Issue 64

Summer 2023

# T&T NEWS



Picture © CH 2023

Captured on a spring day a local scene in Totteridge but do you know just where this is? (No prizes, just for fun!)

See inside for all your community news from Totteridge & Terriers





# It's our business so we care.

The Wye Partnership gained their knowledge and developed their expertise within the most successful estate agents in High Wycombe. On witnessing the take over of these long established companies by nationwide chains we recognised the need for the retention of a local and independent service. Our recent merger makes the enlarged Partnership the strongest Independent in South Bucks and The Chilterns!

All the partners have invested their own money into the Wye Residential Partnership and all truly believe that our business will be built on delivering excellent service to our clients. This means you can be confident that we will deliver on all aspects of Estate Agency in an honest, open and transparent way.

If you are looking to buy, sell or let in High Wycombe or the surrounding Chiltern villages then contact an estate agency that is motivated by your success and talk to The Wye Partnership.

#### wyeres.co.uk

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Prestwood

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Great Missenden 01494 868 000 missenden@wyecountry.co.uk

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01494 451 300 01494 565 555 wycombe@wyeres.co.uk naphill@wyecountry.co.uk

Stokenchurch

01494 509 377 stokenchurch@wyeres.co.uk

Naphill

Lettings Great Missenden

01494 864 225 lettings@wyecountry.co.uk

> Associated Park Lane Office 0203 368 8472



#### T&T News

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WELCOM	Ε	Hello,	
то Т&Т		Welcome to the Summer 2023 edition of T & T News.	
NEWS		After a spring that perhaps sometimes did not live up to expectations summer is finally here and with any luck the	
SUMMER		warmer days in the great outdoors.	
2023		Rising inflation, the war in Ukraine and some other issues seem to have been around for some time so lets hope in the coming moths there is some resolve. I know many local groups have been helping out in a number of ways. I am sure	
INSIDE THIS ISSUE:			
South Bucks Hospice	5	we would all like to thank them and the many volunteers who have helped out.	
W.I. News	7 & 9	In this edition of the community magazine we have all our regular contributions. Hopefully in the autumn we will be	
Girlguiding	11	able to re-expand the magazine and include even more information. In the meantime make sure you keep up to date with all that's happening locally by visiting our web site at:	
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Staff at South Bucks Hospice are delighted by the results of a recent survey after patients responded in their dozens to a set of questions sent to them.

The overwhelming majority of respondents praised the services of the hospice, in Kingswood Park, High

Wycombe – with patients referring to the charity as 'a lifeline' and 'a most happy and welcome environment'. The survey was launched in March when the hospice sent out questionnaires by email. From these, 131 responses were received. Paper copies were also made available.

Chief Executive Officer Jackie Ward said: "The survey was sent by us simply to find out what people thought of us and how we could improve. So, we were absolutely delighted to receive such a large number of responses and were also very pleased that the feedback on our services was absolutely amazing. "Feedback has been shared with the staff - and one of the nurses said that the feedback made her very proud to be part of South Bucks Hospice." Responses were all anonymous. One patient wrote that they considered the hospice as 'family', and said: "South Bucks Hospice has been a lifeline to me for many years now, not only providing medical support but emotional and physical support too and I am forever grateful."

Another said they had always previously thought a hospice was just for the last few weeks of someone's life, but their mind changed when they used the services of South Bucks Hospice. "I was amazed to find out the breadth of support on offer and I have been very pleased to be able to take advantage of courses, counselling, help with liaison with hospitals etc," said the patient.

One patient wrote: "The care I have received has been outstanding in every aspect, and the staff and volunteers have all been amazing. The team have helped me through a difficult time and have helped enormously with my recovery. Can't believe there is such a wonderful service available and I'm very grateful to all."

Other comments included:

- "You have been and still are my safety blanket."
- "Thank you to all at the Hospice, I really don't know where I would be without your ongoing care."
- "It is such a warm, friendly, safe place. Feeling safe and being able to discuss concerns helps me."

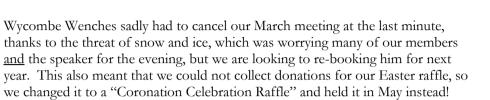
Jackie added: "The majority of the comments praised us, and there were very few areas highlighted for improvement. One of these was the number of appointments that we are able to provide.



