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Totteridge and Terriers News

Issue 30

Winter 2014

T & T NEWS



Picture © DW 2014

A snowy scene perhaps a sign of things to come! On which road was this taken? See our competition on P.6 for the chance to win a small prize.

See inside for all your community news from Totteridge & Terriers.....

<h2 style="text-align: center; margin: 0;">Computer Services</h2> <p style="text-align: center; background-color: #333; color: white; padding: 5px; margin: 5px 0;">Independent Specialist</p> <ul style="list-style-type: none"> ● Desktops & Laptops ● Full Diagnostic & Repair Service ● New Systems Supplied ● Laptop Screen Replacement ● Virus Removal ● Media Sharing Installation ● Back-Up Solutions ● New Systems Set Up & Data Transferred ● Home Networking ● Software Trouble-shooting ● iPad Setup and Trouble-shooting 	<h2 style="text-align: center; margin: 0;">Computer Tuition</h2> <p style="text-align: center; background-color: #fff; padding: 5px; margin: 5px 0;">One to One Computer Training</p> <ul style="list-style-type: none"> ● Beginners & Intermediates ● Introduction to Computers ● Internet & E-Mail ● Organising Photographs ● Managing Attachments ● Help With Updates and Back-Ups
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Christmas Services & Events 2014

Below are just a few of the services and events taking place in and around our area. Be sure to let us know of your events throughout 2015 so we can include them in future magazines and on our web site at www.bucksvoice.net/tandtnews

Friday 12th December 5pm to 8pm

Light up a Life service - South Bucks Hospice Pusey House, Amersham Road, High Wycombe

Saturday 13th December 10am to 1pm

Try orienteering at Kings Wood - Cost £5 Adults/£2 under 21's
Info: publicity@tvoc.org.uk

Sunday 14th December 3:45pm

Light up a Life Service - Rennie Grove Hospice Care Union Baptist Church, High Wycombe

Sunday 21st December 6:30pm

Service of nine lessons and carols
St Francis Church, Terriers

Monday 22nd December 7:45pm

Light up a Life Service - Rennie Grove Hospice Care Tylers Green - On the common as part of Carols on the Common

Wednesday 24th December 4pm

Crib service for all ages with familiar Christmas songs and carols around the crib
St Francis Church, Terriers

Wednesday 24th December 11:30pm

Blessing of the Crib and Midnight Mass - A celebration of God's coming amongst us
St Francis Church, Terriers

Thursday 25th December 10am

Parish Communion for Christmas Morning - A service for all the family
St Francis Church, Terriers

Totteridge and Terriers News

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T & T News is published four times a year in March, June, September and December. We aim to get the magazine distributed by mid month of issue. In order that we can achieve this deadline we need your articles and advertising as early as possible. Our deadline for the spring 2015 edition is 20th February.

We thank all our advertisers and contributors for their support. However T & T News cannot endorse any product or service contain within this magazine. You are advised to check details of all goods and services offered. All contributions are excepted in good faith and opinions expressed are not necessarily that of the editor or T & T News.

That's about it...Join us again in March 2015. In the meantime you can catch up with all the latest news on our web pages at:

www.bucksvoice.net/tandtnews



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The magazine now reaches around 3750 households with every issue! Current rates per issue:

Mini Ad	£12 (B&W)	£15 (Colour)
1/4 Page	£ 20 (B&W)	£ 30 (Colour)
1/2 Page	£ 40 (B&W)	£ 55 (Colour)
Full Page	N/A	£110 (Colour)

Copy deadline is 20th of the month prior to publication.

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WELCOME TO T&T NEWS

Hello,

Welcome to the Winter 2014 edition of T & T News.

Its that time of year where there is lots going on and lots to do ahead of the festivities of Christmas. Even if you do not celebrate this important date in the Christian calendar you cannot get away from all the hustle and bustle it brings. We saw early evidence of that with Black Friday as shoppers flocked to stores in the hope of picking up a bargain.

Many local organisations have held fundraising events and to all we hope they went well bringing in that little boost to year end funds. While others are planning, or maybe even had by the time you read this, their Christmas Dinner event.

As always this season is about families and spending some time out from the usual day-to-day activities. I do hope you have a very good break however you celebrate this time of year.

Read on for all your local news..... Good reading!

