

Colchester Community Updates



Colchester
City Council

January 2024

Welcome to our newsletter covering January. The team would like to wish you all the very best for the New Year.

You'll find plenty of information about community events, opportunities, and a link to our funding web page with over 100 funding streams!

Our Team's contact details are at the end of the newsletter, so please do let us know if you'd like us to promote an event for you, or if you have anything you'd like us to share with all our readers.



Contents:

Simply click on the heading you are interested in, and you'll be taken to the relevant page...

- [Covid 19 Autumn Booster](#)
- [NE Essex Children's Partnership](#)
- [National Holocaust Centre & Museum](#)
- [Protective Security Schemes for Places of Worship](#)
- [Stop Hate UK](#)
- [Energy Ombudsman](#)
- [£2 Bus Tickets Continued](#)
- [Christ Church](#)
- [The Big Picture Charity Films](#)
- [Join Our Residents' Panel](#)
- [Local Linked Support](#)
- [Heart of Greenstead](#)
- [Walk With Words](#)
- [Compassionate Communities](#)
- [Blossome](#)
- [Free First Aid Training](#)
- [SNEE Falls Survey](#)
- [Age Well East](#)
- [Waiting Well](#)
- [Memory Café](#)
- [Paprika House](#)
- [Armed Forces Updates](#)
- [Cost of Living Support](#)
- [Community Funding](#)
- [The Carers Community Fund](#)
- [Our Team](#)
- [Colchester City Council Jobs](#)
- [Other Vacancies / Opportunities](#)
- [Unsubscribe](#)



UK Health Security Agency



Flu and Covid-19 spread more easily in winter and can cause you serious illness.

GET WINTER STRONG



Come forward for your flu and Covid-19 vaccinations when invited.



Vaccination is the best way to protect yourself, those around you and the NHS.



Covid-19 vaccinations for children aged 6 months to 4 years

If your child is aged six months to four years, they may be eligible for a Covid-19 vaccination if they have a medical condition including:



Severe breathing conditions including Cystic Fibrosis & poorly controlled asthma



Significant heart diseases such as cardiomyopathy



Chronic kidney, liver or digestive problems



Neurological problems including Cerebral Palsy, autism, muscular dystrophy, Down's Syndrome & those on the learning disability register



Diabetes



Immunosuppressed patients - those with certain cancers, leukaemia, organ/bone marrow or stem cell transplant recipients and auto-immune disorders



Sickle cell & thalassaemia

If you think your child is eligible for a vaccination, please email pando@snee.nhs.uk and we will direct you to your nearest vaccination centre.

Getting your autumn booster vaccination

WHO?

65+

All adults aged 65 years and over



Residents and staff in care homes



People aged 6 months to 64 years in a clinical risk group



Frontline health and social care workers (including volunteers)



Contacts of people who are immunosuppressed



People aged 16 to 64 years who are carers

WHEN?

Vaccinations at walk-in clinics will be available from 11 September 2023. Alternatively, you can book your appointment through the National Booking Service from 18 September.

WHERE?



Pharmacy



GP Practice



Walk-in Clinic



Hospital

HOW?

You can book using the **NHS app** or call 119 (after 18 September) if you need help with booking an appointment. Please visit www.sneevaccine.org.uk to find your nearest walk-in clinic

Could it be Long COVID?

Symptoms include:

- Extreme tiredness
- Shortness of breath
- Muscle or joint ache
- Difficulty concentrating
- Memory loss or confusion
- Loss of smell or taste
- Headache
- Trouble sleeping
- Worry or anxiety
- Fast heart rate

Book a GP appointment

Your GP may refer you to the **Suffolk and North East Essex Long Covid Assessment Service**.
For more information visit:
snewellbeing.org.uk/long-covid

If you have had symptoms of Covid-19 for longer than 12 weeks, it could be Long COVID

For information and advice on managing your symptoms visit yourcovidrecovery.nhs.uk

For advice on work, benefits, money, relationships or housing contact your **local Citizens Advice**



NHS
Suffolk and North
East Essex
Long Covid Assessment Service



North East Essex Children's Partnership Newsletter

Your monthly newsletter detailing information that is relevant to those working with Children and Families in North East Essex

Click [HERE](#) to read

We can deliver our programme to any school in the UK: you can visit our beautiful museum in Nottinghamshire; we can come to your school; or your pupils can learn with us online.

Our **primary school programmes** are based on ‘The Journey’. Pupils follow Leo, a German Jewish child in 1930s Berlin. Leo’s character is based on the testimonies of Holocaust survivors. Pupils learn about the discrimination which led to the Holocaust in an age-appropriate way. They understand why ordinary people continue to become refugees and they consider their own responsibilities today. Click [HERE](#) for full details.

