Totteridge and Terriers News

T&T NEWS

THE COMMUNITY MAGAZINE FOR TOTTERIDGE & TERRIERS

Issue 71

Spring 2025

Valentines Day in Tyzack Road

Over the last couple of years the post-box at the end of Tyzack Road has seen a variety of toppers produced by a local resident. In celebration of 14th February the box was appropriately decorated to reflect the theme of the day with love hearts.

Picture © TPJ 2025



T & T News goes digital! From our summer 2025 edition we will be going digital after 18 years of being an in-print magazine. See page 23 for all the details and how you can still read your copy.

See inside for all your community news from Totteridge & Terriers.

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wyeres.co.uk

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WELCOME
TO T&T
NEWS
SPRING

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2025

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Hello,

Welcome to the Spring 2025 edition of T & T News.

As we entered the new year this marks our 18th year of publication. Over that time a lots of things have changed in particular how we receive news and information which is now very much driven by the internet. Advertising has changed too as we find more of this coming up on our phones and computers and less in print.

Its time now for T & T News to move fully onto the digital platform. Our web site has been growing over the last few years and along with digital subscriptions this is now the way forward for T & T News. We'll still do the occasional printed flyer to remind readers of our digital offering but from summer 2024 we'll not be in print.

In this edition we have all our regular contributors and welcome more from the growing number who now visit:

www.tandtnews.org.uk

Have a great spring and enjoy the warmer days ahead reading your edition of the community magazine.

David Winterburn, Editor





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Ladies Football

Thursdays 6.30pm - 7.30pm



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South Bucks Hospice is seeking a volunteer head gardener



Do you have some free time to volunteer to support a hospice which provides help and hope for people with life-limiting conditions? South Bucks Hospice, based in Kingswood Park, High Wycombe, is, in particular, currently looking for skilled gardeners and café helpers to volunteer their time for the charity.

The hospice emphasises a 'holistic' approach to care, meaning it looks after the whole person

and their family. It says: "Our beautiful garden, fully run by our volunteers, provides a safe and calming outdoor space for our patients. "We are looking for any skilled gardeners who are willing to volunteer their time to help us maintain and develop this valuable area at South Bucks Hospice, for a minimum of five hours a week.

"This is a great opportunity to become a volunteer and support our charity in its development and growth. We are looking for individuals who have a passion for gardening and have a desire to make a positive contribution, as part of the South Bucks Hospice volunteer team." Ideally, the hospice would like a volunteer head gardener to do the lawn mowing for a small patch of grass and heavier manual work and provide guidance for the current team of gardeners. However, anyone who wants to join the team should contact the hospice to find out more.

Meanwhile, café helpers are also being sought. Volunteers who can commit to at least one day a week from 10-2pm are needed to make and serve simple refreshments such as toasties and cakes, as well as help with washing up, using the till and talking to customers. Training will be available.

Nick Callaghan, the CEO of South Bucks Hospice, said: "Our experience tells us that volunteering is incredibly rewarding for both volunteers and our patients. By sparing just a few hours a week, you can make a huge difference to someone else's life." If you are interested in finding out more about volunteering, please

E-mail: volunteers@sbhospice.org.uk





Are you retired or about to retire from the NHS or social care?...

...Want to keep up with your friends and make new friends with other NHS and social care staff and enjoy a variety of additional benefits and offers? Then the NHS Retirement Fellowship may be for you!

The Fellowship provides social, educational and welfare opportunities across the country with a number of additional, specially tailored benefits.

You can find out more by: Tel: 01305 361 317 Email: info@nhsrf.org.uk Or visit our website at:

www.nhsrf.org.uk

Local branches run across the country providing a range of additional social activities including trips out, theatre visits, talks with interesting local speakers.

NHS Retirement Fellowship

You can find out more about your local branch:

Wycombe and Amersham

We meet at Holmer Green Village Centre on the second Wednesday of the month. 1.30 - 4.00pm

Annual membership £30, plus £2.50 on the door.

Contact: joykay1944@gmail.com

07931307598 or

cooperjac@hotmail.co.uk 01494488468

Facebook: NHS Retirement Fellowship Wycombe and Amersham Branch



Making your retirement work for you.



