



KEMI BADENOCH MP

Serving the people of Saffron Walden, Great Dunmow, Stansted, Thaxted, Rural Chelmsford and Surrounding Areas

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Leaden Reading

Volume 1, Issue No40

Sept 2021



It's back!
Cricket is back in the village. After 18 months of cancellations due to COVID the sound of leather on willow resounds around Cloghams Green.

Although not surprisingly the weather has interrupted at least 3 games.

This year, although it should have happened last year, we are playing in a new league.

The Herts & Essex Border League has been developed from the old league. Many of the teams in the old league who joined over the years came from the London area, which meant that travelling times made up a greater proportion of the day (not good for partners stuck at home on a Saturday) so a new, more local league has

been introduced. At the start of the season three games were called off so our first home game was played against Thaxted. Chasing 129 Thaxted were bowled out for 117. But what was good to see was that there was over 40 people watching.

By the time you read this, the season will have ended, not very successful though - Cloghams have been relegated but hope to climb back next year.

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VILLAGE HALL, has reopened in late July.

All of the beer in stock and soft drinks had to be poured down the sink, as it was out of date but the bar has now been restocked.

There has been some problems which have needed to be sorted. A massive invasion of ants ate their way through floorboards in two places. This had to be treated and replaced and the flooring replaced.

The boiler, although not being used that much, which was probably part of the problem, needed to be repaired and some of the pipework replaced, together with some valves.

The CCTV system, never the best, and was replaced with a much improved system.

On the positive side the Bowling Green has been reseeded and is now open again. If you are interested give Paul Perkins a call. Tel. 876588

We have also been donated a table tennis table from a local resident.



**POWER CUT?
CALL 105**

Or call us
24 hours a day on
0800 31 63 105

**Want to Save Money
on your Heating Oil?**

See page 18

SAFFRON SCREEN

KEEPING YOU SAFE

This is what we're doing to ensure you have a safe & enjoyable experience at Saffron Screen:

	SOCIAL DISTANCING Significantly reduced capacity with empty seats between bookings.		CLEANING Regular and enhanced cleaning. Ventilation system turned up to high capacity.
	ONE WAY One way system in place. Please respect social distancing guidelines.		PAYMENT Advance ticket purchases only. Contactless payment preferred.
	TRAINING Trained staff wearing appropriate protective clothing.		REFRESHMENTS Limited refreshments, subject to change. Check website for updates.
	HAND SANITISER Hand sanitiser at key locations.		TEMPERATURE CHECKS Temperature checks on arrival for customers, volunteers and staff.

www.saffronscreen.com



VILLAGE LITTER PICK

SATURDAY 23RD OCTOBER

MEET AT VILLAGE HALL @ 9.00AM

Further details from Phil Sutterby 01279 87627

HELP KEEP THE VILLAGE CLEAN & TIDY

IS HARE COURISING HAPPENING IN YOUR AREA?

HARE COURISING IS ILLEGAL

Please call 999 if you are witnessing criminal activity right now

If you have any information about hare coursing in your area, please let us know by:

- Reporting online (www.essex.police.uk/doitonline)
- Calling 101
- To remain anonymous call Crimestoppers on 0800 555 111



#OperationGalileo



DISCLAIMER: Every effort is made to ensure accuracy of the material published, the publisher/editor can accept no responsibility for the veracity of claims made by contributors in either editorial or advertising content

There are lots of people involved in various organisations throughout the village. Most give their time for free, helping to organize weekly gatherings, meetings and events.

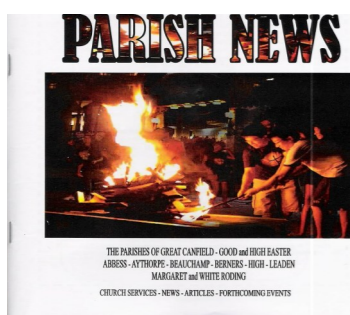
All organizations would love to see some new faces. Yes it might be a bit scary first time, but a first phone call and chat will break the ice and ensure that the welcome mat is there to greet you.

SO GIVE ONE A TRY.

Thanks to all contributors to the magazine.

MORE REQUIRED

Last date for contributions for Dec by 10th Nov please.



Contact Phil Sutterby to order your copies of the Parish Magazine.

£12.00 for 12 mths -
12 issues (6xChurch)

Want to make a comment on the Leaden Reading? Want to make a contribution?

Would you like to see something different? If no-one tells me, I don't know!

Please e-mail :
leadenreading@yahoo.co.uk

The Who's Who of the Village

(Tel no 01279 unless stated)

Parish Council Chairman:	Phil Sutterby	876274
Parish Council Clerk	Terry Bell	876045
UDC & ECC Councilor	Susan Barker	01245 231250
Village Hall Bookings:	Keely Robinson	07921 611347
Village Hall Chairman	Jeanette Norfolk	
Village Social Club	Jim McIntock	876011
Parish News Rep.	Terry Bell	876045
Parish News Contributions	www.tenparishnews@gmail.com	
Rodings Primary School	Colin Raraty (Headmaster)	876288
Fire Liaison Officer	Mark Nevill	876384
Roothing Quilters	Joan Clarke	01245 231559
Cloghams Cricket Club	Dave Bardell	877969
	Ray Bell	876045
The Art Group	Dorothy Saville	01245 231701
Roding Brownies	Hilary Freeman	876638
	Terry Bell	876045
Rainbows	Steph Green	01245 231362
Rodings Horticultural Society	Derek Saville	01245 231701
Rodings Walking Group	Phil Sutterby	876274
Bowls Club	Paul Perkins	876388
Church Events	David Tregunno	876601
St Michael's Church	Rev'd Robert Stone	07726 719288
Friendship Club	Jackie Eldridge	876350

COVID VOLUNTEERS

Watch out for Events Happening in the monthly Parish News, the Village Notice Board or The Village Hall Notice Board

Kemi Badenock M.P.

contact details for future reference.

TEL: 020 7219 5214

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E-MAIL:

kemi.badenock.mp@parliament.uk

[@parliament.uk](mailto:kemi.badenock.mp@parliament.uk)

WEB SITE:

www.kemibadenock.net

See her website for surgery dates

See page 28 for more details



Redundancy: Key things to know

citizens advice

Redundancy is a fair reason to dismiss

Furlough has not changed normal employment law; your employer can still make you redundant even if you are furloughed

You must have two years continuous service to qualify for a statutory redundancy payment

If you are made redundant there are statutory minimum notice periods, depending on how long you have worked for your employer

If you are pregnant you have extra protections

Your employer may make you redundant because the business has closed down; the area of the business where you work closes down or because there is a reduced need for employees to do a particular type of work.

The legal rules surrounding redundancy are complex but, in general terms, the following should take place:

Before redundancy you should have been consulted.

You should be given notice.

All holidays you are owed should be paid.

The company should have considered whether there was an alternative to redundancy. Is there another job in the firm you could do?

The process of choosing who is going to be made redundant should be fair. If the company decided to choose you on a discriminatory basis, then your redundancy is unfair, giving you grounds to complain.

If more than 20 staff are to be made redundant, the law says there should be a period of collective consultation between the employer and 'appropriate' employee representatives (usually a union).

