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Totteridge and Terriers News

Issue 62

Winter 2022
15th Year of
your Community
Magazine

T & T NEWS



Picture © Chris Hurworth 2022

Trees in autumn colours on a sunny day at the junction of
Hatters Lane with Totteridge Road

See inside for all your community news from Totteridge & Terriers

The **wye** Partnership



It's our business so we care.

The Wye Partnership gained their knowledge and developed their expertise within the most successful estate agents in High Wycombe. On witnessing the take over of these long established companies by nationwide chains we recognised the need for the retention of a local and independent service. Our recent merger makes the enlarged Partnership the strongest Independent in South Bucks and The Chilterns!

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From Town to Country



T & T News Events Diary

Wednesday 7th December

High Wycombe Shopmobility Quiz, Riverside, St Mary's Street

Teams of up to 6 people, Licensed Bar, Quiz Master is Peter. £3.00 per person. To book a table call Shopmobility on 01494 472277

Saturday 10th December

Repair Café at All Saints Parish Church, High Wycombe 10am to 1pm

The Repair Café is now open on the second Saturday of every month.

Saturday 17th to Saturday 24th December

Gift Wrapping in Eden Centre in aid of Scannappeal

Weekdays midday to 5pm, 10am to 5pm Saturday's and 11am to 5pm Sunday.

Monday 20th February

T & T News Deadline for the spring 2023 edition

Today is the last date for News, Events, Articles & Advertising submissions. Contact the Editor E: editor@tandtnews.org.uk / T: 01494 463107

Regular Events

Every 2nd Wednesday of the month

Wycombe Wenches W.I. Meeting 8pm Cricket Club, London Rd, Wycombe

Monthly meeting of the W.I. See page 7 for more information and contact details.

Every 2nd Thursday of the month

Terriers Evening W.I. meeting 7:45pm. Cedar Park School, Hazlemere.

Monthly meeting of the W.I. New members welcome.



One Can Trust—What to do if you need help

The One Can Trust food bank works on a referral system from partners such as the Helping Hand team at Buckinghamshire Council, Wycombe Women's Aid and Citizens Advice Bureau. They assess your needs and contact the food bank to request a parcel. For more information:

Tel: [01494 512 277](tel:01494512277) E-mail: office@onecantrust.org.uk

There are local food drop of points in our area at: West Drive, Amersham Hill, Lucas Road, Sheraton Drive, Underwood Road, Green Road & more.

Totteridge and Terriers News

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E-mail: editor@tandtnews.org.uk
Web: www.tandtnews.org.uk

BSB Printed by: BSB Print
Doncaster, South Yorkshire
PRINT Tel: 01302 - 320324

Print Run: 3,750 copies



Find us on

T & T News is published four times a year in March, June, September and December. We aim to get the magazine distributed by mid month of issue. In order that we can achieve this deadline we need your articles and advertising as early as possible. Our deadline for the spring 2023 edition is 20th February.

We thank all our advertisers and contributors for their support. However T & T News cannot endorse any product or service contain within this magazine. You are advised to check details of all goods and services offered. All contributions are accepted in good faith and opinions expressed are not necessarily that of the editor or T & T News.

That's about it...Join us again in March 2023. In the meantime you can catch up with the latest news on the web at

www.tandtnews.org.uk

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2022 Advertising Rates:

B & W - Mini Ad £14 / £25 Quarter Page / £45 Half Page

Colour - Mini Ad £17 / £32 Quarter Page / £60 Half Page / £110 Full Page
(Full page adverts subject to availability—Autumn 2022 deadline is 20th August)

WELCOME TO T&T NEWS WINTER 2022

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Hello,

Welcome to the Winter 2022 edition of T & T News.

Christmas is just around the corner and perhaps this one will bring with it many challenges but also a good sprinkling of joy too! Your community magazine is now operating all year round with regular updates to our web site. Do keep letting us have your news both by our print deadlines shown on p.26 and throughout the year for the web site.