David Winterburn, Editor

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Where it is harder is finding people to run the teams, with this in mind the club are committed to helping volunteers by subsidising the cost of training on FA level 1 coaching, child protection and emergency aid courses. If you've considered taking up a volunteering role in what is a very rewarding environment but are concerned as to whether this is right for you, come along to our training sessions and meet the coaches and players. They will explain how the role works and give you an insight into why they do it, or alternatively, please contact the club secretary for more information.

We are always looking to develop and grow the club and are keen to hear from players to join our existing teams and also adult coaches to extend our age range. If you are interested in joining please contact Peter Jemmett by email peterjemmett@aol.com or call the appropriate team manager:

Under 8's – Liam Lovett 07899 902637

Under 10's – Oliver Witney 07706 888441

Under 14's – Richard Porter 07710 825387

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TOTTERIDGE FC has provided football to the local youth in the community since 1996. For more information and contact details please visit our web site – tottfc.intheteam.com

The UNDER 14's have started the season in fine form having won 4 of their opening 6 league matches. The only black-spot in an otherwise faultless start has been losing the double against Chalfont St Peter. The team currently sit equal 3rd in the table, just 2 points behind leaders Chesham Athletic, with a little self-belief there is no reason why we shouldn't challenge for the league title.

We split last season's youngest team to form an UNDER 8's and UNDER 10's, both playing mini football in the South Bucks Mini Soccer Conference, but have experienced a few teething problems along the way.

The UNDER 8's were to be managed by RICHARD CHIVERS who unfortunately due to a change in his personal circumstances has been unable to commit to running the team. I would like to take this opportunity to thank him on behalf of the club for all he did in helping establish the younger group, along with OLIVER WITNEY, last season.

Taking his place we welcome LIAM LOVETT. Liam, who the club part sponsored through his FA Coaching Level 1 certificate last season, has kindly stepped in and kept the team together. Due to an uncertain period, it has taken a little while to rebuild the team but we are now back to playing matches and even enjoyed a little success over Hughenden Valley!



The UNDER 10's have also found it hard to get going this season although have still managed to score some 12 goals. Like last season, results will undoubtedly improve as the season continues under the astute leadership of OLIVER WITNEY.

We are fortunate to have some really passionate caring coaches & helpers who work well with the children and the club. Growth through new younger age groups is important for the future development of the club and our catchment area of Totteridge, Bowerdean and Micklefield gives us a fantastic base in which to draw new players.

Terriers Evening W.I.

We arrived at our September meeting to find that our speaker on "Seeing Stars" was unable to come. However, John Dusterville had stepped in at the last minute. He lives locally and is an ex Royal Grammar School boy. Equipped with ukulele and guitar he told us his life story illustrating it with songs from Rock 'n' Roll to Skiffle and the Beatles. He always had a fascination with the guitar and, although largely self taught, became a professional musician. He has toured the world and rubbed shoulders with the stars such as Cliff Richards and Val Doonican. He eventually came back to High Wycombe and played in a dance band. He certainly brightened our evening with his fun and love of life.

From time to time the B.F.W.I. organise competitions. One such was a jigsaw competition. Our intrepid contestants, filled with confidence, set off, expecting to be asked to complete a simple picture in the time allotted, two hours. To their dismay, they were confronted with a satellite view of the British Isles in sepia surrounded by blue sea. No team managed to complete the jigsaw and the winner was the team who had the least number of pieces waiting to put in. Sadly our team was not placed.

Also in September a group of members enjoyed a visit to the Wolf Conservation Trust near Reading. Visitors can see the wolves being fed and there are plenty of photo opportunities. The Trust was founded by Roger Palmer and its aim is to keep wolves in the wild by supporting projects overseas.

Artist of World War Two was the theme of our October meeting. Edward Dixon showed us the work of British and German artists. The images were powerful and distressing. He told us that most artists were anti-war and this made them unpopular with their governments. One German artist had most of her paintings destroyed but her sculptures can be seen in the German War Cemetery at Valdslo. Several British artists depicted life in the trenches. When one was exhibited it was censored, part of it being covered up. When the tape was removed it was found to cover two dead British soldiers. Artists were not allowed to show dead British soldiers, only German ones. It was a thought provoking evening.