Our **secondary school programmes** are based on our Holocaust Exhibition. Students learn about the Holocaust and why it happened through objects, survivor testimony and educator-led workshops. Your students will think critically about individual and societal responsibility as well as considering modern challenges such as online hatred and conspiracy theories. Click [HERE](#) for full details.



Protective Security Schemes for Places of Worship

DEADLINE EXTENDED!

The schemes provide funding for places of worship and associated faith community centres that are vulnerable to hate crime. These schemes aim to reduce hate crime happening at places of worship so that people can feel safe to attend worship and practise their religion freely.

Click [HERE](#) for more details



Baha'i



Shinto



Paganism



Sikhism



Islam



Judaism



Christianity



Zoroastrianism



Taoism



Buddhism



Hinduism



Confucianism



Brahma Kumaris



Quakers

Faith Is Welcome. Hate Is Not.
SEE IT. REPORT IT.

STOP HATE UK

0800 138 1625

24 HOUR HELPLINE

TEXT 07717 989 025.



Over 200,000 businesses set to get free advice settling energy supplier disputes

Click [HERE](#) for details

£2 bus fare cap

The £2 bus fare cap will now run until 31st December 2024.

for details, please click [HERE](#)



CHRIST CHURCH
PRESENTS

COVER STORIES



SATURDAY
3RD
FEBRUARY



DOORS
OPEN AT
6.30PM

Performance starts
at 7pm until 10pm

Cover Stories play a friendly informal mix of jazz standards, blues, latin, classic rock and pop songs.

This concert is the first to feature our new singer, Corinne, who will also sing some of her native French chansons.

Tickets cost £10 pp and can be purchased via
<https://christ-church-colchester.sumupstore.com>

There will be a cash bar so have your purses and wallets at the ready! Throughout the evening there will be a Tombola with your chance to win some fabulous prizes.

All proceeds raised from this event will go towards the building fund





10 FREE CHARITY FILMS!

Apply now for a completely free, broadcast quality film for your charity in 2024!

OPEN TO ALL UK REGISTERED CHARITIES
Offer ends 31st January 2024

bigpicturecharityfilms.org

**MAKING A DIFFERENCE
ONE FILM AT A TIME...**

Since its inception in 2012, Big Picture has produced hundreds of films for charities of all sizes, in every sector. To welcome in 2024, Big Picture are offering **TEN COMPLETELY FREE CHARITY FILMS** to UK Registered Charities that apply during the month of January. There really is **NO CATCH** to this offer, Big Picture will work with you to plan, storyboard, film and edit a broadcast quality film, all that is asked that travel expenses are covered (which is usually minimal)

For any charities interested in this offer, which closes on 31st January 2024, please complete a short, online application form

Click [**HERE**](#) for full details

Get
involved

JOIN OUR RESIDENTS' PANEL



How does the Residents' Panel help our city?

Get ready to share your views and
input into a wide range of topics to
help us shape our services.

What do we need from you? Desire to help us
improve our city | Commitment to attend 4 meetings
a year (virtual and in person) | To be an ambassador
for what Colchester City Council does

IT'S QUICK AND EASY TO SIGN UP

Find out more: colchester.gov.uk/residents-panel
or email residents.panel@colchester.gov.uk



Scan me



Local Linked Support

Advice, information, connecting and support for adults with a learning disability and/or autism and/or their carers.

Working with you to achieve your goals and ambitions

-  Keeping safe
-  Emotional wellbeing
-  Social and spiritual needs
-  Finances
-  Physical health
-  Accomodation
-  Work, Education and training
-  Relationships



Contact us on: **03330 130593** or **03330 136492**

Email: Braintree team: llsbraintree@essex.gov.uk

Email: Colchester team: llscolchester@essex.gov.uk

Email: Harlow team: llsharlow@essex.gov.uk

Or visit our Facebook page by searching 'Local Linked Support Team Essex' or scan this QR code using your smartphone's camera



Heart of Greenstead

Moving forward with you

Please join

Heart Of Greenstead Task Force



Join the Task Force and have a say in the changes brought to Greenstead

The Task Force Meetings are conducted monthly and provide a platform for interaction between residents, stakeholders and project leads including the architects

Upcoming dates-

13th December 2023 - 2:00pm to 3:30pm

16th January 2024 - 2:00pm to 3:30pm

14th February 2024 - 2:00pm to 3:30pm





12th March 2024 - 2:00pm to 3:30pm

Please call
01206 505250 to ask
for more details or
send an email to
rodneydaimari@
community360.org.uk

Greenstead Community Centre, Hawthorn Avenue, Colchester CO4 3QE

Community360

Winsley's House, High Street, Colchester, CO1 1UG

 community360org  community360org  community360org  community360org

visit www.community360.org.uk

Charity Number 04426567 Registered Charity Number 1092657

COLCHESTER.GOV.UK/HEAR_TOFGREENSTEAD



Share your memories of Colchester for a chance to WIN £300!