Voluntary redundancy?

You should think carefully about how voluntary redundancy will affect any money you are entitled to. Ask your employer about the redundancy package. Sometimes employers offer incentives for taking voluntary redundancy, such as extra redundancy pay or not having to work your notice period.

Claiming benefits

You might be able to claim benefits such as Universal Credit after taking voluntary redundancy. Turn to Us is a useful website to check your benefit entitlement www.turn2us.org.uk or contact Uttlesford Citizens Advice on 01799 618840 or email bureau@uttlesfordcab.cabinet.org.uk

Planning for after redundancy

If you've worked for your employer for 2 years at the end of your notice period, you're entitled to reasonable time off to apply for jobs or training, paid at your normal hourly rate, but only for up to 40% of a week's work.

Contact your local Job Centre Plus and ask for their Rapid Response Service - You can use the service during your notice period and for up to 13 weeks after you have been made redundant.

The new 'Job Help' website set up by the Government has information to help you in your job search as well as thousands of jobs from registered employers <https://jobhelp.campaign.gov.uk/job-search-ideas/>

If you are thinking about changing careers you may find the national careers service helpful <https://nationalcareers.service.gov.uk/>

You can find details of local services which can help you get into the workplace, including adult education opportunities and specialised support for people with mental health issues on

www.uttlesfordfrontline.org.uk

More information

GOV.UK has more info on redundancy rights and help to find work.

Citizens Advice citizensadvice.org.uk/work/leaving-a-job/

Money Saving Expert moneysavingexpert.com/family/redundancy-help/

Uttlesford Citizens Advice. Barnards Yard, CB11 4EB

Tel: 01799 618840

Website: uttlesfordcab.org.uk

Email: bureau@uttlesfordcab.cabinet.org.uk (Monday to Friday 9.30 to 3.30)



HOW WE CAN HELP.

WE CAN REFER YOU TO THE FOLLOW ORGANISATIONS AND MORE



Parenting Support Project



Adult Learning



Activity groups for people with Dementia or Memory Problems

Feeling Good, Caring Well

**Action for Family Carers
Young Adult Carers (ages 16 - 24)**



Build confidence & feel less isolated



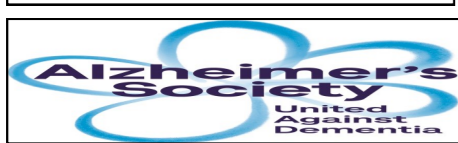
Adult Mental Health Wellbeing Team



Free Home Water Efficiency Check



Home Help Service



Help, advice and guidance for carers and sufferers

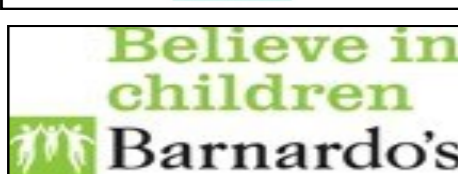


My Weight Matters –How to loose weight

NHS—Health Checks



Help with clothing and equipment for your baby



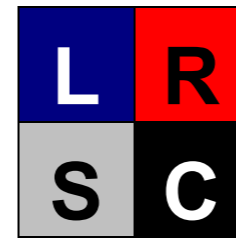
Little Goslings Children's Centre

Spangles Children's Centre



**British Lung Foundation
Breathe Easy**

AND LOTS MORE ORGANISATIONS Tel: 0300 500 1895 E-M



What's on in the Village Hall



The Village Hall has reopened in line with the Government guidelines, but is subject to change.

For future information look on-line at the Parish Council website (e-voice.org.uk/leadenroding/) or Leaden Roding Village Hall and Local News Facebook page. (see below)

Via Google ...Leaden Roding Parish Council (this will give you the link)

Via Facebook... Leaden Roding Village Hall and Local News

There have been a number of bookings for parties, proms and functions and regular and new weekly clubs are due to start back during September.

The Friday night social club has now resumed. All are welcome. The bar is now restocked and open.

BOWLING GREEN NOW REOPENED AFTER BEING RELAID



If you are interested in playing contact Paul Perkins

01279 876588

Indoor bowls have resumed for friendly Friday night matches—all welcome to come and have a go.

HIRERS OF THE VILLAGE HALL

We are again taking bookings for the use of the hall. During the lockdown the hall has been deep cleaned and is looking at it's best. Hand sanitisers have been installed and Government recommendations regarding Covid19 hygiene is being followed.

Speak to Keely Robinson 07921 611347 for current rates and availability.

[You may be charged for any damage or for any additional cleaning or repairs](#)



OUR PRIZE IS CHANGING STRUCTURE

More chances to WIN from 17 August 2019

- WIN cash prizes from £25 up to the £25,000 Jackpot
- The more numbers you match, the more you WIN!
- We still receive 50p from every ticket sold via our lottery page – a further 10p goes to other local causes
- Support us from just £1 a week and help make a real difference to our community

60% goes to good causes

£25,000 Jackpot!

To start supporting visit:
www.essexlottery.co.uk
 and search for: **Leaden Roding**

Players must be 16 years and over and physically based in the UK



SUPPORT YOUR VILLAGE HALL CHARITY

Now you can support the village hall and you could win yourself £25,000!

The Essex Lottery has recently been launched and if you go to the “Leaden Village Hall Trust” page, from the home page, a proportion of your entry fee will go towards the upkeep and improvement of the village hall.

Draws are still taking place.

PLEASE NOTE: IF YOU ENTER, GO VIA THE LEADEN VILLAGE HALL TRUST PAGE.

www.essexlottery.co.uk

A BIG “THANK YOU” to those who already support the lottery.

ALL FOR £1 MIN. A WEEK.

Contact the Leaden Reading by e-mail with all your news, what's on, what's happened
leadenreading@yahoo.co.uk or to 19 Lordswood View
 Want a copy of a photo? Send your request to the above contact address.

Check if you need medical help



NHS 111 has an online coronavirus service that can tell you if you need medical help and advise you what to do.

Use this service if:

- you think you might have coronavirus in the last 14 days you've been to a country or area with a high risk of coronavirus – see our [coronavirus advice for travellers](#) ON NHS.uk
- you've been in close contact with someone with coronavirus

Use the 111 coronavirus service DO NOT GO TO YOUR DOCTORS

More information

[GOV.uk: coronavirus action plan](#)

[GOV.uk: information on coronavirus and the situation in the UK](#)

PARISH COUNCIL NOTICE

Recently there have been many complaints of dog fouling on footpaths and pavements in the village. Most residents do clean up after their dogs but the few who do not, give others a bad name.

PLEASE CLEAN UP AFTER YOUR DOG!

Anybody witnessing people not clearing up should report this to the Animal Warden at Uttlesford District Council (Tel: 01799 510510) and the offender will be fined!

VILLAGE HALL GROUNDS

THE FOOTPATH AND THE GRASS IN THE VILLAGE HALL IS USED REGULARLY BY CHILDREN.