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# Wycombe Wenches WI



Our meeting in April was the first of our new year. Several of our members were unable to renew their membership for different reasons, but we were also able to welcome several guests and potential new members, so we hope that they felt welcome! The speaker was one of our committee, Cristina Ionescu, who runs a furniture design business, and she gave an extremely informative talk on the history of furniture design in High Wycombe. In May, we discussed the proposed national WI resolution for 2023, which is on the subject of "Cleaner Rivers", with a presentation, and then held a fun quiz about rivers, before raffling our Celebration baskets. In recognition of the Coronation, several members brought along mementoes from both the coronations of Elizabeth II and of George V – these included teacups, handkerchiefs, souvenir books, and even the original sheet music from the Coronation service in 1953. In June we are looking forward to a speaker on the subject of "The Psychology of Greek Mythology".

Our additional activities outside of monthly meetings continue – the Walking group had some lovely countryside walks, including one through bluebell woods, and the Supper Club have continued to visit local restaurants, such as Browns in Beaconsfield, and Cote in Marlow. Cinema Club meets in The Front Room in Castle Street. The Book Club have continued to meet via Zoom, reading "Orphans of the Storm" and "Trespassers".

A group of us had a very enjoyable visit to the Swan to see "The King and I", and another visit to Stubbings House and Garden, followed by an excellent cream tea. We have a trip to the Houses of Parliament planned in June, and we are even thinking ahead to December, with a trip to Stratford Christmas Market!

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If you are interested in joining our friendly group, please contact us via the website address. We meet on the second Wednesday of each month, at the Cricket Club on London Road, High Wycombe, at 7.30pm.

Best wishes, Diane Haylor wycombewencheswi@hotmail.co.uk







Cream teas at Stubbings House



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# Community Garden

# **Terriers Community Garden**

Spring is finally here. The raised beds are ready to plant and to grow delicious fresh veg. We are planning a Grow and Feed session in the autumn, so we are hoping to have a wide range of produce to use.

The garden is now glowing with colour from the various flowers that have been planted, and the blossom is on the fruit trees. You can come and sit and enjoy them in the peaceful surroundings. There is something really special about this garden.

We have badgers living at one side of us and foxes on the other who often come out and sunbathe in the garden. Also there has been a sighting of a munkjac deer passing through. They love the roses to eat of course, and last year a blue tit used one of the boxes that have been put in the trees. It is a little piece of nature that hasn't been spoilt. Come and join us, all are welcome.



# **Terriers Evening W.I.**

Recent changes to WI procedure mean that the March meeting now signals the start of the new WI year with the Annual Meeting and appointment of the new committee and officers. The formalities were conducted smoothly, most of the existing committee continuing, with Chris Gray, Carol Gilliam and Gerda Dolphino, by popular demand agreeing to remain as as president, secretary and treasurer respectively. After the business there was an opportunity for members to relax with a quiz over a cup of tea.

Members were soon back in Cedar Park School at the end of the month as the early Easter holiday meant that the April meeting had to be brought forward. Our talk today, by Geoff Pegg was on the highly relevant topic of Cons and Scams. Mr Pegg took us through all the commoner telephone and doorstep scams as well as touching on the complex area of computer fraud. There was plenty of helpful literature provided as well as examples of various security devices.

Our next meeting at the beginning of May was dedicated to the process of debating the "resolution" selected to go forward to The National WI and which, if passed at the AGM in June will shape the WI's campaigning for the following year. The WI has a long history of such campaigns and for 2023 calls upon the government to create more safe bathing sites in the nation's rivers. By establishing mandatory standards of cleanliness in certain stretches of rivers there would be a legal obligation to improve the overall quality of these. Although there was a general consensus that this would be a good thing there were some concerns that such legislation could undermine existing laws ( albeit too often unenforced) around pollution of waterways. Members voted in favour of the resolution.

