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# T&T NEWS



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NHS Rainbow street art in Milton Place, Terriers. The rainbow along with the Clap for Carers, NHS and Key workers became a regular feature of Thursday evenings at 8pm between March and May.

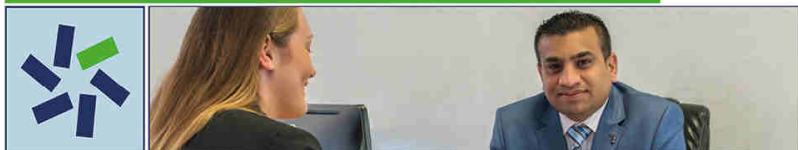
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## Events & Information Diary

At the time of publishing our summer 2020 edition of T & T News most groups, organisations and clubs are no longer running their regular and fundraising events. The latest news from the government is that of easing restrictions and hopefully soon things will start to return to the new normal.

Our web site at [www.tandtnews.org.uk](http://www.tandtnews.org.uk) will be regularly updated over the coming weeks and months with the latest news. If you have an event taking place then let us know even between our printed editions so we can include it and let everyone know what's on.

### Our regular contributors with events include:

Chameleon

St Francis Church, Terriers

Girlguiding

Inner Wheel Club

Rennie Grove Hospice Care

Terriers W.I.

Totteridge Football Club

Wycombe Wenches W.I.

Do make sure you keep in touch with our local groups who are keen to re-start events when they can and it is safe to do so.

Remember to let us know your events for the diary. Between printed editions we can include your events on our web site diary.

## Totteridge and Terriers News

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T & T News is published four times a year in March, June, September and December. We aim to get the magazine distributed by mid month of issue. In order that we can achieve this deadline we need your articles and advertising as early as possible. Our deadline for the autumn 2020 edition is 20th August.

We thank all our advertisers and contributors for their support. However T & T News cannot endorse any product or service contain within this magazine. You are advised to check details of all goods and services offered. All contributions are accepted in good faith and opinions expressed are not necessarily that of the editor or T & T News.

That's about it....Join us again in September 2020. In the meantime you can catch up with the latest news on the web at [www.tandtnews.org.uk](http://www.tandtnews.org.uk)

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## WELCOME TO T&T NEWS SUMMER 2020

### INSIDE THIS ISSUE:

*Higberest Academy* 5

*W.I. Reports - Wyc Wenches & Terriers Eve* 7 & 17

*South Bucks Hospice* 9

*Girlguiding* 13

*Chameleon* 15

*Church News* 18 & 19

*Inner Wheel Club* 21

*Rennie Grove Hospice Care* 23

*Totteridge FC* 28 & 29

*Events & Information Diary* 31

Hello,

Welcome to the summer 2020 edition of T & T News.

This edition will be first after some 13 years to be published initially only on-line at our publication date. The Coronavirus outbreak has meant changes to many things we have always done and notably for the community magazine distribution of the printed magazine is something we put on hold.

In this edition we have reports from our usual contributors but many of them are have not been able to operate as usual and have moved at least temporarily to on-line activities.

Our web site is now becoming much more popular with readers who traditionally would have relied on our printed copies. We are developing this further and keeping it regularly updated with the latest news, events, What's On and local information.

Summer looks like being very much a staycation but I do hope you can enjoy it just as well in these new normal times.

Happy Reading!  
David Winterburn, Editor

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**THE SUMMER AND NEXT SEASON**

The next bit of bad news the club received was that Hazlemere Fete had been cancelled. The club use this event to raise much needed funds every season to help grow the club with more age groups, it helps us get better equipment and goes towards keeping the clubs registration fees as low as possible.

But we look forward to starting up again as soon as possible, with the club turning 25 next summer. We are always on the look out for helpers, new team managers, and players! We currently cater for 9-16 year olds, and would love to start a younger team. The club train on the rye on Saturday mornings and games are played on Sundays.