Whether through writing, spoken word, imagery or film – we're looking for stories tied to the walking route linking the City Centre, University and Greenstead. Scan the QR code below to find out more and submit. Competition ends 31 January 2024.

WALK WITH WORDS



www.walkwithwords.co.uk
hello@walkwithwords.co.uk
[@walkwithwordscolchester](https://www.instagram.com/walkwithwordscolchester)

↑
TOP



Demystifying End of Life Care Workshop



Compassionate
Communities

24th Jan 2024

Advance Care Planning & Legal Considerations

How can you and the people you care for have the best end of life possible?

"This workshop is
for everyone, and
will help you to
plan for the future
with confidence"

Join us at:

- Greenstead Community Centre, Colchester CO4 3QE from 10am - 12noon (refreshments/networking from 9.30am)

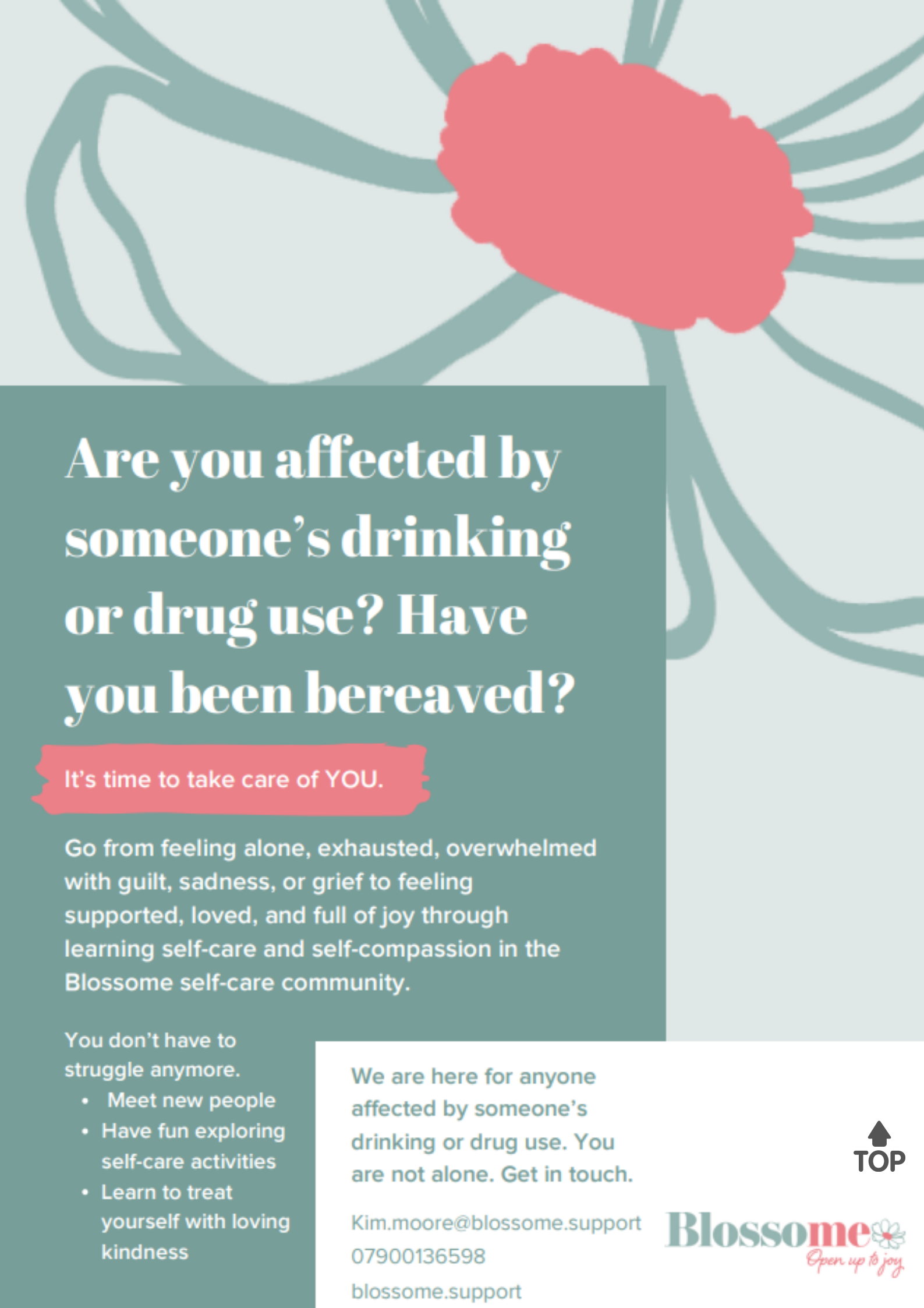
Includes:

- Presentations + Q&A with St Helena hospice + Thompson, Smith & Puxton Solicitors
- Sharing, learning and networking with local community and peers
- Open discussion about dying, death and loss



Attendance is FREE - register at:

StHelena.org.uk/Compassion



Are you affected by someone's drinking or drug use? Have you been bereaved?