Wycombe Wenches WI



Wycombe Wenches has resumed after Christmas, despite the weather's attempts to stop us! Some photos of our December activities are included below, and we have continued to follow our goals of educating and informing. Despite the threat of snow, a few of us were able to get together in January to hear a very informative talk on "Warrior Women in The Civil War" when we learnt a lot about the roles that four women played in the events of the 17th century. Following the speaker, we held a short discussion to find out about the WI resolutions proposed for this year, and voted on which resolution we wished to be put forward. In February, another very interesting speaker told us about the conservation efforts concerning butterflies of the Chilterns and gave us information on which plants to include in the garden to encourage butterflies. Our speaker in March told us about masquerade masks and their significance. We are currently finalising our speaker list for the new year starting in April, and have some extremely interesting events lined up!

The Culture Club had a small break over the early months of the year but have plans for the coming months, including lunch and a play at "The Mill At Sonning" and other plans going right into September. The Film Club meets regularly and recent films have included "The Last Bus", "My Old Lady" and "Wonder Boys". Bookworms continue to meet monthly at Hughenden Community Café for lunch, and chat about the month's chosen book, which in this season have included "The Homecoming" and "All The Glimmering Stars". The Walking Group have also taken a short break while the weather has been bad but will recommence shortly. Winers and Diners resumed their meals out, with a visit to "Eat Nua" in Wycombe and "The Crown" in Penn.

A variety of our Christmas activities -



Tasting and scoring different Christmas food and drink



Our decorated tree for the Tree Festival at All Saints Church



Christmas meal at The Spindle and Thread

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Before Christmas, we were able to give over £200 in vouchers to the Women's Aid Refuge, and we continue to support them with our monthly collections of items. In February we also held a book and jigsaw sale, which raised funds for our own group. These sales are proving to be very popular and have turned into an annual event. We are looking forward to the WI area quiz in March, where we hope to repeat our success of last year!

No pressure, team!

If you are interested in joining our friendly group, please contact us via the email address below. We meet on the second Wednesday of each month, at the Cricket Club on London Road, High Wycombe, at 7.30pm.

Best wishes

Diane Haylor

President

wycombewencheswi@hotmail.co.uk



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Wycombe Sound is your local community radio station broadcasting on 106.6FM and also via the internet and Radio Player.

The station offers a mix of music along with specialists shows and local news and interviews.

Listen in 24 hours a day, 7 days a week.

Web: wycso.org.uk

E-mail: studio@wycombesound.org.uk

Tel: 01494 449900

Terriers W.I.



December - Louise Childs a local singer and musical director brought her electric keyboard to our meeting; were she entertained us by playing and singing Christmas carols and festive songs. She also provided song sheets for us to join in. We had a relaxing morning and enjoyed mince pies with our tea and coffee.

January - Vickie Farrell a professional organiser came and gave us examples on how we can declutter our homes. Most of us have more items that we need. This can affect our mental health, or when downsizing to a smaller home, this task can be daunting. But if we plan and organize ourselves, we can keep the items we need and want to keep, and can then deal with any broken or duplicate items, and things we never use anymore. **www.declutteright.com**

February - Jo Clarke a Seated Yoga Instructor, gave us an example of how Seated Yoga can improve our health and keep us much fitter and relaxed. This included exercises with our, hands, arms, legs, head, and chest, while sitting on a chair. This form of gentle movements will strengthen muscles and help with our balance. We all felt the difference, and felt more relaxed, All the exercises can be done in our own homes.

Due to our new location and earlier start time, we have had a large influx of new members, unfortunately due to health and safety reasons we have had to temporary restrict the size of our membership.

Anybody wishing to join us please contact us at:

http://www.terrierswi.org.uk and we will contact you.

