

Totteridge and Terriers News

# T&T NEWS

Issue 46

Winter 2018



Picture © DW 2018

The Bowerdean "Big Clean Up" volunteers at work on the triangle between Arinson Avenue and Hillview Road. As well as path cleaning, cutting back foliage they also planted bulbs for spring flowering.

See inside for all your community news from Totteridge & Terriers....

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T&T News

### **Events & Information Diary**

#### Every 1st Thursday of the month

Take at trip down memory lane at Hazlemere Library. Reminiscence Coffee Morning 10:30-11:30am. Free Dementia Friendly event.

#### **Thursday 6th December**

Terriers Evening W.I. Meeting 7:45pm Cedar Park School, Hazlemere Christmas Party evening for members.

#### Friday 7th December

South Bucks Hospice Ceremony to remember and celebrate lost loved ones. Everyone is invited to the "Light up a Life" event from 4:30 - 6pm.

#### **Tuesday 11th December**

Christmas Coffee Morning with Christmas bargains for sale Women's Institute, Stuart Road, High Wycombe, HP13 6AG at 10:30am

#### Wednesday 12th December

Wycombe Wenches W.I. Meeting 7:45pm Totteridge Community Centre Making a Christmas table decoration, led by our very own Dawn Jafari

#### Wednesday 9th January

Wycombe Wenches W.I. Meeting 7:45pm Totteridge Community Centre Walking forward, looking back by Dinah Latham

#### Wednesday 13th February

Wycombe Wenches W.I. Meeting 7:45pm Totteridge Community Centre Rock and Roll Dancing with Tim Mullett

#### Wednesday 20th February

T& T News Spring 2019 Deadline Today is the deadline for the next edition of the community magazine.

Remember to let us know your events for the diary. Between printed editions we can include your events on our web site diary.

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68 Windsor Drive High Wycombe HP13 6BL	we need your articles and advertising as early as possible. Our deadline for the spring 2019 edition is 20th February.	Highcrest Academy	5	1
Telephone: 01494–463107 Text / Mobile:	We thank all our advertisers and contributors for their support. However T & T News cannot endorse any product or service contain within this magazine. You are advised to check details of	W.I. Reports - Wyc Wenches & Terriers Eve	7 & 17	
07905–888098 E-mail: editor@tandtnews.org.uk	all goods and services offered. All contributions are accepted in good faith and opinions expressed are not necessarily that of the editor or T & T News.	Girlguiding	13 15	N h
Printed by: Expert Print Doncaster DN1 2TF Tel: 01302 - 719137	That's about itJoin us again in March 2019. In the meantime you can catch up with the latest news on the web at:	Chameleon Church News	13 18 & 19	y l i
Print Run: 3,750 copies	www.tandtnews.org.uk	South Bucks Hospice	21	1
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#### 2019 Advertising Rates:

B & W - Mini Ad £13 / £22 Quarter Page / £44 Half Page Colour - Mini Ad £16 / £30 Quarter Page / £55 Half Page / £110 Full Page

INSIDE THIS ISSUE:	WELCOME TO T&T NEWS	
Highcrest <b>5</b>	Hello,	
AcademyW.I. Reports - Wyc Wenches & 177 & 	Welcome to the winter 2018 edition of T & T News. Another year nearly gone and as each one goes by it seems to get busier! It certainly was busy for the team of volunteers who regularly clean-up around Bowerdean as can be seen in our cover picture. If you have been to the local shops in the last few days or up the footpath to South Drive you will notice what an improvement they have made to the local area. If you would like to help look out for more information through the Bowerdean NAG.	
19South Bucks21Hospice25	Inside this edition we have contributions from many of our regular groups and organisations. If yours is not included then let us know so we can put something in future editions of the community magazine.	
Health Care <b>27</b> Awards	Like many organisations here at T & T News we are looking for your help too. Mainly we need more distributors to cover both the existing and new housing in the area but any contribution will be greatly received.	
Tribute to Chaudhary <b>28</b> Ditta		
Events & <b>31</b> Information Diary	Have a happy festive season, Here's to 2019! David Winterburn, Editor	
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T&T News

# Can you help more families spend Rennie Grove this Christmas at home together? **Hospice** Care Care based around you

We're launching an appeal this Christmas to keep more families together, in their own homes, surrounded by the people and things they love.