November was our AGM when we review the year and elect our new president and committee a necessary but not very attractive evening. We had been promised a surprise and what a pleasant one it was. The grandson of one of our members, ten year old Joshua, played us a selection of tunes on his alto sax with panache and style. He has only been playing the saxophone for two years. He has won a scholarship to the High Wycombe Music Centre and is studying for his grade 6 exam. He obviously has talent and will go far. We wish him well.

Future programme

8th January	The Town Plan.
5th February	Bletchley Park
5th March	Luxury Artisan Chocolate

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Christmas Competition

Which local road features on our front cover picture?
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Can adopting a more Positive Attitude change your life?

I believe all of us deserve to be happy. Different things make each of us happy, and sometimes we don't fully know or remember what those things are. I have personally made the journey from being miserable and depressed to being happy and valuing life in all its simplest forms, and I know that such transformation is possible and is easier to achieve than you may think.

There are a lot of interpretations of what positive attitude is, and I would like to explain what I mean by it. I know from my own experience that it is possible to train your mind to consistently focus on positive pieces of information and put less focus on the negative ones. I received the following feedback from a participant of my recent Positive Attitude Workshop: "the exercise helped me to recognise that my life is meaningful". What changed for this person between the beginning and the end of the workshop was their perception. Our perception is critically significant when it comes to having a positive attitude.

Another important component of having positive attitude in my opinion is understanding how we get personal power and there is a great philosophy that is at the heart of this. 20% of our problems come from the outside world, and 80% of our problems originate within us. If we can address those 80%, our life will change beyond recognition.

The third important component of positive attitude is about being constructive. Being happy and being problem free are two separate things. It is about being constructive, in the right way, at the right time, when it comes to dealing with problems.

Our perception, taking personal responsibility and being constructive are the three very important components of positive attitude, and this is what I teach during my workshops.

Alex Follett, the host of the Positive Attitude Workshops in the West Wycombe Village, www.ipositive.co.uk



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Policing & Neighbourhood Watch Update

The winter months are traditionally the time that crime, in particular burglary increases. Helped by the cover of darkness thieves can more easily break into unsecure homes. Ensuring you are not a victim by taking some simple security measures such as ensuring all doors and windows are secure, a light left on, alarm set if you have one and nothing outside such as a ladder will all make another property more attractive than yours.

In Totteridge & Bowerdean the current neighbourhood priorities are:

1. Theft from and of Motor Vehicles
2. Anti Social Behaviour
3. Drugs

In October this area also saw a rise to six burglaries. Hillview and The Quadrant were the hotspots for three instances of Motor Vehicle crime.

Bowerdean Road, St Hughs Avenue and Hennerton Way meanwhile were all areas of Anti Social Behaviour.

In Terriers & Amersham Hill the current neighbourhood priorities are:

1. Anti Social Behaviour
2. Drugs
3. Parking

Anti Social behaviour has been a particular problem around Wellesbourne Crescent and Kingshill Grange and is currently a high priority area for local Police patrols.

Parking has particularly been an issue on Green Hill whereby cars and other vehicles are completely blocking the pavement making it hazardous for pedestrians.

A "Have your Say" meeting is currently been planned. Two venues have been identified as Wycombe Library or Kingshill Grange.

Have you got The Bug! See P.10 for more details

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It is a fact that banks create money when they lend and that caused a huge credit boom, tripling the money supply under the last Government. No society can do that without profound consequences, and these consequences are with us today: a bloated financial system with too few restraints on bankers' conduct, houses priced at levels which too many can't afford, and an economy biased towards London and the South East which in turn puts pressure on public services.

The UK economy is one of the fastest growing economies in the world, and figures show an increase in the number of people in employment. However, there is still much to do to address the underlying deficit and the Chancellor's work is not yet done. My work on the Treasury Select Committee in Parliament seeks to address these issues and to provide long-term prosperity for everyone.

I wish you and your family a peaceful and happy Christmas.

Steve Baker MP

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Totteridge & Bowerdean
 Chaudrey Ditta
 E-mail: cditta@buckscc.gov.uk

For your local District councillors:
 Visit the Wycombe District Council Web Site at:
www.wycombe.gov.uk



Leaders are urgently needed to keep local Brownie units open.

Brownies are aged 7 – 10 years and have lots of fun doing a variety of different activities.