It's time to take care of YOU.

Go from feeling alone, exhausted, overwhelmed with guilt, sadness, or grief to feeling supported, loved, and full of joy through learning self-care and self-compassion in the Blossome self-care community.

You don't have to struggle anymore.

- Meet new people
- Have fun exploring self-care activities
- Learn to treat yourself with loving kindness

We are here for anyone affected by someone's drinking or drug use. You are not alone. Get in touch.

Kim.moore@blossome.support
07900136598
blossome.support

↑
TOP

Blossome 
Open up to joy

FIRST-AID TRAINING SESSION (FREE TRAINING)

Monday 22nd January 2024 '10am - noon'

at

Prettygate Baptist Church, CO3 4EQ

**Are YOU REGISTERED with a
'Colte Partnership' GP Practice**

&

CARE for a 'CHILD' aged 0 - 4 years

&

WANT to 'LEARN' vital 'First-Aid Skills'

**THIS IS A 'COMPLETELY FREE EVENT' provided by an 'External'
First Aid Training Company- to read more about how they use
your personal data visit - www.firststartfirstaid.co.uk/faqs**

BOOKING ESSENTIAL - Reserve your space(s) by emailing:

ENQUIRIES@FIRSTSTARTFIRSTAID.CO.UK

Training suitable for Parents, Grandparents & Carers. Spaces are limited & will be allocated on a first come first served basis. Babies & Toddlers welcome. Training delivered by Chloe Harvey, an Experienced A&E Nurse & Founder of Fist Start First Aid Training.



 **The Colte Partnership**
At The Heart of Primary Care


TOP



SNEE Falls Survey



The Age Well team within the Suffolk and North East Essex Integrated Care Board (SNEE ICB) would like to invite you to complete a survey regarding falls. With your help we will use your feedback to help review, plan or offer new and different ways of reducing and preventing falls.

Click [HERE](#) to complete the survey



Age Well East, 63 North Hill, Colchester, Essex, CO1 1PX

Click **HERE** to see a full list of all the Groups and Clubs.

There is a small charge for our groups and clubs, please call for information on 0300 373 33 33

WAITING WELL

Are you waiting for healthcare treatment or surgery?

Waiting Well gives you help and support while you wait



Waiting Well is a support and guidance group for adults on a waiting list. We will be holding weekly one hour sessions to help you to stay well through support, guidance and activity.

**One Colchester Community Hub
4-6 Long Wyre Street
Colchester CO1 1LH**

Please contact Emily Wingate for more information
t: 01206 505250 e: information@community360.org.uk

Community360

Winsley's House, High Street, Colchester, CO1 1UG

[f community360org](https://www.facebook.com/community360org) [t community360org](https://www.twitter.com/community360org) [in community360org](https://www.linkedin.com/company/community360org) [ig community360org](https://www.instagram.com/community360org) visit www.community360.org.uk

Charity Number 04426567 Registered Charity Number 1092657



TOP

Memory Café

Run in association with The Mersea Island Practice

**Second Wednesday of the month
1:30pm to 3:00pm**

Come along for refreshments, a chat and an opportunity to meet new people.

Wednesday 10th January 2024:
Seated Yoga Taster

Wednesday 14th February 2024:
Diabetic Care

Wednesday 13th March 2024:
Fire Safety

**Mersea Community Support Hall
13 Melrose Road
West Mersea
Colchester CO5 8JB**

Information and advice for carers will be available from organisational members of the Colchester Dementia Friendly Community (DFC).

