

针对仇恨犯罪受害者的心理支持

Have you been affected by hate crime?

如果您来自英国的华人或东亚、东南亚社区，在疫情时期，不幸沦为仇恨罪案的直接或间接受害者，比如：因您的肤色或种族原因，遭受身体或语言暴力，造成心理创伤，请联系我们“华人社区康福服务”（CCHWS）。我们拥有包括心理学家、心理治疗师在内的资深专业人士，为您提供免费，安全，隐私受到严格保护的公益性心理支持。

华人社区康福服务
电话或在线辅导服务预约电话
☎ 07464890902

The Chinese Community Health and Wellbeing Services (CCHWS) provides free and confidential mental health consultation, counselling and psychotherapy in Mandarin, Cantonese and English to British Chinese, East and Southeast Asian community members who have been the victims of verbal or physical abuse because of their race or where they are from. We can also offer this service to anyone who works closely with victims of racist abuse or who has witnessed such abuse. Racist abuse can lead to anxiety, depression and other mental health issues, but counselling and psychotherapy can help. We have a team of highly qualified psychologists and psychotherapists ready to support you in confidence. Contact us for help or to find out more about this free service.

(Currently all sessions are taking place remotely over the phone or through video call)

Supported by:

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