Access to so many services is restricted during the festive season. And yet patients and their families can feel more alone, anxious and vulnerable than ever at this time of year.

Being able to call for help at any time of the day or night is the best Christmas gift of all. The peace of mind it brings can help patients and family members to relax and enjoy what could be their last Christmas together.

To make a donation on-line visit https://www.renniegrove.org.uk/donate and enter "Christmas Appeal 2018" in the "Reason for Donation" box.

Visit our Christmas appeal on the website to read Beverley's story. Her husband Paul was able to spend one last Christmas at home with his family because our nurses were on hand 24/7 to provide emotional support and specialist care.

Thank you so much – we couldn't keep caring without you.



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# **Tribute to County Councillor Chaudhary Ditta**

Tributes were paid recently following the death of Buckinghamshire County Councillor Chaudhary Ditta, who represented the Totteridge and Bowerdean ward. Chaudhary died at Stoke Mandeville Hospital on Wednesday 21st November and his funeral was held the following day.

County Council Leader Martin Tett said "Chaudhary Ditta was a highly respected and active member of the Wycombe community



and he always showed great dedication to the residents he represented. He was a valued and conscientious member of the County Council. He held a number of posts during his 13 years of service fulfilling them dignity and humour. He will be greatly missed by his colleagues, across all parties, and our thoughts and condolences go out to his friends and family at this very sad time".

Chaudhary Ditta was first elected to represent Bowerdean, Micklefield and Totteridge on the County Council in May 2005 as a Labour member, and was re-elected a further three times. He went on to serve as a Liberal Democrat candidate and then most recently as a member of the East Wycombe Independent Party.

Originally from Kashmir Chaudhary moved to the High Wycombe area in 1973. He has also been a member of Wycombe District Council and served as Mayor of High Wycombe from 2011-2012, taking great pride in representing the town.

A minutes silence was held in his memory at the council's meeting on 22nd November.



# Christians Against Poverty -Free debt counselling

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# T&T News

# **Highcrest students thanked** after raising thousands for **good causes**

Students and staff at The Highcrest Academy have been praised after raising thousands of pounds for charities over the last five years. Each academic year since 2013, Highcrest in High Wycombe has chosen a different charity partner to raise



funds for. The scheme has been hailed a huge success by the school, with more than £6.000 handed out to good causes as a result.

The latest charity to benefit was South Bucks Hospice in High Wycombe, which provides services for people with life-limiting conditions. Students from all year groups took part in a series of fun activities to raise a total of £1.373.60. The cash was handed over in customary giant cheque format in November, at an assembly, to the Hospice's Community Fundraiser Ben O'Keefe.

The money was raised through events such as: a bag pack at Morrisons supermarket, a Year 7 disco, two general non-uniform days, muffin sale, Easter egg raffle, two Sixth Form non-uniform days, a talent show, and Carnival Week.

Partner charities are chosen at the start of each autumn term. The school normally invites in three nominated organisations to present a short pitch from which a panel of students selects the most appropriate for the year. For 2018/19, the pupils have chosen The Horse Trust based in Speen. Alice Morgan, from the charity which runs the Home of Rest for Horses, said: "The Horse Trust are thrilled that The Highcrest Academy have chosen us as their charity of the year. We are very grateful to all of the students and look forward to making this into a fruitful partnership which will benefit all of our over 140 horses, ponies and donkeys at our sanctuary." Previously, the school has partnered with: One Can Trust, Hearing Dogs for Deaf People, Thames Valley Air Ambulance; and the MPS Society.

Joe Clarke, Assistant Headteacher, said: "We are extremely proud of the work that has been completed by our students and school staff to raise funds for a number of local charities over the last few years.

To find out more about Highcrest, go to www.highcrestacademy.org.uk





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# Annual awards celebrate healthcare heroes

Buckinghamshire Healthcare NHS Trust staff celebrated local healthcare heroes at the annual staff awards on Friday 16 November. The ceremony was held at the Gateway in Aylesbury, with live music and a catwalk for the winners to strut their stuff down. Individuals and teams were recognised for going the extra mile in delivering safe and compassionate care for patients both in hospitals and across local communities.

