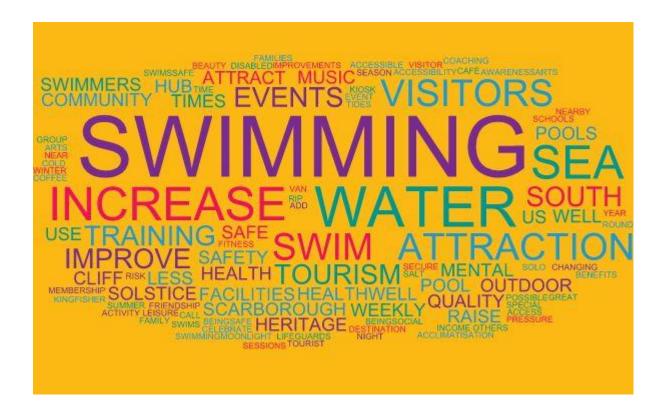
Sea Pool Benefits – meeting notes from 16/03/2024

18 people attended, we captured some of the main benefits of what a sea pool would bring to the area. Also talked about increasing awareness of sea swimming and benefits of saltwater swimming. Many commented on the need to keep the pressure up to improve the water quality, having a tidal pool as a focal point could help to increase that pressure.

The main benefits we captured on paper are represented below by a couple of Word Clouds here (one bright and one in high contrast to aid anyone with a visual impairment)





Everyone commented that it would increase the times / frequency they could swim and extend their swimming through the seasons as a tidal pool - once the high tide had receded – would be free from rip tides and big swells. There are several sea swimming groups, members of The Hub Sea Swimmers were present and they have around 60 members, who already swim regularly, weekly at least, other groups are the South Bay Swimmers who also are regular swimmers, others mentioned were the Mermaids and Sea Souls. Some swim in smaller friendship groups at other locations such as Cayton Bay and Filey. Frequency of swimming is on average at least once per week, some people swim daily.

Accessibility was also another key comment, a pool would mean swimming would be een more accessible to people with mobility needs. The social and health / well being element of a sea pool and open water swimming was also a key benefit, a pool would add to that. The regenerative effect of a sea pool would also support other local businesses and social or arts and cultural events and if at South Cliff area would complement the excellent work already done soe far on the gardens and chalets. The arts, cultural and heritage of Scarbrough were mentioned often.

Tourism and seeing it as a positive visitor attraction was also mentioned often, it would mean that once again Scarbrough could be an equal seaside resort to others who have sea pools, such places in Devon, Dorset, Cornwall, Kent and Scotland.

The list of comments / benefits as transcribed from the workshop:

Health

Well being
Social
Mental health
Well being
Fitness
Safety
Safe Secure
Safety
Mental health
Friendship
Well being
Safe solo swim
Less risk
Less call on lifeguards
No rip tides in pool
Changing facilities
Tourism
Destination
Attraction
Leisure facilities
Increase swimming times
Possible income from membership
Schools use
Training
Coffee van
Events
Celebrate Scarborough events
All season swimming.

Visitors from other sea pools
Special event swims
Night time swimming
Summer solstice swimming
Winter solstice swimming
Moonlight swimming
Year round
Family swims
Safe
Accessibility
Access for disabled
Salt water benefits
Training

Acclimatisation for cold water

Music events near by

Café kiosk

No other outdoor pools nearby

Safe

More accessible for others

Water quality improvements

Tourism

Visitors

Health

Increase activity

Well being

Increase tourism

More pressure to improve water quality

Raise awareness

Arts

Outdoor arts and music

Tourist attraction

Visitor attraction

Coaching sessions

Kingfisher swimming group

Great for families

Increase visitors

Add beauty

Attract visitors

Local Swimming Groups

Level us up

Equal us to other places with a sea pool

Community space

Meeting place for community

Training

Sporting swimming bodies

The Hub Swimming Group

Raise awareness of heritage

Adds to attraction

Attract people to south cliff

Complement gardens

Heritage

Safer than the sea

Support clean water

Improve the area

Improve bathing water

Increase foot fall around south cliff

Raise public interest

Frequency of use

Daily

Weekly

Twice weekly

Three times per week

Monthly

Hub Sea Swimmers approx. 60 members swim regularly.

Several other sea swim groups in Scarborough , swim daily / weekly

South bay swimmers

Scarbrough mermaids

Other places people swim

South bay

North bay

Filey

Cayton Bay

Other comments

Water quality

Sluice for maintenance

Funding / go fund me / crowd funding

Charges for motorhomes around south cliff

Other locations mentioned

Old open air pool

North Bay