**For further details please contact
The Mersea Island Practice 01206 382015**



Community360

Winsley's House, High Street, Colchester, CO1 1UG

 community360org  community360org  community360org  community360org

visit www.community360.org.uk

Charity Number 04426567 Registered Charity Number 1092657

 **The Colte Partnership**
At The Heart of Primary Care

 **Colchester**
Community in Action

 **Community 360**
Together We Thrive

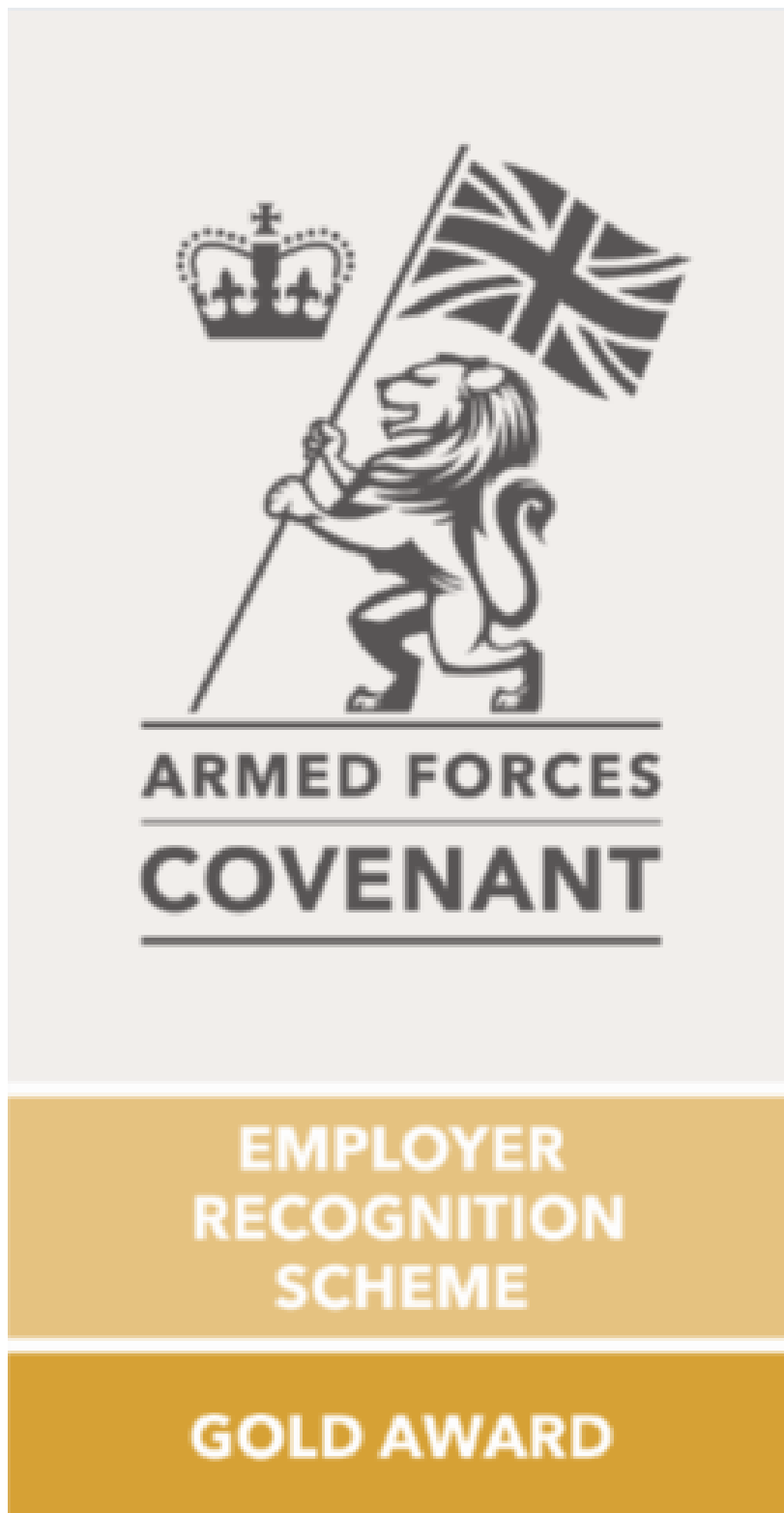
 **TOP**

Colchester Council seeks tenant with health or community focus to lease Paprika House



The deadline for Expressions of Interest is noon on 28th February 2024.

Read on [**HERE**](#) for more information.



Click [**HERE**](#) to see the Colchester City Council Armed Forces Page



Veterans News and Communications Hub

The Hub enables forces-friendly organisations across all sectors to showcase the continued value of the UK's highly skilled veteran community.

Click [HERE](#) to read more.

Are you a veteran or soon to leave the Armed Forces?

VETERANS OPEN DAY

Hosted By

HELP FOR HEROES

At The Colchester United Community Stadium, CO4 5UP.

Friday 26 January 2024

Held in the Legends Suite – 10am to 2pm.

Come along, grab a cuppa, and have a chat with us or the other agencies in attendance:



**HELP for
HEROES**



NHS expands mental health support for veterans with more than half saying it's hard to speak up



A new survey of over 3,000 veterans and serving personal, carried out by NHS England, found that the majority (around 60%), of those who took part, said they found it difficult to ask for help for mental health issues. Read the full article [HERE](#).