In this edition we have reports from all our regular contributors plus there is "News in Brief" and our events diary on the back page showing just some of the events happening locally over the next few months.

Like many community publications we rely on advertisers to support us and also grants to continue printing the magazine. If you are able to help in anyway by donations or by playing the Buckinghamshire Lottery this will help keep us in print.

**For more information on the lottery & our
Christmas Competition see page 22**

I wish you a great festive season and all the best for 2023.

Happy Reading!
David Winterburn, Editor

High Wycombe
891 London Road
Tel: 01494 472572

Slough
273 Farnham Road
Tel: 01753 535556

Marlow
21-23 Little Marlow Road
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The U11s and U12s now started their competitive fixtures. The results of these are not published, but start to pave the way for the players to learn the more competitive side of football. The winners and runners up in each league will get to play an end of season final, one that we have reached on a number of occasions.

We also now start to look towards Christmas, and will be holding an interclub indoor tournament, the Chapman Memorial, which is dedicated to Eric Chapman, one of the founders of the club who sadly passed away in 2019. Eric was instrumental in the creation and running of the club, and a position I then took over.

The club has now been going for over 25 years which is a tremendous achievement for all the volunteers the club has had over the years. If you are interested in joining, either as a player or volunteer, please contact myself, Oliver Witney on 07706888441.

Under 10's – Dean	07961 666394
Under 11's – Michael	07493 552335 (SQUAD FULL)
Under 12's – Carl	07723 314419 (1 ST TEAM FULL, DEVELOPMENT SQUAD AVAIL.)
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To find out more visit our web site below or call one of our secretaries.
www.southbuckscycling.org.uk

Chiltern Hills David Rafferty E: chilternhills.sec@southbuckscycling.org.uk
Midweek Peter Robinson E: midweek.sec@southbuckscycling.org.uk
Thames Valley Peter England E: thames.sec@southbuckscycling.org.uk

More general information about Cycling UK and membership can be found at
www.cyclinguk.org



TOTTERRIDGE FC has provided football to the local youth in the community since 1996. For more information and contact details please visit our web site – www.totteridgefc.co.uk

YOUR LOCAL COMMUNITY FOOTBALL TEAM! And update from the Chairman, Oliver Witney

WE ARE THE RIDGE. We started our season with plenty of fun filled football and we hope this continues into the new year.

Its been quite a hectic new season, trying to sort out all registrations, fixtures, equipment and new kits for teams. We couldn't manage to secure many sponsorships apart from Idverde, who kindly sponsored our U11s teams. The kit arrived this week and will be distributed at the weekend. By the time you read this you may have seen something on our social media pages.

As we wanted to do something with our new kit, our U13s manager, Jon asked if we could have a charity sponsor. The club paid a small amount to have Blood Cancer UK printed onto our shirts. This is well worth the cost in spreading awareness of this vital charity.



Figure 1 – Using our kit to spread awareness of a charity close to our U13s manager

In other good news, the U12s squads have managed to grow over the beginning of the season, so much so that the squad has now split into two teams – the Rams and Chargers. Nathan, one of our helpers, is going to manage the Chargers and Carl is going to continue with the Rams. The squads could do with another one or two players in case of injuries or unavailability, so if anyone is interested then please contact Carl using the details overleaf.



THE hunt is on to find 'Hospice Community Champions' to support patients with life-threatening conditions.



South Bucks Hospice, based at Butterfly House in Kingswood Park, is looking to recruit these volunteers to inspire others in the community to help seriously-ill people in their hour of need. "We want to ensure that no one in our community diagnosed with a life-limiting or life-threatening illness has to face it alone," said Chief Executive Officer Jackie Ward.

"Our wonderful staff do a great job in supporting our patients, but we need even more help – and that's where these Hospice Community Champions will come in. The aim is that they will raise our profile in the local area and build friends and connections. This will ensure that as many people as possible are aware of the support we can provide." Jackie added: "South Bucks Hospice aims to help over 600 people this year. However, we know that many more could benefit from our care and support - and with your help we can."

