# LOOK OUT

### THE PARISH MAGAZINE FOR Alphamstone, Lamarsh, Great & Little Henny Middleton, Twinstead and Wickham St Pauls



# May 2020

www.northhinckfordparishes.org.uk

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Please note all copy to be emailed to both of the above by the 10<sup>th</sup> of the Month, thank you



Ray and Frosty are offering a Call & Collect service for your grocery needs.

Phone lines will be open: Wed-Sat, 9am-2pm, with collection available in the shop porch from 10am-2pm, Wed-Sat.

To place an order please call: 01787 269375 or 01787 267977

Home delivery is also available for Wickham St Pauls residents Wednesday to Saturday.

Please note: Payment must be made over the phone and stock may be limited.

01787 267 977 01787 269 375



rayandfrosty@aol.com



### Free information

and a link to the best support. We visit you at home to help with:

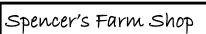
- Health and fitness
- Social groups, Leisure, Learning and Travel
- Personal care and Carer's support •
- Home adaptations and equipment •
- Home security and fire safety
- Housing home and garden services •
- Income entitlement or debt management •
- Volunteer to help others •
- And much more!

Our aim is to keep you safe and healthy.

Your local **Community Agent** is Jayne Laken. You can contact her direct on: 7540 720607 or email her: jayne.laken@caessex.org.uk







Locally sourced fruit and vegetables Home grown apples Our own range of home cooked products

Fresh local meat Fresh local bread

Spencer's Coffee Shop



5

Ereshly ground coffee Homemade cakes

Cream teas

Homemade meals

Sunday roast Free parking

Scribbles from the Rectory.....



Dear Friends,

I am writing this on the Wednesday of Holy Week when we usually come together for the poignant service of Tenebrae (Shadows). We begin our service with a dozen large candles lit on the altar. We have special readings and poems as we reflect on Christ's last week which ended on a cross. We play music written by different composers for Tenebrae services (e.g. Zelenka, Couperin, Gesualdo). Tonight none of us can be in church, a great sadness, so I am listening and watching a very beautiful service from Trinity Episcopal Church, Wall Street, New York recorded in 2016.

We have discovered that Revd. Gill has a natural gift creating worship on YouTube. I am so grateful she has the skills to do this, which I have not. I have been sending out an email letter with a sermon or reflection each Sunday. I am trying to hold a Good Friday Reflective Service using Zoom. We use this too for our Benefice Ministry Team Meetings. I am trying to phone round those who are not on the internet. You will most likely receive this magazine by email.

Since 23<sup>rd</sup> March almost every aspect of our lives has changed. How we shop, what we do with our time, how we work. It all take some adjusting to and we had to do that very rapidly. I was so sorry for the families who were in the middle of planning funerals for their loved ones and everything had to be very different from what they had hoped for. Also for our wedding couples whose planned marriages have had to be postponed after all their planning. Baptisms too have been put on hold. I have been told by Bishop Roger that after I retire I can come back to officiate at various postponed services.

Our Pilgrimage to Launde Abbey has been rearranged for the 11<sup>th</sup> - 14<sup>th</sup> January 2021. Not all of our Pilgrims can make those dates so we do have some rooms vacant. If you would like to come do please contact Fiona Slot, our Administrator to book your place.

In this very strange time for us all I know its very hard. We really want to be able to go to church for solace, to pray in our sacred spaces and we cannot do that. At Easter many people do make a special effort to come to church and our doors are closed. But the church is still at work, still alive, but now in our homes. Although I struggle with it, I am grateful for technology which does allow us so many ways of communicating with each other right now. I am also so grateful for the wonderful weather and it's a joy to see our farmers in the fields, it brings a sense of something normal still going on.



Our garden looks amazing this spring I have never seen our pear tree with so much blossom. A glorious metaphor for resurrection

And now a little poem:Adoration by Kate Mcllhagga (Iona)A familiar figure on a distant shore,<br/>A familiar action at a kitchen table,<br/>A presence in the midst of doubt,<br/>O Risen Christ<br/>You come to surprise us and delight us,<br/>You open wide the door to joy<br/>Hopeful, we worship you;<br/>Hesitant , we adore.

So my prayer is that you will all keep safe, we don't know when this will all end. God bless and protect you all and especially all nurses, doctors and supermarket and shops people who are all doing a wonderful job of being there for us all.

*Margaret,* your Team Rector

### Launde Abbey, Leicestershire

Our 2020 Pilgrimage has been delayed until 11<sup>th</sup> to 14<sup>th</sup> January 2021



The 2020 Pilgrimage has been re-scheduled. Some of the pilgrims booked to go this year are unable to attend on the new dates. Therefore there are now some spaces available.

The cost will be around £280- £300 and all rooms are en suite.

Please contact Fiona Slot, our Team Administrator, if you are interested in joining us.

fi.slot@yahoo.co.uk 278123

#### Our World - Lent Course for 2020

The events that should have taken place in the Lent Course, 'Our World', will hopefully be rescheduled.

Perhaps an Advent Lent Course or even next year!

#### Re the 'Knickers' Request in the April Issue

Unfortunately the following request by Ann Robertson was omitted from the article:-..... " to make it easier for you to get the knickers to Jan, please either drop a pack off on Ann's doorstep (Top Withens, Church Road, WSP), or leave them in the conservatory at the rear of 8 Stone Cottages, Church Street, Great Maplestead. They will get to the refugees when travel restrictions are lifted. Buy your size, but no thongs please. Or contact Jan on jan@janhancock.co.uk or 07901711394 Thank you so much "in anticipation"!!