If you are interested in joining please contact club secretary Simon Kearey by email [simonkearey@gmail.com](mailto:simonkearey@gmail.com) or call the appropriate team manager:

Under 11's – Jon Fairless	07723 314419
Under 12's – Khalid Machmoum	07834 586786
Under 14's – Frank Milligan	07506 564169
Under 15's – Tak Aziz	07838 579217
Under 16's – Nathan Jopp	07462 492429

**Index to Advertisers**

Absolute Cleaning	p.3	David Winterburn M&M	p.25
AIHL	p.2	DJ Coles Property Services	P.22
Alan Bell	p.10	French Tuition	p.10
Apache Plumbing	p.6	FMIFA Equity Release	p.20
Arrow Taxis	p.32	L K Dancing	p.20
Arnold Funeral Service	p.22	Markland Gardening	p.4
Atlas	p.6	Puppy & Dog Training	p.10
Aztec Chimney Sweep	p.4	RMG Plumbing	p.24
Bucks Relationship Counselling	p.10	Sharron Massage Therapist	p.22
Cedar Barn & Stables	p.16	Terriers Autos	p.16
Come Dance With Me	p.10	Vets 4 Pets	p.8
Construct & Maintain	p.4	Wye Residential	p.26
Crystal Property Maintenance	p.4	Yogi Julie	p.24



**TOTTERIDGE FC** has provided football to the local youth in the community since 1996. For more information and contact details please visit our web site – [tottfc.intheteam.com](http://tottfc.intheteam.com)

What a disappointing end to the season! Unfortunately, due to the COVID-19 pandemic the football season ended early this year. The league that decided the best course of action was to null and void all results. This was extremely disappointing to our teams and their players who have had worked extremely hard and were all having a very successful season.

The U11s were on their way to reaching the league finals with only a couple of games left. The U13s were top of their league with games in hand. The U14s had reached a cup final which was due to be played, cancelled only a week before. The U15s were 3<sup>rd</sup> in their league and were undefeated in their cup competition.

The issues surrounding the world also meant that we have been unable to have our awards ceremony this year, but we shall hopefully be rearranging this when we are able to.



We also are saying goodbye to one of the club co-founders Peter Jemmett. Peter will be stepping back from his day-to-day involvement with the club. He will remain as club honorary president and still be around from time to time. All of us at the club wish Peter a happy football club retirement and look forward to seeing him running around The Rye on Saturday mornings!

## Caring Highcrest students see messages of support to elderly shown on ITV news

Kind-hearted students at The Highcrest Academy sent poems, pictures and letters to elderly residents of a care home to support them during the Coronavirus crisis. The pupils were then stunned to see their messages featured on the ITV news as part of a report on the response to the home's appeal for people to get in touch.

The Swarthmore Care Home in Gerrards Cross was inundated with letters of support after asking the public on Facebook to send messages to residents who are no longer able to receive visitors due to social distancing measures. The ITV report, televised in March, told how the home had received letters and cards from around the world. Around a dozen of these came from The Highcrest Academy in High Wycombe where Sue Charlesworth, Special Educational Needs Co-ordinator, passed the appeal on to students in years 7 and 8.

“In total about 12 messages were sent from Highcrest students and amazingly many of these featured on the news segment with ITV. Students were thrilled to see the impact of their work and the joy on the faces of the residents.” During the ITV piece, residents – who are aged from 76 to 101 - told how pleased they were to receive the messages.

Mrs Charlesworth from Highcrest added: “Students at The Highcrest Academy are all naturally caring. They have a natural curiosity about the world around them and so this was a task they could easily relate to. They have grandparents etc who are also having to distance themselves. Their messages were mostly about keep smiling and remaining positive, an outlook that we all need to adopt and comes naturally to them. These students are a pleasure to teach.”

Claire Allsopp, Manager of the care home, said staff and residents were overwhelmed with joy and gratitude when the messages from Highcrest arrived.

The home was so touched by Highcrest's gesture that it says it will invite the children to visit the residents after the Coronavirus crisis is over.

The ITV report can be found at: <https://www.itv.com/news/2020-03-18/care-home-inundated-with-letters-of-support-after-social-media-call-out-following-coronavirus-visitor-ban/>

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### Steve Baker MP

Life for all of us has changed dramatically during the coronavirus crisis. Parliament has returned and MPs are ensuring the Government is scrutinised and your concerns represented. There is a limit on the number of MPs who can be in the Chamber at the moment, and I am only travelling occasionally into Westminster. We are currently using a hybrid model, and I am spending a great deal of time contributing to debates, asking questions and participating in the work of the Treasury Select Committee via a video link from my home office.

Over the past few weeks, I have been contacted by many constituents who have questions and concerns about the Government's plans for combatting Covid-19. My team and I have been in continuous contact with local individuals and businesses to solve problems, provide support and make suggestions to Ministers. Bucks Business First is coordinating local support for business; it has details of all the Government schemes to help companies, the self-employed and non-statutory organisations and I want to pay tribute to their work.

