Langley Park Races. Points scoring and age categories.

Points in the league are calculated from the runners finish position. First place gets 1 point. 2nd gets takes 2 points and so on. Any runner missing a run will in default be allocated 200 points.

Additionally junior and veteran categories will be decided on the lowest points scored in their registered category.

In the event that a veteran category wins the overall (open) race series the next placed person in that category will move up to receive the medal.

JM -18; Open(SM); M40; M50; M60; M70+ JW -18; Open (SW); W35; W45; W55; W65+