CONTACT DETAILS FOR TRAIN OPERATING COMPANIES

Chiltern Railways
Western House
14 Rickfords Hill
Aylesbury HP20 2RX

CrossCountry
Customer Relations
3rd Floor, 85 Smallbrook Queensway
Birmingham B5 4HA

c2c
Freepost ADM 3968
Southend
SS1 1ZS

East Midlands Trains
Midland House
Nelson Street
Derby DE1 2SA

First Capital Connect
Customer Relations Department
Freepost RRBR-REEJ-KTKY
PO Box 443, Plymouth PL4 6WP

First Great Western
PO Box 313
Plymouth
PL4 6YD

Gatwick Express
52 Grosvenor Gardens
London
SW1 0AU

Heathrow Connect
Freepost RLRZ-TZXE-BYKY
London
W2 6LG

Heathrow Express
Freepost RLXY-ETJG-XKZS
London
W2 6LG

Island Line
Overline House
Blechynden Terrace
Southampton SO15 1GW

London Midland
PO Box 4323
Birmingham
B2 4JB

London Overground
Overground House
125 Finchley Road
London NW3 6HY

National Express East Anglia
Grosvenor House
112–114 Prince of Wales Road,
Norwich NR1 1NS

National Express East Coast
Main Headquarters
Station Road
York YO1 6HT

Southeastern
PO Box 63428
London
SE1P 5FD

Southern
PO Box 277
Tonbridge
Kent TN9 2ZP

South West Trains
Overline House
Blechynden Terrace
Southampton SO15 1GW

Virgin Trains
PO Box 713
Birmingham
B5 4HA

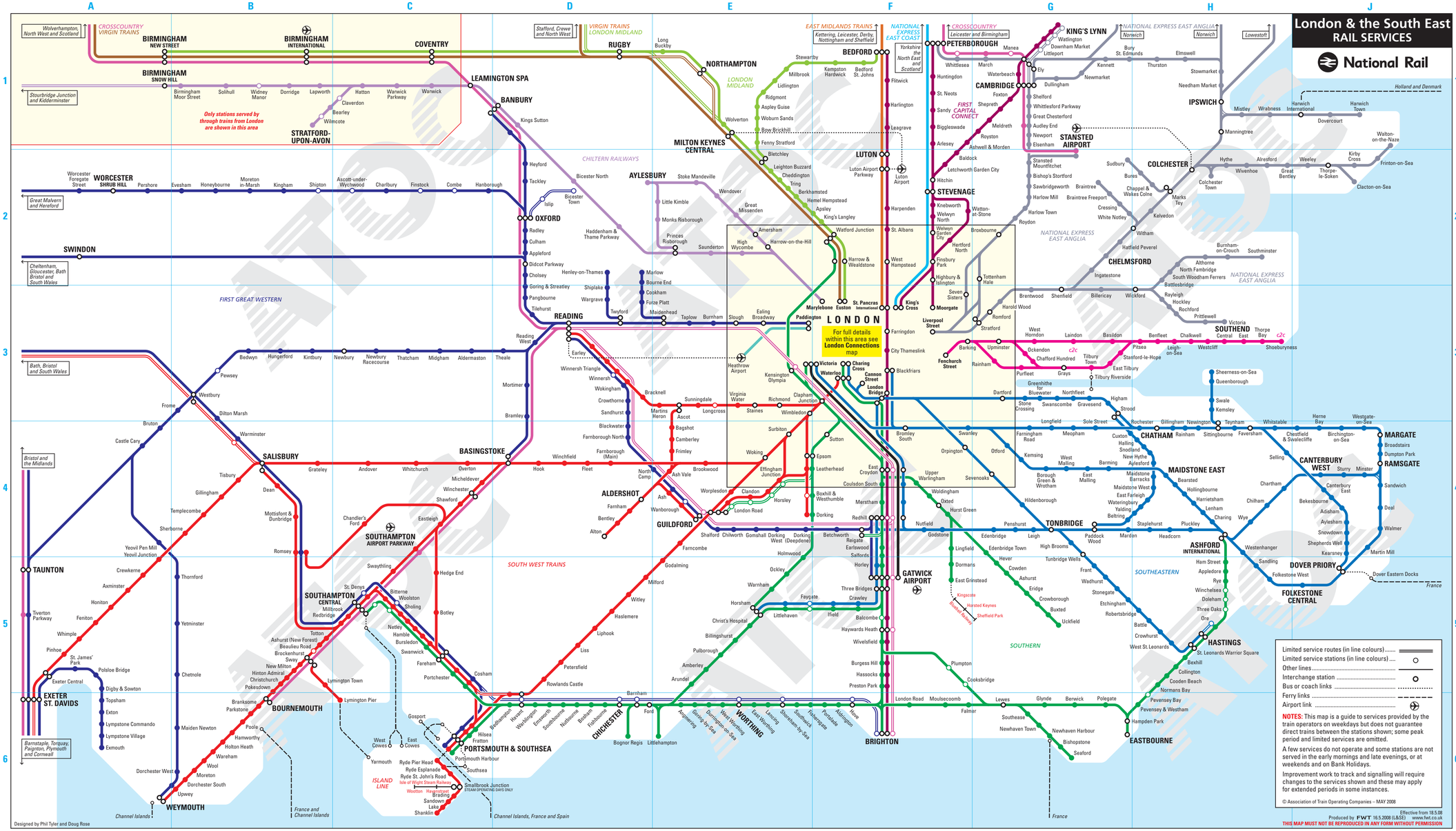
Comments on train services should be sent to the relevant **Customer Services Department**