#### A note from Susannah:

As it may be difficult for you to shop for the Food Bank, and to take items to the collection places, I suggested to one of the organizers that perhaps readers might like to send a cheque instead. The Food Bank can then purchase the goods most needed. If you would like to help, please send a cheque payable to:

Braintree Area Food Bank Ltd, and on the back of the cheque write: Charity No. 1148782. Send it to:-

The Administrator,

Braintree Area Food Bank Ltd.,

Unit 6, Lakes Industrial Park,

Braintree, Essex. CM7 3RU.

If you enclose a covering note, could you add that this cheque is the result of a suggestion in the North Hinckford Look Out magazine. I will let you know later on how much our readers have been able to contribute during this time of such dire need and thank you so much.



Coronavirus Opening Times from 30<sup>th</sup> March 2020 for duration of pandemic period

FOODBANK CENTRE OPENING TIMES & LOCATIONS These times may vary please check <u>www.braintreearea.foodbank.org.uk</u> or call 01376 330694 as we are subject to volunteer availability

		-	
Day	Foodbank Centre	Session Times	Location/Address
Monday	Halstead	10am to	St Andrew's Church Hall
		12noon	(opposite St Andrew's
			Church)
		Not open Bank	Parsonage Street
		<u>Holidays</u>	Halstead CO9 2LD
Tuesday	Christ Church	10am to 12	Christ Church
	Braintree	noon	London Road
			Braintree CM7 2LD
Wednesday	Christ Church	10am to 12	Christ Church
	Braintree	noon	London Road
			Braintree CM7 2LD
Thursday	Christ Church	10am to 12	Christ Church
	Braintree	noon	London Road
			Braintree CM7 2LD
Friday	Witham	10am to	Witham Methodist Church
		12noon	(entrance to the right of
			main (glassed) door
			Guithavon Street
			Witham CM8 1BJ



Braintreearea.foodbank.org.uk



Registered Charity in England & Wales (1148782)



#### Our current shopping list

Due to Coronavirus our opening times and our centres have changed. Please see the attached poster for more information.

Many of our usual donation points are not available. If you would like to make a donation you can call 01376 330694 or donate via the collection bins in the food stores using the list under the donate food page on our website.

#### We currently need

- Sponge puddings
- Tinned Ham
- Tinned Corned Beef
- Tinned Spam
- Tinned Hot Dogs
- Tinned Ravioli
- Tinned Beans with Pork Sausages

- Tinned Macaroni Cheese
- Tinned Spaghetti Bolognese
- Jars of jam
- Can openers
- Baby Food
- Baby Milk
- Strong reusable carrier bags

We ask for small packs as larger packs do not fit in our boxes making it difficult for our clients to carry home. Also, we are unable (for hygiene reasons) to split large size or catering packs.

On behalf of those who visit our centres we thank you again for your support

T: 01376330694 E: <u>info@braintreearea.foodbank.org.uk</u> W: www.braintreearea.foodbank.org.uk/give-help/donate-food

We follow the standards set by the Food Standards Agency. We can only accept donations of unopened and undamaged goods that are still well within their "use by" date (no less than six months if possible). Items which do not meet these requirements cannot be used and your donation may be wasted.

VII Apr20

Her Majesty Queen Elizabeth II addressed the nation on the 6<sup>th</sup> April 2020. In case you were not one of the 24 million that watched or heard this speech, here is the reassuring transcript.

"I am speaking to you at what I know is an increasingly challenging time. A time of disruption in the life of our country: a disruption that has brought grief to some, financial difficulties to many, and enormous changes to the daily lives of us all.

I want to thank everyone on the NHS front line, as well as care workers and those carrying out essential roles, who selflessly continue their day-to-day duties outside the home in support of us all. I am sure the nation will join me in assuring you that what you do is appreciated and every hour of your hard work brings us closer to a return to more normal times.

I also want to thank those of you who are staying at home, thereby helping to protect the vulnerable and sparing many families the pain already felt by those who have lost loved ones. Together we are tackling this disease, and I want to reassure you that if we remain united and resolute, then we will overcome it.

I hope in the years to come everyone will be able to take pride in how they responded to this challenge. And those who come after us will say the Britons of this generation were as strong as any. That the attributes of self-discipline, of quiet good-humoured resolve and of fellow-feeling still characterise this country. The pride in who we are is not a part of our past, it defines our present and our future.

The moments when the United Kingdom has come together to applaud its care and essential workers will be remembered as an expression of our national spirit; and its symbol will be the rainbows drawn by children.

Across the Commonwealth and around the world, we have seen heart-warming stories of people coming together to help others, be it through delivering food parcels and medicines, checking on neighbours, or converting businesses to help the relief effort.

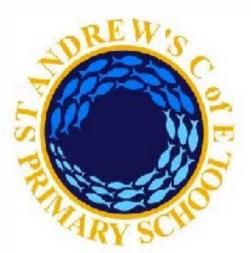
And though self-isolating may at times be hard, many people of all faiths, and of none, are discovering that it presents an opportunity to slow down, pause and reflect, in prayer or meditation.

It reminds me of the very first broadcast I made, in 1940, helped by my sister. We, as children, spoke from here at Windsor to children who had been evacuated from their homes and sent away for their own safety. Today, once again, many will feel a painful sense of separation from their loved ones. But now, as then, we know, deep down, that it is the right thing to do.

While we have faced challenges before, this one is different. This time we join with all nations across the globe in a common endeavour, using the great advances of science and our instinctive compassion to heal. We will succeed - and that success will belong to every one of us.

We should take comfort that while we may have more still to endure, better days will return: we will be with our friends again; we will be with our families again; we will meet again.

But for now, I send my thanks and warmest good wishes to you all".



