Colchester Community Updates



Beginning of August 2023

Welcome to our newsletter covering the beginning of August.

You'll find plenty of information about community events, opportunities, and a link to our funding database with over <u>100</u> funding streams!

Our Team's contact details are at the end of the newsletter, so please do let us know if you'd like us to promote an event for you, or if you have anything you'd like us to share with all our readers.



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Sessions for Primary Clubs, Secondary Clubs, Specialist Secondary Clubs, SEND Clubs and Mental Wellbeing Clubs so very inclusive for all ...

Click HERE to see how to

ActivAte Your Summer



Summer Activities Offer 2023

at Layer Marney

click **HERE** for details



Essex Child and Family Wellbeing Service



Colchester Summer Events

1st August - Summer Fun Morning 10:30-11:30am

King George V Playing Field, Wivenhoe CO7 9AB.

Join us for a Safari Picture Trail and fun activities.



Greenstead Slopes, Juniper way CO4 3NW, Greenstead, or from the Harwich Road entrance (opposite side to The Oak Tree Centre, CO4 3DH)

With a 'Look for a Book', nature trail and fun physical games

16th August – Picture Nature Trail and physical games 10:00–11:30am
Old Heath Recreation Ground, Old Heath Road, Colchester CO1 2ER

18th August - St Anne's Community Fun Day 12noon-4:00pm

Pond Field behind The Oak Tree Community Centre, Harwich Road, CO4 3DH Come and see us at our family activity stand at the Fun Day

30th August - Summer Fun event 10:30am-12noon

Grove Road play park, Tiptree Colchester CO5 0JL With a 'Look for a Book', nature trail and fun physical games

Free Family events. No need to book just come along, all ages welcome with a parent/carer





NHS

Services commissioned by:



COMMUNICATION SELECTER SELECTE



Stalls
Face Painting
Arts and Crafts
Bouncy Castle
Giant Games
Dance displays
Hot Dogs
Hot and Cold Drinks

FREE

Friday 11th August

10:00AM - 1:00 PM

Hythe Community Centre, 1 Ventura Drive CO1 2FG

ESSEX POLICE AND THE ESSEX REBELS ARE COMING TO A COURT NEAR YOU!

MEET AND PLAY BASKETBALL THIS SUMMER WITH SOME OF OUR PROFESSIONAL PLAYERS AN LOCAL POLICE OFFICERS. ASK QUESTIONS, LEARN/DEVELOP NEW BASKETBALL SKILLS, PLAY GAMES AND HAVE FUN!



FOR MORE INFORMATION PLEASE CONTACT:

COLCHESTERCOMMUNITYPOLICINGTEAM@ESSEX.POLICE.UK











BALLIN' WITH A BOBBY

MEET AND PLAY BASKETBALL WITH THE ESSEX REBELS AND YOUR LOCAL POLICE OFFICERS



WEST MERSE

TUE 01/08 - THE GLEBE, CO5 8RS

WIVENHOE

TUE 08/08 - KING GEORGE V FIELD, CO7 9AB

STANIMA

TUE 15/08 - LAKELANDS, MARTIN HUNT DRIVE, CO3 8AY

GREENSTEAD

TUE 22/08 - MAGNOLIA PLAYING FIELDS, CO4 3LP

OLD HEATH

TUE 29/08 - THE RECREATION GROUND, CO1

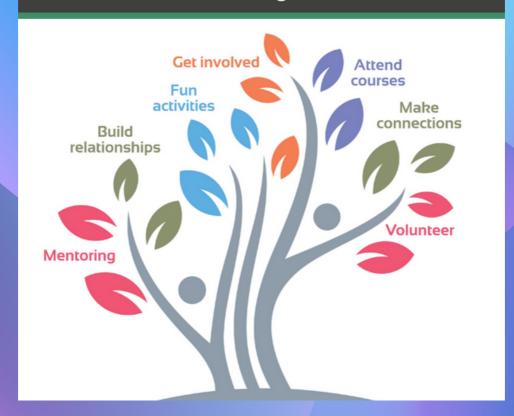
FREE TO JOIN IN AND PLAY

4:30-5:30 – PRIMARY SCHOOL CHILDREN

5:30-6:30 – SECONDARY SCHOOL CHILDREN



E-Bulletin August 2023



Click on the image above to read the full newsletter from Essex Family Support Service





Expressions of Interest invited for community-based use of vacant shop unit

Colchester City Council is seeking community-based organisations and management groups to express their interest in using a vacant shop unit in Greenstead. The unit is located at 5 The Centre, Hawthorn Avenue, and is one of seven council-owned shop units on the ground floor of the parade. The council wants to reserve this unit for community-focused purposes.