"We are there to help people during these difficult times through our wide range of care and support. We support people early in their diagnosis and we also help people who may eventually recover but need support, care and someone to simply just talk to whilst on their journey." All services at the hospice are provided free of charge thanks to the generous support of people in the community, says the charity which praises the large number of volunteers who currently help out at the hospice.

Jackie stressed that apart from the Hospice Community Champions, there is a wide range of other volunteering roles currently available. These range from sorting stock in the popular retail shops through to driving patients to and from their appointments at the hospice. She said: "It's a great way to make new friends whilst doing something amazing at the same time. All of our volunteering opportunities support patient care in one way or another but we need your help to raise our profile in the community and are particularly looking for volunteers who love meeting new people."

To find out if volunteering at South Bucks Hospice suits you, please email: Volunteers@sbhospice.org.uk



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News in Brief

Hazlemere Fete have recently published details of the god causes they are helping this year. Details are on their website: <https://e-voice.org.uk/hazlemere-fete/> (or just search Hazlemere Fete). This will be a hard act to follow, so if you would like to be part of the action, there are lots of roles that need covering and further help is needed. Over 50 stalls and organisations separately raised funds at the August Fete including Totteridge Football Club who sold Burgers and sausages.

The work starts for the 2023 fete in the New Year. Contact Ray Cox on 01494 813000 or e-mail: penn.consult@btinternet.com

Kingswood School and Nursery were fortunate to recruit two new governors over the last year. One is an experienced governor and teacher from another local school and is now chair of the curriculum committee. Another volunteer who had been a governor in the past was influenced to approach the school from this magazine.

One long serving governor is leaving at Christmas and its likely further recruitment will be needed later in 2023. The school is on the look out for professional people and those who may already have experience.



Hello everyone, Christmas is coming so we have spent some time clearing the beds and planting bulbs. If the squirrels and badgers don't dig them up we should have a colourful show next year. Our next plans are to clear and tidy the wild side of the garden with a nature trail running through it. Ambitious yes but if we get more volunteers it may be possible. We hope to get the Garden Club going again in the Spring

so keep an eye out for it. It would be lovely to see you even if you just want to potter in the garden or just sit and enjoy it. If you are interested you can contact Valerie on 01494 473128 or Lyn on 01628 530402 www.facebook.com/terrierscommunitygarden

Repair Café at All Saints Parish Church, High Wycombe 10am to 1pm. Started in August 2021 the Repair Café is now open on the second Saturday of every month. Volunteers with expertise from electrical & joinery to textiles & teddy bears will repair your items for a donation. If you can help e-mail maddyhowe31@gmail.com

Christmas Competition

Which city was voted the most beautiful Christmas Market in Europe in 2022?

If you know the answer then e-mail:

editor@tandtnews.org.uk or text 07905 888098

Entries must be in by 31st December 2022

The first winner drawn wins their choice of a £15 Gift Voucher.

www.buckinghamshirelottery.co.uk & search for T&T News
 Players must be 16 or over. £1 per ticket. Always gamble responsibly.

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Wycombe Wenchies WI



For Wycombe Wenchies, the year seems to be whizzing past, as we have managed to fit a lot of activities into a few months. In September, we had a very entertaining talk from

Toni Kent, who told us how she became a poet, and interspersed her talk with plenty of examples of her amusing poetry, based on everyday life. We wanted to mark the passing of the Queen, so some members dressed in red, white and blue, some wore hats, and some wore brooches. We sent a condolence card to Sandringham WI, of which the Queen was President, and later received a lovely thank you card and photograph in return. Our October meeting brought the Annual General Meeting, and a change of some committee members, and we continued the evening with a talk from one of the new committee members on the subject of keeping ourselves safe both online and on the phone, with information about how to identify scammers and what to do (or not do) about them. This was a talk which was very popular, and while we ran out of time on the night, it will certainly be a subject to which we shall return!