May's meeting, however, could not pass without a nod to the upcoming coronation. Members shared memories of 1953.Several, as children or teens had camped out on the streets to catch a glimpse of the procession and many more had watched on tiny TV's. We enjoyed red, white and blue cakes and a challenging royal themed quiz. For our meeting on 8<sup>th</sup> June we welcomed Edwin Rye to talk about Plants for a Small Garden. We will be hoping for some fine weather in July as we open up one member's garden for our annual garden party. Visitors and members from the Terriers and Hazlemere areas are warmly invited to join us at 7.30pm on the first Thursday of the month (ex. August) at Cedar Park School , Cedar Avenue, Hazlemere. For more information terrierseveningwi.org.uk or terriers.evening~@hotmail.co.uk

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# <u>Rainbows, Brownies, and Guides</u> <u>celebrate the Coronation.</u>

On Sunday 8<sup>th</sup> May, some of the Rainbows, Brownies and Guides in High Wycombe joined with Scouts to parade down the High Street behind some of the town dignitaries (including the Mayor) to celebrate the Kings coronation.



We met behind the Swan theatre and were lucky enough to meet the mayor who came to talk to us before we started walking. Once we left, the girls were very excited and loved seeing their families cheering as we passed. Once at the Parish Church, the dignitaries went into the church, and we were dismissed.



The girls and leaders then walked up to the High Wycombe Museum where we had a craft morning. The girls made celebratory coronation crafts including crowns, gold cartridges, peg soldiers and safety pin bead union flag badges. A memorable time was had by everyone.

We currently have spaces in the 3 sections: Rainbows aged 5-7 years, Brownies 7-10 years and Guides 10-14 years.

We always love to welcome new members so if you are interested in your daughter joining, register your interest using the link: https:// www.girlguiding.org.uk/information-for-parents/registeryour- daughter/

# If you would like to find out more information about becoming a leader or helper. please go to

https://www.girlguiding.org.uk/get-involved/become-a-volunteer/ You will be able to register your interest and then one of our local volunteers will contact you.



# Bounce & Rhyme For under 5s

# **Thursday** | 10.00am - 10.30am | Free Hazlemere Library

Bounce and Rhyme sessions are for babies and toddlers and their parents and carers. It's a fun way of sharing nursery rhymes, action songs and simple percussion music.

Spaces are limited and booking is required. Please speak to a member of staff or visit bit.ly/HazlemereLibEvents to book your place.

# Buckinghamshire Libraries

01296 382415 | To use Text Relay dial 18001 01296 382415 www.buckinghamshire.gov.uk/libraries

# Local Faith Group information for Totteridge & Terriers



## St Francis Church

Located on Amersham Road in Terriers. <u>www.terrierschurch.org.uk</u> Revd Joanna Gallant: <u>teamvicar@terrierschurch.org.uk</u> Office email: <u>churchoffice@terrierschurch.org.uk</u> Tel: 01494 297933 Office Tel: 01494 462911 Facebook: Friends of St Francis Terriers

### Totteridge Baptist Church

Totteridge Baptist Church Located on Hillary Road, High Wycombe, HP13 7RA Our services are held every Sunday at 10.30am - All are very welcome. Tel: 07760 651953 E-mail: totteridgebc.secretary@gmail.com Website: https://www.totteridgebaptist.org.uk Facebook: https://www.facebook.com/totteridgebaptist.church Instagram: totteridgebaptist

#### St Andrews Church (C of E)

Located on Hatters Lane, High Wycombe HP13 7NJ. Services are every Sunday at 10:15am. Tel: 01494 - 529668

#### St Wulstans Catholic Church

Located on Hollis Road, Totteridge, HP13 7UN Regular Masses both on Sundays and at other times during the week. Tel: 01494 - 472576

#### St Augustines Church (Catholic)

Located on Amersham Hill, High Wycombe There are regular Masses on Saturdays, Sundays and during the week. Tel: 01494 - 523969

**Totteridge Mosque** (Wycombe Islamic & Mosque Trust Limited) 24 Totteridge Road, High Wycombe, HP13 6EB Tel: 01494 - 513440 Also Muslim Education Centre at 4 The Parade, Totteridge Drive Tel: 01494 - 522786

Wise (Wycombe Islamic Society) St Marks Close, High Wycombe, HP13 6GN Tel: 01494 - 259194 Web: www.wise-web.org

# At Vets4Pets High Wycombe We are proved of our

- Convenient location and opening hours
- Highly trained vets and nurses

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## Call 01494 443 075 or visit vets4pets.com

## Vets4Pets High Wycombe

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# Hire Cedar Barn or The Stables Hazlemere

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Each room holds 60 people Suitable for meetings, parties and fitness groups etc Cost: £18 per hour Cedar Barn Cost: £14 per hour The Stables Please call Rachel on 01494 715548 or email bookings@hazlemereparishcouncil.org.uk or visit www.hazlemereparishcouncil.org.uk



# CHAMELEON SINGLES GROUP



Our AGM in January offered the chance to discuss new ideas and events for 2023. The group has now started to include some of these in

the programme and with summer ahead will be doing more in the great outdoors.