Future Meetings

6th March-AGM and Quiz 3rd April-Food Glorious Food by Dr Jill Ayers

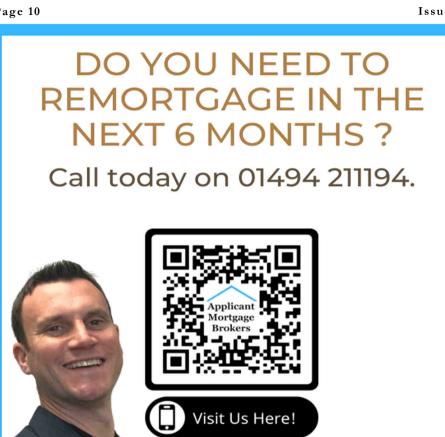
8th May— WI Resolutions 5th June—Safari by David Dennis

3rd July-Garden Party (location TBA) August-No Meeting

Meeting starts 10.30 am Doors open at 10.15 Cedar Barn, Barn Lane,

Hazelmere HP15 7BQ on the first Thursday of every month except August, plenty of on-site parking.

More information on http://www.terrierswi.org.uk



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Rainbows, Brownies, and Guides looking forward to Spring!

Rainbows, Brownies and Guides in High Wycombe have been enjoying being back together after their Christmas break. They have been getting involved with lots of different activities and trips as well as working on a variety of badges. One unit had a yoga teacher come in for an evening who led a Yoga and relaxation session. The girls (and leaders) did really well and thoroughly enjoyed the experience.



Another unit went on a very exciting trip to High Wycombe fire station. They were shown around 2 of the fire engines and even got to sit in them! The girls asked lots of questions and learnt a great deal about the fire service. Perhaps there will be some firefighters from the unit in the future! We are all looking forward to getting out and about more when the weather

improves and are planning lots of exciting things for the girls.

There are 4 different age groups of girls in Girlguiding: Rainbows aged 4-7, Brownies aged 7-10, Guides aged 10-14 and Rangers aged 14-18

We always love to welcome new members so if you are interested in your daughter joining one of the units, please register your interest using the link. You will be able to see the units in the area and find out where they meet. Once you have registered your daughter, one of the local leaders will then contact you with more information.

https://www.girlguiding.org.uk/information-for-parents/register-yourdaughter/

If you would like to find out more information about helping or becoming a leader, please follow the link below.

https://www.girlguiding.org.uk/get-involved/become-a-volunteer/ You will be able to register your interest and then one of our local volunteers will contact you.

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Where Everyone Shines

High Wycombe Gang Show 2025- It's time to shine again!!

We are pleased to announce that the High Wycombe Gang Show is back!

The show is a jam-packed variety show enthusiastically performed and created by members of Scouting and Guiding from all over South Bucks. We have a live band and make all our own props and scenery as well. The cast will wow you with songs, dancing, comedy sketches and it is always lots of fun!



High Wycombe Gang Show proudly support a chosen local charity and this YOUNG DEAF ACTIVITIES year's charity is Young Deaf Activities (YDA).

The show is running from April 4th-April 5th 2025 with shows at 7pm and a matinee on the Saturday at 2pm, the show is performed at the Lancaster Arts Centre at Wycombe Abbey School. All 3 shows are British Sign Language interpreted.

To find out more about our show and to purchase tickets please visit highwycombegangshow.co.uk We look forward to welcoming you. See you there!





David Winterburn Marketing & Media

In-house newsletters, Local promotional work Flyers for the small business RSL Radio service management Training and Production

Tel: 01494 – 463107 dwinterburn.fm@tiscali.co.uk T&T News Page 13 Page 14 Issue 71

INNER WHEEL CLUB OF HIGH WYCOMBE



FRIENDSHIP LUNCH – 4TH NOVEMBER 2024

We enjoyed hosting our friends from Reading Maiden Erlegh Club, some Rotary partners and friends to our friendship lunch where we also sold homemade cakes, jams, chutney and mincemeat. A total of 36 people attended and we raised £154.50 from the sale of produce. Our President Alison and Barbara Cunningham from Reading Maiden Erlegh lit the candle of friendship. Dr Sarah Atwell from High

Wycombe Child Contact Centre spoke to us about the work of the Charity. Sarah explained that trained volunteers run the centre, the basis being that parenting should not end when parents split up so the centre provides a safe, relaxed environment for children to meet parents from whom they are separated.



