



Caterham Overseas Aid Trust

20 Greenwood Gardens

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Registered Charity No. 283579

December 2019

Dear Supporters,

Is it just me or has the year really flown by? When Barbara told me her year-end accounts were ready to go to Wally Wallis once again for auditing, I had quite a panic as I hadn't even thought about this newsletter! So, anyway, here goes...

Do look at the accounts on the back and see the total for donations. We are so grateful. Also the gift aid tax reclaim of 25% on donations amounted to an extra £1,460.83, a lot of work for our Treasurer but very worthwhile. Then there are the Holloway family items - eBay, boot sales, scrap metal collections and home-made marmalade sales... wonderful.

Since the Summer Newsletter, we've had various fundraising events. Firstly the **Street Collection** - in August for the first time. The weather was awful but we still made ££367.65 so very worthwhile. It is a lot of work and never the nicest thing to do - you feel invisible standing there and are so grateful when someone friendly comes along. It is the only event that reaches out to the general public so you always hope it catches someone's attention and interest.

Next we had a hugely popular and successful **Pub Quiz** at The Caterham Arms with an excellent supper arranged by the pub, so very easy for us. Geraint made a great Quiz Master and must have spent hours on the questions. It made £775.48!

In October, and I am now into our next financial year as our year-end is 30th September, there was a wonderful concert by **The Alfred and Salamanda Saxophone Quartet** - Alan, Fred, Sally and Amanda - get it! A gorgeous play list (all my favourites), a lovely way to spend a wet, miserable Saturday afternoon. Lots of tea and cakes in the interval once the blown fuses in the church had been replaced! We are very grateful to them and then, to top it all, they returned half their fee to us. This made £656.50. Thank you to Fr. Jerry at St. John's for the use of the Church. It has wonderful acoustics.

As I write this, we have just had our **Wine Tasting** quiz (another horrible wet evening - is there a pattern here!) run by Paul Gregory and Julie Pescod. It was a great success, very much enjoyed by everyone there and raising just over £1000. Even the two organisers thought it was one of the best evenings they had done. Thanks this time to Julian Thomas, minister at the United Reformed Church, which has such a wonderfully equipped hall and kitchen.

Next of course, is our biggest fund raiser, the annual Christmas Churches' Appeal:

1st December at the Sacred Heart; 8th December at St. Mary's and St. John's; and Christmas itself at the URC. Always our grateful thanks to the ministers and congregations concerned for allowing it to take place. This year, St. Mary's has a new Vicar, the Rev. Trevor Mapstone, so special thanks to him for allowing this when he hardly knows anything about us! I am really pleased to say he is coming round one day to meet me and hear about all we do.

While on church business, we have a member of the URC sitting in on some meetings and events to see if they would like to join the Committee. Fingers crossed! Joan Clarke, our previous URC rep, had a good send off with a lovely supper at Ann and Derek's home and I know she won't ever abandon us completely!

Now for news of our projects:

Self Help Africa: Give to Grow Project in Teso, north east Uganda, where many households survive through subsistence farming. More than 50% of the population are living on less than 15p a day. Self Help Africa is supporting 1,000 small holder farmers to grow more and earn more from their land with improved quality seeds and cuttings and small livestock, training in farming technologies and basic business skills so that they can become more independent and resilient, so working their way out of poverty. This is a new project for us and work has already started although the official launch is in January.

V.S.O. News of three volunteers :

Sarika Prathapan from Cambridge, is a neonatal nurse sharing her skills and knowledge with medical students in Mulu Asefa Primary Hospital in Tigray, Ethiopia - caring for premature and sick babies, mothers in labour (often severely malnourished), with little equipment, frequent and long lasting power cuts and terrible roads. <http://www.volunteerview.org/sarika>

Wilma de Jong from the Netherlands, a financial controller in Mtwara, a city on the south east coast of Tanzania where she helps to set up and grow businesses, providing training in basic accounting, loans etc. Sadly Wilma tripped and broke her ankle, needing two lots of surgery and so has not been able to work. The good news is that she is doing well and will be back in Tanzania very soon. <http://www.volunteerview.org/wilma>

And then we have Anne Law, a retired head teacher from Kingaussie, Scotland, whose passion is education who is working as a teacher trainer in Dhading, Nepal, on the Sisters for Sisters project, pairing older girls (Big Sisters) who have finished school with younger girls (Little Sisters) who are at risk of leaving school through early marriage, domestic duties, menstrual taboos. <http://www.volunteerview.org/anne>

Geraint Jenkins has been invited to be a judge on the VSO Volunteer Impact Awards panel. These people truly are volunteers, giving up their jobs and salaries here and living just the same as the people they are helping.

Water Aid: Foundations for the Future

Water Aid has approached us to support an ambitious three year project (already started) in the Dolakha district of Nepal. Located about 135km north east of Kathmandu, this is home to one of the most marginalised ethnic groups, the Thami community - a hill tribe of 30,000 people often missed out of development projects. Long lasting clean water, decent toilets and good hygiene will be provided for the community including twenty schools. This is an area used by climbers to 'warm up' before tackling Mount Everest: the biggest mountains, the widest valleys and the heaviest monsoon rains making it much harder to reach people in remote areas. Water and sanitation-related diseases are among the biggest public health problems, which is why children often don't make it to their fifth birthdays. Gravity flow systems will be used at higher altitudes and pumped systems when delivering water from below.