THE GROUNDS ARE COVERED BY CCTV. THESE CAMERAS HAVE RECENTLY BEEN UPDATED AND ARE VERY ACCURATE. ANYBODY NOT CLEANING UP AFTER THEIR DOGS WILL BE BREAKING THE LAW AND WILL BE REPORTED TO THE UTTLESFORD ANIMAL WARDEN WHICH COULD LEAD TO PROSECUTION.

Mutts in Distress Help for Disabled Dogs

Mutts in Distress in Little Hallingbury mainly rescue the dogs in the Uttlesford area who would normally find themselves on death row however, we also help the most needy dogs. From time to time, Mutts in Distress like to go that extra mile and do something in addition to the work we already do. This time we are embarking on our biggest rescue yet. We have recently brought over 2 disabled dogs from abroad and will be bringing over another 5 disabled dogs. If we can raise the money so desperately needed for their surgeries they will no longer be disabled. The dogs have either been born with deformed limbs or been damaged by accident or abuse. The first two which have already arrived over here have now had their surgeries. Luna the first one to have her surgery is featured in the photo below. You will see in the photo how she was when she was first rescued and then shortly after she had her operation.

Our pledge is to get them their surgeries which will straighten their legs forever. To do this we need to raise the funds. If you would like to make a donation, please log on to www.gofundme.com and search for “Mutts in Distress Help for Disabled Dogs” or if you would like to know alternative ways you can donate please contact me on 07921 611347 or e-mail keelyrobinson@live.com

Thank you to those of you who have previously supported us and/or continue to support us. We really do appreciate it.

Keely Robinson (volunteer for Mutts in Distress and Leaden Roding resident)





St Michael's and All Angels
Leaden Roding

Leaden Roding Church Services for September

5th Sept 6.00pm Evening Service
26th Sept 11.00am Harvest Festival

Please note that Beauchamp Roding Church is still closed



Rev. Robert Stone is the priest in charge of the Ten Parishes. He can be contacted at the Vicarage in Leaden Roding next to the church.

Tel: 07726 719288

Leaden Roding Bowls Club

The club is open to all so if you fancy a game come along to the club night on Friday evenings from 8pm. Before lockdown friendly matches, usually on Wednesdays, took place every couple of weeks against other village clubs, anyone of any skill level is welcome to take part. Most evening matches also includes a supper, raffle and a bar at some venues. We hope these matches will resume soon but have no date to return yet.



More details from Paul Perkins
01279 876588

In March 2020 the Bowling Green was due to be refurbished after it had been badly damaged by the hot summer in 2019 and the invasion of moss. Unfortunately the lockdown meant that the work had to be postponed but work it was carried out in September 2020 and the bowling green is looking very healthy again.

Leaden Reading Magazine

Over the last 18 months the Leaden Reading has only been published online as it was felt that not all residents would be happy with having a copy delivered for health and safety reasons. Apologies for the June 2021 edition which was not being published at all, this was due to technical reasons.

This edition will be published, as usual, on the Village website and, as we hopefully return to normal, will be delivered to all Leaden Roding Residents again.

I would be very grateful to hear from anybody who has any comments on what they would like to see in future editions and, indeed, what they would like changed. Also anybody who would like to submit an article or letter would be gladly welcomed. Birthdays, celebrations and local events will be welcomed—just email details with photos if appropriate to leadenreading@yahoo.co.uk and I will gladly include them in the next edition.

We are always looking for articles to include so if you have anything of interest to share, all residents, young and old are very welcome to contribute.

Ray Bell, Editor



FLOWER FESTIVAL AND ART WORK DISPLAYS



LEADEN
RODING
CHURCH

SAT 11.30—4.30
SUN 12.30—4.30



PLUS+
STALLS
REFRESHMENTS

SAT 25th SEPT &
SUN 26th SEPT

HIRE LEADEN RODING VILLAGE HALL FOR YOUR PARTIES, EVENTS, MEETINGS ETC
USE OF FULLY STOCKED KITCHEN &
IF REQUIRED YOU CAN HAVE THE BAR OPEN (FOR AN
ADDITIONAL CHARGE OF £25.00)
PRICES: Weekdays £8.50 per hour
Weekends £9.00 per hour
Saturday Evenings 7.00pm until midnight £90.00
SPEAK TO KEELY TO BOOK 07921 611347—NOW REOPENED

IT'S
BACK

VILLAGE HALL MONDAY NIGHT QUIZ

COME WITH FRIENDS OR JOIN A TABLE

A SOCIABLE FRIENDLY QUIZ (No Prizes)

Bar will be Open. Bring your own Nibbles

Starts 8.00pm Monday 4th October & then fortnightly

1st Moreton and Fyfield Scout Group

The Beaver Scout Colony - 5 and three quarters to 8 years old-

Tuesday 6.00pm to 7.15pm

ALL MEETINGS HAVE NOW BEEN CANCELLED UNTIL FURTHER NOTICE.

Mary Bacon – Chairman 1st Moreton & Fyfield Scout Group

01277899052, 07554933563, marychristinebacon@aol.com



RODINGS BROWNIES

First Rodings Brownie meetings continued on Zoom throughout the Summer Term due to Covid restrictions. We did consider meeting on the grass outside the village hall but decided against this as the weather was very changeable and Brownies were enjoying their new way of meeting on Zoom. During the term we made windchimes, windmills, had a try at sand art along with making Mothers' Day presents and cards in March and Fathers' day presents and cards in June. For the end of term we decided to have a fish and chip picnic on the grass at the village hall so we could get together to meet new Brownies for the first time who had started with us during lockdown and to say goodbye to Brownies who were leaving. We all also met our new Young Leader, Ellie who joined us in March on Zoom. We were unlucky to have rain forecast for our first arranged date for the fish and chip picnic so deferred it for a week and had a lovely evening playing parachute games before our fish, sausage or chicken and chips arrived. We all enjoyed a lovely evening getting back together again for the first time for so long.

This September we are planning to return to the village hall to continue with face to face activities. Before we broke up for the summer holidays the Brownies gave suggestions on activities they will like to do which included cooking, ball and balloon games, bingo, visits of local places of interest and getting together with other Brownie packs. At this time leaders are about to get together to plan some of these activities with the hope that we can continue face to face meetings throughout the winter months. If not though, we are all quite experienced with technology now and will be sure to keep the meetings going one way or another!!



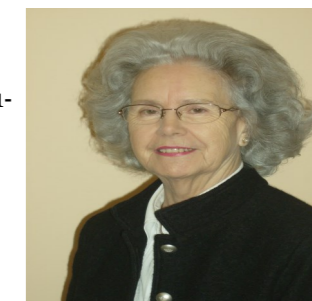
Parish Councillor Dave Clayden and Mrs Gay Essex



We are very sad to have received the resignation of two of our longest serving Parish Councillors over the recent months. Gay Essex recently. Dave Clayden has been Chairman for the Parish Council for longer than I can remember, he was unanimously elected every year as his knowledge of the village is second to none and he was always available to support if they needed help. He was also the chairman of the Village Hall Trust and the Social Club committees until recently and has played a major role in all village social events and would always be found serving behind the bar on Friday nights and Monday quiz nights with his wife Jan always helping him. Dave and Jan were awarded a Community Achievement award by

Uttlesford in the early 2000's which they truly deserved for all the commitment and hard work they have done for the village until then and they continue to support the village to this day. Although Dave has stepped away from these roles we are hoping he will take on an executive role for the Village Hall committee as our historian as his knowledge of the village is second to none. We wish him a nice rest but hope to see him at future events in the village.