Like to have fun alongside the girls like Jessica? (See Girlguiding on P.11)

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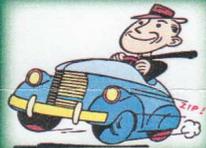
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Work is due to start on the new hospice on the site of the former Kingswood School in January 2015. The planned duration of the construction is two years with the new hospice expected to be ready for use in 2017.

The project was given a welcome boost from a legacy of £1.8 million but there is still substantial fundraising still to do. As with all building projects costs are rising and undoubtedly there will be hidden extra costs that will need to be covered. Many people in the local community have already purchased a paving stone for the butterfly walk and these funds will be ring-fenced for the pavers and their words of hope.

The final cost of the new hospice which will bring world class day care services is expected to be around £3 million. There is still therefore the challenge of raising a further £1 million and then there will be the cost of fitting out the building. On top of the building work there will on-going costs and services to cover.

Help is always needed and welcome. You can get involved in the fundraising in a number of ways:

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News from Westminster to Wycombe - Steve Baker MP



Readers of Terriers and Totteridge News will know the local health service is my top local concern. I have spent many hours speaking-up for local people and trying to get the services they would like at Wycombe Hospital. One issue which drives people towards using emergency hospital services and A&E is the difficulty they often encounter with getting an appointment with their local GP. To make sure people get the best service and treatment possible from GPs the Government has given power to the Care Quality Commission (CQC) to examine GP surgeries and to ensure they are effective, responsive and caring.

In November, the CQC issued it Intelligent Monitoring Report of GP practices in High Wycombe. Each practice has been categorised into one of six bands for inspection, with those in Band 1 requiring the most urgent attention. Five practices in the town were placed in band 6, which is good, with the Kingswood Surgery in Hollis Road rated as 4. The CQC highlighted concerns at this surgery over patient involvement in their own care, the time it took to be given an appointment and the satisfaction over opening hours. I'm sure the staff at the practice will be working hard to address these issues and will want to give everyone the best care possible. However, I feel findings such as these only underline my view that there should be a casualty unit staffed by GPs at Wycombe Hospital where people can simply turn-up and be seen out of normal hours and given the treatment and reassurance they need.

Turning to my work in the House of Commons, I should like to tell you about a debate I led on money creation and society. When I was preparing for this I was amazed to learn the subject had not been discussed in Parliament at any length since 1844 when Robert Peel was Prime Minister under Queen Victoria. The subject appeals to MPs from across the political spectrum: my debate was supported by Caroline Lucas (Green), Michael Meacher (Labour), David Davis (Con) and Douglas Carswell (UKIP). Many people are wondering if our economy is working as it should, and the Prime Minister recently spoke about the world's experiment with quantitative easing, which has now ended in the UK and the USA, but which is continuing in Europe and Japan. (Cont P.21)

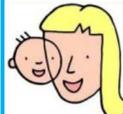
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24 HOUR SERVICE



What's Going on in Girlguiding?

I recently started helping at a Girl Guide unit in High Wycombe, its great! I used to enjoy Brownies and Guides when I was younger, so when I started volunteering it was nice to know that I am helping the girls to experience guiding as I did at their age. I have been helping for just over two months however what a busy two months it has been!

Soon after I joined the unit the girls went to the Big Gig at Wembley Arena! This is a special music concert that happens once a year just for Girl Guides up and down the country. All the girls got to see their favourite artists including Little Mix and Diversity and many more. In preparation for the Big Gig the girls decorated t-shirts ready for the Big Gig allowing the girls to express their creative sides ahead of seeing their idols. The girls really enjoyed the concert and there was a lot of positive feedback after the event.

A few weeks later we took the girls on a night hike. We walked from Terriers crossroads to Hazlemere, the girls even got to visit a chip shop en-route. We walked through some muddy fields but we were lucky it didn't rain. The girls were very happy at the end of the walk especially when they got to the chip shop!

Another outing was a campfire with some of the other Guide/Brownie groups. The event was held at Longridge Activity Centre just before bonfire night. Unfortunately this was a very wet night! However we did not let our high spirits wash away! The girls were huddled round the campfire and sang various campfire songs, including requests from the Brownies and Guides. Towards the end of the evening the girls were given glow sticks and marshmallows to roast! Again this was a great night and all the girls enjoyed the campfire, the singing and the marshmallows, it was great fun for everyone and the girls all agreed marshmallows were the best part!

