

Programme of Walks- March to May 2020

Wednesday, 4th March 1hr. **Rednal/ Frankton Return**
Parking at Rednal & walking towpath towards Welsh Frankton. (cars)

Wednesday, 4th March 2+hrs. **Dudleston/ Old Marton Circular**
Parking at Dudleston Village Hall, 'The Pump', SY12 0FE, to walk lanes in the area. (cars)

Wednesday, 11th March 1hr. **Canal/ Lakelands Circular**
Walking along towpath, over fields & back to Lakelands.

Wednesday, 11th March 2+hrs. **Grimpo Circular**
Parking at Queenshead, SY114EB, to walk to West Felton along lanes. Fields & lanes to Grimpo. Return through Sutton & towpath to Q'Head. (cars)

Wednesday, 18th March 1hr. **Whittington Circular**
Parking in Whittington, to walk lanes & fields. Walk ends with a visit to walk around the castle. (cars)

Wednesday, 18th March 2+hrs. **Spout Wood Circular**
Parking at The Wharf, Ellesmere. Walking from Ellesmere along roads, lanes & paths.

Wednesday, 25th March 1hr. **The Arboretum Circular**
A varied walk involving canal, Mere, Arboretum & Castlefields.

Wednesday, 25th March 2+hrs. **Hampton Wood Circular**
Parking in Penley layby, LL13 0LU, to walk lanes around Hampton Wood (cars)

Wednesday, 1st April 1hr. **Bangor on Dee Circular**
Parking in Bangor, to walk the river, fields & lanes in the area. (cars)

Wednesday, 1st April 2+hrs. **Pentre Circular**
Parking at Ifton Meadows, SY11 3EA, to walk lanes & paths in the area. (cars)

Wednesday, 8th April 1hr. **Swanhill Circular**
Walking up Grange Rd. & up Swanhill. Return through Cremorne.

Wednesday, 8th April 2+hrs. **Plas yn Grove Circular**
Parking at The Parish Pump, Dudleston Heath SY12 0FE. Walking fields & footpaths in the area. (cars)

Wednesday, 15th April 1hr. **Penley Circular**
Parking in Penley layby, to walk along the lanes & fields in the area. (cars)

Wednesday, 15th April 2+hrs. **Bangor on Dee Circular**
Parking at 'Turn of Dee' layby, outside Bangor, to walk along river, fields & paths in the area. (cars)

Wednesday, 22nd April 1hr. **Cremorne/ Crimps Return**
Walking through Cremorne Gardens & up onto the Crimps.

Wednesday, 22nd April 2+hrs. **New Marton Locks Circular**
Parking at St. Martins Church SY11 3AP (St Martins) to walk paths, fields & towpath. (cars)

Wednesday, 29th April 1hr. **Ifton Meadows Circular**
Parking at Ifton Meadows, to walk through the Country Park. (cars)

Wednesday, 29th April 2+hrs. **Wooton Castle Circular**
Parking at Rednal carpark. Walking towpath, fields & paths to Wooton
Return from Q'head & Twyford. (cars)

Wednesday, 6th May 1hr. **Blakemere Circular**
Walking along towpath beyond Blakemere. Returning via Convent, Mere & St Johns Hill.

Wednesday, 6th May 2+hrs. **Adrafin Circular**
Parking at Penley layby LL13 0LU to walk fields, woods & paths. (cars)

Wednesday, 13th May 2+hrs. **Maesbury Marsh Circular (2)**
A longer visit to Maesbury. A new walk, with *stiles*. **Coffee at Canal Central.** **Note:** Walkers will **NOT** be back by 11 am. (cars)

Wednesday, 13th May 2+hrs. **Seven Sisters Circular**
Walking over fields from Ellesmere to Trench, Caegody & Cremorne.

Wednesday, 20th May 1hr. **The Plantation Circular**
A local varied walk that includes steps, slopes & muddy areas.

Wednesday, 20th May 2+hrs. **Hanmer Circular**
Parking by St. Chads Church, Hanmer SY13 3DE. Walking around the Mere, fields & paths. (cars)

Wednesday, 27th May 1 hr. **Gobowen/ Derwen Circular**
Parking in Derwen carpark, to walk paths & fields around the village. (cars)

Wednesday, 27th May 2+hrs. **Henbarns Circular**
Parking at Pradoc Church, SY114ER, to walk lanes & paths in the area. (cars)

Two Hour Walks Start at 10.00 from the Parking Place

All Leaders are qualified **Volunteers**. They recce & lead the walks.

The 1 Hour Group meets every Wednesday at Canal Wharf (Tesco) at **9.45 am**.

The 2 Hour Group meets at the **start** of the walk at **10.00**. Please check date & Programme details.

Walks may be muddy, may have stiles, slopes & steps on them

No **DOGS** allowed on walks.

Suitable footwear is required. Walking boots/ shoes/ raincoats are essential. Walking sticks give confidence in muddy areas.

'**AWAY**' walks take longer, If in doubt, ask the Leader before you walk.

In adverse weather conditions, a walk may be cancelled at Leaders discretion.

Please do not smoke or vape on Walking for Health Walks.

Further walks information:

Dennis Powell 01691 690649

More Rambles



March to May 2020

Local Walking for Life with
Trained Leaders

Walking is the safe enjoyable and
sociable way to health and fitness.
It's easy and it's FREE!

Newcomers to the walks
are especially welcome