
PERSONAL SAFETY & SELF-DEFENCE FOR CHILDREN

AIMS: To provide practical and simple real life information, tools and techniques in keeping children safe.
OUTCOMES: This course will cover the following main areas:

STAYING SAFE

AWARENESS

KEEPING SAFE & USING HANDS

CONFIDENT AND ASSERTIVE

PRACTICAL TOOLS & TECHNIQUES

SPACE TO SHARE

SENERIOS

CONTACTING THE LAW

PRE-REQUISITES: None.
WHO SHOULD ATTEND: All children school aged.
This course will be carried out over a variable period, (times to suit the school/youth club/other). It provides valuable knowledge for keeping children safe. It's about engaging with them and creating an understanding with what they can do in situations that make them feel vulnerable and frightened.

DETAILS

Cost of course:	Details on application	Max delegate no:	Room Size
Duration:	Flexible	Min delegate no:	one
Contact:	Sev Necati info@sevnecatitraining.com	Dress Code:	Comfortable