**Information from Kemi Badenoch, MP for the Saffron Walden constituency regarding the Coronavirus (COVID-19)**

This is a worrying and challenging time for us all and the advice on Coronavirus is changing day by day because of the fast-moving environment. I understand it is difficult to know what advice to follow when there is so much information out there.

Furthermore, I am receiving messages from constituents who are offering to help and others who want to know how they can help. It is good to see the community coming together in a desire to support one another, especially the elderly and vulnerable.

For both these reasons, I have put together a page on my website that includes the links to the most up to date information from all the various bodies I am in touch with. These include the Government, local authorities such as Essex County Council, Uttlesford District Council and Chelmsford City Council, as well as information from local organisations and charities across the constituency. Please follow this link to access it: [**www.kemibadenoch.org.uk/coronavirus-covid-19-advice-and-guidance**](http://www.kemibadenoch.org.uk/coronavirus-covid-19-advice-and-guidance)

For constituents who do not have access to the internet, as advised by Public Health England, if you think you have might have coronavirus don’t go to your doctor’s surgery or hospital. If you need to speak to someone, call 111 and they will make arrangements directly for testing and treatment or 999 if you require urgent medical treatment. Carers are also advised to call 111 or doctor surgeries for specific advice.

The Government will be holding daily televised briefings on Coronavirus and I would encourage constituents to tune in for the most up to date information and advice.

If you do have any individual concerns, please do contact me via email at **kemi.badenoch.mp@parliament.uk** or call my office on **0207 219 1934**and we will endeavour to sign post you to the relevant organisation for information.