Veterans' Group

Monthly Drop-In

Open to all Veterans of HM Armed Forces

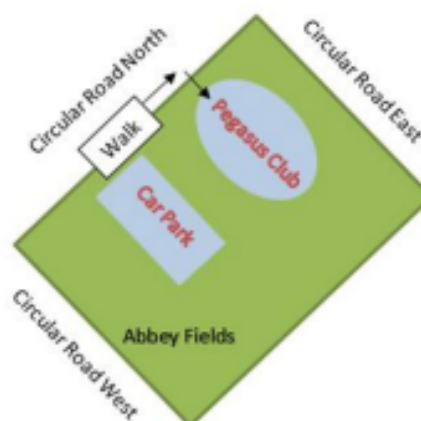
Refreshments generously provided by SSAFA. No booking required.

Venue:

The Pegasus Club
Circular Road North
Colchester, Essex
CO2 7SU

(Garrison Athletics/Hockey Club House)

Directions



Car Park: Sign posted as "MOD Property"

Disabled Parking: Available in front of club house

Bus Stops: Napier Road and Salisbury Avenue Stop

When: Third Wednesday of the month

Time: 10am – 1230pm

Contact: 01206 228 774 or mevs.mhm@nhs.net

With support from:





WEDNESDAYS AT ONE

A WARM AND WELCOMING SPACE

Meet new people | Conversation & friendship

Child-Friendly | Free refreshments

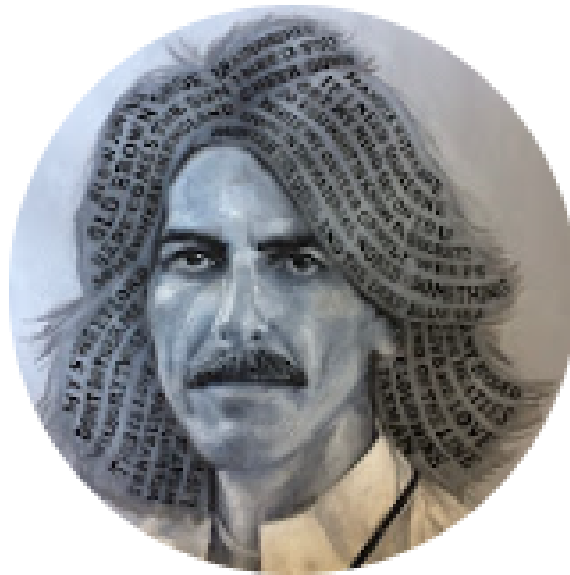
Free Wifi | Free phone and laptop charging

EVERY SECOND AND FOURTH* WEDNESDAY
OF EACH MONTH - BETWEEN 1-3PM

*Armed Forces community support available on the fourth Wednesday

WE'D LOVE TO SEE YOU ALL

This will commence from Wednesday 27th September 2023 and is held at
Prettygate Baptist Church, 25-27 Prettygate Road, Colchester, CO3 4EQ



The George Harrison Project – 2nd February

Here comes the perfect tribute to a Beatles legend!

Enjoy the UK's leading live music tribute to George Harrison, performing his best-loved hits from The Beatles, his solo career and The Traveling Wilburys.

After the Liverpudlian four-piece called time on Beatlemania Harrison, who died in 2001, enjoyed a successful solo career, releasing 12 studio albums, including the classic triple album *All Things Must Pass*, *Living In The Material World*, *Cloud Nine* and *Brainwashed*.

He also formed the supergroup The Traveling Wilburys with Bob Dylan, Jeff Lynne, Roy Orbison and Tom Petty.

During this show, these talented musicians perform some of George Harrison's best-known tracks, including *My Sweet Lord*, *Here Comes The Sun*, *Something*, *While My Guitar Gently Weeps*, *Got My Mind Set On You*, *All Things Must Pass*, *Handle With Care*, *Taxman*, *Give Me Love*, *What Is Life*, *If I Needed Someone*, *Cheer Down*, and many more!

Click [**HERE**](#) to book, using the code XMAS25 for military personnel and their families



Daniel O'Reilly: Out Of Character – 23rd February

Daniel O'Reilly is still boasting one of the largest, strongest, most loyal and fastest growing social media followings in the UK that his fans has grown up with him through the years!

He has had many characters, but for this live show he's going 'Out Of Character' to stand up as he brings the laughs and looks back on the mischief, the mistakes and the madness of his career so far.

From losing it all, battling addiction and becoming a father he's been on some rollercoaster and wants you to come for a ride with him, so grab your tickets now and make sure you got your seat belt on!