WREATH LAYING - 10TH NOVEMBER 2024

Our President Alison attended the High Wycombe Remembrance Sunday wreath laying on behalf of our club at the War Memorial and the church service that was held afterwards. Alison said 'It was an honour for me to represent the Club and my son, Flt Lt Rob Daniell, accompanied me wearing his RAF uniform so I was doubly proud!'



CHRISTMAS LUNCH

We were very well entertained by the Heath Singers prior to our delicious Christmas lunch which was enjoyed by all. We raised "£275 from the raffle and many members gave a donation to the benevolent account in lieu of Christmas Cards. Food donations were also made for the One Can Trust.

CHARITY LUNCH – FEBRUARY

We had a most enjoyable lunch at the Cricket Club proceeded by a welcome glass of Prosecco. This was followed by an interesting talk by Anthony Long on the subject of the TV series Midsomer Murders. The long running series has been set mainly in the Buckinghamshire area. I was fascinated to hear that the theme music is not actually played on an instrument but on a theremin. The theremin is an electronic instrument controlled without physical contact by the performer. The performer literally waves their hands over the radio waves that the theremin produces and thus generates the sound. We raised £545 from the auction and £205 from the raffle.

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CHAMELEON SINGLES GROUP

Our winter events have mainly been indoors with some members hosting events at home. Perhaps a good thing with the cold snap as we look towards spring and summer. As usual we had a

Christmas Dinner Dance this time held at the Spindle & Thread in High Wycombe. There were 16 of us who enjoyed a 3-course meal along with drinks and a disco to end the evening. It was a great evening out as 2024 drew to a close.

Our AGM is held at the end of January and is very much a planning meeting for events in the coming year. We will be looking forward to some more trips out and perhaps a short holiday with overnight stay for a day or two. We continue to do our walks on a regular basis and this year once again will be supporting one of the Snowdrop Walks in West Wycombe Park.

Along with our popular regular events including the Lunch Club on the second Friday of the month and the Pub Night on the last Thursday we continue to do much more driven by our members and their ideas. We plan to attend the Hazlemere Community Centre Quiz in early March and so far we have avoided the wooden spoon! We have yet to be declared winner but will continue to try.

For those who want to join us from home we have a Zoom social where we catch up for 40 minutes once a month. This is particularly useful for those who cannot easily get out to events and is also a place to swop ideas for future events and plan any travel.

If you are single, 40-60's, looking for new friends and a great social life why not give Chameleon Singles Group a try? There are no strangers at Chameleon, just new friends to be made. The group has several local people from Totteridge, Terriers and the surrounding areas and you would be very welcome too. To find out more call Terrie on 01494 445816. Trevor on 07879 332975 or e-mail:

info@chameleonsingles.org.uk. Visit the group on-line at www.chameleonsingles.org.uk or search Facebook.



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New Vicar at St Francis Church

Reverend Azita Jabbari has been appointed as the new Team Vicar and Pioneer Priest at St. Francis of Assisi Church in Terriers, working also with All Saints Church, High Wycombe.

Azita was born in Iran but moved to Oxford in her twenties. She grew a family business and then managed optician branches in Oxford while exploring her call to ministry. She was ordained in 2022 and is currently serving her Curacy at St. Mary's Church, Denham. Whilst serving in Denham. she has worked with children, families and young

people, run a youth group, as well as having a strong partnership with local schools. Azita, her husband and two children will move to Terriers at the end of April and she will start her ministry in St Francis on May 21st. We look forward to welcoming Revd. Azita, her family and her dog into our community.

Wycombe Community Advice Hub

A one-stop drop in advice shop will be held on the last Wednesday of every month between 9:30am and 12pm and offers advice from a number of organisations. It will be located at the Beacon (formally Lata Lata) in the underpass in between Bucks New University and the town centre.

Organisations supporting this include Citizens Advice Bucks, Buckinghamshire Council, Buckinghamshire Family Information Service, One Can Trust, Women's Aid, The Oasis Partnership and HSBC.

Chiltern Stroke Club

Had a stroke? or a family member had a stroke?

Come along and join us Tuesdays 2pm-4pm in Brooks Lounge, Amersham Road, Hazlemere

We are a local network of The Stroke Association; support and social group for stroke survivors and their families. Weekly exercise led by a qualified rehabilitation teacher, specialist speakers and social activities.