Throughout the coronavirus period, I and my fellow Bucks MPs have been in regular contact with the NHS, Buckinghamshire Council, and Thames Valley Police about our public services' response to the crisis. All local volunteers, our public servants, together with key workers in the private sector, deserve our thanks, praise and support for their outstanding work. So, whatever part you have played over the past few weeks to keep our community together, I sincerely thank you.

Thanks to the tremendous work of staff, the NHS has had sufficient capacity to meet the demands made of it. It is important people with concerns about other health issues should not be reluctant to ask for medical help at this time: staff are available to deal with all medical problems, not just those with symptoms of Covid-19.

All the machinery of Government has bent to the task of building a bridge for business through this crisis in the hope we will recover swiftly. Restrictions to be eased as it is safe to do so and we will all be able to resume more normal lives once again.

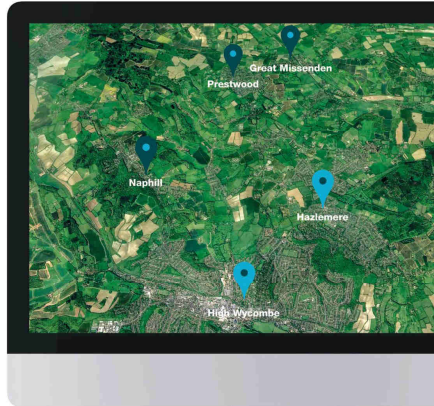


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**Wycombe Wench WI**



We opened our March meeting by welcoming our 50th member and celebrated this milestone with a glass of Prosecco! We are only 8 years old, which is very young for a Buckinghamshire WI. Our talk for the evening was 'A year on the Farm'. The farm was Wren Davis, a small family organic farm also known as Collings Hanger Farm in Prestwood. It was a fascinating talk by Virginia Deradour on what goes on behind the hedge. Then the world changed with the arrival of Covid 19 and we had to adapt to a very different style of living, staying at home for the majority of the week and learning to social distance when out for essentials.

All our usual events since March 23rd have been cancelled – Monthly meetings, supper club, a walking tour of Oxford, a day out at the Waddesdon National Trust in July, where we were due to have enjoyed a picnic, and a visit to the house and a scarecrow building competition, which we were taking part in. Hopefully we can look forward to this being rescheduled for 2021. Our brand-new WI Banner, which we have enjoyed designing and stitching, is now finished and it would have been paraded along with other Buckinghamshire WI banners through Aylesbury Town Centre on Thursday May 21st which is exactly 100 years to the day since the Buckinghamshire Federation of Women's Institute began. We may be biased, but our banner looks fabulous and is a very colourful representation of a High Wycombe Chair Arch. We look forward to unveiling it in the future.

So now to Lockdown 2020. Like other WI's in the UK, the Wycombe Wench has been busy sewing laundry bags for our NHS staff to put their scrubs in to take home and put directly into the washing machine, thus preventing cross contamination in their homes. Our Wycombe Wench Sewing Team were not made redundant after the bags were finished - they were then kept busy with another project, the making of fabric reusable face masks. Everyone was thrilled with these reusable masks and we were delighted that they were so well received.



We have been enjoying a weekly virtual coffee get together on Zoom, we have been shown how to cut our own hair, enjoyed a bake and show session and played a few games of bingo. Our monthly WI meeting for May was a Scavenger Hunt, held on our Institutes WhatsApp chat group. We had a very patriotic Zoom meeting to celebrate the 75th Anniversary of VE Day.

This is such a trying time for all, a situation the country has never experienced before and hopefully will never again. Thank goodness for technology for keeping in touch, with our WhatsApp group we can see who the early risers are and who are the night owls! When life returns to normal, I am sure we will have a different outlook.






You can still find us on Facebook at wycombewencheswi and our website, wycombewi.weebly.com.

We will update both regularly with news of when we can reopen our Monthly meetings, you would be most welcome to join us.

Warmest wishes,  
Susan Dawson and Helen Speakman  
wycombewenches@hotmail.co.uk

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[During the COVID-19 pandemic, over 1,800 people have signed up via Buckinghamshire Council's website to volunteer to help in our local communities. The Bucks Volunteer Matching Service was created to ensure these](#) volunteers are deployed where, when, and how they are needed throughout the crisis and to help our communities recover.