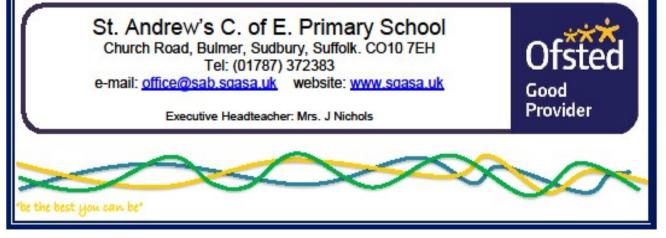
We are a beautifully located rural primary school set on the picturesque border between Suffolk and Essex. Mrs Nichols welcomes you to visit the school as we offer a fantastic learning environment; a calm purposeful atmosphere and children who are focused and really keen to learn.

Ofsted said:

"Relationships are at the heart of this school. Pupils are known individually by all staff and are nurtured, supported and kept safe. Their wellbeing is given a high priority" "The rich curriculum and range of extra-curricular activities provide pupils with a number of artistic and musical opportunities"







# COURTYARD STORES

@ The Courtyard, Pebmarsh CO9 2NU

O1787 389222 Monday – Saturday 7am – 7pm Sunday 8am – 5pm Bread, cakes & filled rolls from Weston's Bakery Fresh local milk from Byham's Dairy Fresh seasonal produce delivered daily Locally farmed Broomhills meat Weekend newspapers

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- \* Dog boarding Home comforts, safe environment, 1:1 interaction, updates and photos can be sent to you.
- \* Basic training and continuation of your training programmes that you have in place
- \* Multiple dog discounts apply.
- \* Fully insured, licensed, canine first aid trained.
- \* Middleton/Sudbury and surrounding areas.
- \* Competitive, affordable rates.
- \* Pet Photography

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Becky Waldron on 07813 130380.

# Alphamstone



Magazine Contact Melinda Varcoe 01787 269570 Mobile 07749 763051 melinda@varcoe.com

May 2020

#### **Alphamstone News**

On the evening of Friday, April 18<sup>th</sup> 1930, as people tuned in to the BBC for their regular 15 minute radio bulletin, they heard an announcement that "today there is no news". The dinner-jacketed announcer then returned the listeners to the Queen's Hall, to continue with a performance of Wagner's opera Parsifal. Can you imagine that? In our world of instant connections and as-it-happens reports from all over the world, there is never a day with no news, and most of it is anything but good.

The situation in which we all find ourselves today is unprecedented, and as a nation we teeter on the brink between hysteria and dismay a lot of the time. Some might feel there is *too much* relentless news! How important it is, therefore, to celebrate the other side of things – the selfless dedication of the NHS professionals from carers to consultants; the resourcefulness of parents keeping their children safe and happy despite their own fears; the small acts of kindness shown each day by neighbours and community workers . . . here in the village, and all around the country, there are similar stories.

Villager, Rosemary Ingram, wrote to me: "I want to commend the kind and generous spirit of Alphamstone people. To have all these people offer to do shopping, collect prescriptions etc. has really been appreciated, and we would like them to be acknowledged. And when taking our daily exercise if we meet anyone else, the cheerful wave from the other side of the road and a bright 'Hello' is so welcome. Although it's a scattered village there has been "Clapping for Carers"; Pebmarsh Road has some stalwarts and we could hear more coming from Goulds Road area. We clap for Alphamstone's police workers amongst others. We are most fortunate to live where we do and I would like to think that no one feels isolated." Hear, hear, Rosemary!

Our daughter, Flora, has given her children two jars into which they can a) pop notes of things they are looking forward to doing once they are free again and b) ideas for things they'd like to do now while at home. And both jars are filling up nicely – once they thought about it they discovered there are lots of great things to do at home, especially in the lovely weather we've had. Quite a good way of focussing on the positive, I'm going to try it too! When we're out the other side of this frightening, surreal time the village will quietly pick up the threads of life as it has always been led here - the joy of being with family, the church always open to all, the village hall social events once again central to the community, even the pressure (and fun!) of coming up with fundraising ideas. The fête will happen again! We will be able to hug our friends and buy flour! All the things that make up our daily round, so ordinary, almost taken for granted, yet so precious.

For now there is unlikely to be a day with no news, but just maybe the news will slowly begin to have a few rays of sunshine behind it – and meanwhile, to borrow Churchill's phrase, we just have to KBO!!

And as for 18<sup>th</sup> April this year – well, as that is my 70<sup>th</sup> birthday I certainly feel there is world-class news to be reported . . .

#### St. Barnabas - Extraordinary times

#### (Desmond Bridge writes)

I have just read through the piece I have written below and fear that I can only describe it as a rather disjointed ramble, but please bear with me – sadly, most of you have time on your hands.

In 1989, when I was first elected as a churchwarden alongside Eddie Tuffin, whose connection to the church went back to times I had only heard about in stories, it was a fairly straightforward task.

Alphamstone was part of the benefice with Lamarsh and Pebmarsh, ministered over by a Rector who lived in this parish. He did all the necessary paperwork and much of the laying up of the altar, etc, prior to services. Over the years much has changed with the benefice now being five times the size it was and the volume of red tape growing – health and safety, risk management, fire risk assessment, et al. These things were all covered before, but on a common sense level.

The result of these changes has been to put an enormous strain on our clergy and an extra workload on wardens throughout the benefice. From a warden's perspective, this has meant that too much of our time is spent worrying about the building. Don't get me wrong - St. Barnabas is very much a building worth fighting for. It is steeped in history and prayer and almost everyone in our parish has a direct connection to it. Our regular congregants, those who come to offer their own silent prayers, and all of you who have had the opportunity to celebrate at a wedding (whether as a lead player, a member of the congregation or as a reveller at one of the legendary gawper's parties), or as someone who has come to show your respect and celebrate a life at a funeral, are part of that history.