Contact: Adele 01494 728537 www.chilternstrokeclub.co.uk T&T News Page 17 Page 18 Issue 71

Local Faith Group information for Totteridge & Terriers



St Francis Church

Located on Amersham Road in Terriers. www.terrierschurch.org.uk
Our services are held every Sunday at 8am and 10am and on Wednesday at 10:30am

Office email: churchoffice@terrierschurch.org.uk
Tel: 01494 297933 Office Tel: 01494 462911
Facebook: Friends of St Francis Terriers

Totteridge Baptist Church

Totteridge Baptist Church Located on Hillary Road, High Wycombe, HP13 7RA Our services are held every Sunday at 10.30am - All are very welcome.

Tel: 07760 651953 E-mail: totteridgebc.secretary@gmail.com

Website: https://www.totteridgebaptist.org.uk Instagram: totteridgebaptist

Facebook: https://www.facebook.com/totteridgebaptist.church

St Andrews Church (C of E)

Located on Hatters Lane, High Wycombe HP13 7NJ. Services are every Sunday at 10:15am.

Tel: 01494 - 529668

St Wulstans Catholic Church

Located on Hollis Road, Totteridge, HP13 7UN Regular Masses both on Sundays and at other times during the week. Tel: 01494 - 472576

St Augustine's Church (Catholic)

Located on Amersham Hill, High Wycombe There are regular Masses on Saturdays, Sundays and during the week. Tel: 01494 - 523969

Totteridge Mosque

(Wycombe Islamic & Mosque Trust Limited) 24 Totteridge Road, High Wycombe, HP13 6EB Tel: 01494 - 513440 Also Muslim Education Centre at 4 The Parade, Totteridge Drive Tel: 01494 - 522786

Wise (Wycombe Islamic Society)

St Marks Close, High Wycombe, HP13 6GN Tel: 01494 - 259194

Web: www.wise-web.org



Spring is on its way, Snowdrops are flowering and we have loads of bulbs showing their faces. We now have a finished path through the Nature Trail on the left hand side of the church. There are 6 bird boxes up and various food containers around. We used the Christmas Tree at the end of the path, to put food for the birds which the children from Messy Church



made along with bug hotels. As it has been so cold and wet over the winter. The trail needs a little tidying up, but we left some of the branches to give cover for any creatures that live there.

We don't have much planted in the beds - onions and garlic. The rhubarb is trying to pop its head, and perpetual spinach is still going strong. We are waiting patiently for the weather to get

warmer when we can see if our Dahlias and Geraniums have survived in the greenhouse. Then we can begin planting seeds.

We have more light for our beds now as the Laurel Tree which shaded them was felled by the Chiltern Rangers, while they were finishing the path. We might even need to shade them now if we get a hot summer?

Today the sun is actually shining, though cold which makes such a difference and it would be perfect if we had more light in the day.

There has also been a couple of events by groups using the Firepit by Feedback Global and the Forest Church in the quiet ring of logs. So please pop in to have a look.

As usual we try to get into the garden on Thursday and Saturday mornings (weather permitting) as there is so much to do and we would love to have more volunteers. You would be made so welcome.

We are Valerie, Jane, and Pauline come and meet us or ring Valerie on 01494 473128 and leave a message. You will get a reply. or ring Lynn on 01628 530402
We are at the back of St Francis Church, Amersham Road, HP13 5AB
You can join us on Facebook.com/
terrierscommunitygarden.



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News in Brief (N.I.B.)

Hazlemere Community Centre

The community Centre has a lots of regular groups that use its two halls, bar and other facilities. It is also available for private hire. Just some of the events coming up:

14th March - Roy Orbison Tribute with Ian Sparks. Tickets £10

11th April - New Foundations 60's Tribute. Tickets £10

26th April - Sledgehammer 80's Tribute. Tickets £12

8th May - VE Day cream lunch with Louise Good 12 Noon - 2:30pm. £10

7th June - Pride event. Free

4th July - Leech, Party Band. Tickets £10

Hazlemere Community Centre is located on Rose Avenue, Hazlemere, HP15 7UB. Parking available and also on Bus Route 31.

