

Summer 2025

89th Edition

THE MOUNT

Mount Bures Parish News



**Flower Festival
21&22 June 2025**

**St John's Church and Village Hall
and The Thatchers Arms**

WHO'S WHO

The Parish Council

Clerk: Kevin Money Tel: 07810781509
mountburespc@gmail.com
Chairman Cll. Ian Woodman 01787 227689
Cll. Hillary Bufton 01787 227218
Cll. Mark Graham 01787 229950
Cll. Fiona Willett fionamacnab@btinternet.com
Bi-monthly meetings on second Tuesdays 7.30pm.
In Village Hall. Next meetings:
8th July, 9th Sept. 11th Nov

Neighbourhood Policing Tel 101, ext. 430136
PCSO Dave Jones /Hayley Howe

Mobile 07966 197134

Non Emergency number for Essex police,
including wildlife crime: 101
Emergency phone number in Europe 112

Village Hall Management

Temp. Bookings: Pam Hailes 07974913139
Enquiries: Dick Gould 01787 227834
Dog Training Val Sayer 01206 240328
Royal British Legion Val Sayer -"-
Borough Councillor William Sunnucks
william@sunnucks.co.uk
County Councillor Lewis Barber 07876237137
cllr.lewis.barber@essex.gov.uk

Bures "Footprints– carers and toddlers" 229052
Chappel School 01787 222296
Samaritans: 24 hour phone line 116123

New Mount Bures website:
<https://e-voice.org.uk/mountburespc/>
Mount Bures Whatsapp group
ruthwoodman1@gmail.com

Citizens Advice Colchester 03444 770808
Braintree District 0344 499 4719
Sudbury 01787 321400 or 0300330151
To report scams 0300 123 2040
Badger Hotline mob 07751572175
RSPCA enquiries line 0300 1234 999
Owl and birds of prey rescue helpline
07711919505

En-form Colchester Environment Centre
15 Church Walk, Tel.01206 367776, also on
Facebook
National Energy Action 0800 304 7159

Mt. Bures Footpath Society:



Chairman: Ian Woodman Linden House,
Mount Bures, CO8 5AJ 01787 227689
Email imwoodman@btinternet.com
Secretary: Lynn Baird Tel. 01787 228294
email lynnbaird999@gmail.com

Footpath Maintenance Officer:

Ian Andrewartha Tel 01787 227167

Walks on the second Sunday of every month.
Walk reminders and details are sent by email.
Everyone welcome to the walks.

Essex Wildlife Trust 01621 862960

Suffolk Wildlife Trust 01473 890089

A Rocha UK, Foxearth Meadows – Andy Jowitt,
andy.jowitt@arocha.org, <https://arocha.org.uk/our-activities/practicalconservation/foxearth/>

Dedham Vale & Stour Valley Volunteers – Emma Black, emma.black@suffolk.gov.uk 01394 445225, dedhamvale.project@suffolk.gov.uk

River Stour Trust – 01787 313199,
<https://www.riverstourtrust.org/about/>

Save Middlewick Wildlife Site: Facebook save the middlewick ranges

Public Transport

Traveline 08712002233

Chambers buses 03301 020801

Service 753/754 Colchester/Sudbury/Bury St. Edmunds and back Monday—Saturday

New Sunday service from Sudbury to Bury and back

Hedingham Service 83 Bures—Colchester via Mt. Bures, Fordham. 11.05am from Level crossing Hall Rd.

Daily service Mon—Saturday

Greater Anglia trains: 0845 600 7245

Nigel Taxis, Chappel 01206 240436

John's Taxi Services Suffolk 0789 6368018

Sudbury Town Taxis 01787 377366

Colchester Taxis 01206 577777/ 544444

Many thanks for technical help, to contributors of articles, photographs, and the Parish Council for sponsoring The Mount. hildegardbuster@gmail.com

MOUNT BURES PARISH COUNCIL

WOULD YOU PLEDGE A DONATION TOWARDS THE COST OF A PUBLIC ACCESS DEFIBRILLATOR IN MOUNT BURES?

The Parish Council has been investigating the provision of a public access defibrillator in case someone in the locality suffers a cardiac arrest.

The British Heart Foundation give away some defibrillators for free but they told us they prioritise communities with greater health deprivations than Mount Bures.

Community groups can buy a subsidised defibrillator from the BHF for around £1000 provided there is 24/7 access. There would also be installation and ongoing running costs. This would represent a significant proportion of the Council's limited income and financial reserves.

The National Institute for Health and Care Excellence say:

Use of a defibrillator within 3 minutes of a cardiac arrest can produce survival rates of 50 – 70%

Survival rates reduce by 10% for every minute delay.

The brief window for successful resuscitation means a single defibrillator could only benefit a small number of households in our rural Parish. But there may be sufficient houses close enough to the village hall, and people using the hall, to make the village hall a potentially worthwhile location for a defibrillator.