Click **HERE** to find out more







Unity Community Kitchen Proposal Consultation

Unity Primary Academy are excited to be approaching the local community to consult on the possibility of developing and opening a Community Kitchen on site at the school.

The proposal is to transform the old school kitchen into a Community Kitchen for inspirational food education. The community kitchen would benefit everyone, young and old – pupils, parents, and the wider community. The concept is to offer a flexible teaching space and fully equipped kitchen with commercial catering equipment. The Community Kitchen will be accessed separately to the school allowing community access.

To read more about this, and to complete the consultation form, click **HERE**

Consultation closes 1st September 2023





Community Safety Survey 2023

This survey is aimed at helping the Community Safety Partnerships working across Southend, Essex and Thurrock to identify the impacts of crime and anti-social behaviour in the county.

You can complete the survey about any area in Essex, whether you live, work or study there. You can also complete this survey more than once to give us your views about a different area if you wish to do so.

Click <u>HERE</u> for more information, and to complete the survey

Closing date 20th August 2023

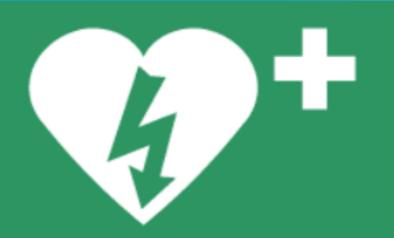




The Modern Slavery Support Map

This support map has been created to help professionals spot the signs of modern slavery and know the statutory and non-statutory routes to refer potential victims. It is also intended to support individuals to self-refer to services where they do not wish access frontline safeguarding services.

Click **HERE** to view the map



Defibrillator

Have you checked the expiry dates on your pads and batteries lately?

Click **HERE** for more details





Look in your branch toilet for FREE
Period Products

Practice 76 Ambrose Avenue Colchester CO3 4UN

Colne Medical Centre 40 Station Road Brightlingsea Essex

Riverside Health Centre Station Road Manningtree Essex CO11 1AA www.coltepartnership.com

Ardleigh Surgery Dedham Road Ardleigh Essex CO7 7LD

Walton Medical Centre Vicarage Lane, Walton-on-the-Naze, Essex, CO14 8P4

> Wivenhoe Surge Phillip Road Wivenhoe



Women's Health Survey for Suffolk and North East Essex

At Suffolk and North East Essex Integrated Care Board, we are keen to know the thoughts of women who live in the population that we serve. In this very short survey of just four questions we want to hear what is important to you regarding your health and care.

Click **HERE** to take the survey









THURSDAY



TIME

LOCATION

BOOK EARLY FOR 10% DISCOUNT



HOST

Sarah Donaldson As an experienced coach with over 20 years of expertise, my passion lies in supporting individuals to become the best versions of themselves by nurturing their confidence both in the workplace and in various aspects of



07532 318348



sarahjanedon214@gmail.com

BACK TO



with the Digital Poverty Alliance, to achieve the six missions of their National Delivery Plan 2023. They aim to end digital poverty by 2030. This includes support for individuals and businesses.

Click **HERE** to find out more



EMPLOYER RECOGNITION SCHEME

GOLD AWARD

Click <u>HERE</u> to see the Colchester City Council Armed Forces Page



Unclaimed Medals

If you have previously served in the armed forces (or have a relative that has) with an unclaimed medal, the MoD would like to speak to you.

Click **HERE** for full details



Opfortitude

New government-funded hotline to end veteran homelessness now live across the UK

Vulnerable veterans across the country will now have access to Op FORTITUDE, a new dedicated referral pathway for homeless veterans, including those sleeping on the streets.

For full details of the new hotline, click **HERE**





Force for Change Grants

This programme will award grants of up to £15,000 for community projects that reduce isolation and promote integration in local Armed Forces communities.

To find out more, click **HERE**



SAMARITANS

Military and veterans community volunteering

Their incredible volunteers run more than 200 branches and locations across the UK and Ireland. They offer their time to help to deliver our 24-hour emotional support service in many ways, from answering telephones and emails, to fundraising, generating publicity, administration and finance.

Anyone who wants to help others and is tolerant and open-minded is welcome to apply. As a member of the military community, you'll also have the opportunity to support our dedicated listening service for veterans.

