valuable visit and I will be continuing to take a close interest in the school's future. On a lighter note, I had the pleasure of visiting Zem Kebabs in Terriers the other week. Their customers have nominated them in the British Kebab Awards and I am looking forward to going along to support them at the ceremony at the end of February. A win would be very well deserved.

If you would like to get in touch with me, please email: steve.baker.mp@parliament.uk
 If would like my help with a particular urgent issue, please phone my constituency office on 01494 448408

Hazlemere Gardening Association Welcomes New Members!

Whatever the size of your garden, whatever you like to grow, membership of the HGA (£7 / year, or £5 / year for over 60s) offers the following benefits:

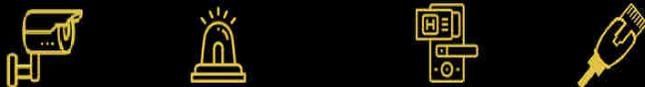
- A warm welcome and friendly advice
- A huge range of discounted gardening supplies
- Visits to gardens including RHS Wisley
- Social events.
- Plant sales and annual shows
- Discounts at local garden centres and nurseries

Visit us at the Barn Store, Cedar Barn, Barn Lane, Hazlemere HP15 7BQ
Open 10 - 12 every Sunday from February to October
Find us at www.hazlemeregardening.co.uk

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info@1-secure.co.uk www.1-secure.co.uk



High Wycombe Girlguiding District

Rainbows, Brownies, and Guides

Have you ever heard of World Thinking Day?

World Thinking Day is a celebration of ten million girls worldwide that has taken place on every 22 February since 1926. It remains a day for all Guides and Girl Scouts to think of each other and celebrate their sisters all around the world.

World Thinking Day is one of the most important dates in the guiding calendar, and every year the theme of the event encourages members to think about the big issues affecting them and their global community. Previous World Thinking Days have tackled the subjects of poverty, gender inequality, environmental sustainability and access to education. This year we will be thinking about 'Our World, Our peaceful future'.



Although Rainbows, Brownies, and Guides in High Wycombe District will be celebrating in their units, we will be remembering we are part of an organisation that has ten million members around the world in 152 countries!

We currently have spaces in the 3 sections: Rainbows aged 5-7 years, Brownies 7-10 years and Guides 10-14 years.

There are units that meet in High Wycombe town centre itself as well as around the area. The girls normally meet for a weekly meeting during term time but also sometimes go on trips and experience nights away. We always love to welcome new members so if you are interested in your daughter joining one of the units, register your interest using the link.

<https://www.girlguiding.org.uk/information-for-parents/register-your-daughter/>

You will be able to see the units in the area and find out where they meet. Once you have registered your daughter, one of the local leaders will then contact you with more information.

If you would like to find out more information about becoming a leader or helper. please go to

<https://www.girlguiding.org.uk/get-involved/become-a-volunteer/>

You will be able to register your interest and then one of our local volunteers will contact you.



Hello From Jo Spring 2023

With daffodils and vibrant green leaves now hailing the arrival of Spring we are moving into a new season at St Francis, as we look to make our church building as accessible, warm and welcoming as the people who gather there each week.

This new season is a time when St Francis wants to hear from you about how you would like the church, community garden and hall, to offer a valuable resource for everyone in the community; and with nowhere to even buy a cup of coffee in Terriers, we are already exploring ways of opening a café to offer a warm, welcoming place to meet others, find a quiet corner to work, or just read a book.

We are also building useful partnerships with the council and local groups and setting up a Friends of St Francis to help us explore, plan and resource this new venture. If you would like to share your ideas, be involved in planning, fundraising or join the Friends of St Francis would be pleased to hear from you, and messages can be left on the Parish answerphone 01494 462911 or emailed to: churchoffice@terrierschurch.org.uk

Spring is a particularly special time at St Francis as we look forward to celebrating Easter, and being a church that welcomes everyone, we hope you will come and join us when you can.

Sunday	2 nd April 10.00am	Palm Sunday
Thursday	6 th April 6.00pm	Bring and Share meal in the hall
	7.30pm	Maundy Thursday Holy Communion
Good Friday	7 th April 10.00am	Messy Easter – Fun for everyone in the hall
	2.00pm	Stations of the Cross
Easter Sunday	9 th April 8.00am	Holy Communion
	10.00am	Easter Eucharist
Saturday	22 nd April 3.00pm	Blend Choir and Cream Tea Fundraiser
		<i>For information and tickets contact lyngoob@gmail.com</i>

I wish you all a very Happy Easter. Blessings, Jo

Regular services:

Sundays at 8am & 10am / Wednesday at 10.30am

Messy Church 3rd Saturday in the month 4-6pm with a cooked tea!

Revd Joanna Gallant: teamvicar@terrierschurch.org.uk Tel: 01494 297933

www.terrierschurch.org.uk

Facebook: Friends of St Francis Terriers



Community Speed Watch

Community Speedwatch (CSW) is a road safety initiative to reduce traffic speeding on local roads, particularly through villages and built-up areas. The scheme enables volunteers, alongside the Safety Camera Partnership, to work within their community to raise awareness of the dangers of speeding and to promote safer driving. Breaking the speed limit increases the likelihood of an accident and the severity of any accident that occurs.

Community teams undergo a training session and police assess each site to ensure safety at the roadside; their role is to verify and record the registration number of vehicles seen to breaking the speed limit. Volunteers are highly visible and make use of a speed detection device, it is usually clear to vehicle drivers their speed is being monitored. This may be enough deterrent for many motorists to slow down and realize that antisocial and speeding is not acceptable.

