<u>Little Yeldham, Tilbury Juxta Clare and Ovington Parish Council – Coronavirus (Covid-19) Planning</u>

I wanted to provide information on what your Parish Council is doing in response to Coronavirus.

First, there is up to date information about the virus and the Government's response at https://www.gov.uk/government/topical-events/coronavirus-covid-19-uk-government-response. Here you will find detailed guidance and advice for protecting vulnerable people, about the virus symptoms and when to stay at home, social distancing and the latest travel advice. There is also a link to the NHS website which advises you how to protect yourself and how to get medical help if you need it.

On to what your Parish Council is planning. We want to ensure we have a register of all those who are vulnerable and do not have friends or family who can help them. Those over 70 and those with pre-existing illnesses likely to be adversely impacted. They will need to provide their contact details so that we have permission to contact them.

We also want volunteers who are prepared to help those who are isolated to get medical and food essentials and to provide a daily telephone assurance call. This has to be regulated since we do not want people to inadvertently put the vulnerable at risk through good intentions. Please remember that the majority of healthy individuals will not experience any extreme symptoms but are still liable to transmit the virus. The slip below can be used to introduce yourself and offer your assistance.

My name is	
I live locally at	
My phone number is	
If you are self-isolating due t	to COVID-19 I can help with:
Picking up shopping	Posting mail
A friendly phone call	Urgent supplies
Just call or text me and I'll do	my best to help you (for free!)

We will publish this information in the 4 Villages Magazine, on the PC website and village hall Facebook page as well as on the village notice board.

If you wish to volunteer, or you wish to register as a vulnerable person, please let Peter Gentry have a contact number, address and email address via ly.tjc.ovington.parishcouncil@gmail.com.

Finally I appreciate that a number of our residents may not have access to a computer or the internet so please can you share this message with them.

Thank you

Robert Nott Parish Council Chairman

HELLO: If you are self-isolating, I can help. My name is I live locally at My phone number is If you are self-isolating due to COVID-19 I can help with: Picking up shopping Posting mail A friendly phone call Urgent supplies Just call or text me and I'll do my best to help you (for free!) Coronavirus is contagious. Please take every precaution to ensure you are

spreading only kindness. Avoid physical contact (2m distance). Wash your

#ViralKindness

hands regularly. Items should be left on your doorstep.

My name is	
I live locally at	
My phone number is	
If you are self-isolating due	to COVID-19 I can help with:
Picking up shopping	Posting mail
A friendly phone call	Urgent supplies
Just call or text me and I'll do	my best to help you (for free!)