

Colchester Community Updates



Colchester
City Council

Beginning of July 2023

Welcome to our newsletter covering the beginning of July.

You'll find plenty of information about community events, opportunities, and a link to our funding database with over 100 funding streams!

Our Team's contact details are at the end of the newsletter, so please do let us know if you'd like us to promote an event for you, or if you have anything you'd like us to share with all our readers.



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Help spread the summer water safety message!

Drowning accidents are especially high in the summer months and over the last few years, we have heard of too many tragedies that could have been avoided.

Click [HERE](#) to find out more!

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**YOUTH
SERVICE**



SUMMER PROGRAMME

Come and join Essex Youth Service on a FREE, fun and engaging summer programme for 13-19 year olds (upto 25 with SEND)

Available at venues across the county

Take part in a range of activities

- **Martial Arts**
- **Street Art**
- **Science Experiments**



**YOUTH
SERVICE**



Summer Fun

Week One 24th - 26th July

Colchester Townhouse Youth Centre
Stansted Youth Centre

Week Two 31st July - 2nd August

Brentwood Youth Centre
Chelmsford Galleywood Youth Centre

Week Three 7th - 9th August

Clacton Green Lodge Youth Centre
Halstead Resource Centre

Expedition: 22nd and 23rd Aug -
Chelmsford Danbury Essex Outdoors

Week Four 14th - 16th August

Harlow Xperience Youth Centre
Basildon Timberlog Youth Centre



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We may all be different but we have the same smile

**YOUTH
SERVICE**

Inspire
Enable
Achieve

WE ARE LOOKING FOR PERFORMERS!

WE ARE LOOKING FOR ALL ABILITIES, YOUNG PEOPLE BETWEEN THE AGES OF 5 – 25 WITH & WITHOUT SEND TO PERFORM ON THE SAME STAGE AND HELP CHALLENGE NEGATIVE PERCEPTIONS. IF YOU DON'T WANT TO PERFORM LIVE YOU CAN ALSO SEND A VIDEO ENTRY, BUT DUE TO TIMINGS ONLY SOME ENTRIES WILL BE PLAYED ON THE DAY WITH OTHERS FEATURING AS PART OF OUR SOCIAL MEDIA POSTS. COME AND GET INVOLVED! THE TWO SHOWS WILL BE HOSTED BY OUR VERY OWN ANT & DEC (AKA, CONNELL & MASON).

**29TH JULY UNIVERSITY OF ESSEX,
LAKESIDE THEATRE, CO4 3SQ – CLOSING
DEADLINE 7TH JULY**

EMAIL US:

MSCHOOLSCOUNCIL@GMAIL.COM



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12TH OF AUGUST AT CENTRAL BAPTIST CHURCH, CM1 1LN – CLOSING DEADLINE 21ST JULY

EMAIL US:

MSCHOOLSOUNCIL@GMAIL.COM

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**YOUTH
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Enable
Achieve



READ . AND . WRITE . A . REVIEW



RAWR

Enter to win a
brand new Kindle



WHEN IS RAWR LAUNCHING?

RAWR will officially start on the 1st of
June and end on the 1st of July 2023.

The competition is to read a book or an ebook / audiobook
of your choice and write a review about it. The review can
be a rap, a song, a comic, a written review, a physical
review and much more. When it is completed please send
it to YEA@essex.gov.uk when the competition is launched
For your chance to win a brand new Kindle!

Anyone from Essex Aged 11-19 can participate, or 11 - 25
with special educational needs!

**To find out more scan the QR Code or
visit the Youth Service website:**

Youth.essex.gov.uk/young-people/young-essex-assembly/the-young-essex-assembly-rawr/

3 winners will be picked each
receiving a Kindle!
There will also be gift cards up for
grabs!



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Essex Free School Uniform

**Who is clearing their wardrobes as
the end of the school year
approaches?**

**EFSU would love to recycle all the
unwanted uniform, help our planet
and help the budgets of families in
Essex!**

**They can accept donations at
their HQ at 76 East Hill, CO1 2QW
(office hours only)**

or at

**Tollgate Food Bank, Mon to Sat,
10 to 2pm**

**Huge thank you to all of you who
have already donated their uniform!**

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INSTAR: Bourne to be Wild

“We are delighted to be delivering our Bourne to be Wild commission in Colchester, and to be working with Essex Cultural Diversity Project and Bourne Mill National Trust”

Installation now open at Bourne Mill until December, with workshops for community groups being held in August, September and October.

click [HERE](#) for more details

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Happy 75th
Birthday



On Wednesday the 5th of July 2023 The NHS turns 75 years old. To celebrate, Colchester Castle, The Town Hall and The Mercury will all be lit up in blue.