Finally, last but never least, **Practical Action** "Planting for Progress" in Zimbabwe where drought conditions are extremely severe. Contracts are signed and work starts on 1st December. The generous legacy left by Doreen Polley is being mentioned in their Will publication and in their magazine 'Small World'. Sue Weeks-Wheeldon and Geraint Jenkins are attending their Open Day for Supporters and I am sure they will bring back more information.

One more lovely thing to share with you. I quote from the Order of Service for the marriage of Hannah, youngest daughter of our Treasurer Barbara Whiteford, to Mr James Carey:

The flowers at our wedding are in memory of John Whiteford (Hannah's father). We have used charity florists who have donated all their labour costs to a charity of our choice.

Practical Action is a charity which works with communities to develop ingenious, lasting and locally owned solutions to some of the world's toughest problems. John was kind and generous. He loved to find a solution to any problem no matter how small and he worked with Caterham Overseas Aid Trust to fund projects just like these. He will always be in our hearts and never forgotten.

<https://selfhelpafrica.org/uk/thank-you-from-teso/>



Sarika Prathapan: Neonatal nursing in Ethiopia



We have promised £3000 to each of the Water Aid, Self Help Africa, VSO and Practical Action projects so we have a minimum of £12,000 to raise once more. Sadly the need doesn't seem to diminish and we would like to support many other things too so please help us to help them.

Future Event: Our very popular Barn Dance with the Odd Sock Do Dum Band will be back again next Spring. Meanwhile to parents Zoe and Alex and grandparents Elizabeth and Albert from the band, we send our congratulations on the safe arrival of baby Caleb.

Thank you for all your wonderful support, encouragement and kindness. You keep us going. As always, my huge thanks to the Committee who work so hard and so willingly.
Best wishes to you all for a happy Christmas and a good 2020,

Margaret Deards

Margaret Deards

Committee

Name	Responsibilities	Phone Number
Margaret Deards	Chairperson	01883 380104
Barbara Whiteford	Treasurer and St Mary's rep.	01883 340994
Brian Holloway	For tools and Ebay sales	01883 341534
Geraint Jenkins MBE	Charity Commission and Street Collection	01883 819531
Ann Walker	Church of the Sacred Heart rep.	01883 624773
Sue Weeks-Wheeldon	St. John's rep.	01883 345972
Michelle Brophy	Website	07969 399986
Pauline Johns	Committee member	01883 341909
Judi Saville	Committee member	01883 341063

The committee say farewell and thank you to Joan Clarke for her many years of dedicated service to COAT as the URC representative.



CATERHAM OVERSEAS AID TRUST
Accounts for 12 months ended 30 September 2019

<u>Income</u>	£	£
Donations	3777.00	
Gift Aid Tax Reclaim (2018-19)	1462.83	
St Mary's Church Formula Giving	250.00	
Churches Christmas Donations	2815.75	
Our Lady of Mount Carmel	300.00	
St Swithuns' Ladies Circle	100.00	
Street Collection Flag Day	367.65	
St Peter & St Paul, Chaldon	108.00	
Doreen Polley Bequest	5844.08	
St Luke's Church, Whyteleafe	370.12	
		15,395.43
<u>Fund Raising</u>		
Ebay and Scrap Sales (B Holloway)	136.50	
Barn Dance	489.00	
COAT Information Evening	64.58	
Sales of Marmalade and Chocolate	155.00	
Quiz	775.48	
Baptist Church Concert	577.50	
Caterham Carnival	325.70	
Coulsdon Fete	277.40	
Football Event and Sale of Souvenirs	602.00	
Crafts Stationers shop collecting box	54.50	
Boot Sale	160.50	
		3,618.16
		19,013.59
<u>Disbursements</u>		
Administration	Nil	
VSO	3000.00	
Water Aid	3000.00	
Self Help Africa	3000.00	
Practical Action (inc Polley Bequest)	9500.00	
Leprosy Mission	250.00	
Gazebo (Jones donation)	69.00	
Sports for Christ Outreach Ministry (inc Gould Bequest)	463.33	
Coulsdon Fair site fee	30.00	
Insurance Premium (Public Events)	137.00	
Chocolates for Carnival and Coulsdon Fete	65.53	
Caterham Carnival site fee	35.00	
		19,549.86
Deficit for year		(536.27)
Balance at 1 October 2018 (inc Gould Bequest £423.33)		2,989.13
Balance at 30 September 2019		2,452.86
Represented by Account with Lloyds Bank		

The above accounts are in accordance with the books, vouchers and other information given to me and I consider that they give a true and fair view of the position of the Caterham Overseas Aid Trust for the year ended 30 September 2019 and how the funds are held.

Kenneth M. Whitford
Honorary Treasurer

L.J. Lister
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Honorary Examiner
27th Nov 2019