Gay Essex has decided to move away from the village, nearer to her daughter. She has been on the Parish Council for over twenty years and her work in the role of Parish Councillor for the village will be sorely missed. She was also secretary to St Michael's church and for many years organised the annual flower festival in the church and I am sure her presence will be missed there too. In 2010 Gay and her late husband Ken received a Community Achievement award for their work in supporting local projects in the village. Ken also did much for the good of the village, he was one of the people instrumental in obtaining a lottery grant for the building of the extension to the village hall and designed our village sign and flag. We wish her lots of happiness in her new home.



Both Dave and Gay have been a good friends to me over the years and have been very supportive to me in my role as Parish Clerk and they will both sorely missed.

Terry Bell, Parish Clerk.

DEFIBRILLATOR TRAINING



Local retained firefighter and paramedic Chris Ward gave CPR and defibrillator training the village hall on 31st August, which was available to anyone in the village.

He was supported by Lead firefighter Mark Neville, showing people when and how to use the Defibrillator supported by CPR.

It was a very informative evening and all attended went away with knowledge which may save a life in the future. A very big thanks go to Chris and Mark who gave up their time free of charge for the training.

The village defibrillator is installed on the outside wall of the fire station. Be aware you cannot use the machine without calling 999 and the operator will give you a code to open the box, as well as directing an ambulance to the person requiring aid.

LEADEN RODING PARISH COUNCIL

MINUTES OF THE ANNUAL VILLAGE MEETING held on Tuesday 18th May at Leaden Roding Village Hall

Present: From the Parish Council, Cllrs Philip Sutterby (Vice Chair), Mike Whitehead, Jim McLintock, Ann Bush, Dave Wareham and the clerk Terry Bell

2 Members of the Public

1. VICE CHAIRMAN'S WELCOME, Cllr Sutterby opened the meeting. On 19th March 2021 Chairman Dave Clayden sent a letter of resignation to the Parish Council.
2. APOLOGIES FOR ABSENCE – County and District Cllr Susan Barker
3. MINUTES OF THE ANNUAL VILLAGE MEETING (THEN CALLED ANNUAL ASSEMBLY) held on Tuesday 21st May 2019 were approved and signed as a true record.

Please note there was no meeting in 2020 due to Coronavirus; whilst new emergency legislation was passed to enable Parish Councils to meet and make decisions remotely (The Local Authorities and Police and Crime Panels (Coronavirus) (Flexibility of Local Authority and Police and Crime Panel Meetings) (England and Wales) Regulations 2020), Parish Meetings were not included in these Regulations. Therefore, the Annual Parish Meeting was not permitted to meet remotely, and it was not held in 2020.

4. PARISH COUNCIL VICE CHAIRMAN'S STATEMENT – Cllr Philip Sutterby

Our last face to face meeting was March 3rd, 2019 and we have returned to the village hall 14 months later. Last year was strange and not much happened due to Covid-19 pandemic. In the village however, the 30mph speed limit was extended at Leaden Hill. Speeding continues to be a problem and we have had visits from the police.

Planning applications have been circulated online for Parish Councillors' views.

A warm welcome to David Wareham, our new Parish Councillor.

On behalf of the Parish Council I would like to thank David Clayden who has recently stood down as Chairman.

Thank you to the Parish Councillors for their support and to the Parish Clerk

Signed Phil Sutterby, Vice Chair, Leaden Roding Parish Council.

5. FINANCIAL STATEMENT 2020/21

The receipts in the year were the £6,500.00 precept and £488.70 VAT refund, outgoings were less - £4,679.69 mainly due to no village hall hire and just online versions of the Leaden Reading due to the Covid-19 pandemic resulting in no printing costs. It is hoped that as restrictions are beginning to be lifted a paper copy of the Leaden Reading will again be delivered to all households in the coming months.

The Parish Council issued three donations in the year; £500 Rodings PTA as they were unable to fund raise, £200 to Rodings Sewing Group as a contribution to their Covid PPE making efforts including masks which were available for the community in the bus stop, and £25 as a cash prize for the newly formed village Christmas lights competition.

Fixed assets remain at £23,272.

6. GRASS CUTTING REPORT

After obtaining 3 quotes Parish Councillors unanimously decided to employ John Kenny as grass cutter for the next 3 years. He will cut the agreed areas as necessary throughout the summer and produce a bill for the amount quoted at the end of the summer.

7. PARISHONERS QUESTIONS AND COMMENTS - None

The meeting closed at 8.15pm.

UPDATE ON OUR SERVICES

Community Response

The Uttlesford Community Response Hub continues to help people in the community who need it.

If you're someone who needs some extra support during the lockdown or you're looking to help the community, please get in touch.

The number **03333 408 218** is available Monday to Friday, 9am to 4pm.

Email: communityresponse@uttlesford.gov.uk.



Information and Guidance on the Coronavirus(COVID-19) outbreak

NATIONAL GUIDANCE APPLIES

Most legal restrictions have been lifted from July 19th

Please use self judgement in any situation. If meeting people indoors open windows and doors to ventilate the area.

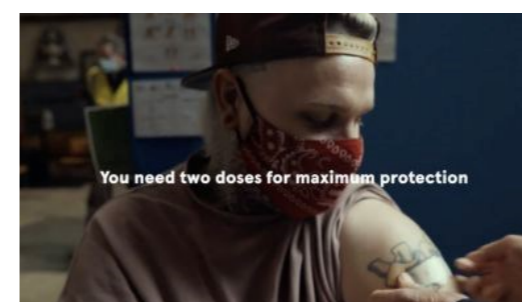
Still wash hands regularly and sanitise them. Try not to touch areas where other people have touched. Handrails, doorknobs, tabletops, etc

Continue to use masks if you do not feel comfortable, particularly on public transport (if you go into London it is still a legal requirement to wear one on trains and buses)

Although no longer a legal requirement, try to keep your distance from others.

If you think you may have come into contact with an infected person get tested. Testing Kits are available via the Government website GOV.UK, they can also be collected free from local libraries.

REMEMBER THE VIRUS IS STILL WITH US—PLEASE TAKE CARE



All adults can now obtain NHS Vaccination's to protect themselves and others from becoming infected..

Speak with your Doctor or go onto the NHS website to book an appointment. It's free and takes just a few minutes.

A POINT TO CONSIDER

More and more venues are insisting on seeing evidence of vaccination before you are allowed in.

Restaurants, pubs, clubs, concerts, theatre's, football / cricket grounds . Travel is also restricted. Airlines, trains, hotels, etc. are also asking to see evidence. Countries too are asking for your normal passport and your COVID passport before they allow you entry.



The Old Police Station

Great Dunmow

CM6 1DQ

I can't find a service? info@frontlineuk.org.uk

We are working hard to identify as many local health and wellbeing services as possible – but if something is missing or you can't find a service you need – please get in touch via webchat or email us at info@frontlineuk.org.uk.

If I request a call back or I'm referred through the system – when should I expect to be contacted?