November is usually a craft-focused month, and this year we tried a new approach. Four of our talented members each led an activity making something for Christmas – a card, a fondant cake topper, a floral table centre and a decoration in the shape of a Christmas tree using old books and magazines. Members moved around the activities, and all felt that it was a very enjoyable evening. We plan something similar for next year, and already have ideas in the pipeline! This month we also celebrated our 11th birthday, with special cupcakes.

In December, we will be holding our Christmas party, with some fun games and entertainment from the committee. There will also be a Christmas meal on another date, prepared by the staff at the Cricket Club. Once again, we will be decorating a Christmas tree in the Christmas Tree Festival in All Saints Church, with a link to Her Late Majesty in the decorations.

Our additional activities continued too, with meals out to local restaurants, books shared by the Book Club, energetic walks and friendly evenings at the Front Room to watch films. Extra outings included a visit to the John Lewis Heritage Centre, a most informative trip where we found out the history of the firm, and the developments that led to the ethos of staff care that underpins their business, as well as being able to browse their museum library of old textile patterns.



Eating out in style in Hazlemere



The John Lewis Heritage Centre

If you are interested in joining our friendly group, please contact us via the website address. We meet on the second Wednesday of each month, at the Cricket Club on London Road, High Wycombe, at 7.30pm.

Best wishes
Diane Haylor
wycombewenches@hotmail.co.uk

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Inner Wheel Club of High Wycombe

Our early September lunch meeting saw all members enjoying a delicious lunch after which we heard a talk from Inner Wheel District chairman, Judith Elliott, speaking of her experiences over many years of fostering young children for short-terms. She also came to our meeting with the last tiny tot she will be fostering before retiring from this work.

Several of our ladies helped encourage shoppers to donate to a One Can Trust food drive at the Handy Cross Waitrose. It was a very successful day with forty-nine crates of food being taken to One Can Trust for distribution to those in need. Grateful thanks from the One Can Trust to all who donated.

In early October our members joined High Wycombe Rotary Club for a guided tour of Daws Hill Vineyard. Holly, our guide for the evening, informed us that she had inherited the business from her father and was not only running it but working in the vineyard too. After the tour we went inside to hear about the processes of wine making and to sample several of the sparkling wines that are made there. These were delicious and several of our members finished off their evening by having dinner at a local pub.

An autumnal walk through the Chiltern Hills was organised by our member, Marion. Our small group, plus two dogs, met up in Downley. It was a fine and dry day as we walked across fields and looking towards West Wycombe had a panoramic view of the beautiful St Lawrence Church, topped with its golden ball plus the nearby mausoleum - one of the best views in the Chilterns. We continued through woodland made beautiful by the changing colours of autumn and on across Naphill Common where several varieties of fungi on tree trunks and amongst the fallen leaves and grasses below were spotted. The walk finished at the Le De Spenser Arms on Downley Common where a table was waiting for us to enjoy a delicious home cooked pub lunch.

If you would like to join our Club, we meet the first Monday of each month at High Wycombe Cricket Club on London Road, contact our membership officer Sue Creed on 07719 719636. You will find a warm welcome and a programme of interesting speakers and events to enjoy.



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Working together to improve wellbeing

Highcrest Academy students selects Wycombe Food Hub as charity of year



Wycombe Food Hub, a service offering vital support for the people of High Wycombe, has been boosted after students at The Highcrest Academy voted to make it their charity of the year. Every year, the academy invites three shortlisted charities to pitch to students to show why they should be chosen and Wycombe Food Hub were the successful charity this year meaning the school's fundraising efforts will now be directed to helping the hub over the next academic year.