In May the group will be going on a day trip to Guernsey, a trip to Salisbury is also planned plus for the summer a trip to the coast. As the warmer days come along the group's BBQs are always popular events. This year we hope again to be able to run two both early and late summer in our members gardens.

Our walks and coffee mornings continue to be popular and sometimes the two are combined. An early morning "Summer Solstice" walk & breakfast is planned this year so an early start to the day on the 21<sup>st</sup> June

At home evenings, sharing suppers, take-away food nights and the occasional themed evening will also feature in our bi-monthly events programme. We'll be doing the summer Quiz too up at the Hazlemere Community Centre. Regular events each month are the Pub Night on the last Thursday and Lunch Club on the second Friday. Both events are ideal if you are a newcomer giving a chance to meet others and find out more in an informal atmosphere.

If you are single, 40-60's, looking for a great social life and new friends then why not give Chameleon Singles Group a try? There are no strangers at Chameleon, just new friends to be made. The group has several local people from Totteridge, Terriers and the surrounding areas and you would be very welcome too. To find out more contact: Terrie on 01494 445816, Trevor on 01494 529067 or e-mail: info@chameleonsingles.org.uk Visit the group on-line at www.chameleonsingles.org.uk or search for us on Facebook.





# Join Neighbourhood Watch!

It's as easy as 1, 2, 3...



#### Go to: ourwatch.org.uk/join - and start filling in the form.

You will get a confirmation code by email for added security. Enter this code when prompted and complete Registration to set up your Account. It is totally free.

Once registered, join your local scheme - or start one if there's not one in your road already.



To do this, open your account by clicking 'LOG IN' (top-right on website). Click SCHEME ADMIN and then 'Join Scheme' or 'Start Scheme', whichever is appropriate.

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#### If starting a new Scheme, contact your local NHW Representative to get advice and support materials.

Contact Wycombe District Neighbourhood Watch Association by email at office@wdnhwatch.plus.com or visit www.neighbourhoodwatchwycombe.org.uk





# Driving Ambition and Inspiring the Next Generation – At The Highcrest Academy

Two of our core values and virtues here at The Highcrest Academy are 'ambition' and 'purpose'. Since the start of the academic

year, all of our students from Year 7 to 13 have taken part in regular 'Careers Q&A' sessions with young people who went to Highcrest and are now in ambitious career paths (via Microsoft Teams, broadcasted in all tutor rooms). Our recent alumni, which has been built through using LinkedIn, have been invited to take part and the response has been resounding. Recent guests have included: Professional Footballers, Data Analysts, a United Nations Intern, Insurance Analysts, Marketing Copywriters, University Students and Degree Apprentices at Johnson & Johnson.

Students listen to the former students story through Highcrest and then how they got to their career path. Our students then have time to ask questions through their tutor. All of these are recorded and saved on our internal careers channel. These then link to a postering campaign around the school including an image of the guest with a QR code linked to the recording of the interview.

On top of this, our students now all have access to Unifrog. This is a one stop shop careers and destinations portal. Students have a unique log in which allows the to explore potential destination pathways, search

university courses, apprenticeships and includes useful tools which help them to build a CV and log all their activities completed outside of school.

All of our Year 11s and 12s have had individual careers meetings this year with a fully qualified careers advisor. Every year group has had a careers linked event and Years 9 to 13 have had their Careers Fair, our first live fair since the pandemic. These events have all been hugely successful and the positive impact on driving our young people's ambition has been immense.



..I work at the United Nations."

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# Hazlemere Gardening Association Welcomes New Members!