We ask services to contact people within 3 working days, but we hope it will be quicker than that. If we see that you haven't been contacted within 6 working days we will contact the service on your behalf and chase them up.

Are my details on the system safe?

We had a lot of help from Information Assurance officers in the NHS, EPUT and Essex County Council to ensure the system is as secure as we can make it. We only ever collect information from you to make a good referral, we only hold your data for a maximum of 90 days, and we use the same level as encryption as on-line banking services. If you want a copy of any information held on the system under your name, please make a 'Subject Access Request' to info@frontlineuk.org.uk.

Who runs Frontline?

Frontline was designed by Uttlesford Citizens Advice, but it is really a large community project where organisations and services sign up to improve people's knowledge and access to local services. Frontline in west Essex is funded by Essex County Council and the NHS's West Essex Clinical Commissioning Group. Uttlesford's Council for Voluntary Services is helping to run the services.

I want to give some feedback on a local service - how would I do this?

Great! Good and bad feedback is really important to understand and improve local services. It can also be used to help funding arguments and identify gaps in services. We collect feedback in various ways – you can give a service a thumbs up or down through the website or via our mobile app. If you have been referred by an organisation, and agree to give service feedback, we may contact you via email or over the phone.

Can I contact someone about Frontline?

Please send all questions, complaints or comments to info@frontlineuk.org.uk or call 01799 618 855. Emails will be responded to within 10 days.

What if I have a family member or know someone who would find Frontline helpful, but they have no access to the internet?

If you know of someone who cannot access the internet and they need help finding a local service - Healthwatch Essex is available from 9am to 5pm Monday to Friday on 0300 500 1895 (calls to this number are charged at your local rate).

How do I get a new service on the Frontline Library?

If you run a service in West Essex that you think will be appropriate for Frontline, please click on the sign in/ register button on our homepage. After you register your email, please go to the provider 'about' section and read up on the questions and answers section...we think we have covered most things.

WHERE WERE YOU WHEN THE QUEEN WAS CROWNED?

Have you met her? Do you have a story to tell? The village social club is going to put together a booklet of memories of local people to celebrate the Queens 70th anniversary on the throne.

Please send your stories to the co-ordinator of the booklet— Anne Robinson, Finale, Dunmow Road, Leaden Roding. Tel : 01279 876308



A preference for a brick wall to remain instead of a replacement fence.

12.2 The decision to determine the following planning applications have been made by Uttlesford:

The following planning application has been withdrawn:

Uptrees Cottage, Stortford Road – detached oak framed 2 storey garage.

Parish Councillors comments were:

No objections with a cart lodge but concerned that the second storey could become a dwelling.

Rosssdene, High Easter Road – Extension of garage and conversion to annexe – no objections.

Land at Stortford Road, Leaden Roding – Construction of 2 detached dwellings -*conditional approval*.

Leaden Hall Barns, Stortford Road – proposed erection of additional storage building – *refused*. 3

Leaden Hall Barns, Stortford Road – proposed detached garage. 13.

13. FOOTPATHS

Cllr Sutterby reported:

1 at the bottom of Longsted Lane, the footbridge detached from concrete base – still ongoing

Footpath 5 at Leaden Hall, timber is rotting on the bridge over the river – reported on 3rd April (ref 2711562).

14. ANY OTHER BUSINESS

14.1 Cllr Wareham reported that cars from the car showroom are again being parked on the pavement in front of the showroom making it difficult for pedestrians to walk on the pavement and cross Dunmow Road. Cllr Sutterby will discuss this with the manager of the car showroom.

14.2 P. Sutterby confirmed that once the village hall has been passed as Covid safe the Parish Council will organise defibrillator training/ familiarisation for residents of the village who wish to take part. At this time the defibrillator is installed and ready for use if needed and instructions will be given from a speaker inside the defibrillator so training is not necessary for it to be used but useful for familiarisation.

14.3 Cllr Sutterby requested that the clerk update the village website by deleting former Parish Councillors, the clerk apologised for overlooking this and will update the website as soon as possible.

14.4 Cllr Sutterby reported that the village litter pick he recently organised resulted in 25 bags of rubbish which was collected by Uttlesford.

14.5 A discussion took place regarding the recent road closures due to maintenance in Leaden Roding and surrounding villages. The clerk informed councillors that although she receives notices for road closures in Leaden Roding (which do not state the exact date of the closures) she is not made aware of those in other villages.

14.6 Cllr Sutterby suggested that the recently purchased St George flag should just be flown on special occasions and not throughout the year to ensure it is not weather damaged.

The clerk will ask representatives of the Village Hall Committee to carry this request out as they oversee the flying of the flag.

14.7 The clerk reported that between meetings Highways have erected a new roundabout sign in High Easter Road which is incorrect. It informs drivers that the roundabout is being approached from High Easter Road when it is not. High Easter Road is a junction to the A1060 very close to the roundabout. The clerk has reported this error to Highways and is waiting for it to be rectified.

15. DATE OF NEXT MEETING AND FUTURE DATES FOR 2021.

Tuesday 13th July 2021

Future meetings:

Tuesday 31st August 2021

Tuesday 19th October 2021

Tuesday 7th December 2021

There being no further business the meeting closed at 9.20 pm.

9. CLERKS REPORT

9.1 A1060 speed limit signs – the extension of the 30mph speed limit at Leaden Hill has now been implemented. However, residents living in the area are concerned that the sign erected outside Bridge House Cottages is too wide and is being hit by large vehicles as they pass. The clerk has reported this to Highways twice and is awaiting a reply. She has also brought this to Cllr Barker's attention

9.2 30mph sign at village hall requested to be reinstated - the clerk has received notice from Highways that they have investigated and risk-assessed the issue and they have prioritised it as not as serious as some of the other defects they are aware of so they have recorded it and will consider when planning future works in the area.

9.3 Damaged small village sign at Leaden Hill – awaiting a reply from Highways

9.4 Roundabout sign approaching village from Chelmsford Road requested to be reinstated – awaiting reply from Highways

9.5 Building waste left adjacent to Windmill Café – reported but not yet removed, the clerk will chase.

9.6 Wheelie bin left in Holloway Crescent – Cllr Sutterby removed this as part of the village litter pick.

9.7 Request that Highways revisit the speeding problems on Dunmow Road in the vicinity of the school – no reply from Highways after chasing three times – the clerk will chase again.

9.8 Damaged Highways sign outside Walnut Tree Cottage, Dunmow Road - the clerk has received notice from Highways that they have investigated and risk-assessed the issue and they have prioritised it as not as serious as some of the other defects they are aware of so they have recorded it and will consider when planning future works in the area.

9.9 Giga Clear problems – Giga Clear have now reseeded the area of grass on Dunmow Road at the corner of Holloway Crescent which was dug up to accommodate work on fibre optic Broadband. Cllr Wareham reported that he has heard that there are problems with the installation of fibre optic wire and areas of the village may have to be installed again causing further disruption. The clerk has not yet been informed of these problems.