Details of train times and fares can be obtained by telephoning **National Rail Enquiries** on **08457 48 49 50** or visiting the website **www.nationalrail.co.uk**

Rail Franchises or Train Company trading names may change during the currency of this publication. Every effort has been made to ensure the information shown is correct at the time of publication: May 2008. It is recommended that journey details are checked prior to travel.

London & the South East
RAIL SERVICES

National Rail


Wolverhampton, North West and Scotland
CROSSCOUNTRY VIRGIN TRAINS
BIRMINGHAM NEW STREET
BIRMINGHAM INTERNATIONAL
COVENTRY
BIRMINGHAM SNOW HILL
Stourbridge Junction and Kidderminster
Birmingham Moor Street
Solihull
Widney Manor
Dorridge
Lapworth
Hatton
Warwick Parkway
Warwick
Claverdon
Bearley
Wilmcote
STRATFORD-UPON-AVON
Only stations served by through trains from London are shown in this area
LEAMINGTON SPA
BANBURY
Kings Sutton
Stafford, Crewe and North West
VIRGIN TRAINS LONDON MIDLAND
RUGBY
Long Buckby
NORTHAMPTON
LONDON MIDLAND
Wolverton
MILTON KEYNES CENTRAL
Stewartby
Millbrook
Lidlington
Ridgmont
Aspley Guise
Woburn Sands
Bow Brickhill
Fenny Stratford
Bletchley
Leighton Buzzard
Cheddington
Tring
Berkhamsted
Hemel Hempstead
Apsley
King's Langley
Watford Junction
Harrow & Wealdstone
EAST MIDLANDS TRAINS
Kettering, Leicester, Derby, Nottingham and Sheffield
BEDFORD
Kempston Hardwick
Bedford St. Johns
NATIONAL EXPRESS EAST COAST
Yorkshire the North East and Scotland
Flitwick
Harlington
Leagrave
LUTON
Luton Airport Parkway
Luton Airport
Harpenden
St. Albans
West Hampstead
CROSSCOUNTRY
Leicester and Birmingham
PETERBOROUGH
Manea
Whittlesea
March
Ely
Huntingdon
St. Neots
Sandy
Biggleswade
Arlesey
CAMBRIDGE
Waterbeach
Dullingham
Foxton
Shepreth
Meldreth
Royston
Ashwell & Morden
Baldock
Letchworth Garden City
Hitchin
FIRST CAPITAL CONNECT
STEVENAGE
Knebworth
Welwyn North
Welwyn Garden City
Hertford North
Finsbury Park
Highbury & Islington
Seven Sisters
Moorgate
Liverpool Street
Tottenham Hale
Broxbourne
Watton-at-Stone
Roydon
Harlow Mill
Harlow Town
Sawbridgeworth
Bishop's Stortford
Stansted Mountfitchet
Stansted Airport
STANSTED AIRPORT
Audley End
Newport
Elsenham
Great Chesterford
Whittlesford Parkway
Shelford
Dullingham
Newmarket
Kennett
Thurston
Elmswell
Stowmarket
Needham Market
IPSWICH
KING'S LYNN
Watlington
Downham Market
Littleport
NATIONAL EXPRESS EAST ANGLIA
Norwich
Norwich
Lowestoft
Bury St. Edmunds
Mistley
Wrabness
Harwich International
Harwich Town
Dovercourt
Manningtree
Holland and Denmark
Walton-on-the-Naze
Frinton-on-Sea
Clacton-on-Sea
COLCHESTER
Sudbury
Bures
Chappel & Wakes Colne
Marks Tey
Colchester Town
Hythe
Alresford
Wivenhoe
Weeley
Great Bentley
Kirby Cross
Thorpe-le-Soken
Kelvedon
Witham
Braintree
Braintree Freeport
Cressing
White Notley