Winners on the night were:

T&T News

- Children's Community Team who received our CARE Award for Collaboration
- Nutrition and Dietetic Team won the CARE Award for Aspire.
- Deputy Nurse Ward Manager Emil Moga who won the CARE Award for Respect
- Katy Cotton and Claire Stinchcombe in Pathology CARE Award for Enable.
- Katie Richardson, Social Work Assistant at BCC Adult Health & Social Care, won the Partnership Working Award
- Dr Norman Qureshi, Consultant, Cardiology—Outstanding Contribution Award.
- Wycombe Hospital Day Nursery won the Support Services Ambassador Award.
- Early Pregnancy Loss Support Group and maternity volunteer Holly Byrne were joint winners of our Volunteer of the Year Award.
- Florence Nightingale Hospice and Dr Jane Brundish, Specialty Doctor in Palliative Care were joint winners of the Patient Choice Award.
- The Acute Medical Unit team won Healthcare Team of the Year.
- Denise Watson, Manager for Research and Innovation won the CEO Award for Leadership.
- Lifetime Achievement Award went to Mr Larry Benjamin, Consultant in Ophthalmology.
- Special Award was given to Stoke Mandeville Hospital Radio who are this year celebrating 40 years of service to the hospital, its staff and patients.







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# Wycombe Wenches WI

**INSPIRING WOMEN** striving forward to enjoy life to the full, continue our learning and development whilst at the same time making an impact on our community. I truly feel we covered all bases this quarter.

We had our regular monthly meetings, including our Annual Meeting in October where all the Committee were re-elected, for another year, hurrah! and our sub groups all met up too. The Book Group enjoyed a lively discussion of "I let you go" by Clare Mackintosh and have "The Choice" by Edith Eger to read over Christmas. The Supper Club enjoyed an evening dining in on "The Best of British" dishes, made by members and look forward to our Christmas meal out at the Red Lion, Great Kingshill in December. We held a Cake, Bake and Share afternoon, offering the chance to bring and taste homemade cakes and swap favourite recipes. The theme this time round was "Spice up your Cake". Our craft group were busy creating Suffragette doll tree decorations in preparation for dressing our Christmas tree at the Festival of Christmas Trees at All Saints Church.

Our outings this quarter have been varied, eleven Wenches travelled by luxury minibus into London to visit the Knitting and Stitching show at Ally Pally. We then returned to London later that month to view the Suffragette Exhibition at the Museum of London and the new statue of Millicent Fawcett in Parliament Square. Our next adventure was much closer to home, A cocktail making evening at The Snug, High Wycombe where a brave barman by the



name of James put us through our paces as we learned how to measure, muddle, and shake. One of our best evenings out by far this year! We will

say no more.



On the 3<sup>rd</sup> of November it was World Kindness Day and as part of the National WI Campaign called Link Together aimed at combating loneliness, Wycombe Wenches got together and made around 25 simply hand

#### tied bouquets of fresh flowers with a label explaining the event. We then set about distributing them to people in Wycombe who were in need of a little lift and a touch of kindness. Bouquets were given out at the Central Library, Hill's Café in Micklefield, Lunch Club at All Saints Church and at The One Can drop-in Session. All were enthusiastically received, and we feel we accomplished our aim of spreading a little kindness through the town.

Looking forwards we have our regular monthly meetings coming up: 12<sup>th</sup> December - Making a Christmas table decoration, led by Dawn Jafari. 9<sup>th</sup> January - Walking forward, looking back by Dinah Latham 13<sup>th</sup> February - Rock and Roll Dancing with Tim Mullett

If you would like to come along and join us, please do come to our next meeting or give me a ring for more details. We have had a couple of ladies join us from reading our report in this magazine. Try looking us up on facebook at wycombewencheswi , Instagram as wycombewenches or our website wycombewi.weebly.com

We meet on the 2<sup>nd</sup> Wednesday of the month at 7.45pm in Totteridge Community Centre.

Warm wishes, Helen Speakman, President 01494 473190

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### T&T News



#### From Westminster to Wycombe - Steve Baker MP

The Secretary of State for Housing, Communities and Local Government has now given his decision on local government reorganisation: Buckinghamshire will have one single unitary authority. All the Councils in Buckinghamshire agreed the current system of county and district councils could not go on. Following the announcement, my first concern is to ensure the people of Wycombe receive the best quality service from local government, responding to local concerns and with local accountability whilst keeping taxes low.

Our public services must be rooted within our communities. It will be important for the new council to have a physical presence in our town with hubs to access services and a strengthened Local Area Forum making decisions. Given most people in Bucks live in the south of the county, most councillors serving in the new council will be drawn from the southern towns and villages.