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Colchester Community Speed Networking
Elim Church, Clematis Way, Greenstead,
Colchester, CO4 3PY
11th July @ 9.30am

Tendring Community Speed Networking
Dovercourt Fire Station, Fronks Road,
Dovercourt, CO12 4JE
19th July 2023 @ 9.30am



Network Speed dating is a fun opportunity to catch up with old friends working in the community or build new community connections.

Click **[HERE](#)** for more details, and how to book your place at one of the events listed above

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HONG KONG DAY 香港日

8 JUL
10.30am-3pm

One Colchester Community Hub
4-6 Long Wyre St, Colchester CO1 1LH



Organiser



This event is funded by EELGA Strategic Migration Partnership and Community360





Exhibition of Hong Kong

Our history and culture from 1841

Step into the captivating world of Hong Kong's rich history and culture, with fascinating stories and milestones that have shaped this dynamic city. Discover the journey from its humble beginnings as a fishing village to becoming a global metropolis, and delve into the colonial era, uncovering the influences and legacies left behind.



Cantonese interactive learning zone

Grasp the opportunity to learn some useful basic Cantonese greetings and expressions in our daily life.

Calligraphy Demonstration & 'Fai Chun' Giveaway from 11:45 to 12:45

Chinese calligraphy offers an important channel for the appreciation of Hong Kong traditional culture. Come and take a unique giveaway 'Fai Chun' home and share the blessing with your family.

Hong Kong Food Delights

Food tasting stall



Come and try our mouth-watering Hong Kong popular street food and unique *Cha Chaan Teng* drinks.

10:30 – 11:30

Breakfast

Mini pineapple buns,
Egg tarts,
Hongkong-style milk tea

12:45 – 14:00

Street foods

Egg waffles, Spring roll,
Fish balls in curry sauce,
Fruit punch

14:30 – 15:00

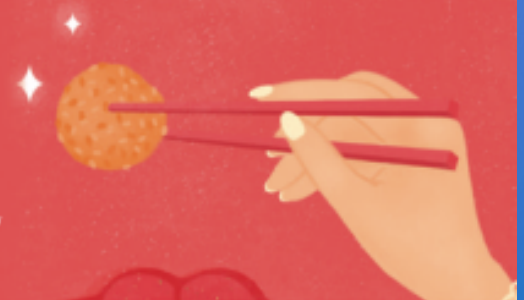
Tea time

Egg waffles, Pork jerky
Red bean pancakes,
Cashew & walnut cookies,
Honey pomelo drinks

Chopsticks Master Challenge

from 14:00 to 15:00

With one hand and a pair of chopsticks, move as many beans from the full plate to the empty one within a minute. If you want to show off your talent, come and join our competition!



**JOIN US on 8 July
from 10.30am to 3pm**

One Colchester Community Hub
4-6 Long Wyre St, Colchester CO1 1LH



**SCAN
← ME
for more
information**

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COMMUNITY EVENT

“The Faith and Hate Paradox”



ESSEX POLICE
MULTI-FAITH
NETWORK

*Addressing the issue of faith-based hate
crime and discrimination.*

Date: Tuesday 8th August @ 17.00-20.30

Venue: Southend and District Reform Synagogue,
SS0 9SZ

Representatives include:

Essex Police

Jewish Community & Community Security Trust

Sikhs of Chelmsford

Muslim Community

Church of Jesus Christ of Latter-Day Saints

Hindu Community

Southend Council

Buddhist Community

Christian Groups

...and more!

**Join us from 16.45
for food**

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A blueprint for the future: the next 100 years of Colchester

Public Consultation Events

Come and see the vision for your city centre - building on existing strengths and transforming our City Centre while conserving our proud heritage.

The projects include many things for you, our residents, who already live, work and travel through the city centre today, but it is very much about creating an inclusive city centre for the future.

Venue Culver Square Shopping Centre
Address Colchester CO1 1JQ
Date 28 June
Time 12pm - 4pm

Venue St Botolph's Church
Address Colchester CO1 2PG
Date 17 July
Time 2pm - 8pm

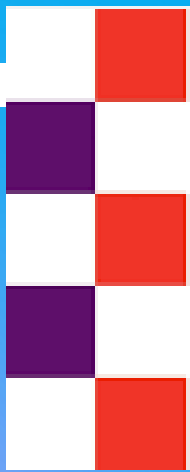
Representatives from Colchester City Council and Essex County Council will be available to discuss the vision and project proposals and listen to feedback.