The Parish Council is prepared to meet the installation and running costs of a defibrillator located outside the village hall and to contribute towards the purchase price. But to buy one it would need some financial contribution from those households that support the idea of a defibrillator.

If you would be prepared to pledge a donation towards its purchase, please email our Parish Clerk, Kevin Money at mountburespc@gmail.com, indicating how much you would be willing to pledge. Alternatively, please speak to any of the Parish Councillors listed below.

If just 10 households were to pledge £50 each this would enable the Parish Council to purchase a defibrillator.

Cllr Ian Woodman

Cllr Hilary Bufton

Cllr Fiona Willett

Cllr Mark Graham

The Council is circulating this request for contributions to households they believe are close enough to the village hall potentially to benefit from a defibrillator located there. If you live further away from the village hall but would still like to contribute, or have suggestions for additional value for money locations for public access defibrillators, please contact the Parish Clerk or any of the Parish Cllrs.

Mount Bures Parish Council

Footpaths

Keeping the footpaths within the Parish in a good condition for people to walk easily and safely is a responsibility the Parish Council takes very seriously. We have a dedicated Footpath Officer who cuts many of the paths on a regular basis throughout the summer and the Council owns a wheeled strimmer to make this task easier. Warming temperatures seem to mean that the vegetation on the paths grows ever quicker, and in recognition of this, the Parish Council has agreed to set aside more money in its budget to pay for cutting the paths. Unfortunately, our Footpath Officer is currently recovering from an operation and has not yet been able to cut paths this year as usual, but we hope he will recover and be back in action soon.

With so many paths in the Parish, it is impossible for us to cut them all on a regular basis, so if you know of a path that is regularly used and has not been cut do email our Parish Clerk (mountburespc@gmail.com) or speak to any of the Parish Councillors and we will add it to the list.

Fly tipping

The dumping of rubbish on road verges and field edges seems, sadly, to be becoming an ever-increasing problem. Responsibility for clearing rubbish dumped on the road verge lies with the relevant District Council. Colchester City Council have a very good reporting system (just Google 'Colchester City Council Report a Problem' and choose 'Fly Tipping' from the menu) and they are generally quite prompt at coming to remove it once they are made aware of where the rubbish has been left. They do however need an accurate location. The right road name can usually be identified from Google Maps but 'What Three Words' provides an easy to use method of providing a very precise location and it is easy to load the App onto a phone. Alternatively, an old fashioned Grid Reference works just as well or perhaps rather better for those who like and own maps. If you don't have access to Smart Phones or computers then please report the rubbish to one of the Cllrs who can report it to Colchester City Council for you.

The Parish Council would also like to thank those residents who go out regularly picking up the litter particularly that dropped from car windows by irresponsible, selfish and anti-social car drivers. If everyone helps it does not take a lot to keep our countryside clear of rubbish so if you see any rubbish lying around, please do pick it up and dispose of it safely.

Defibrillator and Bleed Kit

If you have not yet pledged a contribution towards the defibrillator and would like to do so, please contact the Parish Clerk or any of the Councillors. The Council will also look at the option of including a 'Bleed Kit' within the defibrillator cabinet. These are small kits containing trauma bandages and tourniquets that anyone can use to stem a catastrophic bleed until the paramedics arrive. Incidents involving catastrophic bleeding are thankfully rare, but road accidents, chain saw incidents and falls through or onto glass are all possible scenarios and such a kit could save someone's life. The Council will also look at whether training could be provided in the use of both defibrillators and bleed kits. If there are any medical professionals in the Parish who would be willing to provide such training please do let us know.

Corrie Lock

She was landlady of the Thatchers for many years and together with her husband Gerald ran this lovely pub where locals and many from the surrounding area enjoyed company, food and drinks.

Corrie passed away on 6 February this year and is resting in Mount Bures Church yard.

Notification of Bus Survey Launch 2nd of June

ESSEX County Council's **annual bus survey** has been launched to gather public opinions on the bus services in Essex and identify ways to improve them to encourage more people to use buses. They aim to hear from both current bus users and non-users to understand how they can attract more people to use bus services in the future.

The **online bus survey** will be available from 2nd June to 30th June 2025.

The **face-to-face survey** will take place from 16th June to 27th June 2025 at the following locations:

- **Basildon town** – Railway station / Bus station – Saturday 21st June, Monday 23rd June, Tuesday 24th June, Friday 27th June
- **Basildon University hospital** – Monday 16th June, Wednesday 18th June, Friday 20th June, Saturday 21st June, Wednesday 25th June, Friday 27th June
- **Billericay** – Train station – Tuesday 17th June, Friday 20th June, Wednesday 25th June, Thursday 26th June, Friday 27th June, Saturday 28th June
- **Harlow** – Town Centre / Rail station – Tuesday 17th June, Thursday 19th June, Saturday 21st June, Wednesday 25th June
- **Chelmsford** – Railway station / Bus Station – Monday 16th June, Tuesday 17th June, Thursday 19th June, Saturday 21st June, Monday 23rd June, Thursday 26th June
- **Colchester** – Osbourne Street – Tuesday 17th June, Thursday 19th June, Friday 20th June, Saturday 21st June, Monday 23rd June, Tuesday 24th June

Please note that the interviewers will try their best to stick to the dates shown, but there may be some instances where they need to change the days, due to unforeseen circumstances.