One of the first challenges which the Leader and Chief Executive of the new Buckinghamshire Unitary Council must face is how to ensure Wycombe's assets are used first and foremost to serve Wycombe residents. These assets have been built-up and safeguarded over many years and I know my constituents, quite rightly, want reassurance they will be used to enhance services in our area. As we move forward, I hope local people will unite around proposals which will safeguard and improve the local services on which so many depend. In early November I had one of my regular meetings with local NHS leaders. We talked about Winter Planning, and I was told schemes were in place to increase staffing, especially nurses, and that the whole NHS and social care system will be working together to make sure patients receive the most effective treatment during the next few months. This year the Health Trust is recruiting volunteers with a 4x4 vehicle which can be used in heavy snow to transport healthcare to patients. If you would like to offer your services please call 01494 426553, and I know the Trust will be delighted to hear from you. The NHS has also launched its Flu Jab campaign, so if you haven't done so already, please think about protecting yourself from flu this year.

As I write this, the debate in Parliament continues over the draft EU Withdrawal Agreement which sets out the terms for the UK's departure from the European Union. I have made by views clear and believe the current proposal is unacceptable and we need to renegotiate. I know this is something which electors have strong views on and not everyone agrees with me, but one of the reasons I came into politics was to change this country's relationship with Europe and I remain determined to get the best Brexit deal for the UK. If you would like to get in touch with me, please email: <u>steve.baker.mp@parliament.uk</u>. If you despair of bureaucracy and would like my help with a particular issue, please phone my constituency office on 01494 448408.

It only remains for me to send season's greetings and to wish everyone a very happy and prosperous New Year.

# Local Defibrillator Project

A new defibrillator was recently opened on Park Parade, Hazlemere outside the Mid-Counties Co-Op. The new defibrillator will be available for use 24 hours a day, seven days a week.

To use the unit as with any firstly you call the ambulance service on 999 and if possible get local help. While they are on their way you can then carry out potentially life saving treatment using the unit. It is voice led and gives you full instructions on use and will not shock the patient unless it needs to. The unit is very much in charge so it is not possible to make a mistake in attempting to save a life.



Locally there are also Defibrillators at Esso, Hazlemere Crossroads, Hazlemere C of E School on Amersham Road and at Hazlemere Memorial Hall. Several local doctors surgeries and schools have them too. There is a "Save-A-Life" app you can download to your mobile phone or tablet to show the locations of units across the country.

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# Inner Wheel Club of High Wycombe

The Inner Wheel Club is one of the largest women's organisations in the world.

Are you interested in becoming a member of our Club in order to put something back into the community whilst enjoying friendship

and fun along the way? We are a friendly group of ladies that meet for lunch on the first Thursday of each month at Wycombe Wanderers Football Club, Hillbottom Lane, High Wycombe HP12 4HJ. Lunch is followed by a guest speaker, recent and forthcoming topics include; the National Garden Scheme, Bekonscot Model Village, Man on the Spot with Bill Hamilton and local charities. During the year we also hold various events to raise funds for local and overseas charities.

We work closely with the Rotary Club of High Wycombe, supporting their events but are independent of the Rotary Club and we are looking to grow our Club from all parts of the community.

More details about Inner Wheel can be found on

• www.innerwheel.co.uk or

T&T News

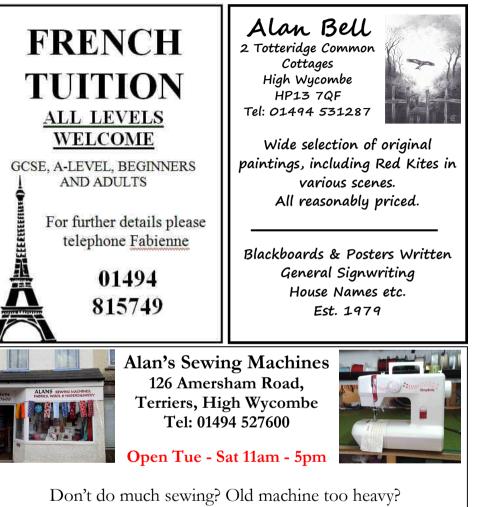
- District www.innerwheeldistrict9.org.uk
- International www.internationalinnerwheel.org

More news of our activities will be published in forthcoming issues of T & T News. If you are interested in finding out more about joining our Club please contact our Membership Officer on 01442 866651. We look forward to hearing from you.