The one thing I knew would not happen during my tenure was to be required by the "Church Authorities" to lock the doors at the very time when they most needed to be open. How wrong I was. As I was already in isolation my fellow warden, Susan, was the one who had to make that step of locking the door and making the lonely walk back home.

I have always considered myself a "cup half full" sort of person and now, ghastly as everything is, I have not changed my way of thinking. From a church perspective, not just here, but throughout the country (and indeed, the world) we have had to stop thinking of the building as the be-all and end-all of church life. We have had to go back to basics and do more of what was asked of us.

As a church people have found different ways to worship – there have been professionally filmed services led by Bishops and there have been (I'm certain I will be forgiven for saying it) slightly wobbly camerashot services led by local clergy for their own parishioners. All of these have been equally valuable in their own different ways. I considered myself very privileged to have been part of a Good Friday Liturgy on Zoom led by Revd. Margaret – another phrase I could not have believed I would ever say!

As a general population more striking than anything, however, is the good that this dreadful virus has brought out in so many people. There is a widespread and growing feeling that the right thing to do is to help those in need. Whether a Christian, of any religion, or of none, the Golden Rule holds true. "Do unto others as you would wish them to do to you". Let us pray that this is re-enforced as the lasting legacy of the pandemic, making the world a much better place. VE Day - May 8<sup>th</sup>

This month sees the 75<sup>th</sup> anniversary of VE Day – and the village would have been celebrating in its usual openhearted way, had we not been in lockdown. Most men in wartime Alphamstone were engaged in one of the most important jobs of all – farming the fields, crops and livestock and producing the food everyone needed. For example, Richard Parker's father was a cowman, Eddie Tuffin was a shepherd, and Wally Twinn (Ben's grandad) farmed the same land Rex farmed, and Ben still farms today. I'm sure some of you have dim childhood memories of that time and the celebration and relief when the war was finally over. Let's hope that before too long we can celebrate properly - meanwhile we remember with gratitude all who served in every way during that time of crisis.

#### A lovely note to end on, courtesy of Robert Erith

About 11 o' clock last night (April 11<sup>th</sup>) I went out into the garden. There was not a breath of wind. The silence was incredible. No aeroplanes. A very distant car could be heard for a moment, probably in Sudbury. A dog barked in Henny and I heard a muntjac somewhere about Daws Hall. Otherwise nothing.

Then suddenly not one but two nightingales began to sing. I was astonished and delighted. I have never heard them so early in the year, as they normally arrive on about 21<sup>st</sup> April, if we hear them at all. These two were in Longspring's Wood, one probably on the blackthorn scrub near the public footpath that goes to Alphamstone church and the other nearer Lamarsh village.

Both birds seemed to be "tuning up" as opposed to the full-throated rich song of which they are capable, but there was no doubting what they were. Sara and I stood on the balcony and the warbling went on. I wonder if anyone else has heard them? If not, listen out.

Such a privilege to hear these now rare birds and a joy at Easter.





#### **FIND US**

The Henny Swan, Henny Street, Great Henny, Sudbury, CO10 7LS

Restaurant Hours (Seating times)

Tuesday to Friday 12:00 to 3:00 & 5:00 to 9:00

Saturday 12:00 to 9:00 Sunday 12:00 to 6:00 **CONTACT US** 01787 267 953 mail@thehennyswan.co.uk

Snack Menu Available

Monday to Thursday 12:00 to 3:00 & 5:00 to 9:00 Friday 12:00 to 3:00 & 5:00 to 9:30 Saturday 12:00 to 9:30 Sunday 12:00 to 6:00

#### GOOD TO KNOW

Dogs are welcome in the bar and lounge area. Children are welcome in the restaurant until 8:00pm.

For visitors with mobility issues, there is flat access to the front door and the bar and a fully accessible toilet. There is one small step between the bar and restaurant, which we have a ramp for if needed.

# **Great & Little Henny**

May 2020



Magazine Contact Stella Bixley 269317

"Henny Ladies" - meetings have ceased for the time being. We look forward to when we can resume getting together for our enjoyable monthly meetings.

#### Henny Parish Room News

Address: Henny Parish Room, Clay Hill, Great Henny. CO10 7NL Registered charity no. 301315 **Tickets or information: Stella 269317 or Karen 269814 Also see our Facebook page** - https://www.facebook.com/pages/Henny-Parish-Room/788850521144073

#### Henny e.newsletter -

Contact <u>hennynewsletter@gmail.com</u> to subscribe to receiving regular village updates during this time via the Henny Newsletter.

Please do let us know if you need shopping or medication collecting so we can ask someone to do that for you. Henny residents are always kind and generous and in these uncertain times we need to help and support each other as much as possible. Email hennynewsletter@gmail.com or mandgking39@hotmail.com or phone 269507 if you need assistance.



Need a Venue?

Following extensive refurbishment Henny Parish Room is available to hire for private functions and meetings.

Capacity 50. The charge is £8.00 per hour inclusive of electricity (minimum £25.00).

# Shopping online?

Shop online via Easy Fundraising and you can raise funds for **Henny Parish Room** at no cost to yourself.

Just go to www.easyfundraising.org.uk

Search in "Find the cause you want to help" located at the bottom of the page for **Henny Parish Room** and then there are clear instructions to follow from that point explaining how to proceed.

When shopping online please do consider signing up and help support **Henny Parish Room**. It really is very easy!

Henny Barn Dance

Regrettably we have cancelled the Henny Barn Dance which was to be held on the 4<sup>th</sup> July. We will rearrange!

The Henny Fete, Saturday 18<sup>th</sup> July

At present we are hoping that the fete and duck race will still go ahead as planned on 18<sup>th</sup> July, however this obviously will depend upon future advice from H.M. Government. We will publish further information in the June edition of Look Out. Until then we hope everyone is keeping safe and well.