Speeding motorists will receive a letter from the police explaining the potential risks and consequences of their behaviour. If the vehicle is seen and recorded again a second and final letter will be sent. Persistent offenders may be targeted further. Speeding drivers are not prosecuted or fined as a direct result of CSW activity.

Community Speed Watch has many benefits and it gives residents an opportunity to increase road safety in their area, and support activities to reduce the likelihood of road traffic collisions and injuries.

It is hoped that the letters vehicle drivers receive as a result of exceeding the speed limit may make them continue to reduce their speeds at all times.

Road users can be of different types and include different ages, from schoolchildren to senior citizens; they might use the road to drive, walk, cycle, travel as a passenger in a car or on public transport.

All communities are affected by road safety issue; reducing casualties and helping local people to get around without fearing for their safety may take time, but it can be achieved.

If you are over 18 and are interested in volunteering, just a few hours a month, please send an email to lee.turnham@thamesvalley.police.uk or take a look at the CommunitySpeedwatch.org website to learn more about the scheme.

Learn more about prevention and other crimes by joining Neighbourhood Watch!

office@wdnhwatch.plus.com



Join Neighbourhood Watch!

It's as easy as **1, 2, 3...**

Go to: ourwatch.org.uk/join - and start filling in the form.

1

You will get a confirmation code by email for added security. Enter this code when prompted and complete Registration to set up your Account. It is totally free.

Once registered, join your local scheme - or start one if there's not one in your road already.

2

To do this, open your account by clicking 'LOG IN' (top-right on website). Click SCHEME ADMIN and then 'Join Scheme' or 'Start Scheme', whichever is appropriate.

If starting a new Scheme, contact your local NHW Representative to get advice and support materials.

3

Contact Wycombe District Neighbourhood Watch Association by email at office@wdnhwatch.plus.com or visit www.neighbourhoodwatchwycombe.org.uk

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Local Faith Group information for Totteridge & Terriers



St Francis Church

Located on Amersham Road in Terriers. www.terrierschurch.org.uk
Revd Joanna Gallant: teamvicar@terrierschurch.org.uk
Office email: churchoffice@terrierschurch.org.uk
Tel: 01494 297933 Office Tel: 01494 462911
Facebook: Friends of St Francis Terriers

Totteridge Baptist Church

Totteridge Baptist Church Located on Hillary Road, High Wycombe, HP13 7RA
Our services are held every Sunday at 10.30am - All are very welcome.
Tel: 07760 651953 E-mail: totteridgebc.secretary@gmail.com
Website: <https://www.totteridgebaptist.org.uk>
Facebook: <https://www.facebook.com/totteridgebaptist.church>
Instagram: totteridgebaptist

St Andrews Church (C of E)

Located on Hatters Lane, High Wycombe HP13 7NJ.
Services are every Sunday at 10:15am.
Tel: 01494 - 529668

St Wulstans Catholic Church

Located on Hollis Road, Totteridge, HP13 7UN
Regular Masses both on Sundays and at other times during the week.
Tel: 01494 - 438300

St Augustines Church (Catholic)

Located on Amersham Hill, High Wycombe
There are regular Masses on Saturdays, Sundays and during the week.
Tel: 01494 - 523969

Totteridge Mosque

(Wycombe Islamic & Mosque Trust Limited)
24 Totteridge Road, High Wycombe, HP13 6EB Tel: 01494 - 513440
Also Muslim Education Centre at 4 The Parade, Totteridge Drive
Tel: 01494 - 522786

Wise (Wycombe Islamic Society)

St Marks Close, High Wycombe, HP13 6GN
Tel: 01494 - 259194
Web: www.wise-web.org

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or email bookings@hazlemereparishcouncil.org.uk

or visit www.hazlemereparishcouncil.org.uk

CHAMELEON SINGLES GROUP



We ended 2022 as usual with the festive events offering both a dinner/dance in the evening and a lunch time meal for those who prefer to meet up in the daytime. Both of these were "sold out" and enjoyed by all who attended, some going to both! Into the New Year we have already been running a number of events each month with more indoors for the cooler days. Our AGM at the end of January offered the chance to discuss new ideas and events for our programme for 2023.

Our walks and coffee mornings are popular events and sometimes we combine the two with a morning walk and then stop for coffee/late breakfast. Our first this year was for coffee only on what turned out to be a very wet first Saturday of January at Hildreth's Garden Centre. With the spring and summer days ahead, I am sure we will be doing more in the great outdoors. We will of course continue to include at home evenings such as our sharing suppers, take-away food nights and the occasional themed evening.

Regular events that take place each month are our Pub Night on the last Thursday of the month at The Dolphin in Totteridge and Lunch Club on the second Friday at the Spindle & Thread. Both these events are ideal if you are a newcomer to the group giving you a chance to meet others and find out more in an informal atmosphere.

If you are single, 40-60's, looking for a great social life and new friends then why not give Chameleon Singles Group a try? There are no strangers at Chameleon, just new friends to be made. The group has several local people from Totteridge, Terriers and the surrounding areas and you would be very welcome too. To find out more call Chameleon's membership secretaries Terrie on 01494 445816, Trevor on 01494 529067 or e-mail: info@chameleonsingles.org.uk. Visit the group on-line at www.chameleonsingles.org.uk for more information and the current programme or connect with us through Facebook.

Find us on 