For information:

Frances Carpenter | Transport Officer | Essex County Council

Telephone: 03330 131 118 Email: Frances.Carpenter@essex.gov.uk

www.essex.gov.uk

Passenger Transport <Passenger.Transport@essex.gov.uk>

The survey will be publicised on the TravelEssex website and social media channels.

Here is the link to complete the survey: [Essex Bus User Survey 2025 - Essex County Council](#) (Please note this link will be active from 2nd of June).

The bus survey will be advertised on electronic displays during the survey period (2nd June – 30th June 2025).

Please note : the **Bus fare cap of £ 3** is still in place for any single bus journey at any time of the day.

The Village Hall still wants more people to help with the running of the Hall

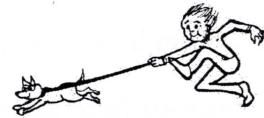
If interested please contact Pam 07974913139

Ongoing events:

Dog Training:

Every Monday starting at 7.00pm.

For info phone Val 01206 240328



Pilates: Monday 10am-11am

Sally Trenchard 07530075586

Wednesday 9.30am-10.30 am

Michelle 07904733122

Thursday 12.30 pm– 13.30

Sally 07530 075586



Mount Bures Connections Thursdays 10.00am—noon:

Coffee, tea, cakes, chats, friendship and much more

The Digital Access Support team visits Connections on the first Thursday of the month.

Next visit 3rd July 10.00am. For more information: 01206 282452

Email Digital.AccessSupport@colchester.gov.uk

www.colchester.gov.uk/dast/



Attended Saturday Refuse Freighter 2025

The vehicle will visit the village , parking next to the phone box/ Craigs Lane on

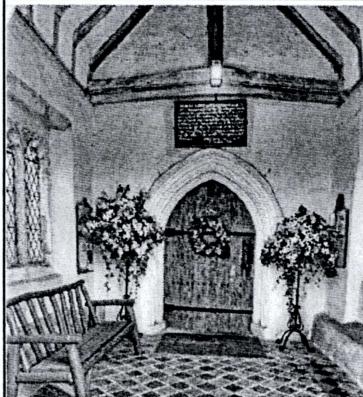
16 August from 8.00am—8.45am

Domestic properties only. For the disposal of bulky items not normally collected with household waste.

PLEASE NOTE : We will not take:

- items that can be recycled
- No upholstered seating (i.e. no sofas, arm chairs etc) - book a special collection
- large loads,
- fridges, freezers and other electrical goods – book a special collection
- hazardous waste such as asbestos, batteries, liquids or gas bottles – Find more information on how to dispose of them
- business waste – these can be arranged through our business waste collections
- Garden waste

Contact number 01206 28 27 00



St. John's Church

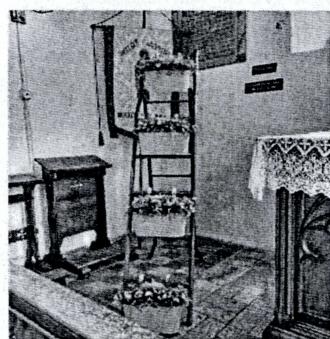
Flower Festival

21st & 22nd June

Guitar Recital with Clive Carroll

25th July

(See inserts for above events)



Parish Supper

Saturday 9th August

Mobile Library

Parking near the phone box in Craigs Lane:

Every 3rd Wednesday 14.30—15.00

Next visits: 18 June, 9 & 30 July,
20 August, 10 Sept., 1 Oct

The Mini Recycling Centre (behind the Village Hall)

3 bins for *clean glass bottles and jars*

no ceramics, no Pyrex please

2 bins for *clean food tins, drinks cans, aerosols and aluminium foil.*
no plastic bottles, no plastic bags please.

Please note: Ceramics, Pyrex, plastic items and putrid food residues contaminate the contents of the whole bin which will then have to be dumped in landfill

Colchester Recycling Centre -

Maldon Road, Shrub End, CO3 4SA; T: 0345 7430430; Email: wastemanagement@essex.gov.uk

opening times: Normal hours 9am – 5pm March - October.

Bring photo ID (just in case) Online booking

Alternative booking options for persons without Internet access :

Essex County Council helpline on 0345 743 0430 Monday to Friday, 8:30am to 5:00pm

Sandy Lane Sudbury Recycling Centre:

CO10 7HG, Tel. +44 345 606 6067

Email waste.management@suffolk.gov.uk www.suffolkrecycling.org.uk

March till October 9am-5pm, Thursdays 9am - 7pm

Booking online

WEDNESDAY CLOSED,