How can you help?

We would welcome donations of jams, chutneys, plants for the produce stall.

For more information contact: Valerie Milbank Tel. 01787 269720 07831 861 318

Sincere thanks to our local farmers:

Due to the great pressure on food supplies at our supermarkets and elsewhere we should be so thankful for the UK farmers who produce much of what we expect to find on the shelves.

I know of one farm in Henny where 200 tonnes of wheat left the farm in one week, all destined to be milled into flour. This has been replicated on many other farms in our local villages and beyond.

As many more people are now taking to our local footpaths for exercise, often accompanied by their dog(s), please follow The Countryside Code and keep your dogs on leads around farm animals and horses. This is a growing concern for livestock farmers across the country.

https://www.gov.uk/government/publications/the-countryside-code/the-countryside-code

Henny Parish Room Lottery			
1 <sup>st</sup> prize - £35, 2 <sup>nd</sup> prize - £20, 3 <sup>rd</sup> prize £15			
Results of the April 2020 Henny Parish Room Lottery Draw			
1 <sup>st</sup> prize - 29 2 <sup>nd</sup> prize - 6	66 3 <sup>rc</sup>	<sup>d</sup> prize - 155	
The Henny Parish Room Lottery raises vital funds to maintain Henny Parish Room for our community.			
Tickets are just £1.00 each and you can hold as many as you like.			
If you would like to join the Henny Parish Ro phone or speak to a committee member and		<b>, ,</b> , ,	
	or ring or	07939 243 631 01787 269 595	
In aid of Henny Parish Room funds			

#### Garden Clippings

The sky is virtually cloud free and the sun is shining, what a fabulous spring day! Herbaceous perennials are stirring in the borders and tentatively starting to make an appearance. Overnight frosts are still occurring though. The white, delicate flowers on our magnolia Stellata, which looked spectacular, were transformed overnight from a pristine white to a withered brown by a particularly harsh frost. A common occurrence with this very early flowering magnolia. Some later buds have now opened to replace at least some of the damaged blooms. Covering with a fleece only helps to protect it to limited degree.

The Victoria plum, greengage, Conference pear and damson trees are covered in white, frothy blossom. A weeping pear on the pergola bank, looks particularly impressive and reminds one of a flurry of snowflakes. Behind it, also on the bank, the narcissi are still giving us a splendid display in another area of grass that we leave uncut. We leave small areas uncut in various places around the garden. Beneath the three silver birch trees on the island the cow parsley flowers look particularly impressive later on, in one of these uncut areas.

The weeping willows are now clothed in a vibrant green as the new leaves appear.

A family of ten ducklings were spotted on the back lawn a few days ago. Elsewhere the drakes idle their time away as the ducks sit on nests secreted away around the garden. The drakes have flurries of activity when a duck ventures out of her hiding place and is then pursued by the amorous males who seem to have only one aim in life!

So far we have no swans nesting in the garden. There has been a big change amongst the local swans and more pairs seem to be in the immediate area. There have been occasional battles in the millpond but nothing like those we used to witness when we had a particularly territorial cob in the garden. Perhaps this will be the first year for decades when we will not have a pair nesting here. Time will tell.

We are allowing the grass to grow on our large lawn, just mowing pathways through and along the riverbank. We have several trees planted on this lawn and hopefully it will look attractive with the long grass and wildflowers later in the year. We have not done this before so it will be interesting to see how successful, or otherwise, this will be.

Seed sowing is now beginning. I am probably a touch late with this but I find everything balances out in the end! Luckily I have a bag of commercial compost still in my potting shed for the seed sowing. We dug down into our maturing compost heap and joy of joys we found useable compost there too. The miracle of vegetable peels, grass cuttings, etc. turning into wonderful compost never fails to amaze!

One of the few positives to being in lockdown is the wonderful silence one experiences when walking around the garden. Few aircraft overhead; the occasional car passing along the road and the hourly branch line train rattling through the Stour valley, being the only interruption. One can really appreciate the birdsong, the breeze in the trees, and the sound of the river steadily trickling through the sluice gates and over the weir. The wildlife seems to be appreciating the peace and quiet too. Pairs of Canada geese are coming into the garden on a more regular basis, being quite bold in fact. The river, for the time being at least, retains the quiet of the winter months with river users being very few and far between.

The cattle are back on the water meadow opposite us. It is always a joy to see them reappear. A large Charolais bull accompanies the herd. A delightful sign of spring is the arrival of the calves, scampering around, with not a care in the world. SB



#### Henny Gets Cracking

In 2000 we raised over £50,000 to save the church spire from damage caused by amorous woodpeckers, by replacing the Cedar shingles with Oak and erecting a decoy spire. Now, 20 years later, we have another challenge.

The Vestry and North Chapel are becoming detached from the main building; we have monitored cracks since 2005, but now they are severe, and underpinning is required.

The east wall was underpinned down to a reasonable depth in the 1990's, but these works did not include the Vestry or North Chapel.



Since 2005 cracks have developed where these rooms join the main church structure. Lately further cracking in the North and South walls suggests that there are ongoing foundation issues related to the sub-soils.

The nature of the cracking and movement suggests that the east end may have dropped or subsided slightly, and with it some rotation outwards has occurred.

This has not been caused by burrowing of moles or badgers but is possibly attributed to the last two dry summers, probably related to climate change.

Our Engineer reports that he has visited 50-60 churches in the region which have suffered movement to various degrees. He is finding that the desiccation, in the mainly clay sub-soils, extend more deeply than previously found.



Our Architect has prepared a specification for the underpinning of the Vestry and North Chapel, together with high level tie rods to stabilise the East Wall, and the cost of these works will be in the region of **£50,000**.

