

# Colchester Community Updates



Colchester  
City Council

Beginning of August 2023

Welcome to our newsletter covering the beginning of August.

You'll find plenty of information about community events, opportunities, and a link to our funding database with over 100 funding streams!

Our Team's contact details are at the end of the newsletter, so please do let us know if you'd like us to promote an event for you, or if you have anything you'd like us to share with all our readers.



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Sessions for Primary Clubs, Secondary Clubs, Specialist Secondary Clubs, SEND Clubs and Mental Wellbeing Clubs so very inclusive for all ...

Click [HERE](#) to see how to

# ActivAte Your Summer

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**Summer Activities Offer 2023**

**at**

**Layer Marney**

click [HERE](#) for details

# Colchester Summer Events

## 1<sup>st</sup> August - Summer Fun Morning 10:30-11:30am

King George V Playing Field, Wivenhoe CO7 9AB.

Join us for a Safari Picture Trail and fun activities.

## 3<sup>rd</sup> August - Summer Fun event 10:30am-12noon

Greenstead Slopes, Juniper way CO4 3NW, Greenstead,

or from the Harwich Road entrance (opposite side to The Oak Tree Centre, CO4 3DH)

With a 'Look for a Book', nature trail and fun physical games



## 16<sup>th</sup> August - Picture Nature Trail and physical games 10:00-11:30am

Old Heath Recreation Ground, Old Heath Road, Colchester CO1 2ER

## 18<sup>th</sup> August - St Anne's Community Fun Day 12noon-4:00pm

Pond Field behind The Oak Tree Community Centre, Harwich Road, CO4 3DH

Come and see us at our family activity stand at the Fun Day

## 30<sup>th</sup> August - Summer Fun event 10:30am-12noon

Grove Road play park, Tiptree Colchester CO5 0JL

With a 'Look for a Book', nature trail and fun physical games

**Free Family events. No need to book just come along,  
all ages welcome with a parent/carer**



Berechurch Family Hub for the Colchester district  
t. 0300 247 0015

[www.essexfamilywellbeing.co.uk](http://www.essexfamilywellbeing.co.uk)

Services commissioned by:



# HYTHE COMMUNITY CENTRE

# FAMILY FUN DAY



Stalls  
Face Painting  
Arts and Crafts  
Bouncy Castle  
Giant Games  
Dance displays  
Hot Dogs  
Hot and Cold Drinks

**FREE**

Friday 11th August

10:00AM - 1:00 PM

Hythe Community Centre, 1 Ventura Drive CO1 2FG

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# ESSEX POLICE AND THE ESSEX REBELS ARE COMING TO A COURT NEAR YOU!

MEET AND PLAY BASKETBALL THIS SUMMER WITH SOME OF OUR PROFESSIONAL PLAYERS AND LOCAL POLICE OFFICERS. ASK QUESTIONS, LEARN/DEVELOP NEW BASKETBALL SKILLS, PLAY GAMES AND HAVE FUN!



FOR MORE INFORMATION PLEASE CONTACT:

[COLCHESTERCOMMUNITYPOLICINGTEAM@ESSEX.POLICE.UK](mailto:COLCHESTERCOMMUNITYPOLICINGTEAM@ESSEX.POLICE.UK)

**ESSEX  
SPORT**



## BALLIN' WITH A BOBBY

MEET AND PLAY BASKETBALL WITH THE ESSEX REBELS AND YOUR LOCAL POLICE OFFICERS



### WEST MERSEA

TUE 01/08 – THE GLEBE, CO5 8RS

### WIVENHOE

TUE 08/08 - KING GEORGE V FIELD, CO7 9AB

### STANWAY

TUE 15/08 – LAKELANDS, MARTIN HUNT DRIVE, CO3 8AY

### GREENSTEAD

TUE 22/08 – MAGNOLIA PLAYING FIELDS, CO4 3LP

### OLD HEATH

TUE 29/08 – THE RECREATION GROUND, CO1

### FREE TO JOIN IN AND PLAY

4:30-5:30 – PRIMARY SCHOOL CHILDREN

5:30-6:30 – SECONDARY SCHOOL CHILDREN

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# Essex Family Support Service

E-Bulletin August 2023



**Click on the image above to read the full newsletter from Essex Family Support Service**

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## Expressions of Interest invited for community-based use of vacant shop unit

Colchester City Council is seeking community-based organisations and management groups to express their interest in using a vacant shop unit in Greenstead. The unit is located at 5 The Centre, Hawthorn Avenue, and is one of seven council-owned shop units on the ground floor of the parade. The council wants to reserve this unit for community-focused purposes.

Click [\*\*HERE\*\*](#) to find out more

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## Unity Community Kitchen Proposal Consultation

Unity Primary Academy are excited to be approaching the local community to consult on the possibility of developing and opening a Community Kitchen on site at the school.