Web: www.hacommunity.org.uk

End of the copper line

From this year copper phone lines are being phased out in place of fibre-optic connections. These will offer better quality calls and faster broadband speeds meaning we'll all be better connected. The old wires will no longer carry our calls and the old telephone exchanges will be de-commissioned. Some 99% of current handset will be compatible with the new digital phone service. In most cases you will just plug your phone into your modem rather than into the phone socket on the wall. There is more information on the BT website at: www.bt.com/digital-voice

Local Halls

Totteridge Community Centre, 55 Totteridge Drive, HP13 6UG Tel: 01494 511216 St Francis Church Hall, Amersham Road, HP13 5AB Tel: 01494 462911 Totteridge Baptist Church, Hilary Road, HP13 7RA Tel: 01494 263359 St Wulstans Church Hall, Hollis Road, HP13 7UN Tel: 01494 438300 The Hive, Arnison Avenue, HP13 6DD Tel: 01494 454697

Memory Partners Charity

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The last edition of T&T News gave details of our tai chi cafés in Totteridge and
Beaconsfield. In our aim to spread the benefits of tai chi for health and wellbeing more widely we are proud to announce that last month we were able to run a training workshop to produce new instructors. The cost of doing so was covered by donations from the café with support from the community centre.

For more information contact Sue 01494 532088 susanstuart922@gmail.com

Tai Chi Café Thursday's 10:50am Totteridge Community Centre





www.buckinghamshirelottery.co.uk & search for T&T News £1 Per ticket. Players must be 18 or over. Always gamble responsibly.

Emma Reynolds MP

Since my last contribution, I have been appointed by the Prime Minister as Economic Secretary to the Treasury. I look forward to working with the Chancellor to boost the critical role of financial services in driving growth across the country and delivering vital services to people.

My commitment to the people of Wycombe remains unchanged and I will continue to work tirelessly on behalf of my constituents. Since being elected last year, I have been privileged to meet so many local residents, businesses and community groups and I look forward to continuing that work. I also hold regular surgeries where my team and I are help constituents on a wide range of topics, surgeries are a fantastic way to talk with residents who need extra assistance.



Many constituents have been in touch to share their concerns about the rail services in Wycombe and as a regular commuter, I know how important an efficient train service is. I met with the Managing Director of Chiltern Railways, to discuss these local concerns and the steps being taken to improve services. I have requested to meet with the Secretary of State for Transport to discuss how we can deliver the best rail service for Wycombe.

I was pleased to meet with representatives from Wycombe Friends of the Earth to discuss how the Government is delivering on climate action. The previous government left our rivers, lakes and seas choked by record levels of sewage and I was pleased to recently vote for Labour's Water Bill. This legislation will clean up our waters by placing water companies under special measures with new powers to ban bonuses and bring criminal charges against polluting bosses. I was pleased to visit local company Cableflow, the UK's largest manufacturer of Medical Supply Units, which are used across the NHS and the private healthcare sector. I look forward to supporting Cableflow in developing closer ties with the NHS.

I know many Wycombe residents are concerned about our local NHS services; further highlighted during my meeting with HealthWatch Bucks. I was pleased by the Government's recent announcement of £25m for Buckinghamshire's public health services, as part of a £200m national funding boost.

RECORDS WANTED 1950'S—1960'S LP's/ EP's/ 45'S WERE YOU BORN AROUND 1935—1955? DID YOU BUY RECORDS BETWEEN 1955—1970? ARE THOSE RECORDS NOW GATHERING DUST IN THE ATTIC/ CUPBOARD/ SHED? IF SO PLEASE CONTACT PAUL EVANS ON 01494 718460 OR EMAIL paulbuysrecords@btinternet.com I AM INTERESTED IN ROCK'n"ROLL, BEATLES, ROLLING STONES, WHO, MOD, SOUL, BEAT etc etc

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HI my name is Paul Evans and I have placed a RECORDS WANTED advert in this magazine.