Harlow Town
Roydon
Hatfield Peverel
CHELMSFORD
Ingatestone
Billericay
Wickford
Shenfield
Brentwood
Harold Wood
Romford
Stratford
Burnham-on-Crouch
Southminster
Althorne
North Fambridge
South Woodham Ferrers
Battlesbridge
Rayleigh
Hockley
Rochford
Prittlewell
SOUTHEND Central
SOUTHEND East
Thorpe Bay
c2c
Shoeburyness
Westcliff
Leigh-on-Sea
Pitsea
Benfleet
Chalkwell
Stanford-le-Hope
Basildon
Laindon
Ockendon
Upminster
Rainham
Purfleet
Grays
Chafford Hundred
Tilbury Town
East Tilbury
Tilbury Riverside
Greenhithe for Bluewater
Northfleet
Gravesend
Swanscombe
Stone Crossing
Dartford
Barking
Fenchurch Street
Blackfriars
City Thameslink
Farringdon
King's Cross
St. Pancras International
Euston
Marylebone
Paddington
LONDON
For full details within this area see London Connections map
Victoria
Waterloo
Charing Cross
Cannon Street
London Bridge
Kensington Olympia
Heathrow Airport
Ealing Broadway
Slough
Burnham
Taplow
Maidenhead
Twyford
Reading West
READING
Earley
Winnersh Triangle
Winnersh
Wokingham
Crowthorne
Sandhurst
Blackwater
Farnborough North
Bracknell
Martins Heron
Sunningdale
Ascot
Longcross
Bagshot
Camberley
Frimley
Farnborough (Main)
North Camp
Ash Vale
Brookwood
ALDERSHOT
Ash
Farnham
Bentley
Alton
Wanborough
Guildford
Worplesdon
Clandon
London Road
Horsley
Boxhill & Westhumble
Dorking
Redhill
Reigate
Betchworth
Gatwick Airport
Shalford
Chilworth
Gomshall
Dorking
Dorking West (Deepdene)
Farncombe
Godalming
Milford
Witley
Haslemere
Liphook
Petersfield
Rowlands Castle
Horsham
Christ's Hospital
Billingshurst
Pulborough
Amberley
Arundel
Littlehaven
Ifield
Crawley
Three Bridges
Balcombe
Haywards Heath
Wivelsfield
Burgess Hill
Hassocks
Preston Park
Plumpton
Cooksbridge
Lewes
Falmer
Glynde
Berwick
Polegate
Southease
Newhaven Town
Newhaven Harbour
Bishopstone
Seaford
London Road
Moulsecoomb
BRIGHTON
Hampden Park
EASTBOURNE
Ore
Three Oaks
Winchelsea
Doleham
Rye
Appledore
Ham Street
Ashford International
ASHFORD INTERNATIONAL
Wye
Chilham
Chartham
Bekesbourne
Adisham
Aylesham
Snowdown
Shepherds Well
Kearsney
Martin Mill
DOVER PRIORY
Dover Eastern Docks
France
Folkestone West
FOLKESTONE CENTRAL
Westenhanger
Sandling
Harrietsham
Lenham
Charing
Pluckley
Headcorn
Mardon
Paddock Wood
Staplehurst
TONBRIDGE
Penshurst
Leigh
High Brooms
Tunbridge Wells
Edenbridge
Edenbridge Town
Lingfield
Dormans
Hever
Cowden
Ashurst
Eridge
Crowborough
Buxted
Uckfield
East Grinstead
Kingscote
Horsted Keynes
Sheffield Park
Bluebell Railway
SOUTHERN
SOUTHEASTERN
Godstone
Nutfield
Redhill
Merstham
Coulsdon South
Upper Warlingham
Sevenoaks
Woldingham
Oxted
Hurst Green
Edenbridge
Leigh
Penshurst
Tonbridge
Paddock Wood
Mardon
Headcorn
Pluckley
Staplehurst
Maidstone Barracks
Maidstone West
East Farleigh
Yalding
Beltring
MAIDSTONE EAST
Bearsted
Hollingbourne
Harrietsham
Lenham