# Volunteers Wanted

Little Oaks Care Home is looking for volunteers with a talent for entertaining. Maybe you play an instrument or do some magic tricks, are good at crafts and could demonstrate making something. Would you be interested in popping in as a one off or on a regular basis?

If you can help please call/text Danni on 07956 483324 or E-mail: dannip884@gmail.com Page 10



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# Pann Mill Restoration, a chance for you to help Wycombe's last watermill keep turning!

The High Wycombe Society's team of volunteer millers at Pann Mill, the little watermill on the Rye, are constantly doing minor repairs on the building and machinery in order to keep it in working condition.



The latest project is a major refurbishment of the waterwheel which is the powerhouse of the mill. The blades which catch the water, and turn the wheel, called buckets, are now old and worn so don't work as efficiently as they could. Over the winter the team are hoping to renew all 48 buckets. This is an expensive undertaking, even with voluntary labour. Strips of steel have been bought and were sent away to be bent to the correct shape. The millers are now cutting the slots and holes in preparation for fixing. The buckets will have to be galvanised, a specialist job, and painted to ensure they are rustproof. They will then have to be fitted to the wheel frame one by one. The old buckets will no doubt be difficult to remove as they have been in place for 50 years or so. It is hoped that the work will be completed by the next open day in May 2019.

There has been a mill on the site since before the time of the Domesday Book, one of many on the river Wye, but it is now the only working corn mill remaining on the river and the High Wycombe Society, who lease the property feel it is important to maintain the mill as a part of our town's heritage and as an educational experience for our children, many of whom visit as part of a pre arranged school party or on the open days.

If you would like to help financially, any contribution would be welcome. A plaque will be installed in the mill with the names of individuals or teams who give a donation of COL or more driving CLOL or more driving CLO

£25 or more. Anyone giving £125 may specify a name on an actual bucket. Cheques made payable to "Pann Mill" should be sent to:- "The Treasurer -High Wycombe Society", 65, Deangarden Rise, High Wycombe, HP11 1RF. If you would like to help with labour, or do a little gardening, the millers are usually at the mill on the first and third Sunday mornings of each month and would welcome offers of help.



www.pannmill.org.uk

# **YOGA CLASS** £10 per class or £55 for 6 classes



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### **Christmas Coffee Morning with** Christmas bargains for sale

#### Tuesday 11<sup>th</sup> December 2018 at 10:30am

Come and have a coffee and mince pie and browse our Christmas display of goods to purchase on Tuesday 11th December at 10.30 a.m. at Women's Institute Stuart Road High Wycombe HP13 6AG bring a friend and if you are interested in joining or knowing about the Women's Institute we would be able to help and advise you





other items.

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### WADSAD

# Wycombe and District Sports Association for the Disabled

Wadsad has been going for over 40 years and now based at the Wycombe Leisure Centre we offer people of all types of disability a chance to take part in sport and to meet socially in a secure environment.

On offer at the moment are swimming, badminton, new age curling, basketball and football. After the sport we have a social session where members can get something to eat and drink at our own tea bar and get to know one another.

We need new helpers to keep the club running we meet every two weeks at the Wycombe Leisure Centre on Sunday 7pm. to 9pm. If interested in helping please contact me on 01494 438007 or email via the web site www.wadsad.com

Jess Wingrove, Wadsad committee.

#### Contact us

If you would like further information on becoming a member at WADSAD or Helping out then please feel free to contact us! Sarah Wiltshire 01494 450169 Jess Wingrove 01494 438007 E-mail: jessrpaula@tiscali.co.uk

# Volunteering with the Campaign to Protect Rural England

The Campaign to Protect Rural England (CPRE) is a national campaigning charity which works to protect and promote the countryside. If you love the rolling hills here in Buckinghamshire, and think they are worth protecting from unbridled development. please consider supporting us with a few hours every week. We need people who :

-are good at social media: figuring out how to reach supporters, create and deliver a social media campaigns -like to plan events and meet people: appearances at markets and fairs or organising workshops.

-with interest in or experience of town planning and land use, who can research questions from our members and prepare responses to planning consultations.