Trevor Snaith, Chairman of Wycombe Food Hub said: "We are extremely pleased that The Highcrest Academy has chosen Wycombe Food Hub as its charity for this year. We look forward to working together to help those struggling with food poverty and food insecurity across High Wycombe." Last year, around £4,000 was raised for the Youth Enquiry Service through several different events such as non-uniform days, Xmas disco, staff raffles, coast-to-coast staff trek, five-a-side football, cake sales, sponge the teacher and much more.

Lisa Kelly, Youth Enquiry Service Manager said, "The Youth Enquiry Service would like to thank all students and staff for supporting us through 2022 and raising a staggering amount of money that will provide 100 hours of free counselling to the young people in our community." Wycombe Food Hub collects surplus ambient and fresh food, such as fruit, vegetables, dairy, baked goods and tinned products from supermarkets each evening, then make it available to the general public at affordable prices the next day.

Joe Clarke, Assistant Headteacher at Highcrest, said: "We are delighted to have chosen Wycombe Food Hub as our school charity. It's a wonderful cause and one I know that our students will be very committed in supporting with their fundraising throughout the year." "The Highcrest charity initiative has run at the school now since 2013 and has raised many thousands for good causes across the area. Last year, we raised a huge amount for the Youth Enquiry Service and we hope for an equally good year ahead for the Wycombe Food Hub." For more information on the charity, please visit <https://wycombefoodhub.org/> If anyone would like to donate food, volunteer or support the Hub please contact Wycombe Food Hub on 01494 913626 or visit <https://wycombefoodhub.org/give-help>



Latest news from Scannappeal, proud to support Bucks NHS hospitals.

Cardiac Appeal for Wycombe hospital completed

Thanks to our wonderful supporters we have raised £125,000 for our Cardiac Appeal enabling us to deliver on our promise of a new dedicated cardiac ultrasound system for the Cardiology department at Wycombe hospital. The EPIQ CVx, which is the single most powerful tool currently available to cardiologists, generates detailed, real time moving images of the heart. It allows clinicians to assess the structure and function of the heart in patients with coronary artery disease, valve disease, heart failure, congenital heart disease, and stroke.



To find out further information about our current Robot Appeal and how you can support us please visit:- www.scannappeal.org.uk

Snip and save festive stamps

As Christmas cards land on your doorstep, please snip off and save the stamp for Scannappeal. We recycle used postage stamps, all you need to do is cut out the stamp from the envelope leaving at least a 1cm gap around the stamp and start collecting. Once you're ready to offload your stamps you can either post or drop off stamps to our office in Amersham hospital.

Private film screening of The Lost King

The Lost King (2022) a British comedy-drama is the life-affirming true story of an amateur historian who defies the stodgy academic establishment in her efforts to find King Richard III's remains, which were lost for over 500 years. Taking place at the National Film and Television School (NFTS) in Beaconsfield on Sunday 22 January 2023, 2pm - 4.30pm.



Tickets are £20 each, includes tea coffee and cake or two tickets for £35. Available from scannappeal.org.uk or call us on 01494 734161.

Christmas gift wrapping service

Our popular gift wrapping service will be back at the Eden Shopping Centre, High Wycombe, this December meaning if you can't wrap, hate wrapping or simply want one less thing to worry about, our elves are here to help. Simply bring your gifts, big or small, to us and our Christmas elves will beautifully wrap them for a donation to the charity.

Gift wrappers needed - please get in touch if you can spare a few hours.

Opening hours

- Saturday 17 December: 10.00am – 5.00pm
- Sunday 18 December: 11.00am – 5.00pm
- Monday 19 December: 12.00pm – 5.00pm
- Tuesday 20 December: 12.00pm – 5.00pm
- Wednesday 21 December: 12.00pm – 5.00pm
- Thursday 22 December: 12.00pm – 7.00pm
- Friday 23 December: 10.00am – 5.00pm
- Saturday 24 December: 10.00am – 3.00pm



Scannappeal is a local charity that raises funds to purchase life saving revolutionary medical equipment for Amersham, Stoke Mandeville, Wycombe NHS hospitals, serving people living in Bucks and the surrounding areas.