The proposal is to transform the old school kitchen into a Community Kitchen for inspirational food education. The community kitchen would benefit everyone, young and old – pupils, parents, and the wider community. The concept is to offer a flexible teaching space and fully equipped kitchen with commercial catering equipment. The Community Kitchen will be accessed separately to the school allowing community access.

To read more about this, and to complete the consultation form, click [\*\*HERE\*\*](#)

Consultation closes 1st September 2023

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## Community Safety Survey 2023

This survey is aimed at helping the Community Safety Partnerships working across Southend, Essex and Thurrock to identify the impacts of crime and anti-social behaviour in the county.

You can complete the survey about any area in Essex, whether you live, work or study there. You can also complete this survey more than once to give us your views about a different area if you wish to do so.

Click [\*\*HERE\*\*](#) for more information, and to complete the survey

Closing date 20th August 2023

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## The Modern Slavery Support Map

This support map has been created to help professionals spot the signs of modern slavery and know the statutory and non-statutory routes to refer potential victims. It is also intended to support individuals to self-refer to services where they do not wish access frontline safeguarding services.

Click [HERE](#) to view the map

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# Defibrillator

**Have you checked  
the expiry dates on  
your pads and  
batteries lately?**

Click [HERE](#) for more details

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The Colte Partnership®  
At The Heart of Primary Care

# Free Period Products

Look in your branch toilet for FREE  
Period Products

[www.coltepartnership.com](http://www.coltepartnership.com)

Ambrose Avenue Group  
Practice  
76 Ambrose Avenue  
Colchester  
CO3 4LN

Colne Medical Centre  
40 Station Road  
Brightlingsea  
Essex  
CO7 0DT

Riverside Health Centre  
Station Road  
Manningtree  
Essex  
CO11 1AA

Ardleigh Surgery  
Dedham Road  
Ardleigh  
Essex  
CO7 7LD

Walton Medical Centre  
Vicarage Lane,  
Walton-on-the-Naze,  
Essex,  
CO14 8PA

Wivenhoe Surgery  
Phillip Road  
Wivenhoe  
CO7 9BA

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## Women's Health Survey for Suffolk and North East Essex

At Suffolk and North East Essex Integrated Care Board, we are keen to know the thoughts of women who live in the population that we serve. In this very short survey of just four questions we want to hear what is important to you regarding your health and care.

Click [HERE](#) to take the survey

# DO YOU FANCY DESSERT?

This is a story about new love. The bliss. The hope. The butterflies. What could possibly go wrong? Join us on this unique night of cabaret, cocktails and conversations. Immersive theatre at its best!

**TICKETS FROM £5.00**  
WWW.GOOD-SHOW.CO.UK/EVENTS/266

**11<sup>TH</sup> & 13<sup>TH</sup> SEPTEMBER**  
@ 7.30pm

Three Wise Monkeys,  
60 High St, Colchester CO1 1DN

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# CONFIDENCE IN THE WORKPLACE AND BEYOND – WORKSHOP



**THURSDAY**  
7th September 2023



**TIME**  
0930 AM-14:30 PM

## LOCATION

Holiday Inn , Abbotts  
Lane, CO6 3QL

**BOOK EARLY FOR 10%  
DISCOUNT**

**TICKET PRICE £60**  
For More Info:



07532 318348



sarahjanedon214@gmail.com



## HOST

**Sarah Donaldson**

As an experienced coach with over 20 years of expertise, my passion lies in supporting individuals to become the best versions of themselves by nurturing their confidence both in the workplace and in various aspects of life.

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Essex County Council



**DIGITAL**  
ESSEX

Essex County Council is working with the Digital Poverty Alliance, to achieve the six missions of their National Delivery Plan 2023. They aim to end digital poverty by 2030. This includes support for individuals and businesses.

Click **[HERE](#)** to find out more

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EMPLOYER  
RECOGNITION  
SCHEME

GOLD AWARD

Click **HERE** to see the Colchester  
City Council Armed Forces Page



# Unclaimed Medals

If you have previously served in the armed forces (or have a relative that has) with an unclaimed medal, the MoD would like to speak to you.

Click [HERE](#) for full details

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## New government-funded hotline to end veteran homelessness now live across the UK

Vulnerable veterans across the country will now have access to Op FORTITUDE, a new dedicated referral pathway for homeless veterans, including those sleeping on the streets.

For full details of the new hotline, click [HERE](#)

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# Force for Change Grants

This programme will award grants of up to £15,000 for community projects that reduce isolation and promote integration in local Armed Forces communities.

To find out more, click [HERE](#)

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# SAMARITANS

## Military and veterans community volunteering

Their incredible volunteers run more than 200 branches and locations across the UK and Ireland.

They offer their time to help to deliver our 24-hour emotional support service in many ways, from answering telephones and emails, to fundraising, generating publicity, administration and finance.

Anyone who wants to help others and is tolerant and open-minded is welcome to apply. As a member of the military community, you'll also have the opportunity to support our dedicated listening service for veterans.