Not available in person?

You can look at the plans online or scan the QR code below and submit your feedback at colchester.gov.uk/colchester-city-centre from 19 June 2023 to 31 July 2023.



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University of Essex

Green Exercise & Menopause

A group of researchers from the University of Essex are undertaking a study on exercise, menopause, and work. This study is expected to provide recommendations for supporting working women with menopause in the UK. Could you spare about 15 minutes of your time by completing this survey if you are a working woman?

For the survey, study ethics statement, and survey completion instructions, click [**HERE**](#)

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FREE cooking lessons in Colchester

Become Gordon Ramsay with this **Cooking On a Budget** course where all the equipment and ingredients are provided! Learn how to cook amazing food at home on a budget all for FREE

Course starts Monday 3 July 2023 for 6 weeks 12:00-2:15pm.

The C3 Church, Ypres Road, Colchester

To reserve a free space, contact resident.engagement@cbhomes.org.uk

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HAWK FARM

Achieving Through Activities



Hawk Farm is a day opportunities activity and life skills care farm for adults with learning disabilities

Coffee & Cake afternoon at Hawk Farm

**Thursday 20th July
12:30 – 3pm**

Meet and greet our team, animals and ponies

Take a tour of our brand new respite house

Check out some of our activity sessions as they happen

Invitation to all SEND parents, students transitioning from school/college, social workers and for those of you looking to start or attend our adult social care provider

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EMPLOYER
RECOGNITION
SCHEME

GOLD AWARD

Click **HERE** to see the Colchester
City Council Armed Forces Page



HSTV VETERANS CHOIR

And Vision in Song

10.15 – 12pm

Option to book lunch with 'the gang' after the session too!



Rebuilding
lives after
sight loss

**The Garrison Church of St Alban The Martyr
Homefield Road, Colchester CO2 9PF**

Contact Clare Leach for more details: 07554 423613
clareleach37@btinternet.com

HSTV VETERANS CHOIR and Vision In Song welcome all veterans and their families to be part of this venture. It is all about the camaraderie of singing together and the joy that can bring. All abilities are welcome.

Next sessions are:

FRIDAY 30TH JUNE

FRIDAY 21ST JULY

FRIDAY 4TH AUGUST

FRIDAY 18TH AUGUST

FRIDAY 1ST SEPTEMBER

FRIDAY 15TH SEPTEMBER

FRIDAY 29TH SEPTEMBER

All the sessions are 10.15 – 12pm. This includes refreshments at the beginning as you arrive and time to chat before we sing. During this time of chat you are offered the chance to book lunch next door at the café - it's a nice way to finish after the mornings fun. Lunch is payable separately.

The sessions are at The Garrison Church, St Albans the Martyr Homefield Rd, Colchester CO2 9PF. Plenty of parking and easy access.

There is a cost to the class which is £5, this includes the choir session accompanied by a live musician and the refreshments.



Korean War 70th Anniversary

2023 marks 70 years since the signing of the armistice that brought about an end to military operations during the Korean War. 60,000 service personnel from across Britain and the Commonwealth saw action during the Korean War, with 1,100 losing their lives.

The Royal British Legion will be marking this important milestone in an often-forgotten conflict with a special service of Remembrance at Horse Guards Parade on Thursday 27 July from 11am.

To register your interest to attend this event, please click [HERE](#)

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Community Funding

All of the funding you need for your organisation can now be found in one place! **Just click on the image below**, which will take you to our spreadsheet.

If you are successful in getting a grant, let us know - we can help you promote your project, and inspire others to get involved.

**OVER 100
FUNDING
OPPORTUNITIES!**



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Meet The Team

Tom Tayler

Community Enabling Team Manager

07956 343985

Tom.Tayler@colchester.gov.uk

Rachaelle Litwin

Digital Access Support Team – Colchester (and Tendring)

01206 282452

Digital.AccessSupport@Colchester.gov.uk

Chrissy Henegan

Community Enabling Officer

Central – Shrub End, Prettygate, Newtown & Christchurch,
Berechurch and Greenstead

Thematic lead for Children & Young People and Armed Forces

07966 235791

Chrissy.Henegan@colchester.gov.uk

Yovone Cook

Community Enabling Officer

Thematic lead for Resettlement, Faith Groups and Ethnically
Diverse Groups

07976 794789

Yovone.Cook@colchester.gov.uk

Mark Healy

Community Enabling Officer

North – Rural North, Lexden & Braiswick, Mile End, Highwoods,
St Annes & St Johns and Stanway