The Friends of St Mary's (Registered Charity No. 1007732) can currently contribute about £10,000, and two grants (£3,500 - The Headley Trust, and £5,000 - Garfield Weston Foundation,) have been received. Other grant giving bodies are being approached, but many will not consider contributing until at least 50% of the funding is in place.

Contributions to this project will help restore and preserve the fabric of St Mary's church Great Henny, for each successive generation of Great Henny villagers.

If you would like to donate to the Friends of St Mary's, please contact Jeremy Milbank, Chairman of the Friends of St Mary's. (Jeremy.milbank@btinternet.com)

or donate via the Just giving website: https://www.justgiving.com/campaign/stmarysgreathenny

Note: Donating through Gift Aid means charities can claim an extra 25p for every £1 you give. It will not cost you any extra.

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All enquiries to Fiona Adedoton on 01787 228707 or https://www.lamarshvillagehall.com/contact

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> > Contact Stella Bixley 269317

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# Lamarsh

May 2020

Lamarsh Notebook

Lamarsh Village Hall

Welcome

and sent to:

Belatedly - to James and Lauren and Emily who have moved into Peartree Cottage. We hope they will be very happy here.

Lamarsh Village Defibrillator Update

We have got about £60 in the kitty for expenses, accumulated from the continued donations put in the collecting box in the Lamarsh Lion – thank you all. An expense coming up soon is the annual fee of £100, due in June, for the VETS (Volunteer Emergency Telephone System). Since the Lion is not open (except for the excellent take-away service being offered) for the foreseeable future, we do need to find the shortfall of £40 by some other route. Looking ahead, we shall need to find this sum every June, and, in addition, in June 2022 we will be due to pay the *Annual Support Package* fee, currently £126, and paid for, up to and including 2021, by the Lottery funding obtained by the Parish Council.

Any donations to our fund for these ongoing costs will be most welcome. They can be paid:

By cheque to: The Community Heartbeat Trust

Helen Morgan Orchard House Alphamstone Road Lamarsh CO8 5ES

Or by BACs to **The Community Heartbeat Trust** – project reference LAM004 (very important to put this in).

 Sort Code
 20-63-66

 Account Number
 33949745

If possible, it would be very helpful if you could let me know that you are sending a BACS payment, so that I can make sure it appears on our statement.

Tel: 01787 227404 Email hjmorgan@svw.org.uk

Thank you all for your support of this village facility.



Wiagazine Contact Bret & Rosemary Johnson 227988 bretuk89@yahoo.co.uk

Helen Morgan

An excerpt from Mrs Beeton's 'Household Management', published in 1907, shared with us by Fiona Adedotun.

TIME. - 52 COST, 15. 3d. to 15. 10d. SUFFICIENT for 4 persons. el. I OZ. dessertparsley, COW-HEEL SOUP. INGREDIENTS.-I cow-heel, pints of water, I onion, I carrot, eel, put I strip of celery, I tablespoonful rith cold of sago or crushed tapioca, chopped 2 OF 3 butter parsley, lemon-juice, salt, pepper, them 3 of a grated nutmeg. METHOD.-Clean and scald one ich the cow-heel, divide into 4 parts, and til boilput them in a stewpan with the inutes. alt and cold water. Add a good pinch of iciently salt, boil up, skim, and add soup, arrange vegetables (onion, carrot, and celery). Let these simmer gently for ot dish 3 hours or longer, then strain and VERAGE season. Remove some of the meat for 4 from the bones and cut it into very small pieces; put these with the broth, let it boil, and stir in a tablespoonful of sago or crushed tapioca. Boil for another 25 l, I teaminutes, then serve, adding parsley, a little chopped parsley and lemonmon, I juice just before sending it to tspoontable. This soup, when well made, nful of is considered very delicious as pepper, well as nourishing. TIME.-3 to 4 hours. AVERAGE w-heel. COST, 18. 9d. SUFFICIENT for 4 ock or

persons. SEASONABLE at any time. until

#### A Hairy Experience

The coronavirus pandemic affects us all in different ways. I had just begun to feel the waves of disapproval regarding the length of my hair when, being in an "at risk" group, a visit to see my barber became just one more thing to be cancelled. Sorry about that Joe – I do hope you can survive somehow.

So, the deteriorating follicle situation required an immediate military-style response. A quick visit to e-Bay produced a rather fearsome electric hair clipper in no time – for those that remember it, resembling a domestic version of the petrol-driven Allen Scythe. So, the stage was set for The Great Hair Challenge. Meanwhile, our daughter helpfully sent a most disconcerting photo of her hair cutting efforts on her fiancé – best described as the polished egg effect. Whether their relationship has survived the onslaught has yet to be revealed.

So, one morning, after a lengthy period of training on imaginary patients (she regards this as a medical procedure), my wife got to work in her new role as barber. Gradually the precious locks accumulated on the kitchen floor and a rather "airy" feeling took over up above, all accompanied by a lot of buzzing and rather worrying muttering. As the operation progressed, Helen undoubtedly warmed to the Challenge. (She had been wanting to do this for years I now suspect). But I had little idea how the new style was developing, as our barbering facilities don't include one of those big mirrors where the patient can guide what's going on.

The operation over, the final effect was perhaps not quite as Joe would have done it, but very passable none the less - perhaps best described as a modified rather worn-out mop. Nevertheless, I am rather grateful that an appearance in public seems unlikely to be required for quite some time yet – in fact, probably not for several haircuts into the future. How is everyone else managing I wonder?

#### Musings of a Local

#### Janet Penfold

On Thursday 19<sup>th</sup> March, the Dav Lav was returned to the end of our drive, where it began its journey six weeks ago. Did this mean we were nearing the end of the marathon Drainage Improvement in the lane? How could such a small lane become the centre of such an engineering feat? I longed for all the heavy equipment leaning against my wild-life bank to be gone. The very next day a massive lorry drew up, and the offending pieces were lifted onto it by a crane, to be removed to whence they came.