Time commitment: 2-5 hours a week would make all the difference to us. We also have one-off volunteer projects, if working part-time for a shorter period would suit you better, Contact Stan Jones 01494716278

# Active Bucks Project – Inspiring all Bucks residents to lead happier and healthier lives.



There is strong scientific evidence that physical activity can make a major contribution to leading a healthier

and happier life but not enough of us are meeting the recommended weekly requirements. In fact, data suggests that over 37% of Bucks adults don't undertake enough physical activity to really benefit their health (150mins per week).

The Active Bucks project was setup in 2015 to try and reduce this figure and during this time, has helped over 5,000 residents take their first steps into a new physical activity. Since then there has been additional funding made available to target the underrepresented groups from the previous physical activity projects. These activities look to target older adults, males and Black, Asian and ethnic minority communities.

All sessions will be low cost (between £2-4), beginner friendly and most importantly fun! A few examples of what is happening;

Men's Yoga - Court Garden Leisure Centre, Marlow Social Bike Ride - Bisham Abbey, Marlow Older Adults Ballet Fit - Wycombe Leisure Centre, High Wycombe Father and Child Badminton - Wycombe Leisure Centre, High Wycombe Men's Circuits - Millbrook School Sports Hall, High Wycombe Family Squash - Wycombe Squash & Racketball Club, Marlow Nordic Walking - Hughenden Gardens Village, High Wycombe, Family Bollywood Dance - Wycombe Arts Centre, High Wycombe Men's Fitness Pilates - Hughenden Valley Village Hall, Hughenden

More information can be found on the Active Bucks website, along with thousands of other activities on offer to target all ages and audiences! You can also register to download a free first session voucher! Please visit: www.activebucks.co.uk.

Alternative please contact the project lead on – <u>claire.foster@activeinthecommunity.org.uk</u> or 07538 706937.



# South Bucks Hospice Butterfly House ceremony will remember and celebrate lost loved ones

A poignant but uplifting service to remember lost loved ones is to be held on Friday, December 7 at South Bucks Hospice.

Everyone is invited from 4.30pm to 6pm to the Light Up A Life event at the hospice, based at Butterfly House, Kingswood Park in High Wycombe.



There will be a 20-minute service at 5.15pm. Guests will be able to place their own messages of remembrance written on stars onto a Christmas tree and light a candle, while refreshments including mince pies and mulled wine will be served in the hospice's bistro.

The Light Up A Life service has been an annual event at the hospice for several years.

Last year, former Chiltern District Council Chairman Mimi Harker OBE, a patron of the hospice and also a former Mayor of Amersham, described it as a 'beautiful ceremony'.

She said at the time: "It was very poignant. I had a tear in my eye thinking of people I am missing. It is a wonderful way to celebrate the lives of the people we have lost."

Duncan Tucker, 74, from Widmer End, who has regularly attended the Bereavement Group at the hospice following the death of his wife Kay four years ago, described last year's service as 'brilliant'.

Duncan, who plans to attend this year's event, said after last year's Light Up A Life ceremony: "It puts everything in context. I still miss Kay terribly, but it brings her alive again. She came to the old hospice three months before she died so this connects the old hospice with the new one."

For more information about the hospice or the event, go to https:// www.sbh.org.uk/events Page 20

Issue 46



Street Associations bring together local residents who want to make their local community stronger, friendlier and more supportive.

Members achieve this by acting as the eyes and ears on their street, learning to spot neighbours who may need a little help, and point them in the direction of support. They are encouraged to start a conversation with their neighbours to know they're safe and spot someone in a vulnerable situation.

To find out more visit www.bucks.gov.uk and search Street Association.

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### T & T NEWS NEEDS YOU

Can you help distribute the local community magazine. We need volunteers for a couple of hours 4 times a year to deliver the magazine in local roads. Can you help? Call us on 01494 463107 or text 07905 888098. E-mail: tandtnews@tiscali.co.uk

### We discover, we grow Girlguiding High Wycombe District

T&T News

# What's Going on in Girlguiding?

Some big changes are happening in Girlguiding, we have a whole new programme for all age groups from Rainbows to Rangers, bringing all our badges and activities bang up to date.

Our new programme delivers the fun and varied range of activities that you expect from guiding, and of course, there are still plenty of badges to earn. New topics, new skills and new ways for girls to broaden their horizons have been introduced.