Whatever the size of your garden, whatever you like to grow, membership of the HGA ( $\pounds$ 7 / year, or  $\pounds$ 5 / year for over 60s) offers the following benefits:

- A warm welcome and friendly advice
- A huge range of discounted gardening supplies
- Visits to gardens including RHS Wisley
- Social events.
- Plant sales and annual shows
- Discounts at local garden centres and nurseries

Visit us at the Barn Store, Cedar Barn, Barn Lane, Hazlemere HP15 7BQ Open 10 - 12 every Sunday from February to October Find us at www.hazlemeregardening.co.uk

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Phone: 01494416461 | 07843226912 **f** 1secureuk info@1-secure.co.uk www.1-secure.co.uk

Issue 64

# **Steve Baker MP**

I recently went to the Breast Unit at Wycombe Hospital so see its new treatment programme for some breast cancers. I was very impressed to learn it is one of the first in the UK to use the MagTotal approach, which uses precision technology, reduces operating times and improves patients' recovery. It also means more operations can be undertaken, helping to reduce waiting times. This great work means world-class care is available to people on our doorstep and helps attract the best teams to come and work in our hospital. I am

very proud this is happening in Wycombe and have nominated the Breast Unit in the NHS Parliamentary Awards.

The late Queen was Britain's longest reigning monarch and many people, like me, will not remember a time when she was not our Head of State. This means the coronation of King Charles on 6<sup>th</sup> May was particularly special. I was honoured to be invited to the service in Westminster Abbey and felt privileged to represent Wycombe at theCoronation. Not many people will know the coronation cake was made in High Wycombe by pladis, the owner of McVities, a Royal Warrant holder. I was invited to see the finishing touches being made to the cake which will be gifted by pladis to Their Majesties and enjoyed by their guests at Windsor Castle during the Coronation Concert

There is no doubt the country could do with a little cheering-up. These are difficult times, and as our economy recovers we must take action to fix the problems families are facing, whilst putting in place the long-term solutions to build a stronger and more innovative economy that will guarantee a better future for the next generation. A recovering economy will mean reduced inflation and lower mortgage rates, more affordable food and energy, and support for the NHS so people get the care they need more quickly. And with a stronger economy we will be able to strengthen communities and level up left behind areas, seize the opportunities of Brexit, protect Britain's long-term interests and restore pride in our country.

The Prime Minister has recently spoken about his five immediate priorities: halve inflation; grow the economy; reduce debt; cut NHS waiting lists; and stop small boats in the Channel. The Prime Minister's career and economic experience means he is well placed to deliver economic recovery. He intends to do what's right, not just what's popular, setting out clear promises you can hold him to account on. By working hard today and taking the difficult decisions to deliver on these priorities, we can build the foundations for a prosperous United Kingdom and a better future for our children and grandchildren.

As ever, if you would like to get in touch with me, please email <u>steve.baker.mp@parliament.uk</u> If you would like my help with a particular urgent issue please telephone my constituency office on 01494 448408.

# Healthy Minds Improving Access to Oxford Health Buckinghamshire IAPT Psychological Therapies Oxford Health

# Are you struggling with any of the following:

Feeling nervous,	Unable to stop or
anxious or on edge?	control worrying?
Little interest or pleasure	Feeling down,
in doing things?	depressed or hopeless?

Healthy Minds Bucks is your local NHS Service offering tried & tested psychological therapies for people aged 18 or over to help them with stress, anxiety, low mood, employment difficulties and long term health conditions.

# Let's talk We're here to help

Book your 1st appointment through our website www.healthymindsbucks.nhs.uk





# **Chiltern Stroke Club**

Had a stroke? or a family member had a stroke?

Come along and join us Tuesdays 2pm-4pm in Brooks Lounge, Amersham Road, Hazlemere

We are a local network of The Stroke Association; support and social group for stroke survivors and their families. Weekly exercise led by a qualified rehabilitation teacher, specialist speakers and social activities.

Contact: Adele 01494 728537 <u>www.chilternstrokeclub.co.uk</u>



www.buckinghamshirelottery.co.uk & search for T&T News Players must be 16 or over.  $\pounds$ 1 per ticket. Always gamble responsibly.



# One Can Trust—What to do if you need help

The One Can Trust food bank works on a referral system from partners such as the Helping Hand team at Buckinghamshire Council, Wycombe Women's Aid and Citizens Advice Bureau. They assess your needs and contact the food bank to request a parcel. For more information: Tel: 01494 512 277 E-mail: office@onecantrust.org.uk

There are local food drop of points in our area at: West Drive, Amersham Hill, Lucas Road, Sheraton Drive, Underwood Road, Green Road & more.