Click **[HERE](#)** to book, using the code XMAS25 for military personnel and their families

Employment Support



- CV and Personal Statements
- Job seeking
- Job applications
- Interview Preparation
- Volunteering opportunities

Removing Barriers



- Wellbeing and life skills
- Confidence and motivation
- Travel and clothing support for interviews if eligible
- Childcare cost advice
- Multi agency working to ensure maximum support

Benefits and Finances



- Signpost to any relevant financial support
- Review Council Tax account
- Identify housing support needs, to include sustaining tenancies
- Family welfare
Household income maximisation

Click [**HERE**](#) to see how to access these services from Colchester City Council Financial & Employment Support Team

WOULD YOU LIKE

TO MAKE YOUR HOME WARMER, MORE COMFORTABLE AND CHEAPER TO HEAT?



Grant funding may be available for improving the energy efficiency of your home using a variety of measures.

These could include *:

- Insulation for walls, lofts and heating systems
- Draught exclusion
- Changes to windows or doors
- Renewable energy (e.g. solar panels)
- Clean energy systems (e.g. air source heat pumps)

*Not all of these may be suitable for your property. Our surveyors will advise which measures can be installed if eligible.

WE CAN ALSO PROVIDE YOU WITH OTHER TIPS THAT MAY CUT YOUR ENERGY BILLS TOO!

Contact us for **FREE** and impartial advice on **01206 636956** or email

EnergyEfficientHomes@colchester.gov.uk



Save energy Stay Warm



With **FREE** upgrades

SAVE £££ ON YOUR ENERGY BILL

We can help you access **free** energy saving upgrades from the government for your home that could help you make savings on your fuel costs.

DELIVERED BY:



IN PARTNERSHIP WITH:



Department for
Energy Security
& Net Zero



Colchester
City Council

CAN I APPLY?

You could be eligible if your household:

- ✓ Is off-gas for heating (for example, uses oil, LPG, solid fuel heating or an electric heating system)

AND

- ✓ Has a combined annual income of no more than £31,000 (gross) or, under £20,000 after rent or mortgage costs

AND

- ✓ Live in a hard to heat home

N.B. If you are not financially eligible, you could still be eligible if you live in defined postal areas.



WWW.HUGAPPLY.CO.UK



0808 196 8255



SCAN TO APPLY

Trusted

This programme has changed me. The way I stand up for myself, deal with things and run my finances. I am never changing back"

FREE PLACES NOW AVAILABLE

Attendees have become financially better off by an average of approx. £3,000 per person per year, simply by changing the way they approach their finances

Could this be you?

One big, topic-led conversation

Building a new money confident community

6 weekly sessions - guest professionals every week

Weekly vouchers provided

Contact us to secure your place

Jessica - 07425 166069 or

Karen - 07532 253540

email: hello@trustedmoneyconfidence.com

www.trustedmoneyconfidence.com



Trusted

Trusted is an initiative that brings Colchester's community together to increase residents' knowledge on managing their personal finances over a money confidence programme.

It's the first of its kind in the UK, and they aim to equip people with the right skills and knowledge to manage their money concerns in the best way possible.

Through sharing advice and discussing options in these sessions, the programme will support real people struggling with the cost-of-living crisis, and hopefully, beyond.

Click [**HERE**](#) to read more about Trusted, and to register your interest in their next course

Winter Resilience

HELPING THE PEOPLE OF COLCHESTER

**STAY SAFE, WELL,
WARM & CONNECTED**

DURING THE COLDEST MONTHS

Your guide to organisations providing services which help those in Colchester who are most at risk from the cold and financial hardship this winter.



Click [HERE](#) to read the full guide, and click [HERE](#) to see a map of Warm Spaces in Colchester

Multiply

Free Financial Wellbeing Sessions Now booking March – June 2024!

Do you work with people who might benefit from attending our sessions?



Please contact us to book a date for us to come and work with your group in your community setting.

We'll consider **Budgeting** and explore **Financial Wellbeing**. We'll also think about where participants might wish to go for further help in our **Signposting session**.

“The person doing the course was very good and very friendly”

Participant

“It was great and gave me a lot to think about”

Participant

If your clients or residents might benefit from participating in our free sessions then please do contact us to find out more.

Participants should live in Essex, be 19+ and not have GCSE pass in maths

✉ epunft.enableeast@nhs.net

☎ 01206 489913



Are you worried you're paying too much for your essential services?

Do you feel like you can't make sense of your bills, and you just don't know what you're looking at?

Are you fed up with spending hours on the phone to your suppliers, only to never get a clear answer to your questions?

Worry no more. The team at the Bill Clinic can provide you with a FREE health check on your utility bills. We are here to save you valuable time and money by simplifying your life, giving you the reassurance that you're not spending more than you should.