As this is to be introduced over the next year, some groups have started straight away and some are introducing it gradually. Rainbows have been enjoying camping like a Brownie (indoors) and exploring the All about Yourself pack. One Brownie group have taken part in Parliament week and are having a visit from Steve Baker MP

Brownies have also been making things to sell at their Bazaar, profits will be split between Wycombe Homeless connection and Crisis and towards their next Brownie residential. Guides have visited the One Can Trust. Badges worked on this term are disability awareness, home skills, hobbies, traditions of guiding and friend to animals.

Activities for Guides included team building, decorating T shirts and finding out more about phone and internet safety. Outings include a visit to Pets at Home for Rainbows, Metrobank for Brownies and a night hike for Guides, Guides and Brownies joined up for Bonfire night with singing at Longridge Activity Centre. Several units have been finding out about Remembrance Day and now starting to think about Christmas and are becoming very crafty!

#### One of our new leaders shared her experiences -

Since starting as a volunteer for Girl Guides in April I have been involved in a whole host of activities with the girls. The spring was a great time to start as this is when we got to spend a lot of time outdoors doing things like crate stacking or kayaking at Longridge activity centre or just playing fun Guiding games in the garden. As the colder months have drawn in rapidly we've been doing mug cake baking and learning the fascinating history of Girl Guiding. Now we are looking forward to party hosting for our 100<sup>th</sup> anniversary and also bowling with the girls to have a great send off to 2018! Lottie Gregory, 1<sup>st</sup> High Wycombe Guides

Guiding is fun and if you would like to come and join us as a leader or supporter please get in touch with Terrie Smith <u>terrie103@btinternet.com</u> Or Julie Plummer jplummer1@btinternet.com Or visit the National Web site <u>www.Girlguiding.org.uk/interested</u>

# **Buckinghamshire Libraries**

# Take a Trip Down Memory Lane



# Reminiscence Coffee Morning Hazlemere Library

# Every 1st Thursday in the month 10:30-11:30am

Chat over old times with souvenirs, pictures and sound clips covering a different theme every month.

This is a free dementia friendly event.

01296 382415 | We welcome Text Relay calls prefix 18001 library@buckscc.gov.uk

# www.buckscc.gov.uk/libraries





# News from St Francis Church

Services up to Christmas. All are welcome.

	Sat 1st December	We are holding a Christmas party 12.00 till 3.00
		No charge but donations accepted.
	Sun 9th December	Gift Service at 10.00 a.m.
		Christingle Service at 4.00 p.m.
Sun 16th December 8.00 a.m. and 10.00 a.		8.00 a.m. and 10.00 a.m. services as normal
		Lessons and Carols at 6.30 p.m. with orchestra, Church choir and
		children's choir
	Sun 23rd December	Normal 10.00 a.m. Service
	Mon 24th December	Crib Service at 4.00 p.m.
		Midnight Mass at 11.30 p.m.
	Tue 25th December	Parish Christmas Communion

#### Remembrance Sunday...A Few photos from the day...







# News from Totteridge Baptist Church

#### Christmas servicers and celebrations

Fri 7th December	10—11:30am Monthly Coffee Morning with Mince Pies
Tue 18th December	6pm Carol singing with the Cubs and Beavers
Sun 16th December	10:30am Genesis Family Service
	6:30pm Carols by Candlelight
Sun 23rd December	10:30am Worship Service
	6:30pm Reflective Evening Communion Service
Tue 25th December	10:30am Short Christmas Day service lasting about 45 minutes

#### 2019 Regular Meetings

Sunday Worship Service at 10:30am

1st Friday of the month - Drop in Coffee Morning. All welcome. 10am Genesis and Genesis Xtra clubs for kids are held usually twice a month during term-time. Details of these and regular socials are advertised on our Facebook page.