T - 01494 734161 W - scannappeal.org.uk

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Steve Baker MP

The last few weeks have certainly been turbulent for the Government. I am hopeful the appointment of Rishi Sunak as Prime Minister will now see a period of stability. We need to support people through these difficult times. In the recent Autumn Statement the Chancellor raised wages for low earners, increased benefits and pensions by over 10% from next April, offered further direct payments to the least well-off, and gave every household support with energy bills. An estimated 19 million families and 40 million individuals in Great Britain are expected to see an increase in their income next year.

I know the most pressing issue for most households at the moment is the economy and rising costs. I can understand why. I have been concerned for a long time about inflation. The Bank of England has clearly failed in its 2% inflation targeting; last year the Bank said inflation would be transitory after coming out of lockdown. I made it clear both in Parliament and in the media the result of the Bank's quantitative easing programme, which had indirectly funded the Government response to Covid, could only mean inflation would rise and continue to rise. I knew it would have a harmful effect on ordinary households by making prices higher, eroding the value of savings, and distorting investment decisions.

Most people will be concerned about the projected rise in energy costs. I have always been clear there can be an economically and politically viable path to Net Zero but we need a different approach, reducing emissions while being realistic about what can be engineered at reasonable cost to the British people. We need to think a little less about the targets, and much more about what people can actually afford.

You may have seen I have been appointed as the Minister of State in the Northern Ireland Office. I have a long-standing interest, and friendships, in Northern Ireland so I am delighted to have this opportunity to help promote peace, security and prosperity. My duties will require frequent travel to Belfast for official engagements but I will be principally based in Westminster, so I will continue to attend local events and represent the interests of Wycombe in Government. My constituency office will be open in the West Wycombe Road, High Wycombe and my staff are always happy to discuss any issues which constituents wish to bring to my attention.

May I take this opportunity to send season's greetings to everyone living in Terriers and Totteridge for Christmas and New Year.

As always, if you would like to get in touch with me, please email: steve.baker.mp@parliament.uk. If you would like my help with a particular urgent issue, please phone my constituency office on 01494 448408

Transport for the decade

With plenty of debate around the environment, global warming, congestion and other issues transport looks set for change in the coming years. New cars will be all electric, fuel cell or similar technology by the 2030's and e-bikes and electric scooters are set to become the "norm" with regards to personal travel.

By now we had expected that private e-scooters would be permitted but the decision to extend the current trial to 2024 means it will be a while yet before they are in mass use if that becomes the case. There have been many concerns regarding these electric powered two-wheelers. They offer a quick and easy way to get around over short distances but their interaction with other motorised users and pedestrians is still the cause of some concern.



Photo: © Mike R

Our Picture show a large fleet of the trial Zipp E-Scooters at Terriers Crossroads.



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High Wycombe Girlguiding District

Rainbows, Brownies, and Guides

Rainbows, Brownies, and Guides in High Wycombe District have enjoyed getting back together in September to restart our normal weekly meetings. There are units that meet in High Wycombe town centre itself as well as around the area. The girls normally meet for a weekly meetings during term time but also sometimes go on trips and experience nights away.

This term one of the Brownie units went to Legoland for the day, along with many Girlguiding units from around Buckinghamshire. It was an exciting day with many girls not having been to a theme park before. It was wonderful watching the Brownies chatting and making friends with other Brownies in the queue for the rides. They had never met each other before, but they all knew that they shared a common interest of guiding so felt comfortable in each other's company. The picture is of a couple of the girls on a relaxing ride called 'Fairy-tale Brook'.



As well as the fun we have on our trips and residentials, the girls enjoy a variety of different activities at their weekly meetings which follow 6 themes. These themes are Know myself, Express myself, Be well, Have adventures, Take action and Skills for my future

We currently have spaces in the 3 sections: Rainbows aged 5-7 years, Brownies 7-10 years and Guides 10 - 14 years.