Click [**HERE**](#) for more details of how they can help you

Citizens Advice drop-in sessions at Foodbanks

Colchester (Tollgate)

Every Wednesday 10am - 2pm

Central Town (Eld Lane)

2nd and 4th Friday of each month 11am - 1pm

Greenstead

Every Thursday 10am - 12 noon

Highwoods

1st Monday of each month 9am - 11am

Monkwick

1st and 3rd Friday of each month 10am - 12 noon

New Town

1st Monday of each month 7.30pm - 8.30pm

1st Thursday of each month 11am - 1pm (Energy team)

Rowhedge

1st Monday of each month 4pm - 6pm

Tiptree

1st Thursday of each month 2pm - 4pm

Wivenhoe

3rd Thursday of each month 10am - 12 noon



Community Funding

All of the funding you need for your organisation can now be found in one place! **Just click on the image below**, which will take you to our website.

If you are successful in getting a grant, let us know - we can help you promote your project, and inspire others to get involved.





The Carers Community Fund

is a new £1.75 million grant programme that will support new local projects for carers of all ages in Essex.

The fund opens on 28 November 2023 and organisations will be able to apply for grants of between £1,000 and £30,000 for their local project. Length of project will be proposed by the organisations, but the maximum length will be three years.

The purpose of the fund is to build localised community-based support to carers of all ages, and to achieve this there will be five local panels, North East, Mid, West, South West, South East each with an allocated sum to award.

For more information on the Carers Community Fund please visit www.essex.gov.uk and search 'Carers Community Fund' or scan the QR code or email essex.carers@essex.gov.uk

Panels invite applications that demonstrate added value and/or innovation and an inclusive approach to providing for carers in their communities.



In partnership with



Meet The Team

Tom Tayler

Community & Partnerships Team Manager

07956 343985

Tom.Tayler@colchester.gov.uk

Rachaelle Litwin

Digital Access Support Team – Colchester (and Tendring)

01206 282452

Digital.AccessSupport@Colchester.gov.uk

Chrissy Henegan

Community & Partnerships Officer

Central – Shrub End, Prettygate, Newtown & Christchurch,
Berechurch and Greenstead

Thematic lead for Children & Young People and Armed Forces

07966 235791

Chrissy.Henegan@colchester.gov.uk

Yovone Cook

Community & Partnerships Officer

Thematic lead for Resettlement, Faith Groups and Ethnically
Diverse Groups

07976 794789

Yovone.Cook@colchester.gov.uk

Mark Healy

Community & Partnerships Officer

North – Rural North, Lexden & Braiswick, Mile End, Highwoods,
St Annes & St Johns and Stanway

Thematic lead for Older People, Compassionate Communities,
EDI, and Locality Budgets

07817 889992

Mark.Healy@colchester.gov.uk

Leeni Sepp

Physical Activity & Partnership Officer

Thematic lead for Physical Activity, Health & Wellbeing and
Public Health Support

07989 738042

leeni.sepp@colchester.gov.uk

Jake Mullinder

Community & Partnerships Officer

South – Marks Tey & Layer, Mersea & Pyefleet, Tiptree,
Wivenhoe, Hythe & Old Heath and Castle

Thematic Lead for Physical Activity & Public Health

07890 910455

Jake.Mullinder@colchester.gov.uk

Shaz Peacock

Community Integration Support Officer

Resettlement Support

01206 506951

07977 823928

sharon.peacock@colchester.gov.uk

Want to work with us?

click [HERE](#) to view
the latest
Colchester City
Council vacancies

WE'RE HIRING!



- ✓ Have a full manual UK driving licence?
- ✓ Enjoy working outdoors and keeping active?
- ✓ Looking for a local government role with great benefits?

Join us as a Civil Enforcement Officer!

- Full-time, part-time and casual contracts
- Flexible shift patterns
- Local community roles



Find out more and apply here:
Or contact us:
parking@colchester.gov.uk
or 01206 282316



Other Opportunities...

Colchester's Great Winter Clean

15 January - 15 February

This winter we are asking communities to come together and take part in a winter clean to make a difference to the area where you live and help tackle littering across the city.

Help us by litter picking an area of open space or street which is important to you. This may be the street you live in, or your favourite park.

Click [HERE](#) for details of how to get involved

TIPTREE COMMUNITY HUB

Fridge

Cafe

Warm Space

Activities



VOLUNTEERS NEEDED

We Need Help With

- Running the fridge
- Local food collections
- Running the cafe
- Attending or hosting events

Zero waste

We need volunteers to work with our passionate and committed team to provide a much needed service to the local community and prevent surplus food going to waste

Training will be provided



DON'T WASTE FOOD



Join Us!

For more information, please visit

<https://www.facebook.com/TiptreeCommunityHubCIC>
/or email us tiptreecommunityhub@gmail.com

Thank you for reading!

All members of our team are also
contactable at
communities@colchester.gov.uk



Colchester
City Council

Keep up to date visit
colchester.gov.uk

To **UNSUBSCRIBE** to this newsletter
please email
communities@colchester.gov.uk