Entwined in all these improvements, we, the golden-oldies, are self-isolating. Doting children wearing rubber gloves arrive with the groceries. Never before have we purchased chocolate bars, ice creams on a stick, or fish-cakes! I love it. To add to the dilemma, our landline gave up the ghost for several days, but was fixed by the British Telecom using remote control. An engineer rang to say all was well. We still function and remain positive. I spend every day in the garden. It should be weed-free this year! How fortunate we are to live in such a beautiful place, among neighbours who offer us valuable support. My thoughts are with those who are ill, or are now recovering, and with all the doctors, nurses and carers.

Sad, sad, we cannot sing together, and only walk alone. On my daily walk I sometimes meet a neighbour, or a passing stranger. We exchange greetings and pass on - always on the other side.

Litter, dare I mention it, is in decline, due, I am sure, to the lack of travel. When this crisis is over we could achieve a litter-free environment.

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# Middleton

May 2020



Magazine Contact Jude Johnson 582 559 judevh11@hotmail.co.uk

#### From the Churchwarden's Pew

This is a strange period we are living through which has affected so many of the things we take for granted about the life of the church. Like those in the rest of Essex our church is closed but activities continue albeit in isolation. The churchyard tidy up has been morphed into a list of tasks for individuals to choose from and complete whilst maintaining social distancing. Thank you to those of you who have been carrying out these important maintenance jobs to keep the church and its immediate surroundings in good order.

Some sad news to report about a long time Middleton resident, Marjorie Wright, who died on 11<sup>th</sup> March 2020. She was well known in the area and in farming circles. Her open-air funeral service took place on 26 March in the churchyard surrounded by her close family with bird song, sunshine and the distant sound of tractors working in the field. It was a fitting farewell for a farmer's wife. Our thoughts and prayers are with her husband Brian and the rest of the family.

As many of you will have read in the local papers there is extra demand on foodbanks in the current situation but the collection point in the church has had to be suspended so please use the collection points that are open in Waitrose, Sainsbury and Storehouse in Tudor Road. As shopping still has some restrictions you may wish to donate money instead. The foodbank's website

#### stourvalleyvineyard.org/storehouse

contains information on how to do this.

Once the church is allowed to be open then it will be used as a collection point again.

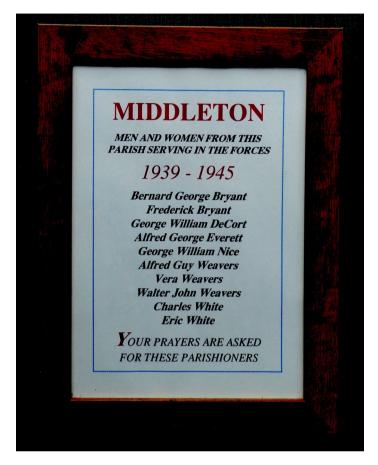
Let's hope next month's Look Out contribution is written in less challenging times.

75 years ago there were street parties and celebrations as the country celebrated V.E. Day.

Many people cried, many danced, some sat quietly. It was a lot to take in. Although the war was not over it was felt that victory was in sight.

Middleton was known as a lucky village as all who fought, returned home.

The following villagers were prepared to lay down their lives for us and at this time it is right that we remember and honour them.



Sadly today we are again at war. This time against an unseen silent enemy that has crept amongst us. This time our soldiers do not carry rifles but oxygen masks. This very different army is also prepared to lay down their lives for us and we thank and honour all those who are caring for our sick and vulnerable whether it be in a hospital, a care home or in our community. We also thank those who are helping us continue our daily life be they a delivery driver, shelf stacker in the supermarket or the person who keeps our light on. All play their part.

Let us hope that Middleton will continue to be a Lucky Village and that we will soon be celebrating the defeat of this new enemy.

On a lighter note – should there be a Ladies Circle meeting in May, it will be on Tuesday 12<sup>th</sup> at 2:00 pm. If possible the June meeting will be on 9<sup>th</sup> at 2:00 pm in the Church. Not sure if by then it will be tea and biscuits or a glass of wine (or two) and a knees up!

I understand at least one lady remembered and enjoyed the Cheese Pudding recipe of last month. Has anyone tried the silver-cleaning tip yet? Just to keep you busy here is another household tip. Paintwork soon becomes grimy-looking in foggy winter months and too much washing is apt to spoil the surface and gradually wear it away. (I'm sure we all agree with that ladies). A good way to clean it without water is to mix equal quantities of vinegar and paraffin in a bottle. Shake well, and apply with a soft rag, afterwards polishing with a dry cloth. Well, thank you Mrs. Minden, if only the paraffin shop was open .....

And finally . . . . .

Now that Spring has sprung and the weather is being kind (currently) here's a lighthearted quiz to test your knowledge of plants and to keep boredom at bay while we are 'self isolating'! As with most gardens there's a bit of a mixture:

flowers, vegetables, herbs - maybe even the odd tree - and just the popular names will suffice. Answers will be given in next month's Look Out.