The reason being that many records in many houses are un-wanted! They used to be wanted. They used to be loved. Many years ago they were bought and played and gradually became a collection. But over time they got played less and less and eventually they were put into a box and hidden away. Many are still in those boxes, in attics, in cupboards, even in sheds. They have survived house-moves and spring-cleans, but now, forty or fifty years later they are effectively

forgotten. Some people come across them and cannot even recall why they bothered to store them away in the first place. They no longer even have a record player. And so they either throw them away, or give them to a charity shop (if they can find one that will still accept them) or perhaps take them to a car boot sale—where people like me will look through and buy them. Because, going back to my first line—I DO want records. Not each and every record of course, but there are many that I do look out for that were purchased between around 1955 to 1970 or so, and if by chance this triggers a memory and you give me a call to come and look at your poor sad long-forgotten black discs, then

I will be happy to pay for them, and they will become loved once again! I look for anything from early 45s from the 1950s through to rock'n'roll, 1960s pop, beat, soul, Motown, spoken word, jazz and occasionally certain classical LPs, EPs

and 45s. Call me on 01494 718460

or email paulbuysrecords@btinternet.com.





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T & T News goes digital!

After 18 year as an in-print community magazine T & T News is moving to a digital format. Many of our readers now read the community magazine from the web site and we are introducing a free subscription to have the community magazine delivered straight to your inbox.

So why is this happening?

T & T News like many community magazines are finding it increasingly difficult to find funding and advertising to cover the cost of printing the magazine. Indeed, over the last few issues we have been losing money. Also we have an aging and dimmishing team of volunteers who are able to distribute the magazine. Some have been with us since the first issue!

What's next?

T & T News will be moving to a digital format. This means the magazine will either be available by download from the web site or by subscribing for free to receive a copy direct to your inbox.

If you would like to subscribe please e-mail: editor@tandtnews.org.uk

Include in the subject line: subscribe 18+ (If you are over 18 years old) or subscribe Under 18 (for children and young people, parental permission should be sought)

T&T News is a magazine that is suitable for all. However, for our Under 18 subscribers we shall ensure no adult content is included or details such as lottery promotions are send. Your details will not be shared under our privacy policy.

One Can Trust—What to do if you need help

One Can Trust food bank works on a referral system from partners such as the Helping Hand team at Buckinghamshire Council, Wycombe Women's Aid and Citizens Advice Bureau. For more information: Tel: 01494 512 277 E-mail: office@onecantrust.org.uk

WADSAD Wycombe and District Sports Association

Wadsad is based at the Wycombe Leisure Centre. We offer people of all types of disability a chance to take part in sport. . If you would like further information on becoming a member at WADSAD or Helping out then contact - Sarah Wiltshire 01494 450169, or Rachel Pope 01753 889390.

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TOTTERIDGE FC has provided football to the local youth in the community since 1996. For more information and contact details please visit our web site - www.totteridgefc.co.uk

YOUR LOCAL COMMUNITY FOOTBALL TEAM! And update from the Chairman, Oliver Witney

WET WET. As it is every year, we started 2025 with postponements most weeks. Unfortunately our pitches get quite wet and we can't play with standing water. However this hasn't stopped all our games. We had two teams reach the semi finals of their cup competitions. Sadly, the U15s lost in their semi final on penalties after the game ended 1-1 vs Haddenham. The U18s did manage to beat their very tough opponents to reach the final. We all are looking forward to seeing Tak and the team in the finals come May.



Like in the previous Winter article, we mentioned sponsors and just before Christmas we managed to get a grant for some new goals.



The previous goals were broken and we were unable to purchase replacement parts, so new goals it was. Thanks to the FA providing replacement goal grants we were able to get these in the ground just after the new year. A big thanks to Jon for getting the goals into the ground!

The Saturday Morning club run by myself is going really well, with lots of young players really enjoying it. If you know any in Reception up to Year 2 that is wanting to try out football then please get in touch.

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Next year we would like to continue expanding the club, as we will be losing the U18s to adult football, so we would love some volunteers to come and join us to help develop the next group of Totteridge players! We hope to start an U9s team and expand to an additional U11s team should we get enough players.

If you are interested in joining, either as a player or volunteer, please contact myself, Oliver Witney on 07706888441.