# Local Church information for Totteridge & Terriers



#### St Francis Church

Located on Amersham Road in Terriers. Regular Sunday services at 10am (Parish Communion). For information on other Services please look on our notice board or on our website <u>www.terrierschurch.org.uk</u>. Should you wish to contact us please email <u>wardens@terrierschurch.org.uk</u>

#### Totteridge Baptist Church

Located on Hillary Road, High Wycombe, HP13 7RA Regular Sunday service at 10:30am. Clubs and groups include Beavers, Cubs, Genesis Club for Y1-6 and Youth Club at ESYC for Y7+. Pastor: Peter Montague E-mail: totteridgebc.pastor@gmail.com Tel: 07546 994490 Facebook: https://www.facebook.com/totteridgebaptist.church

#### St Andrews Church (C of E)

Located on Hatters Lane, High Wycombe HP13 7NJ. Services are every Sunday at 9:15am & 11:15am. Tel: 01494 - 529668

#### St Wulstans Catholic Church

Located on Hollis Road, Totteridge, HP13 7UN Regular Masses both on Sunday's and at other times during the week. Tel: 01494 - 438300

#### St Augustines Church (Catholic)

Located on Amersham Hill, High Wycombe There are regular Masses on Saturday's, Sunday's and during the week. Tel: 01494 - 523969

#### **Totteridge Mosque**

(Wycombe Islamic & Mosque Trust Limited) 24 Totteridge Road, High Wycombe, HP13 6EB Tel: 01494 - 513440 Also Muslim Education Centre at 4 The Parade, Totteridge Drive Tel: 01494 - 522786

#### Wise (Wycombe Islamic Society)

St Marks Close, High Wycombe, HP13 6GN Tel: 01494 - 259194 Web: www.wise-web.org

# CHAMELEON SINGLES GROUP

T&T News



We had a busy autumn of events with plenty to choose from. Once again we supported the McMillian Coffee

Morning fundraiser with a member hosting in their home on the Friday morning. The tea, coffee and cake went down well as funds were raised to help out this worthy charity.

The colder snap has meant less members out for a walk so we will look forward to doing more of those when spring comes around. However, for now we are looking forward to our Christmas events. Firstly, for those who prefer to meet daytime we have a Christmas Lunch Club on 7<sup>th</sup> December and then the following evening we will be at Hazlemere Golf Club for a dinner/dance. Because of the need to pre-book these will only be open to members who have already booked in to go. A further evening Pre-Christmas get-together will take place on the Friday immediately before Christmas for all members.

During the year we have made a couple of visits to the Rebellion Brewery so decided in November to try the even more local Fishers Brewery in High Wycombe. Located on the industrial estate just behind Morrisons they have an open evening on the first Friday of the month. Our first visit was an enjoyable evening with live music and a bar although on this occasion there was no food available.

Some events run monthly such as the Friday Lunch Club and pub nights both of which are great places to meet other members. We are also regular visitors to Dusty's Blues Club in Holmer Green usually attending a live music event once a month. The group also arranges trips to the theatre, cinema, comedy evenings, days out and various other events throughout the year. As winter is now with us we will be doing a few more inside events such as our Take-Away evenings and Coffee Mornings. These are held at a member's home or sometimes we visit a café or garden centre.

If you are single, 40-60's, looking for a great social life and new friends then why not give us a try? There are no strangers at Chameleon, just new friends to be made. We have several local people from Totteridge, Terriers and surrounding areas and you would be very welcome too. To find out more call our membership secretaries Terrie on 01494 – 445816, Joyce on 01494 – 817895 or e-mail: info@chameleonsingles.org.uk.

Visit us on-line at <u>www.chameleonsingles.org.uk</u> for more information and our current programme or connect with us through Facebook.



#### T&T News



### **Terriers Evening W.I.**

After a busy summer we have had a quiet autumn. A walking group has been formed meeting monthly, with walks planned by members in turn. This is well supported.

In September we were made very aware of the difficulties presented by dementia, not only to the patient but to those who care for them, emotionally and physically. We were encouraged by our speaker Keen Stuart, to become "Dementia Friends" by offering what help we could, even just a listening ear to those in any way affected by this increasingly common, distressing condition.

Unfortunately our October speaker was ill and unable to come to put us through our paces in Flexercise ( whilst being sorry that the speaker was unwell it has to be said that some amongst us were a little relieved that our lack of fitness would remain hidden.) A quiz put together by two members at short notice concerning the labelled ingredients of well-known foodstuffs proved popular.

As is customary the November meeting took the form of the Annual Meeting when reports of the years' activities etc were given. The existing committee remains in post with new members filling vacant places. Chris Gray, on being nominated, continues as President.

In December we will mark Christmas with a party, after which we look forward to an interesting 2019, with a full programme of speakers.

We meet at 7.45pm on the first Thursday of the month at Cedar Park School, Cedar Avenue and are always happy to welcome new members. For further information contact Margaret O'Connor on 075 026 12093

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