10. COUNCILLORS REPORTS 10.1 Cllrs Wareham and Whitehead attended a meeting with representatives of Uttlesford District Council regarding progress on the removal of fencing on Chalks Green. Although the green is the responsibility of Uttlesford the Councillors attended so that the Parish Council are informed of proceedings but not involved. Cllr Wareham reported that Uttlesford are intending to send a 28-day Notice requesting that the fence be removed. Cllrs Wareham and Whitehead will be kept informed by Uttlesford.

11. FINANCE 11.1 Cllr Sutterby proposed that the following cheques be issued, this was seconded by Cllr Whitehead and carried unanimously.

£17.00 to Leaden Roding Village Hall Trust – hire of hall

£402.83 to BHIB Ltd – annual insurance

£220.44 to Essex Association of Local Council – annual subscription

£ 79.40 to Piggotts Flags – purchase of St Georges Flag.

12. PLANNING APPLICATIONS 1

12.1 The Planning applications were circulated for between meetings:

Land at Stortford Road Leaden Roding – Construction of 2 detached dwellings. Parish Councillors comments were:

- If the caravans which are being used at the moment remain, this could be overdevelopment
- A previous application was withdrawn after Highways advised that there would be poor visibility to the Highway, lack of parking and lack of turning space – we cannot see a difference in the problem with this application
- Mrs Manders has stated several times in writing to the Leaden Roding Village Hall Committee that there was only one house to be built on the site, is this application for the two houses in addition to the previous application which has already been granted making a total of three?
- It appears to be over-development of a relatively small frontage, building two houses on one small plot.



**For all Bin Collections,
please put bins out by
7am**



Website to visit for more information:

www.loveessex.org

Win a recyclable coffee cup

Change to cloth nappies and claim £30 reward

Donate your old cloths instead of throwing them away.

FREEGLE is a site where you can get FREE things

PLUS LOTS MORE INFORMATION ON RECYCLING YOU DIDN'T KNOW

PARISH COUNCIL NOTICE

It has come to the attention of the Parish Council that green waste is being deposited in ditches within the village. Residents are asked to use the monthly Green Waste Skip for all green waste. Alternatively residents can apply to Uttlesford for a green waste bin for their own use at a fee of £40 per year.

Garden Bin Collections

The individual Green Waste Bin Collection continues. If you would like a bin for your home go to the Uttlesford D C. website.

Bin collections are on BLACK Bin Days

Green Waste collections from your home costs £40 for a full year.

(See the Uttlesford DC website for an application form. Bins are collected every two weeks.)





RODINGS SCHOOL

Tel: 01279 876288

Www.rodingsprimaryschool.co.uk

School is back on Thursday 2nd September

Rodings Primary and the BMX Stuntman

Since returning from the Easter break there has been a real positivity around school. I don't know if it is a change in the weather, longer days or the fact that there is finally some light at the end of the tunnel with the vaccine roll out going so well, but there is a change in the air.

This positivity was cemented by our first visitor to school for over a year. Mike Mullen is a UK and world halfpipe champion and believes in the power sport has to transform lives through boosting confidence and changing mindsets. At the end of April, Mike brought his BMX Academy to Rodings to work with our Year 6 children to support them build their confidence and change their mindset from a 'I can't do it' to a 'I can't do it yet' mentality. Originally, we had booked Mike to support Year 6 before the SATs assessments but these had been cancelled due to the pandemic. However, we felt that the lessons that Mike could teach the children were appropriate to all situations, not just sitting tests.

Mike spent the whole day with the group teaching them how to ride a BMX properly and then he started to teach them basic stunts. This is where the boost in self esteem and confidence started to show. As the stunts became more difficult the children's fears and anxieties were replaced with a 'Can do' attitude. By the end of the day all the children could complete some basic stunts. The children were so proud of their achievements.

However, it was also a special occasion for other reasons. Social distancing in our bubbles and sat outside, Mike put on a short display of his skills to the whole school. This was the first time that we had all been together as a school for over a year. As well as being a moment of joy, it was also a very emotional experience and a reminder of how much we had missed coming together to celebrate. As Mike carried out amazing stunts, including riding his bike backwards and carrying out a daring jump over a group of staff, the joy on the faces of the children and staff was infectious. You probably could have heard the squeals and gasps of delight as Mike landed his amazing stunts. Mike gave us the boost we all needed.

We are now looking forward to all the other exciting events and activities we can start taking part in as the restrictions begin to ease and life returns to normal. We will be reopening our pool for the first time since 2019 so that all the children can benefit from regular swimming lessons. We are planning for sports day and we have been told that the two residential visits to Norfolk and Tollesbury can go ahead.

Life at school is becoming very exciting again and we can't wait!

Editor: An inspired choice of entertainment for the school just before success in the Olympics.

We're raising £1,700 to buy a defibrillator for Rodings Primary School and its local community

If you go into cardiac arrest, without a defibrillator, you have a 7% chance of survival. If a defibrillator is on the patient within three minutes, the chances of survival is over 70%. We were all shocked and saddened by the events following the collapse of Christian Eriksen during the Euros. However, due to the quick thinking of the players, medical staff at the match and the easy access to a defibrillator the outcome for Christian Eriksen, his family and football fans around the world was a much more positive one. So I would like to introduce the Rodings Virtual Road Race. We are going to attempt a 24 hour virtual bike ride starting at 12pm on Friday 16th July through to Saturday 17th. The aim is to have various teams ride in 3 hour blocks for 24 hours to see how far we can get around the world. We have 10 global destinations from Rome to Tokyo set as targets. We look forward to your support.

justgiving.com/crowdfunding/rodingsvirtualroadrace?utm_term=pBk3rx7W3

YOUR PARISH COUNCIL & COUNCILLORS

Clerk for the Parish Council - Terry Bell Tel. 01279 876045 e-mail terrybell19@yahoo.co.uk



Phil Sutterby
Tel.876274
Chairman



Jim McLintock-
Tel.876011



Mike Whitehead
Tel.876414



Ann Bush
Tel: 877819

Photo
Coming Soon!!

DaveWareham
Tel: 877819

MINUTES OF ANNUAL PARISH COUNCIL MEETING held on Tuesday 18th May 2021 at Leaden Roding village hall.

Present: P.Sutterby (Vice Chair), J.McIntock, M.Whitehead, Mrs Bush, D.Wareham

Members of the public: 2

1. ELECTION OF CHAIRMAN

Cllr Bush proposed that Cllr Sutterby be elected Chairman for the forthcoming year, this was accepted by Cllr Sutterby before being seconded by Cllr Whitehead.

2. ELECTION OF VICE CHAIRMAN

Cllr Wareham proposed that Cllr Whitehead be elected Vice Chairman for the forthcoming year, this was accepted by Cllr Whitehead before being seconded by Cllr McIntock.

3. ELECTION OF PARISH REPRESENTATIVES

The following representatives were elected for the year 2020/21

Village Hall Trust - Cllr McIntock

Public Transport - Cllr Bush

Tree Planting - Cllr Sutterby

Footpaths - Cllr Sutterby

Road Safety - Cllr Wareham

Essex Police - Cllr Whitehead

4. APOLOGIES FOR ABSENCE

District Councillor Susan Barker

5. DECLARATION OF INTEREST FOR THIS MEETING

None

6. APPROVAL OF ANNUAL GOVERNANCE AND ACCOUNTABILITY RETURN

(AGAR) 6.1 AGAR Return 2020/21 6.1.1 The meeting considered the current system of internal control, including monitoring of finances and agreed that these were satisfactory.