The service is provided by Community Impact Bucks, working together with Buckinghamshire Council and the Clare Foundation. There is now a pool of volunteers ready to support local charities, community groups and other volunteer-involving organisations like health services.

[If you are part of a charity or community group and would like to tap into this volunteer resource, fill in the volunteer request form.](#)

Community Impact Bucks is a local charity which supports people and groups to get involved and make a difference in Buckinghamshire communities. It does this by providing practical support and advice, helping people to find volunteering opportunities as well as helping charities and not for profit groups to get started and grow.

Whether you are an established charity or you have formed in response to the COVID-19 pandemic, we also can give you tips on how to secure funding, advice on how to run your organisation, ideas on how to recruit and manage volunteers – and much more.

If you are currently volunteering, you will find advice on how to get the most out of volunteering on our website including online training on safeguarding and telephone befriending, and guidelines around shopping for others.

To find out how you can support your community both now during the pandemic and after lockdown – whether as a volunteer or as part of a community group - visit [www.communityimpactbucks.org.uk](http://www.communityimpactbucks.org.uk) or email [info@communityimpactbucks.org.uk](mailto:info@communityimpactbucks.org.uk) for one-to-one advice.







## Cycling in South Buckinghamshire

Group cycling in our local groups has been “On Hold” over recent months due to the Coronavirus outbreak. At the start of the lockdown we were only allowed out for daily exercise but it was very noticeable that many choose to take this on two wheels as solo cyclists or family groups.

With fewer cars on the roads the cyclists seemed to come along wave after wave so lets hope that continues across the summer and beyond. Local Cycling UK group members are keeping in touch by Zoom, e-mail, text and social media while still riding and enjoying the great countryside of the Chilterns. The latest easing of the restrictions now mean we can start to ride together in groups of up to six keeping our social distancing which is not too difficult on a bike.

If you would like to find out more about your local Cycling UK groups then visit our web site at: [www.southbuckscycling.org.uk](http://www.southbuckscycling.org.uk)

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## South Bucks Hospice predicts flood of counselling requests after Coronavirus lockdown

A hospice that was forced to temporarily close its building during the Coronavirus crisis is expecting a deluge of requests for help from the public in the coming months. Juliette Coffey, Head of Individual and Family Support at South Bucks Hospice in High Wycombe, says there is likely to be huge demand on the charity’s counselling services after social isolation rules are relaxed.

The lockdown has meant funds for the day hospice have dried up because it has had to temporarily close its shops and several planned fundraising events have had to be cancelled. The charity’s headquarters, Butterfly House in Kingswood Park, High Wycombe, also closed during lockdown to protect vulnerable patients, and several staff had to be furloughed.



Juliette, who heads a ten-strong counselling team which includes many qualified volunteer counsellors, said: “It will take us a while to recover financially from having to temporarily close our shops and the cancellation of community fundraising events. The public getting behind us and remembering us at this difficult time and beyond the lockdown period is so much appreciated and vital to our ability to continue what we do.” She explained: “People’s emotions often become frozen in the midst of a traumatic situation and it’s only when you come out of the worst of the crisis that you process what you have gone through and want to talk.”

Juliette and her team have been working from their homes and giving free counselling to almost 40 people. Many of their clients are suffering anxiety and distress as a result of the Covid-19 outbreak, and some have lost loved ones. Others are cancer patients who are worried about going to hospital for treatment and then catching the potentially-fatal virus.

Meanwhile, South Bucks Hospice staff nurse Karen Turner has also been offering expert telephone support to around 40 patients.

- To find out more about the counselling service people can email Juliette at [counselling@sbhospice.org.uk](mailto:counselling@sbhospice.org.uk)
- To help South Bucks Hospice continue helping patients and their families, email [fundraising@sbhospice.org.uk](mailto:fundraising@sbhospice.org.uk)

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**Rennie Grove needs you now  
more than ever**



If you are working from home and usually travel into work, could you donate the weekly cost of your petrol, train or bus ticket so Rennie Grove nurses can travel to patients' homes in Bucks and west Herts?

This is one of the ways Rennie Grove Hospice Care is asking local people to support its urgent fundraising appeal which has been launched in response to coronavirus. The outbreak is having a serious impact on the charity's fundraising income with many events having to be cancelled and all 28 of its shops being closed.