SMC Under 5s/6s/7s/8s - Olly 07706 888441

Under 10s – Noah 07484 718802

Under 12s – Dean 07961 666394 (SQUAD FULL) Under 13s – Rohan 07576 135321 (SQUAD FULL)

Under 14s – Will 07707 61753

Under 15s – Jon 07723 314419 (SQUAD FULL)

Under 18s - Tak07838 579217



Cycling in South Buckinghamshire

Join your local Cycling UK groups this spring

Cycling UK has a number of local groups in South Buckinghamshire.

South Bucks Midweek group offers a selection of rides every Wednesday from easy paced to moderate to rides that are faster and longer. Most rides meet at 09:30am and include a stop for elevenses at a local café or garden centre followed by lunch before returning home. There are also coffee Pots on Friday's.

Chiltern Cycling offers both led rides and coffee pots every Sunday. There are a variety of different length rides along with coffee stops all taking place on quiet routes in the countryside. Spring means we can enjoy rides with coffee stops offering both inside and outside space with most rides returning to the start point. Chiltern Cycling have a Zoom social on the 1st Thursday of each month at 8pm and a meet up clubroom at Little Kingshill Baptist Church Hall on the 3rd Thursday.

There is something for everyone of all ages with both pedal bikes and e-bikers welcome.

Hope you can join us, you would be very welcome!

For more Information:

E-mail: publicity@southbuckscycling.org.uk

Web: www.southbucksmidweekcycling.org (Midweek Group)

Web: www.southbuckscycling.org.uk (Chiltern Group)

For general information about Cycling UK visit: www.cyclinguk.org

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Totteridge and Terriers News

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T & T News is published four times a year in March, June, September and December. We aim to get the magazine distributed by mid month of issue. In order that we can achieve this deadline we need your articles and advertising as early as possible. Our deadline for the summer 2025 edition is 20th May.

We thank all our advertisers and contributors for their support. However T & T News cannot endorse any product or service contain within this magazine. You are advised to check details of all goods and services offered. All contributions are accepted in good faith and opinions expressed are not necessarily that of the editor or T & T News.

That's about it....Join us again in June 2025. In the meantime you can catch up with the latest news and events on the web at:

www.tandtnews.org.uk

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2025 Advertising Rates (Introductory - Digital Edition):

Mini Ad £6 / £12 Quarter Page / £20 Half Page / Full Page £35 (Full colour)

Discounted rates are available for annual pre-paid (4 issues) (Summer 2025 deadline is 20th May) T&T News Page 27

T & T News Events Diary

Wednesday 12th March

Meeting of the NHS Retirement Fellowship at Holmer Green Village Centre Talk by Paulette Goddard on Miniatures. (See P.18 for group information)

Wednesday 9th April

Meeting of the NHS Retirement Fellowship at Holmer Green Village Centre Talk by Keith Broadey on Beekeeping (See P.18 for group information)

Sunday 27th April

Holmer Green Community Showcase 2-4pm at the Village Centre Come along and meet a diverse range of organisations, clubs and societies

Wednesday 14th May

Meeting of the NHS Retirement Fellowship at Holmer Green Village Centre Talk by Hayley Scott on "A day in the life of a Met CSI. (See P.18)

Saturday 7th June

Wycombe Jazz Festival at the Wycombe Arts Centre

Forth year of the festival organised by Catch22jams, Wycombe's monthly jazz night. This year headline act is David Kofi with more acts to be announced.

Wednesday 11th June

Meeting of the NHS Retirement Fellowship at Holmer Green Village Centre AGM plus tea and Beetle Drive (See P.18 for group information

Regular Events

Every 1st Monday of the month

Inner Wheel Club, Cricket Club, London Road, High Wycombe Contact Sue Creed on 07719 719636 (See P.13 for more information)

Every 2nd Wednesday of the month

Wycombe Wenches W.I. Meeting 7:30pm Cricket Club, London Rd, Wyc. Monthly meeting of the W.I. See page 7 for more information and contact details.

Every 1st Thursday of the month

Terriers W.I. meeting 10:30am, Cedar Barn, Barn Lane, Hazlemere Monthly meeting of the W.I. New members welcome. See page 9 for more info.