Our most recent activity was raising money for children in need. The girls decided what we should set up the week before, and on the night we had stalls to buy sweets, decorate biscuits, milkshakes, face painting and even a clothes swap. This was a great evening for all the girls involved and we raised £25 for children in need in the process!

I have really enjoyed my first couple of months as a helper and I am sure there will be much more fun to come – both for myself and my Girl Guides!

Jessica Martin-Smith



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However, this is far from being simply an exercise in recreating the past. The Church Hall is heavily booked by local organisations, as well as by individuals, and an important part of the work has been to re-imagine the church building also as a centre for the whole community. Its facilities are, accordingly, being enhanced to make this possible. Readers are warmly invited to join us for worship this Christmas, and discover for themselves the new-look church of St Francis.

In addition to the changes to the building, the parish has also undergone a significant change in its staffing. The Revd Martin Davis has been working as self-supporting Associate Priest alongside the Vicar, Canon Tony Dickinson, from the beginning of September. He will be ministering in Terriers for about a year, following a curacy in Datchet and some time in the diocese of Oxford's partner diocese in the Church of South India. He is settling in very well to his new role and brings a range of gifts and experience from both his previous parish and his career before ordination.

Tony Dickinson

Totteridge Baptist Church

Hilary Road. Regular Sunday service at 10:30am. Reverend is David Hazledine.
Tel: 01494 - 263359

Clubs and groups include Beavers, Cubs, Genesis Club, Xodus Club and Tumbling Tots. Coffee Morning on the first Wednesday of the month from 9:30 - 11am.

St Andrews Church (C of E)

Located on Hatters Lane, High Wycombe HP13 7NJ.
Services are every Sunday at 9:15am & 11:15am
Tel: 01494 - 529668

St Wulstans Catholic Church

Located on Hollis Road, Totteridge, HP13 7UN
Regular Masses both on Sunday's and at other times during the week.
Tel (Parish office) 01494 - 438300

St Augustines Church (Catholic)

Located on Amersham Hill, High Wycombe
There are regular Masses on Saturday's, Sunday's and during the week.
Tel: 01494 - 523969

Totteridge Mosque

(Wycombe Islamic & Mosque Trust Limited)
24 Totteridge Road, High Wycombe, HP13 6EB Tel: 01494 - 513440
Also Muslim Education Centre at 4 The Parade, Totteridge Drive Tel: 01494 - 522786

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News from St Francis *New readers begin here:*

The parish church of St Francis of Assisi in Terriers is a well-known feature of the Wycombe skyline. It was designed by the eminent 20th-century architect Sir Giles Gilbert Scott and is generally reckoned to be among his finest designs for a parish church. However, its exposed position at the top of Amersham Hill means that it has suffered greatly from wind and rain in the 84 years since it was built. In the autumn of 2012 the first phase of a major programme of restoration was completed. This involved extensive repairs to the church roof, as well as significant improvements to the gutters and drainage system. Since then the congregation has been raising funds and applying to grant-giving bodies for the finance to enable work to start on Phase 2. **Now read on:**



Church life at St Francis has been in something of what the playwright Sean O'Casey once described as "a state of chassis" since the end of July when contractors moved in to begin work on Phase 2 of the Restoration Project. For the past three months the church building has been closed and the congregation has been worshipping in the Church Hall, sharing space with the many other local groups and organisations which use the Hall as a venue. During their absence, the interior of the building has been transformed by Novus Property Solutions, under the direction of architect Tony Mealing of GMTW. This work has been carried out with the help of a generous grant from The Heritage Lottery Fund (St Francis is a Grade II* listed building) and funding from The Bucks Historic Churches Trust as well as local fund-raising by members of the congregation and the occasional gifts and legacies from well-wishers who were shocked to discover this fine example of 20th-century church architecture on English Heritage's "At Risk" register.

Despite this generosity, the church has had to dig deep into its modest financial reserves in order to complete the project. Any readers of "T and T News" who would like to contribute to this work are asked to contact the vicar, Canon Tony Dickinson, at St Francis Vicarage in Amersham Road.

