Youth Groups and Football Foundations

"Dear Sev, I just wanted to write and thank you for the training you provided for us here at HVA around 'Personal Safety for Young People'.

All the young people involved thoroughly enjoyed the session and talked about it a lot over the next few days.

One young man who took part told me the following week that someone had attempted to mug him that weekend and he had immediately thought about all the things he learned in your session which really helped him – this is testament to how valuable sessions like yours are to young people.

I would be more than happy to recommend your training to other youth groups and please feel free to use this reference.

I hope to work with you again in the future. Kind regards,

Charli Faux, Youth Project Officer

"Sev worked with young people from the Hitz programme to deliver these sessions. The Hitz programme is based in the heart of inner city estates targeting young people at risk of exclusion and anti social behaviour. Introducing them to tag, touch and contact rugby; they utilise rugby's unique ethos and the assets of the sport's leading brands and players.

Sev worked with our young people in Hackney. The young people that engaged in the discussions and practical part of the sessions especially enjoyed the practical, which many said were fun and informative. With some of our older young people helping out in the sessions with the younger ones."

Max Malkin Hitz Project Officer

"The whole session was informative. The group work was really good and the young people enjoyed that the most."

Sheri Lawal, Choices, Director

"It was a really good session. The instructions were clear and easy to follow. Young people engaged very well and seemed very interested with the information given."

Tamika, Youth Manager

"Dear Sev, We enjoyed the course and thank you for facilitating it."

It was an informative session and gave a good sense of empowerment when we left, I particularly enjoyed the pad work and thought that the knife work was good. I feel sessions scenarios were beneficial to all of us."

Kerry Banks, LOOK TO THE FUTURE, Supported housing for care leavers