The 'We Need You Now More Than Ever' fundraising campaign urges those who saving money due to government restrictions to donate that money to Rennie Grove.

Tracey Hancock, Director of Fundraising at Rennie Grove said: "We know that these are really worrying times for us all and that is especially true for our patients and their families who are already living with the challenges of life-limiting illness. That is why it is so important to ensure that our nurses can continue to give them the care and support they need at home, keeping them out of hospital and taking pressure off the NHS.

"We need you now more than ever, so whatever you can do to help really will make a difference. If you're working from home, and not buying that coffee on the way in to the office each morning, or if you're no longer driving or catching the train to work, or have had to cancel those planned nights out, would you consider donating some of these savings to Rennie Grove to help us keep our vital services running? You might even want to set yourself an exercise challenge and donate to Rennie Grove to celebrate meeting it. Every penny you donate will help us to reach our target of £100,000 and continue to be there for those who need us. Thank you and please do all keep safe and well."

Another valuable way of supporting Rennie Grove is to help spread the word about the new fundraising appeal by sharing the charity's posts with friends, family and colleagues on social media.

Support the Facebook fundraiser at [facebook.com/RennieGroveHospiceCare](https://facebook.com/RennieGroveHospiceCare) or donate via the Rennie Grove website at [renniegrove.org/donate](http://renniegrove.org/donate).

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**Celebrate your neighbours**  
#LetsStayConnected

Neighbourhood Watch Week, 7th-13th June 2020  
ourwatch.org.uk/letsstayconnected



We've seen a surge in neighbourliness as people look out for the vulnerable and talk to those next door more than ever before, a silver lining to the cloud COVID-19 has cast over our daily lives.

Since early March, Neighbourhood Watch has been encouraging people to 'Be Kind, Connect, Support and Share' during these challenging times as part of the Community Action Response led by Eden Project Communities in response to the pandemic. As part of the campaign, award-winning cartoonist, Tony Husband, has created bespoke cartoons for the four community actions to show just how important our communities are at this time.

Now, Neighbourhood Watch is calling on communities to stay connected and celebrate this neighbourly behaviour by having fun and using creativity and humour inspired, by Tony's cartoons, to engage neighbours during their awareness week from 7—13<sup>th</sup> June. Tony's cartoons can be downloaded as posters for your window or postcards to pop through a neighbour's door, and if you feel creative you can draw your very own version and enter it in a competition to be judged by Tony himself.

**Tony Husband said** *'It's fantastic that so many neighbours are looking out for each other. It's important after taking initial steps to reach out to each other, we find ways to stay connected. The events in Neighbourhood Watch Week provide an opportunity for us to express ourselves and say thank you to those who live closest to us.'*

There are lots of ways to get involved during Neighbourhood Watch Week, from sharing neighbourly messages to having an online party with your neighbours. The week starts with The Big Lunch on Saturday 6<sup>th</sup> and Sunday 7<sup>th</sup> of June, where neighbours and communities are encouraged to connect online, on the phone or safely on the doorstep to share friendship, food and fun.

**John Hayward-Cripps said** *'As we ease out of lockdown, we think the time is right to say thank you to our neighbours and celebrate the new connections made by using creativity to depict life in lockdown. We encourage you to continue to put safety first and join in with these activities from the comfort of your own home.'*

Resources including postcards, posters, competition details and bunting-making can be found at [www.ourwatch.org.uk/letsstayconnected](http://www.ourwatch.org.uk/letsstayconnected).

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<p style="text-align: center;"><b>Computer Lessons</b></p> <p>Not confident with computers? Book a free one-to-one session for help getting online or using a new gadget.</p>  <p style="text-align: center;">Every second Monday 10-12 Thursday 10-12 Friday 10-12</p> <p style="text-align: center;"><b>Various times available to book</b></p>	<p style="text-align: center;"><b>Bounce &amp; Rhyme</b></p> <p style="text-align: center;"><b>Every Monday</b> 10.00am-10.30am</p>  <p style="text-align: center;">Free music session for pre-schoolers <b>Booking required</b></p>

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## Inner Wheel Club of High Wycombe

Like all other clubs it has been a very challenging and difficult few months. We had lots of activities and fund-raising events planned but they are now on hold indefinitely.