# **Inner Wheel Club of High Wycombe**



On a sunny but windy January morning, seven of our members met in Hughenden Park wood eager to find where our Oak sapling was to be planted. The Ranger had placed the sapling in an open site near the path so it was easy to find. He quickly dug a large hole and our President paced the tree in the hole. Photos were taken of this important event which was part of the Queen Elizabeth Platinum Jubilee Green Canopy project.





Members with our Oak Sapling

The February Meeting saw a large gathering of friends, relatives and guests for our annual Charity Lunch and Auction. It was a very enjoyable event and made successful by the generosity of those attending. The interesting speaker was Col. (Retd) Mike Kefford OBE who later acted as the auctioneer for the wonderful prizes.

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Also, in February our Inner Wheel District 9 members organised an International Rally Tea along with a presentation and video outlining the work of the charity "The Book Bus" which takes books to overseas areas to give children and adults the opportunity to learn to read. The gift of reading opens up other worlds in the imagination and also educates us. Those present agreed that this was a very worthwhile charity to raise fund for.

\*\*\*\*\*



In March a group of our members met over coffee and cake to stitch knitted squares into blankets for the "Hamlin Fistula Charity" and to trim donated used stamps to help "Canine Partners" to raise funds.

If you would like to join us, we meet on the first Monday of each month at HW Cricket Club, London Road. Please contact Sue Creed 07719 719636 for a friendly welcome and to enjoy a programme of interesting speakers and events.



# HIGH WYCOMBE SHOPMOBILITY

# **QUIZ NIGHT**

at the RIVERSIDE FORMERLY ROYAL BRITISH LEGION

St.Mary's Street, High Wycombe by kind permission of the Riverside Club

# Wednesday 5<sup>th</sup> July 2023

7.30pm for 8.00pm prompt start

Teams of up to six people maximum £3.00 per person, Licensed Bar Quiz Master – Peter

FOR FURTHER DETAILS AND TO BOOK A TABLE PHONE SHOPMOBILITY 01494 - 472277

YOU ARE INVITED TO ENTER A TEAM FOR A NIGHT OF FRIENDLY COMPETITION TO HELP RAISE FUNDS FOR THIS LOCAL CHARITY



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buckinghamshire.gov.uk/cost-of-living





TOTTERIDGE FC has provided football to the local youth in the community since 1996. For more information and contact details please visit our web site - www.totteridgefc.co.uk

## YOUR LOCAL COMMUNITY FOOTBALL TEAM! And update from the Chairman, Oliver Witney

#### WE ARE THE RIDGE. Summer Successes

This month (May) starts the end of the season where games start to lessen but tournaments gain momentum. We have had a really great season at Totteridge FC, with plenty of goals throughout the year.

Very recently, since Easter, we have started a mini kickers with U7s and U8s which is getting more popular. We hope to continue this after the summer, on outside pitches. The U10s started new this year after splitting from the now U11s and have done excellent in their new group, going from strength to strength. This has been so successful that we want to start a new team. They also got to the semi final of the Chinnor tournament before losing to the eventual winners.

With the U11s struggling at the mid point in the season the team has come back refreshed and roaring to go and we hope they have some really successful tournaments. With the previously issue explaining the U12s splitting into two teams, they both finished in the top halves of their respective leagues and will go onto do very well in local tournaments. The U13s finished joint  $3^{rd}$  in their division, only 5 points behind  $2^{rd}$ . They then got to the quarter finals at the Chinnor tournament, also losing to the eventual winners.

The U14s finished runners up in division 3, only 5 points behind the winners, but with 14 wins out of 19 it was a superb achievement and the team will go onto do brilliantly next season. The U16s were winners in division 4 under the helm of Tak. A superb achievement by the squad.



Figure 1 – Our U16s League Winners in WSBML Division 4

The league has only just finished but we already have to start getting ready for next season in September. We have had players enquire with us for months who we have had to put on a waiting list or turn down because we do not have more volunteers to help run the teams.