We always love to welcome new members so if you are interested in your daughter joining one of the units, register your interest using the link.

[https:// www.girlguiding.org.uk/information-for-parents/register-your-daughter/](https://www.girlguiding.org.uk/information-for-parents/register-your-daughter/)

You will be able to see the units in the area and find out where they meet. Once you have registered your daughter, one of the local leaders will then contact you with more information.

If you would like to find out more information about becoming a leader or helper. please go to

<https://www.girlguiding.org.uk/get-involved/become-a-volunteer/>



Hello From Jo

*Christmas at St Francis of Assisi, Terriers
All are Welcome!*

For many of us this Christmas will necessarily be a little simpler as we try and make what we have go a bit further in these challenging times. However, as Christmas draws near there is a lot of joy and love to be found in the things which don't cost anything, as we gather to sing carols, hear again the wonder of the Christmas story, bless our Christmas tree toppers, and make Christingles.

Every Wednesday at 11am there is also a warm space, with a warm welcome and refreshments at St Francis Hall, where people gather to knit and natter.

You can bring other crafts too and some just come for the coffee and natter!

St Francis church welcomes everyone and details of services and events are below:

Advent Fayre: Stalls, tombola, and refreshments in the hall.

Saturday 3rd December 10.30am - 2.30pm

Advent Carols with Blessing of Christmas Tree Toppers

Sunday 4th December 10am in St Francis Hall Collection for women's Aid

Journey to The Crib Visit the Holy Family in the stable outside the Church, it's enchanting lit up at night! **December 11th - Jan 8th 2022.**

Christmas Services:

Sunday December 18th 6:30pm

Nine Lessons and Carols

Saturday December 24th 4:00pm

Nativity and Christingle

Come dressed as a Nativity character. Meet in the hall and journey to the church

Saturday December 24th 11:30pm

Midnight Mass

Sunday December 25th 10:00am

Christmas Day Parish Communion

Sunday January 1st 2023 10:00am

Benefice Service at All Saints

Sunday January 8th 2023 10:00am

Epiphany – Welcome the 3 kings

I wish you all a very Happy Christmas, Blessings, Jo

Revd Joanna Gallant: teamvicar@terrierschurch.org.uk Tel: 01494 297933
www.terrierschurch.org.uk Facebook: Friends of St Francis Terriers



Household budgets for many people are severely under strain due to the increasing cost of living. We are seeing the cost of everyday essentials rise faster than average incomes - leaving people with tough decisions about how to cover their bills. Whilst the cost of living increase could lead to an increase in crime, equally worrying is the impact crime has on the victim when finances are already tighter than usual. Victims of crime can find themselves anything from a few pounds to tens of thousands of pounds out-of-pocket.

Taking simple measures, such as locking your windows, leaving indoor lights on a timer, double or deadlocking your doors, and having exterior lights on sensors, can significantly reduce your chances of being burgled. If you are going to be away, perhaps you could ask a neighbour to park a car on your drive.

During the winter months we tend to see an increase in burglaries; this is due to a number of factors such as the hours of darkness being used as a cover for intruders to carry out thefts; homes and businesses being stocked up with higher value items and gifts for the festive season and people travelling and socialising leaving their homes vacant. As we rapidly approach Christmas and the subsequent sales, it's important to remain vigilant to scammers who unfortunately look to exploit the goodwill and festive spirit at this time of year.

LATEST SCAM: A number of recent cases have been reported to us of recorded phone messages being received that purport to be from banks, One such call came from Switzerland and another one was from Spain!

They refer to sizeable suspicious transactions that are to be debited to your account that same day. The messages invite you to press '1' if you approve of these transactions, or to press '2' if you don't approve them. It goes on to say that someone will speak to you if you press '2'. These messages are very similar to genuine messages from banks. So, do take care if you encounter them and do feel free to phone your bank to ensure that you are dealing with genuine messages.