We did manage to hold our charity lunch and auction in February which was a tremendous success. A satisfyingly large number of Inner Wheel members, Rotarians and many guests enjoyed a delicious lunch, followed by a talk from Tom Way. Tom described so eloquently how he became a wildlife photographer, using some beautiful and stunning photographs of lions, tigers, elephants and others to illustrate his many unforgettable experiences. This was followed by our charity auction and raffle which was efficiently and humorously run by David Sumpter. We were delighted to have been supported by several local businesses/supermarkets who generously donated auction and raffle prizes. The event raised just over £2,000 which will go towards our chosen charities for this year.

As we are unable to meet up for our monthly lunch meetings, our members have generously donated their lunch fees in order to continue to raise funds for our charities. Our committee have been holding virtual meetings using Zoom and have each been responsible for a group of our members to phone and check on their welfare and offer support as required.



Kate Williamson president  
with Tom Way wildlife photographer

The Inner wheel welcomes new members. We meet the 1<sup>st</sup> Thursday of the month. If you are interested in joining the Inner Wheel (when things return to normal) please contact our membership secretary Linda Godbolt on 01442 866651



.....From Wycombe District Neighbourhood Watch Association

## Suspicious E-mails

On 7th May we advised of the new body Suspicious Email Reporting Service (SERS) and we recommended that you forward any suspicious emails to them at: [report@phishing.gov.uk](mailto:report@phishing.gov.uk)

We now understand that, in the first two weeks of their existence, they have received a total of 160,00 emails forwarded to them as being suspicious. This has resulted in 1,600 email addresses being closed down. We are sure more will follow!

So do feel encouraged to any problematic emails to them for attention.

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25 YEARS



## What's Going on in Girlguiding?

As you would all imagine, normally at this time of year, Rainbows, Brownies and Guides in this area are normally having lots of fun with outside meetings and starting to think about camps and pack holidays in the warm weather. However, since March, there have been no normal meetings and all camps and pack holidays have been cancelled. Despite this, Girlguiding has been continuing, but with quite a few changes.

As we cannot meet in person, leaders have been coming up with different ways to help girls carry on guiding. Many leaders have been sending out activities electronically, with girls and parents sending photos back of what the girls have done. Some units have been undertaking different challenges each week to go towards badges and other girls have been working towards interest badges such as 'Helper', 'grow your own' and 'mindfulness', all of which are particularly appropriate at the moment.

Other units have been meeting 'virtually' via Zoom. This gives girls and leaders a chance to talk to each other, play games and be creative. There has been a lot of very positive feedback about these meetings as it gives a bit of normality and structure back to the girls. It has been a steep learning curve for the leaders however, but we do embrace a challenge! One guide unit has even had a virtual sleepover with girls having different challenges to complete including making an inside den to sleep in overnight.

Hopefully, we will be back to meeting again in person soon, even if it will not be quite the same as we did before.

We have vacancies for girls in all age groups - visit the National Web site [www.Girlguiding.org.uk/interested](http://www.Girlguiding.org.uk/interested) to put your daughter's name down. Guiding is fun and if you would like to come and join us as a Leader or Supporter please get in touch with Terrie Smith [terrie103@btinternet.com](mailto:terrie103@btinternet.com)



Scannappeal is a local charity that raises funds to purchase life saving revolutionary medical equipment for Amersham, Stoke Mandeville, Wycombe & Community hospitals, serving people living in Bucks and the surrounding areas.

### Breast Biopsy Appeal

### APPEAL UPDATE FOR 2020

This appeal was launched in October 2018 to raise £350,000 to fully equip a dedicated biopsy suite with 3D mammography technology. The suite will improve the patient experience and reduce waiting times. Targeted biopsies will be carried out quicker with pinpoint accuracy, significantly reducing the time patients need to wait from diagnosis to treatment. In addition, this cutting edge equipment will help in diagnosing very small cancers at an early stage. We currently have raised over £250,000 and hope that the equipment will be in place by late summer.



### Bucks MRI Appeal

The largest appeal that Scannappeal has been involved in its 32 year history is for £1.5 million. The appeal is raising money for two world class Magnetic Resonance Imaging (MRI) scanners with state of the art techniques for enhanced image quality. The scanners have a much wider opening and are a lot quieter which greatly improves the patient experience. Over 22,000 people have an MRI scan in Bucks every year. Over £1 million has already been raised and the first scanner has been delivered to Wycombe hospital. We are now continuing to fundraise for the second scanner at Stoke Mandeville hospital.