We have a number of U8s players that want to start in September as an U9s team. We have numbers to create a second squad of U9s/10s and we have almost for a second U13. We have spaces available for players in our U7s and U8s sessions, so please get in touch. If you are interested in joining, either as a player or volunteer, please contact myself, Oliver Witney on 07706888441. We provide full training and support, including up to UEFA C qualifications. Parents volunteering pay no registration fees for their children at the club.

Under 7/8s - Oliver 07706 888441

Under 9/10s - Dean07961 666394 (SQUAD FULL - LOOKING FOR 2nd SQUAD<br/>VOLUNTEER COACHES)Under 11s - Michael07493 552335 (SQUAD FULL)Under 12s - Carl07723 314419 (ONE SQUAD FULL, OTHER STILL AVAIL)Under 13s - Jon07723 314419 (SQUAD FULL - LOOKING FOR 2nd SQUAD<br/>VOLUNTEER COACHES)

Under 14s – Khalid 07834 586786 (SQUAD FULL) Under 16s – Tak07838 579217 (SQUAD FULL)

Please note that all age groups mentioned in this article are for 2022/23!



Chiltern Hills Cycling UK group offers both led rides and Coffee pots every Sunday. Now summer's here it's time enjoy the warmer days, coffee stops and make new friends with bike rides in the countryside that surrounds our local area. There is something for everyone of all ages who wants to get out with both pedal bikes and e-bikers welcome. Cafes such as Hughenden Valley Coffee Shop, Hildreths at Prestwood, The Potters Arms at Winchmore Hill and Costa in Great Missenden regularly feature in the club rides list so you are never far from home. **\* We will also be taking part in Bike Week from 5th—11th June \*** 

Chiltern Hills Cycling UK have a Zoom social on the  $1^{\rm st}$  Thursday of each month and a meet up clubroom at Little Kingshill Baptist Church. More Information:

# Web: www.southbuckscycling.org.uk E-mail: publicity@southbuckscycling.org.uk For more general information about Cycling UK visit: www.cyclinguk.org

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# Totteridge and Terriers News

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T & T News is published four times a year in March, June, September and December. We aim to get the magazine distributed by mid month of issue. In order that we can achieve this deadline we need your articles and advertising as early as possible. Our deadline for the autumn 2023 edition is 20th August.

We thank all our advertisers and contributors for their support. However T & T News cannot endorse any product or service contain within this magazine. You are advised to check details of all goods and services offered. All contributions are accepted in good faith and opinions expressed are not necessarily that of the editor or T & T News.

That's about it....Join us again in September 2023. In the meantime you can catch up with the latest news on the web at

# www.tandtnews.org.uk

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# 2023 Advertising Rates:

B & W - Mini Ad £14 / £25 Quarter Page / £45 Half Page Colour - Mini Ad £17 / £32 Quarter Page / £60 Half Page / £110 Full Page (Full page adverts subject to availability—Autumn 2023 deadline is 20th August)

# T & T News Events Diary

### Sunday 11th June 10:30am to 4pm

## Priestfield Arboretum Open Day, Stoney Lane, Little Kingshill

A private collection of over 200 rare and specimen trees. Admission £2 Free tours Contact: Tim Pye on 07768 337619 E: curator@priestfieldarboretum.org.uk

## Wednesday 5th July

## Quiz Night at the Riverside in aid of Shopmobility

Teams of up to 6, Licenced Bar, Cost £3.00 per person. To book call 01494 472277

## Sunday 20th August

## T & T News Deadline for the autumn 2023 edition

Today is the last date for News, Events, Articles abnd Advertising submissions. Contact E: editor@tandtnews.org.uk / T: 01494 463107 / M: 07905 888098

## **Regular Events**

Every 1st Monday of the month

Inner Wheel Club, Cricket Club, London Road, High Wycombe Contact Sue Creed on 07719 719636 (See P.21 for more information)

## Every 2nd Wednesday of the month

Wycombe Wenches W.I. Meeting 7:30pm Cricket Club, London Rd, Wyc. Monthly meeting of the W.I. See page 7 for more information and contact details.

## Every 1st Thursday of the month

Terriers Evening W.I. meeting 7:30pm. Cedar Park School, Hazlemere. Monthly meeting of the W.I. New members welcome.



# David Winterburn Marketing & Media

In-house newsletters, Local promotional work Flyers for the small business RSL Radio service management Training and Production

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