Click [HERE](#) for details

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Dementia  
Friendly  
Communities

Dementia Friendly  
Community Colchester  
Newsletter

Click **HERE** to read the latest newsletter from from the Colchester Dementia Friendly Community (DFC), formerly the Dementia Action Alliance

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## Employment Support



- CV and Personal Statements
- Job seeking
- Job applications
- Interview Preparation
- Volunteering opportunities

## Removing Barriers



- Wellbeing and life skills
- Confidence and motivation
- Travel and clothing support for interviews if eligible
- Childcare cost advice
- Multi agency working to ensure maximum support

## Benefits and Finances



- Signpost to any relevant financial support
- Review Council Tax account
- Identify housing support needs, to include sustaining tenancies
- Family welfare  
Household income maximisation

Click **HERE** to see how to access these services from Colchester City Council Financial & Employment Support Team



# Citizens Advice drop-in sessions at Foodbanks

## **Colchester (Tollgate)**

Every Wednesday 10-am – 2pm

## **Central Town (Eld Lane)**

2nd and 4th Friday of each month 11am – 1pm

## **Greenstead**

Every Thursday 10am – 12noon

## **Highwoods**

1st Monday of each month 9am -11am

## **Monkwick**

1st and 3rd Friday of each month 10am – 12noon

## **New Town**

1st Monday of each month 7.30pm – 8.30pm

1st Thursday of each month 11am – 1pm (Energy team)

## **Rowhedge**

1st Monday of each month 4pm -- 6pm

## **Tiptree**

1st Thursday of each month 2pm – 4pm

## **Wivenhoe**

3rd Thursday of each month 10am – 12.00 noon

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# Community Funding

All of the funding you need for your organisation can now be found in one place! **Just click on the image below**, which will take you to our spreadsheet.

If you are successful in getting a grant, let us know - we can help you promote your project, and inspire others to get involved.

**OVER 100  
FUNDING  
OPPORTUNITIES!**



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# Meet The Team

## **Tom Tayler**

Community & Partnerships Team Manager

07956 343985

Tom.Tayler@colchester.gov.uk

## **Rachaelle Litwin**

Digital Access Support Team – Colchester (and Tendring)

01206 282452

Digital.AccessSupport@Colchester.gov.uk

## **Chrissy Henegan**

Community & Partnerships Officer

Central – Shrub End, Prettygate, Newtown & Christchurch,  
Berechurch and Greenstead

Thematic lead for Children & Young People and Armed Forces

07966 235791

Chrissy.Henegan@colchester.gov.uk

## **Yovone Cook**

Community & Partnerships Officer

Thematic lead for Resettlement, Faith Groups and Ethnically  
Diverse Groups

07976 794789

Yovone.Cook@colchester.gov.uk

## **Mark Healy**

Community & Partnerships Officer

North – Rural North, Lexden & Braiswick, Mile End, Highwoods,  
St Annes & St Johns and Stanway

Thematic lead for Older People, Dementia (DAA) and Locality  
Budgets

07817 889992

Mark.Healy@colchester.gov.uk

## **Ella Humphris**

Community & Partnerships Officer

Thematic lead for health inequalities, Mental Health & Suicide  
Prevention

07977 156531

ella.humphris@colchester.gov.uk

## **Leeni Sepp**

Physical Activity & Partnership Officer

Thematic lead for Physical Activity, Health & Wellbeing and  
Public Health Support

07989 738042

leeni.sepp@colchester.gov.uk

## **Jake Mullinder**

Community & Partnerships Officer

South – Marks Tey & Layer, Mersea & Pyefleet, Tiptree,  
Wivenhoe, Hythe & Old Heath and Castle

Thematic Lead for Physical Activity & Public Health

07890 910455

Jake.Mullinder@colchester.gov.uk

## Shaz Peacock

Community Integration Support Officer

Resettlement Support

01206 506951

07977 823928

sharon.peacock@colchester.gov.uk

Want to  
work with  
us?

[CLICK HERE TO VIEW THE LATEST](#)  
[COLCHESTER CITY COUNCIL](#)  
[VACANCIES](#)

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# Other Vacancies...

## Tending Wheels for All Project Manager

From Sept 23 to Sept 25

Full-time £26,000 £28,000

Click [HERE](#) for full details

Let us know if you have a vacancy or a volunteering opportunity you'd like us to include in the next issue of our newsletter. Just email [communities@colchester.gov.uk](mailto:communities@colchester.gov.uk)

# Other Opportunities...



**Volunteers are needed for this year's Eco Festival.**

Click [HERE](#) for details of what roles are needed, and to complete the Volunteer Registration Form

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Thank you for reading!

All members of our team are also  
contactable at  
[communities@colchester.gov.uk](mailto:communities@colchester.gov.uk)

Click on the image below to see  
news of our city celebrations



To **UNSUBSCRIBE** to this newsletter  
please email  
[communities@colchester.gov.uk](mailto:communities@colchester.gov.uk)

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