Thematic lead for Older People, Dementia (DAA) and Locality
Budgets

07817 889992

Mark.Healy@colchester.gov.uk

Ella Humphris

Community Enabling Officer

Thematic lead for health inequalities, Mental Health & Suicide
Prevention

07977 156531

ella.humphris@colchester.gov.uk

Leeni Sepp

Physical Activity & Partnership Officer

Thematic lead for Physical Activity, Health & Wellbeing and
Public Health Support

07989 738042

leeni.sepp@colchester.gov.uk

Jake Mullinder

Community Enabling Officer

South – Marks Tey & Layer, Mersea & Pyefleet, Tiptree,
Wivenhoe, Hythe & Old Heath and Castle

Thematic Lead for Physical Activity & Public Health

07890 910455

Jake.Mullinder@colchester.gov.uk

Shaz Peacock

Community Integration Support Officer

Resettlement Support

01206 506951

07977 823928

sharon.peacock@colchester.gov.uk

Want to
work with
us?

CLICK [HERE](#) TO VIEW THE LATEST
COLCHESTER CITY COUNCIL
VACANCIES

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Other Vacancies...

School Crossing Patrol Officer Vacancy

Are you looking for an opportunity to support your local community?

Come and join Essex County Council's School Crossing Patrol Team,
We currently have a vacancy serving:

Gosbecks Primary School

£11.81 per hour
Term Time Only - Part Time Hours

To apply visit www.workingforessex.com, or call the Resourcing
Team on **0333 013 5888**.



INSPIRED TO DO MORE



Let us know if you have a vacancy or a
volunteering opportunity you'd like us to
include in the next issue of our
newsletter. Just email
communities@colchester.gov.uk

Other Vacancies...

COMMUNITY360 RECRUITMENT OPEN DAY

Showcasing the Charity's Latest Vacancies



Chat to our
staff and find out
more about the
vacancies on
offer

Saturday 15 July
10am - 3pm

One Colchester Community Hub,
4-6 Long Wyre Street,
CO1 1LH

Other Vacancies...

**COMMUNITY FOUNDATION**

JOB ADVERT: EDDIE THE EAGLE

POSITION:
Eddie The Eagle Mascot

LOCATION:
JobServe Community Stadium/
Shrub End Community & Sports Centre

RESPONSIBLE TO:
Matchday Co-ordinator/
Head of Community

CONTRACT:
Sessional (Hourly rate)

NUMBER OF HOURS:
Colchester United matchdays/Colchester
United Community Foundation events
(hours vary)

BENEFITS:


- Represent Colchester United
- Working closely with the Club, Community Foundation and first team players
- Access to EFL CPD & Training in relation to matchday roles and activities
- Discounts on our courses and at the football club

Colchester United Community Foundation (CUCF) are the official charity partner of Colchester United FC. We provide high quality programmes and experiences to up to 9,000 children, young people, and adults per week across our community.

CUCF is seeking an individual (candidates must be 18 or over) to represent Colchester United as our **Club Mascot – Eddie the Eagle** for the 2023/24 season. Eddie the Eagle is an important symbol of Colchester United, its fans and community, and we're looking for a committed, passionate, enthusiastic and professional person to join our matchday and community teams.

JOB PURPOSE: To be available and contribute to fan engagement and community activities during Colchester United matchdays and club and community events (Open Day/Stadium Day, alongside other community and charity events) throughout the 2023/24 season to maximise and enrich people's experiences with the club and CUCF.

HOW TO APPLY: jobs.aspiremediagroup.net/jobs/job-search-results/sc-30,38/?sortorder=1
CLOSING DATE: Friday 14th July 2023 | **INTERVIEW DATE:** WC 24th July 2023
INDUCTION DATE: WC 31st July 2023 | **PROPOSED START DATE:** First home game of the 2023/24 season (depending on DBS)



**TO INSPIRE, ENRICH
AND UNITE OUR COMMUNITIES**

Registered Charity Number: 1159381

www.cu-fc.com/cucf
cucf@colchesterunited.net
01206 755160
@CoLU_CF /CoLUCF
#enrichourcommunities

Click [HERE](#) for full job description, and how to apply

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Thank you for reading!

All members of our team are also
contactable at
communities@colchester.gov.uk

Click on the image below to see
news of our city celebrations



To **UNSUBSCRIBE** to this newsletter
please email
communities@colchester.gov.uk

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