Click **HERE** for details



Click HERE to read the latest newsletter from from the Colchester Dementia Friendly Community (DFC), formerly the Dementia Action Alliance

Employment Support



- CV and Personal Statements
- Job seeking
- Job applications
- Interview Preparation
 - Volunteering opportunities

Removing Barriers



- Wellbeing and life skills
- Confidence and motivation
- Travel and clothing support for interviews if eligible
- Childcare cost advice
- Multi agency working to ensure maximum support

Benefits and Finances



- Signpost to any relevant financial support
- Review Council Tax account
- Identify housing support needs, to include sustaining tenancies
- Family welfare Household income maximisation

Click <u>HERE</u> to see how to access these services from Colchester City Council Financial & Employment Support Team

Citizens Advice drop-in sessions at Foodbanks

Colchester (Tollgate)

Every Wednesday 10-am - 2pm

Central Town (Eld Lane)

2nd and 4th Friday of each month 11am - 1pm

Greenstead

Every Thursday 10am - 12.noon

Highwoods

1st Monday of each month 9am -11am

Monkwick

1st and 3rd Friday of each month 10am - 12noon

New Town

1st Monday of each month 7.30pm – 8.30pm 1st Thursday of each month 11am – 1pm (Energy team)

Rowhedge

1st Monday of each month 4pm -- 6pm

Tiptree

1st Thursday of each month 2pm - 4pm

Wivenhoe

3rd Thursday of each month 10am - 12.00 noon



Community Funding

All of the funding you need for your organisation can now be found in one place! Just click on the image below, which will take you to our spreadsheet.

If you are successful in getting a grant, let us know - we can help you promote your project, and inspire others to get involved.



Meet The Team

Tom Tayler

Community & Partnerships Team Manager 07956 343985

Tom.Tayler@colchester.gov.uk

Rachaelle Litwin

Digital Access Support Team – Colchester (and Tendring) 01206 282452

Digital.AccessSupport@Colchester.gov.uk

Chrissy Henegan

Community & Partnerships Officer

Central - Shrub End, Prettygate, Newtown & Christchurch,

Berechurch and Greenstead

Thematic lead for Children & Young People and Armed Forces 07966 235791

Chrissy.Henegan@colchester.gov.uk

Yovone Cook

Community & Partnerships Officer

Thematic lead for Resettlement, Faith Groups and Ethnically

Diverse Groups

07976 794789

Yovone.Cook@colchester.gov.uk

Mark Healy

Community & Partnerships Officer

North - Rural North, Lexden & Braiswick, Mile End, Highwoods,

St Annes & St Johns and Stanway

Thematic lead for Older People, Dementia (DAA) and Locality

Budgets

07817 889992

Mark.Healy@colchester.gov.uk

Ella Humphris

Community & Partnerships Officer

Thematic lead for health inequalities, Mental Health & Suicide

Prevention

07977 156531

ella.humphris@colchester.gov.uk

Leeni Sepp

Physical Activity & Partnership Officer

Thematic lead for Physical Activity, Health & Wellbeing and

Public Health Support

07989 738042

leeni.sepp@colchester.gov.uk

Jake Mullinder

Community & Partnerships Officer

South - Marks Tey & Layer, Mersea & Pyefleet, Tiptree,

Wivenhoe, Hythe & Old Heath and Castle

Thematic Lead for Physical Activity & Public Health

07890 910455

Jake.Mullinder@colchester.gov.uk

Shaz Peacock

Community Integration Support Officer Resettlement Support 01206 506951 07977 823928 sharon.peacock@colchester.gov.uk

Want to work with us?

CLICK HERE TO VIEW THE LATEST

COLCHESTER CITY COUNCIL

VACANCIES

Other Vacancies...

Tending Wheels for All Project Manager

From Sept 23 to Sept 25

Full-time £26,000 £28,000

Click HERE for full details

Let us know if you have a vacancy or a volunteering opportunity you'd like us to include in the next issue of our newsletter. Just email communities@colchester.gov.uk

Other Opprtunities...

ECOFESTIVAL COLCHESTER





O COLCHESTER LOWER CASTLE PARK
FAMILY-FRIENDLY COMMUNITY EVENT

Volunteers are needed for this year's Eco Festival.

Click HERE for details of what roles are needed, and to complete the Volunteer Registration Form

Thank you for reading!

All members of our team are also contactable at communities@colchester.gov.uk

Click on the image below to see news of our city celebrations





To **UNSUBSCRIBE** to this newsletter please email communities@colchester.gov.uk