

## **Charities and Trusts**

“Sev contacted us about her classes last year and I took the opportunity to attend the 8 week course. It included valuable and practical lessons on self-defence, the law and personal safety as well as being an enjoyable experience. It gives a boost of self-confidence and street smarts. I have and will continue recommending it to clients as well as personal contacts.”

Noura Yamout, Anti-Social Behaviour Project Manager, Victims Support.

“Sev Necati Training with the support of Hyde Plus delivered a 'Women and Young Peoples Safety Solutions' training course to residents of Hyde Housing and the local area. The course ran over eight half days from our Stonebridge Community Centre in Brent and engaged 15 local residents. Street and gang violence are very real issues that are harmful to the well-being of individuals and communities. We felt it was important to fund this project because it targeted women of all age groups and was designed to increase confidence and assertiveness in personal safety; as well as learning some basic real life practical personal safety techniques.”

**Jason Charles, Community Investment Coordinator, Hyde Housing**

“Hi Sev, Just a few lines to say a big thank you for a very effective and valuable bespoke course that you put together for our organisation.

The female staff are very happy with the learning from the course and are now able to keep themselves safe and use the knowledge of personal safety both in the workplace and in personal circumstances.”

**Zeenat Jeewa, Chief Executive Officer, Asian People's Disability Alliance Ltd.**

“As part of our Gangs/Guns/Knife crime and violence Project funded by the Home Office, Sev Necati delivered a four hour Personal Safety Workshop for young people aged 10 to 18.

We had large group of 19 youngsters in a wide range of age group and we were amazed by the fact that Sev was able to keep them focused, interested and engaged for the duration of the whole session.

The young people thoroughly enjoyed the practical self defence exercises, role play scenarios, discussions about keeping safe and information about organisation's where they could go for help. This is clearly evident in their verbal feedback and in the evaluation forms they completed at the end of the session.

We are looking forward to working with Sev Necati again to deliver Personal Safety Workshop for young people.”

**Selda Aygun, Minik Kardes Day Nursery, Community Development Worker.**

“I felt the personal safety training delivered by Sev Necati training was exceptional. Considering the session was a taster course, it covered the core points which our service users could relate to. The sessions were definitely interactive and engaged all participants, as there were some practical tasks involved. After the session, service users and I felt we went away with a substantial amount of useful information, which we can incorporate into our day-to-day life.

A further longer course is without a doubt something we would consider in the future for our service users.”

**Zainab Jama, Providence Row Housing Association, Learning and Development Worker.**

”Sev ran a 2-hour girls personal safety session at Frampton Park Youth Club. The girls learned positive ways to stay safe and confident on the streets, as well as self-defence techniques. Sev was professional, informative and a positive facilitator who really engaged the girls well. Thank you Sev!”

**Colette Allen, Director, Hackney Quest**

“I felt the sessions were handled well with sometimes large groups of young people who can be difficult to manage as a group. With the staff supporting the sessions it was compact with theoretical and physical challenges for participants. I felt Sev delivered a positive session that was informative and interactive for all the young people involved. The sessions came at a time when young people were on alert for their personal safety with increased anti-social behaviour in our area.”

**David Ali, Youth Manager, Peabody Trust**

“Hi Sev, Thank you so much for your Self Defence session at the Laburnum Boat Club. As you saw from the feedback forms the young people found the session really useful and fun. They not only increased their confidence and self-esteem but were really stimulated and enthused by your subject matter and approach. It was evident that you were comfortable with young people and found it easy to interact with them and easily engaged with them. They have asked about another session, which is always a good indicator. Once again thank you and see you soon. Cheers,

**Dominic Hinshelwood, Senior Youth Worker**