6.1.2 Cllr Sutterby proposed that the Parish Council approves the Annual Governance Statement (Section 1 AGAR) for the year 2020/21 as prepared by the clerk. This was seconded by Cllr Whitehead and carried unanimously.

6.1.3 Cllr Whitehead proposed that the Parish Council approves the Annual Accounting Statements (Section 2 AGAR) for the year 2020/21 as prepared by the clerk. This was seconded by Cllr McIntock and carried unanimously.

6.2 Cllr Sutterby proposed that Leaden Roding Parish Council exempts itself from a limited assurance audit as it meets all the criteria for claiming exemption as set out in section 9 of the Local Audit (Smaller Authorities) Regulations 2015. This was seconded by Cllr Whitehead and carried unanimously.

6.3 The Clerk for High Easter Parish Councils is completing the internal audit, her report will be circulated, and any points considered.

7. MINUTES

The minutes of the Ordinary Parish Council Meeting of Tuesday 9th March 2021 were proposed by Cllr Sutterby as a true record, seconded by Cllr McIntock and carried unanimously. The minutes were signed by Cllr Sutterby.

8. PUBLIC QUESTIONS/CONCERNS

None

LOCAL BUSINESS PROFILES

C.J.FLOORING
(Leaden Roding)
 Carpets, Vinyls etc supplied & fitted
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 No job too small
 Samples to your door
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There is a £10.00 per year membership fee, which -due to a lower oil price -will be recouped on your first order.
 Only Kerosene/28sec/domestic oil (the most used) is supplied and a minimum order of 500 litres is required.
 At 2nd July the price was 48.35p per litre
WANT TO SAVE £££'s ON FUEL BILLS?



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 ALL TYPES OF VEHICLE WORK UNDERTAKEN
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 E-Mail: leadenreading@yahoo.co.uk for details

EMBRACING THE NEW NORMAL



Your essential reference guide to staying safe and well during the COVID-19 pandemic
WINTER 2020-21

Uttlesford Community Response Hub
 (Monday to Friday, 9am - 4pm)
 T: 01333 3403218
 E: communityresponse@uttlesford.gov.uk




The booklet was sent to all properties in Uttlesford by the council.

It contains many tips on how to keep safe and healthy.

It also has the contact details of many organisations and council departments which can offer you help during the Pandemic. If you have mislaid it, contact Uttlesford D.C. for a further copy or apply on the Uttlesford website.



Support for Individuals Arriving from Afghanistan





If you wish to make a donation, Essex County Council has established donation centres at following locations and opening times:

- Uttlesford Community Hub, 45 Stortford Road, Dunmow, CM6 1DQ - Monday to Friday 9.30-4.30pm
- Touchpoint Day Centre, Crafton Green House, Stansted CM24 8AB - Wednesday 9am-1pm, Thursday 9.30am-4.30pm

The items that are most needed include:

- Clean clothing and underwear for adults, children and teenagers of all ages;
- Toiletries, including toothbrushes, toothpaste, deodorant, sanitary items & shower gel;
- Baby milk and nappies;
- General essentials/ consumables;
- Toys and entertainment for children and young people


ONGAR PLOUGHING MATCH
SAT. 25TH SEPTEMBER
 Hatfield Regis Grange Farm
 Great Canfield CM22 7JZ
 Broad St. (near B183) from 9.30am
 Plough your own furrogh, Vintage Machines, Bar, Food, etc



Well it wasn't as bad as last year. Games were played but there was at least 6 games which were not played due to rain or Covid complications. And some others with a very weak team.

Results were not great : Won 4 Lost 8 Rain 3 Called off due to no team 3

This means the club are relegated to the Second Division.

Still it was better than nothing as in 2020.

Next to look forward to is the club's annual half term weekend away playing golf.

This year we are off to Berkshire. The De Vere Hotel & Golf Course near Reading. A Par 72 course 6.579 yards. Played by teams of 4, along the lines of the Ryder Cup (that's where the similarity ends!). We play 18 holes on the Friday, Saturday & finally Sunday. The team draws have been made for the 5 teams. Now we wait for the weather forecast for the end of October.

Not a great year but we still have something to look forward to, hopefully.

Covid permitting we should be able to organise cricket nets in the new year so if you're interested look out for more information just before Christmas.

Finally it was great to see over 40 people on the side lines enjoying both the cricket and the sunshine at the start of the season, a match against Thaxted.

And a word of thanks to a couple of youngsters from the village who stepped up and played a few games for us in our hour of need. Lets hope we can see them again a bit more next year, as well as some others.



Do you restrict your use of power because you are worried about the bills?

Getting into arrears with your energy supplier or being forced to cut back your spending on food or other essentials can be bad for your physical, financial and emotional wellbeing.

Warm Homes Essex is a new service set up by Citizens Advice to provide practical advice and support to people who are finding it hard to heat their homes.

Our experienced, professional advisers can help in a number of different ways:

Making sure you are receiving all the benefits you are entitled to

Helping you with fuel debt if you have already fallen to arrears (in some cases we can apply to trusts and foundations to help pay these off – giving you a fresh start)

Energy saving around the home

Switching suppliers – working out which energy tariff is the best one for you

Helping you to join an oil club

Access to grants for energy saving improvements – we can help you find the best scheme and help you apply

Access to emergency fuel payments

For more information speak to Kaleigh, our specialist energy adviser, on 01799 618858 or email warm-homes@uttlesfordcab.cabnet.org.uk



For crimes and suspicious activity NOW phone	999
For non-urgent incidents and reporting a crime that has already happened	101
Alternatively you can report non-urgent incidents or suspicious activity and crimes on-line at https://www.essex.police.uk/do-it-online/	
To give information anonymously phone CRIMESTOPPERS	0800 555 111
or report it online at www.crimestoppers-uk.org	
<i>The information you provide is very important to us so please make sure that we can use it effectively, by reporting it correctly through the proper channels above. Thank you.</i>	

Tips to prevent stalking and harassment

Stalking or harassment is unpleasant and malicious behaviour that causes upset and distress – and it's something no one should put up with. Our advice helps minimise your chances of becoming a target and prevents people accessing details about you.

Follow this advice to minimise the chances of becoming a target and prevent people accessing your information to find out about you and your routine.

Remember, we're always here to advise you and if you feel you're being stalked or harassed, report it.

Victims can be stalked for years with the average case lasting 15 months. But many cases last longer – 30 per cent of people who contact the helpline have experienced stalking for over two years and 13 per cent have been stalked for over five years.

The unfortunate truth is that most victims know their stalker: the largest group of stalkers (45 per cent of all cases) is ex-partners. But whether you know the person or not, there are a number of measures you can take to disempower stalkers and help protect yourself from being targeted and tracked.