### Easter Egg Appeal & Tombola

Hop along to the Eden Shopping Centre on Saturday 28 March and take part in our first ever Easter Egg Tombola. There will be hundreds of Easter eggs up for grabs including some giant chocolate eggs. To help make the event a success we are asking the public to kindly donate a chocolate egg or two towards the tombola. Eggs can be dropped off to our office at Amersham hospital. But visit our website for a full list of drop off points. Final day for egg donations will be Friday 20 March.



### Connect With Us



[www.scannappeal.org.uk](http://www.scannappeal.org.uk)



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## HELLO FROM JO

This Spring has been one many of us will remember for the rest of our lives, as we have been thrust into a complex storm of sickness, grief, anxiety, and isolation. However, as one Facebook post put it, 'we are all in the same storm, but not all in the same boat', because every one of us has, and will continue to, experience this time differently; since we all have our unique set of circumstances. Yet, even though essential services have been stretched to their limit, as a community we have worked together across cultural, religious, and economic divides, to support one another in so many ways; and as I have taken time to listen to various people during this crisis, I have heard not only stories of the overwhelming and varying needs, but also the heart-warming compassion of so many people in response. Therefore, it is my hope and prayer that once this time of crisis is passed, our 'new normal' will be undergirded by this deeper care and kindness for one another.

Alongside the difficulties and the compassion, it has also been a time of increased gratitude for all those key workers who continue to put themselves at risk by providing medical care, teaching, refuse collection, food and postal deliveries for our benefit; and in addition to this, it has for some of us been a time to reflect upon and re-evaluate what, and particularly who, is really important in our lives, and decide that our 'new normal' will be a time of choosing more of who and what really brings us alive.

As a church, St Francis of Assisi, Terriers, has also faced our own challenges, as the church building and hall, both of which host so many community services, groups and events, had to be closed. However, we have continued to be a 'hub of hope' by serving the local community practically and pastorally, and through live streaming worship every Sunday morning at 10am on Friends of St Francis Terriers Facebook Group, where we have been delighted to welcome old friends and many new ones. As we adjust to our 'new normal' this summer, I pray that we will all continue to intentionally nurture those seeds of compassion, gratitude and hope, which though sown in a springtime of crisis, carry the fruitful promise of a better tomorrow.

*Blessings,  
Jo*

Revd Joanna Gallant: [teamvicar@terrierschurch.org.uk](mailto:teamvicar@terrierschurch.org.uk)  
Tel: 01494 297933 [www.terrierschurch.org.uk](http://www.terrierschurch.org.uk)

## Local Church information for Totteridge & Terriers



### St Francis Church

Located on Amersham Road in Terriers. Regular Sunday services at 10am (Parish Communion). For information on other Services please look on our notice board or on our website [www.terrierschurch.org.uk](http://www.terrierschurch.org.uk). Should you wish to contact us please email [wardens@terrierschurch.org.uk](mailto:wardens@terrierschurch.org.uk)

### Totteridge Baptist Church

Located on Hillary Road, High Wycombe, HP13 7RA

Sunday service at 10:30am. **See our Facebook pages for the latest events.**

Pastor: Peter Montague E-mail: [totteridgebc.pastor@gmail.com](mailto:totteridgebc.pastor@gmail.com) Tel: 01494 259494

Facebook: <https://www.facebook.com/totteridgebaptist.church>

### St Andrews Church (C of E)

Located on Hatters Lane, High Wycombe HP13 7NJ.

Services are every Sunday at 10:15am.

Tel: 01494 - 529668

### St Wulstans Catholic Church

Located on Hollis Road, Totteridge, HP13 7UN

Regular Masses both on Sunday's and at other times during the week.

Tel: 01494 - 438300

### St Augustines Church (Catholic)

Located on Amersham Hill, High Wycombe

There are regular Masses on Saturday's, Sunday's and during the week.

Tel: 01494 - 523969

### Totteridge Mosque

(Wycombe Islamic & Mosque Trust Limited)

24 Totteridge Road, High Wycombe, HP13 6EB Tel: 01494 - 513440

Also Muslim Education Centre at 4 The Parade, Totteridge Drive

Tel: 01494 - 522786

### Wise (Wycombe Islamic Society)

St Marks Close, High Wycombe, HP13 6GN

Tel: 01494 - 259194

Web: [www.wise-web.org](http://www.wise-web.org)

## CHAMELEON SINGLES GROUP



We started the year with some good events getting off to a healthy start with a walk from West Wycombe at the start of January. Our Lunch Club and Coffee Morning followed offering members a good chance to meet up and enjoy some time together. Into February we had our now annual Pancake Evening which is always a popular at home event along with our take-away evenings that we run several times a year.