At the time of writing, work on the downstairs rooms (principally the choir vestry and sacristy) has been largely completed; the work of stripping out and replacing damaged plaster in the sanctuary and choir area has been carried out successfully, and the whole church has been redecorated. Steps have also been taken to reduce the impact of storms like those of last winter, when torrents of rain, blown by gale force winds into the tower, found their way into the body of the church. Plans for the renewal of the church's lighting are awaiting formal approval but preparatory work for their installation is almost complete. When all this work has been completed, and a thorough clean undertaken, the congregation will move back into the building. At the time of writing, this is scheduled for mid-December, and members of the congregation are looking forward already to welcoming Christmas visitors in their own building, with the ravages of 80 years' weather repaired and the interior of the building restored to something like its state in the 1930s.

New members sought for fundraising group

New members are being sought for a group of fundraisers who support Iain Rennie Hospice at Home, part of Rennie Grove Hospice Care.

The charity is extremely lucky to receive support from a number of groups who organise their own events to raise funds. The High Wycombe and Amersham Fundraising Group is now keen to find new members to help their team.

This group was formed in 1992 by Ted Collins who wanted to continue fundraising for the charity after choosing it as his charity of the year when he was mayor of High Wycombe. He raised an impressive £65,000 during his year in office. He remains chair of the group which has a regular and varied programme of events which have raised in excess of £500,000 to help fund the charity's hospice at home nursing service.

To get involved please contact our community team on 01442 890222 or email community@renniegrove.org



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www.renniegrove.org/chilternscycle

01442 820740



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Chilterns Cycle Challenge






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Tuna Mayonnaise.....£3.75
Chicken Salad.....£3.85

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Garnished with Salad

Ham & Cheese.....£4.25
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Vegetables.....£3.95
Tuna Melt & Onion.....£4.45
Brie & Cranberry.....£4.45
Chicken & Chorizo.....£4.75
Grilled Steak.....£4.95
(with sautéed mushrooms, onions & peppers)

TOASTIES...

Your choice of White or Brown bloomer garnished with salad

Cheese & Tomato.....£3.65
Ham & Cheese.....£3.85
Tuna Melt & Onion.....£3.95
Brie & Cranberry.....£4.25
Classic BLT.....£4.25

SIDES...

Nachos to share.....£4.95
Rustic Chips.....£2.85
Rustic Cheesy Chips.....£3.35
Beer Battered Onion Rings.....£2.95
Sweet Potato Fries.....£3.25
Baby Breaded Camembert.....£4.45

Drinks

SMOOTHIES...

All at.....£3.95
Peach, Mango & Passion Fruit or Strawberry & Banana

FLAVOURED LATTES...

All at.....£2.95
Vanilla, Hazelnut or Cinnamon

CHAI LATTES...

All at.....£3.25
Matcha, Spice, Green Chai or Vanilla

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CHAMELEON SINGLES GROUP



The final programme of the year has just been published and with the festive season almost upon us Christmas events will dominate December. Indeed we have three events – Lunch, a Dinner / Dance and an at home get-together so there is no excuse for missing out! The December Pub Night will be held later on Monday 29th as the last Friday falls on Boxing Day.

Our “Meet & Greet” evenings run monthly for potential new members to meet current members and find out more. These are usually held on the second Wednesday of the month at O’Neill’s in High Wycombe from 7-9pm. It’s a perfect location perhaps for popping in after work and easily accessible for those who do not have transport as the bus & rail stations are nearby.

As several of our members are interested in live music we regularly visit Dusty’s Blues Club at Holmer Green Sports Club. Also from time to time we visit the theatre and cinema when there is a play, musical or film of wider interest. Events over the last few months include a visit to the Rebellion Brewery, Day trip to the Leighton Buzzard Railway, Take-away evening at home, Chinese meal, Friday Lunch Club and Pub night. There is always a lot going on with around seven different events each month.

Our membership includes a number of local people from Totteridge, Terriers and surrounding areas. If you are single, 40 – 60’s, looking for a great social life and new friends then why not give us a try? There are no strangers at Chameleon, just new friends to be made in a social group run by and for its members. To find out more call one of our membership secretaries Heike 01494 – 459246 or Joyce 01494 – 817895 or e-mail: chameleon_bucks@tiscali.co.uk. Visit us on-line at www.bucksvoice.net/chameleon for more information and an events listing.



.....and now on **Streetlife** (The local social Network) too!

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Many thanks! - Distribution Department!