Here are some useful pieces of advice designed to help you protect yourself online and on social media:

- restrict your social media posts to your friends and not public
- check privacy settings on social networking sites and limit the amount of information you supply
- Google yourself frequently to check your digital footprint
- don't use the same password for everything
- be aware of geolocation and tagging on social networking sites and ensure that it's disabled on your smartphone
- keep your antivirus software up to date
- report stalking to website administrators

if you believe that your smartphone or computer has been hacked or compromised, stop using it immediately and take it to your mobile phone provider or computer repair experts for advice

Answering the phone

- don't answer the phone with your address or phone number
- if the caller is not known to you, avoid answering questions about yourself, no matter how genuine they sound
- if you have an answering machine, it's advisable not to include your name or number in the outgoing message
- the message should never tell people that you are out or away; try to give the impression that you are only temporarily unable to answer: eg 'Sorry, I can't get to the phone right now, so please leave your name and number and I'll get right back to you.'
- if you're listed in any directories, you might want to give your initials and surname rather than your full name



Failure to clean up after your dog could result in a £1000 fine

To report incidents of dog fouling call the council's Customer Service Centre on 01799 510510

Alternatively, fill in an online form at www.uttlesford.gov.uk/animalfoulingreport

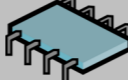
*This does not include recycling bins
It is preferable to take it home and use your black lidded bin





Microchipping and Dog Tags - Are you aware?


You are probably aware that UK Law states that all dogs must be microchipped however, are you aware that the law also states that all dogs must have a tag. The tag must include your surname, full address and telephone number. The number of animal wardens is reducing and this additional information means that if somebody finds your dog they will know where to return it straight away.

Please also remember that if you have a change of address to make sure that you update the microchip details immediately and also make sure that you purchase a new tag.



DOG BINS ARE PROVIDED AROUND THE VILLAGE. DOG OWNERS CAN NOW USE ALL VILLAGE WASTE BINS. PLEASE USE THEM!



MOBILE LIBRARY

Wednesdays - (School)
10.40—11.10
15th Sept
6th Oct
27th Oct

Due to the council rearranging the schedules there are now no visits to Holloway Crescent.


The visits are on Wednesdays outside the school.

Essex Council are continually reviewing the usage of the library bus, so USE IT OR LOOSE IT!

YOU MUST WEAR A FACE COVERING

VISITS are due every 3 weeks

www.essex.gov.uk/Libraries-Archives/





Barnards Yard
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Suite 8, The Chestnuts
4 Stortford Road
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Essex CM6 1DA
Advice 01799 618840

OUR OFFICE HAS REOPENED AND IS FOLLOWING GOVERNMENT RULES TO MAKE IT COVID SAFE.

Is money tight? We can help.

You don't have to be on benefits to get help. If you are short of money and struggling to pay for food or other essentials and your 'rainy day fund' been used up, please get in touch with one of our trained advisers.

You can call us on 01799 618840 (Monday-Friday 9.30 am-3.30 pm) or email help@uttlesfordca.org.uk

Our advice is confidential and costs nothing. We can help you to access: Local foodbanks and children's clothes banks

Help to pay utility bills or top up oil tanks. Emergency funds for prescriptions and other household essentials

Cold weather payments Budgeting and debt support

Grants to improve the energy efficiency of your home

Support with job hunting and small grants for education and training

Universal Credit and Disability Benefits

Benefits for working families. Support for carers

Help from your local council, such as council tax support



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hp@hollieswellness.co.uk**

-  GROUP 1:1 TRAINING SESSIONS - At my home gym
-  LOCAL HALL GROUP CLASSES - Mon & Weds am
Leaden Roding Village Hall (Circuit & LBT)
-  NUTRITION ADVICE & PLANS



For information on council services,
go to: www.uttlesford.gov.uk/coronavirus

We are supporting our high street shops in Uttlesford as they begin to reopen from today by working with local business groups, town and parish councils and other partners to create a safe shopping experience in the district.



Over the next couple of weeks, visitors may start to see some physical changes in the town centres such as floor markings and signage on how to shop safely.

Please support our retailers by shopping local and safely – maintain social distancing at all times and follow the signage that is in place to protect you and others.

Handwashing still plays a key role in protecting yourself and others from coronavirus.

- Wash your hands more often
- Use soap and water for 20 seconds
Or use hand sanitiser

Five ways [Uttlesford Citizens Advice](#) can support you during the coronavirus pandemic:

- **Telephone advice** – Advice on benefit entitlements, money worries, employment rights, housing concerns or relationship challenges
- **Help to claim** – Help to claim Universal Credit including support to overcome any technical barriers to making your claim
- **Disability benefits** – Help to complete disability benefit forms and advice on appeals
- **Access to local support** – Foodbank referrals, access to emergency funds and information about other local support services

Listening Line – for a friendly ear or chat if you are feeling worried, overwhelmed or just want to vent!
Call 01799 618841 or
email chat@uttlesfordcab.cabnet.org.uk

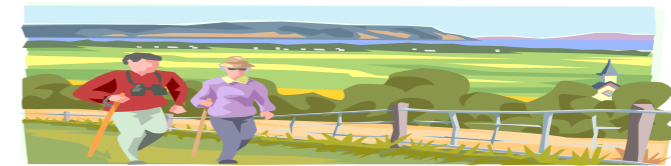
Staff and volunteers are available Monday to Friday from 9.30am to 3.30pm. Call 01799 618840 or email bureau@uttlesfordcab.cabnet.org.uk.



citizens advice Uttlesford
We're here for everyone to support you through the Coronavirus Pandemic

Rodings Walking Group 2020

Phil Sutterby
01279 876274
www.rodingswg@gmail.com



Planned walks have recommenced, although a full programme hasn't yet been decided.

Walks have taken place from June around the Lavers, Pleshey, Gt Waltham. July saw us on a walk around Moreton. August saw us in Abbess and Felsted.

The 5th Sept sees us in Broads Green

For more information contact Phil.

If you would like a copy of various interesting walks speak with Phil Sutterby 01279 876274



SOCIAL MEDIA SITES WHICH YOU MIGHT FIND USEFULL FOR THE VILLAGE

E-voice.org.uk/leadenroding/ : Parish Council

Facebook: Leaden Roding Village Hall and Local News

Facebook: Friends of Roding Primary School

Facebook: Leaden Roding Village

Facebook: Leaden Roding Fire Station

Facebook: St Michael and all Angels Church, Leaden Roding

Facebook: The Axe & Compasses

(please inform us of any other sites of interest to be listed)

Please be aware that there are several other sites which use the Leaden Roding name which have adverts from organisations outside of the village, advertising events etc outside of the village

IMPROVE FITNESS
IMPROVE COORDINATION
LEARN AT YOUR OWN PACE
FULL BODY WORKOUT
LEARN NEW SKILLS
MEET NEW PEOPLE
SELF DEFENCE
LADIES ONLY

BE STRONGER THAN YOUR EXCUSES

LADIES HATTON BOXING FOR FITNESS CLASS
REAL BOXING TECHNIQUES SIGN UP TO A CLASS

Leaden Roding Village Hall

Thursdays at 6.30pm
Sundays at 9.00am

All equipment supplied

1hr sessions
Must pre-book
See Facebook (LRVH&LC)

Or Call Ellie
07535 971719