Having made some good plans at our AGM and the Pub Night in February little did we know how things were going to change come March and how quickly they did. Our Fish and Chip Supper was the first event to be cancelled on 20<sup>th</sup> March due to COVID-19. Since then we have held our events virtually using the internet platform "Zoom" and conference calls. The latter being so we could include everyone even without the internet. Several of us joined in a virtual supper from home, Pub Night, Coffee Morning and even a night at the Rebellion Brewery!

Unfortunately, through the wonders of the internet it has not been possible to replicate events such as going to the theatre, comedy evenings or any live functions. However, using Zoom and conference calling, which has been new to most members, we are still keeping in touch. Hopefully it will not be too long in the future when we can safely meet up for events again but in the meantime keeping our members safe and in touch is our priority. When we are able to return to the "new normal" it is hoped most of our regular events can resume. These include Lunch Club, Pub Night and Coffee Mornings. We will of course innovate these in order to stay within the guidelines issued by the government.

If you are single, 40-60's, looking for a great social life and new friends then why not give us a try? There are no strangers at Chameleon, just new friends to be made. We have several local people from Totteridge, Terriers and surrounding areas and you would be very welcome too. To find out more call our membership secretaries Terrie on 01494 445816, Trevor on 01494 529067 or e-mail: [info@chameleonsingles.org.uk](mailto:info@chameleonsingles.org.uk). Visit us on-line at [www.chameleonsingles.org.uk](http://www.chameleonsingles.org.uk) for more information and our current programme or connect with us through Facebook.

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or visit [www.hazlemereparishcouncil.org.uk](http://www.hazlemereparishcouncil.org.uk)

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INSPIRING WOMEN

## Terriers Evening W.I.

During this period of lock down Terriers WI's meetings have, along with all other social gatherings been suspended for an indefinite period so some of us have been recording our thoughts and experiences of this very strange time.

Many of us are able to remember the days when the arrival of the Corona man was something to be greeted with delight when he arrived outside the house on a hot summer day with his lorry full of fizzy pop. Back in the 1950s no-one worried too much about the consumption of tooth-rotting, obesity-promoting sugary drinks so Corona was something to be welcomed. How times have changed!

Now, as stalwart members of the Women's Institute we tackle, with fortitude and humour, the worries and privations that confront us at this strange and difficult time. We would like to share a few of those experiences below

"In particular one of the most common experiences has been that of the kindness of others. In my own road the neighbours have been wonderful, checking on those we know to be frail or alone, collecting shopping and chatting on the doorsteps, at the appropriate social distance, of course. One neighbour shared a bag of flour with us so we were able to make hot cross buns for many folk. We share vegetable plants and, somehow inadvertently, a paper-back book exchange seems to have started up on my drive after I tried to clear out my unwanted novels. The lovely sunshine has helped, of course to make lock down more bearable and our proximity to both park and common makes for easily accessible daily walks."

"The good weather has prompted all the gardening that never seems to get done under normal circumstances. A daily walk and the beautiful countryside. The 100 miles target set for the centenary of the WI will be easily achievable. A What's App group set up for our residents association has much interaction with previously unknown neighbours and countless offers of help from people still going to the shops. When the weather is not as good as it has been lately the recycling project of greetings cards will continue. Carol and I have kept in touch with our members to chat and see how they are and to ascertain that they are coping, and to pass on news of other members."

"What I would like to do is say how much I appreciate the acts of kindness shown to me by friends and strangers alike. For instance one friend adds my shopping list to her online order and then one of her adult children leaves my groceries at my door; this involves a car journey. As to how I spend my time, well much of it is thinking about jobs I could undertake but reading, crosswords, jigsaw puzzles and various handicrafts take precedence and the jobs can wait."

"There is, they say, a first time for everything and it came upon us one day in March. From a country thousands of miles away a highly infectious virus that did not like being shut indoors set upon a world-wide tour. Time and routine are no more. By staying in we will win. It's a struggle and a muddle but don't despair we have the caring NHS and nature will repair."