Charing
Wye
ASHFORD INTERNATIONAL
Hythe
Appledore
Rye
Winchelsea
Doleham
Three Oaks
Ore
HASTINGS
St. Leonards Warrior Square
Bexhill
Collington
Cooden Beach
Normans Bay
Pevensey Bay
Pevensey & Westham
Hampden Park
EASTBOURNE
Sheerness-on-Sea
Queenborough
Swale
Kemsley
Sittingbourne
Teynham
Faversham
Whitstable
Herne Bay
Chestfield & Swalecliffe
Birchington-on-Sea
Westgate-on-Sea
MARGATE
Broadstairs
Dumpton Park
RAMSGATE
Sandwich
Deal
Walmer
CANTERBURY WEST
Sturry
Minster
Canterbury East
Selling
Chartham
Chiltern Railways
Great Missenden
Wendover
Stoke Mandeville
AYLESBURY
Little Kimble
Monks Risborough
Princes Risborough
Saunderton
High Wycombe
Amersham
Harrow-on-the-Hill
Bicester North
Bicester Town
Islip
Oxford
Heyford
Tackley
Hanborough
Combe
Finstock
Charlbury
Ascott-under-Wychwood
Shipton
Kingham
Moreton in-Marsh
Honeybourne
Evesham
Pershore
Worcester Foregate Street
WORCESTER SHRUB HILL
Great Malvern and Hereford
Cheltenham, Gloucester, Bath Bristol and South Wales
SWINDON
Radley
Culham
Appleford
Didcot Parkway
Cholsey
Goring & Streatley
Pangbourne
Tilehurst
Haddenham & Thame Parkway
Henley-on-Thames
Shiplake
Wargrave
Marlow
Bourne End
Cookham
Furze Platt
Maidenhead
Taplow
Burnham
Slough
Ealing Broadway
Heathrow Airport
Kensington Olympia
Victoria
Waterloo
Charing Cross
Cannon Street
London Bridge
Virginia Water
Staines
Richmond
Clapham Junction
Wimbledon
Surbiton
Woking
Effingham Junction
Epsom
Leatherhead
Sutton
Bromley South
Swanley
Orpington
Otford
Kemsing
West Malling
Borough Green & Wrotham
Farningham Road
Meopham
Longfield
Sole Street
Rochester
Gillingham
Newington
Cuxton
CHATHAM
Rainham
Halling
Snodland
New Hythe
Aylesford
Barming
East Malling
Maidstone Barracks
Maidstone West
Yalding
Beltring
Bearsted
Hollingbourne
Harrietsham
Lenham
Charing
Wye
Chilham
Chartham
Canterbury East
Bekesbourne
Adisham
Aylesham
Snowdown
Shepherds Well
Kearsney
Martin Mill
Sandling
Folkestone West
Westenhanger
Sandgate
Folkestone Central
Dover Eastern Docks
France
Channel Islands, France and Spain
Channel Islands
France and Channel Islands
ISLAND LINE
Ryde Pier Head
Ryde Esplanade
Ryde St. John's Road
Isle of Wight Steam Railway
Wootton
Havenstreet
Brading
Sandown
Lake
Shanklin
Smallbrook Junction
STEAM OPERATING DAYS ONLY
PORTSMOUTH & SOUTHSEA
Portsmouth Harbour
Southsea
Hilsea
Fratton
Bognor Regis
Littlehampton
Worthing
Lancing
Shoreham-by-Sea
Southwick
Fishersgate
Portslade
Aldrington
Hove
Preston Park
Burgess Hill
Haywards Heath
Balcombe
Three Bridges
Crawley
Ifield
Littlehaven
Arundel
Amberley
Pulborough
Billingshurst
Christ's Hospital
Horsham
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Petersfield
Liphook
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Merstham
Coulsdon South
Upper Warlingham
Sevenoaks
Woldingham
Oxted
Hurst Green