The New Year is a time to set new goals and positive lifestyle changes; what about starting 2023 by joining our Neighbourhood Watch community?

We send you all our Seasons Greetings and best wishes for a happy, safe, and healthy Christmas & New Year, from the Committee of Wycombe District Neighbourhood Watch Association.

office@wdnhwatch.plus.com

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Local Faith Group information for Totteridge & Terriers



St Francis Church

Located on Amersham Road in Terriers. www.terrierschurch.org.uk

Revd Joanna Gallant: teamvicar@terrierschurch.org.uk

Office email: churchoffice@terrierschurch.org.uk

Tel: 01494 297933 Office Tel: 01494 462911

Facebook: Friends of St Francis Terriers

Totteridge Baptist Church

Totteridge Baptist Church Located on Hillary Road, High Wycombe, HP13 7RA

Our services are held every Sunday at 10.30am - All are very welcome.

Tel: 07760 651953

E-mail: totteridgebc.secretary@gmail.com

Facebook: <https://www.facebook.com/totteridgebaptist.church>

Instagram: totteridgebaptist

St Andrews Church (C of E)

Located on Hatters Lane, High Wycombe HP13 7NJ.

Services are every Sunday at 10:15am.

Tel: 01494 - 529668

St Wulstans Catholic Church

Located on Hollis Road, Totteridge, HP13 7UN

Regular Masses both on Sundays and at other times during the week.

Tel: 01494 - 438300

St Augustines Church (Catholic)

Located on Amersham Hill, High Wycombe

There are regular Masses on Saturdays, Sundays and during the week.

Tel: 01494 - 523969

Totteridge Mosque

(Wycombe Islamic & Mosque Trust Limited)

24 Totteridge Road, High Wycombe, HP13 6EB Tel: 01494 - 513440

Also Muslim Education Centre at 4 The Parade, Totteridge Drive

Tel: 01494 - 522786

Wise (Wycombe Islamic Society)

St Marks Close, High Wycombe, HP13 6GN

Tel: 01494 - 259194

Web: www.wise-web.org

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Contact: Adele 01494 728537
www.chilternstrokeclub.co.uk

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CHAMELEON SINGLES GROUP



In late summer we did a visit to see the sunflowers in Aylesbury and a bus trip to Watford, something a little different from the usual. The Hazlemere Fete at the end of August gave us the opportunity not only for a day out but to meet some new members too.

Our walks and coffee mornings are popular events and sometimes we combine the two with a morning walk and then stop for coffee/late breakfast. With the cooler and darker evenings now with us over then next few months we'll be doing more indoors. This will include at home evenings such as our sharing suppers and take-away food nights.

While this year we did not do a trip to the coast an early autumn visit to Fensham Ponds near Farnham in Surrey made for a great day out. Located between Farnham and Hindhead there are two lakes both with sandy beaches and a landscape which more usually would be found in coastal areas. We visited the Little Pond and enjoyed a walk of just under 2 miles followed by well earned tea and cake back at the café.

Our members are now looking forward our Christmas events. Over the winter months we will still include day trips out, coffee mornings, walks, meals out, theatre and cinema events. One such theatre trip recently was to see the Hazlemere Players perform "The Murder Room". Our Lunch Club on the second Friday and Pub Night on the last Thursday of each month are run on a regular basis. We also have a monthly Zoom social evening for those who are unable or do not wish to go out.

If you are single, 40-60's, looking for a great social life and new friends then why not give Chameleon Singles Group a try? There are no strangers at Chameleon, just new friends to be made. The group has several local people from Totteridge, Terriers and the surrounding areas and you would be very welcome too. To find out more call Chameleon's membership secretaries Terrie on 01494 445816, Trevor on 01494 529067 or e-mail: info@chameleonsingles.org.uk. Visit the group on-line at www.chameleonsingles.org.uk for more information and the current programme or connect with us through Facebook.

Find us on 