This is always the best policy
Don't fiddle with these
Long eared ringer
Part of a young horse
Citrus flower from Chihuahua
In part, this tradesman's got a bit of a back problem
Dick Grayson's looking a bit frayed
A black bird that swears
A new one sweeps clean
This tree's crazy about bricks and mortar
Card game that'll leave you sore
Avalanche
You'll need the man from No.6 to fix this!
A brand of soft cheese
Sybil's other half
These poor ladies don't have dancing partners
In Greek Mythology, she was messenger to the gods
Springing up in Belgium
Did this instrument of punishment come from an American State?
Wise man's stamp
Preserve to feed a baby
Demure ranks
Where Felix coins his money
Oriental sea creature
This youth fell in love with his own reflection



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ALSO AT BRAINTREE & HAVERHILL

# Twinstead

May 2020



Magazine Contact Cathy Redgrove 269097 cathy.redgrove@btinternet.com

Twinstead Village Improvement Society

The A.G. M. of the Society due in April has been cancelled until further notice because of the Corona Virus emergency, and also the committee have decided to defer all monthly draws of the village lottery until the crisis is over so no collections will be made, thus avoiding personal contact. For those of you who are in credit, the committee assure you your money is safe. When the crisis is over we will make the backlog of all the monthly draws that were missed on the first available Friday that it is safe to do so. This means that there could be at least three to four draws in one go, therefore there will still be the same number of draws annually. Collections will commence again as normal. The committee take this opportunity to wish all our players well during the crisis. Mary, Carol, Sandra & Brian

#### Twinstead Village Hall Management Committee

Since the special meeting on the 11<sup>th</sup> March 2020 the Trustees of the Village Hall have decided, as a result of the Corona Crisis, that the Village Hall will be closed until further notice. This does not mean that all the matters raised at the special meeting will not be undertaken, but they will be researched and when possible the results will be considered at the A.G.M. Those eight people who showed interest in becoming Committee Members and organising new events or helping will be co-opted on to the committee at the A.G.M. in November, if still interested. Thank you all for your support and stay safe. The Committee

#### **Twinstead AED**

The Defib unit was out of action for a couple of days as it developed a fault.

Fortunately Tracey (Evans) was on hand to sort it out, as it was still under the five year guarantee. A new one was sent. New batteries have been purchased out of the fund and a new fixing kit. John (Evans) has kindly offered to repair the cabinet as it is not as sealed as it should be with insects etc. managing to get into the cabinet.

I (Chris) want to personally thank Tracey for looking after the unit with regular checks and visits on our behalf.

Just to recap:

Defibrillator is located outside the village hall

This can be used by everyone

Please make sure you telephone 999 before doing anything else

If you would like to help or contribute in any shape or form please either telephone Jane on

01787 269391

Or email cweston58@outlook.com

please could you head it Twinstead Defibrillator.

#### Coronavirus

I do hope everyone is staying well. The countryside is looking so beautiful at the moment with Spring here. We are so lucky to live in such a lovely place and with all the blossom and spring flowers coming to life it gives us hope for better times ahead.

During this terrible time please do contact Henrietta Drake

henriettadrake@hotmail.com

if anyone needs any help with shopping etc. It is so important that we all look after our neighbours and check that they are OK as some people do not have computers and so do not have information coming from me, our Twinstead Facebook site or any other media sites.

Many thanks to all those in the village who have offered to volunteer - it is wonderful how we come together in tough times.

Here is a poem written in 2020 by Kitty O'Meara

"And people stayed at home And read books And listened And they rested And did exercises And made art and played And learned new ways of being And stopped and listened More deeply Someone meditated, someone prayed Someone met their shadow And people began to think differently And people healed. And in the absence of people who Lived in ignorant ways Dangerous, meaningless and heartless, The earth also began to heal And when the danger ended and People found themselves They grieved for the dead And made new choices And dreamed of new visions And created new ways of living And completely healed the earth Just as they were healed"

### MATHS AND ENGLISH TUITION





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# THE VICTORY

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Chicken Liver Paté served with toast and salad garnish except tread	£7.95
Creamy Garlic Mushrooms with Blackstick's blue cheese ask for no breadorumbs for Gluten Pree	£7.95
Smoked Mackerel Terrine served with dressed leaves and hot toast @ most bread	£7.95

#### The Main Event...

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Roast Rump of Lamb, bubble & squeak, celeriac puree and a mint & redcurrant gravy O £16.95
Grilled Sea Bass Fillets with lime and prawn butter and new potatoes @
The Famous Victory Inn Steak & Ale Pudding with creamed potato and fresh vegetables £14.95
Aubergine, Courgette and Fennel Parmigiana with a crisp herb salad & skinny fries @
Chef's Special – stir fried strips of steak with red onions, chilli and garlic served on a bed of hand-cut chips O£15.95
Pan Fried Lamb's Liver with bubble & squeak, pancetta crisps & a red onion & Merlot jus 0 £14.95
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Don't forget to check out the specials board!!! Desserts: See Sweets Board

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## Wickham St Pauls



Village Contact Susannah Goodbody

Village Hall Chairman: Village Hall Bookings: W.I. Contact: Parish Clerk: 269250 gdby@goodb⇒vs.net Martin Cooper 269236 Sandra O'Sullivan 269255 Pam Nuttall 267854 Diane Jacob 07907 631172

May 2020

Who would have dreamed that we could not have had any services for

Good Friday or Easter Sunday in church. As I write this mid April, I do hope that you all are staying as safe as you can and are able to look at the situation positively – that you are able to enjoy the weather and countryside, and that your family and friends are staying as safe as circumstances allow. I am so grateful for all the shopping and errands that are happening for us and that we are experiencing this dreadfully worrying time in the Spring, and not November!

I have asked our usual contributors to the magazine if they could offer some other form of entertainment or thought, so here goes after the 'business' part of the magazine.

### Church Services for May

Very sadly all services are cancelled until further notice.

Post Office & LibraryPost Office:Monday, Tuesday, Thursday9:00 am - 1:00 pm in the Village HallMobile Library:all Essex mobile libraries will be closed until further notice

Looking Forward - in the hope it can take place!

July 10<sup>th</sup> Evening concert in the church

Wickham W.I.

How about coming and joining us when life starts again? Monthly meetings take place on the second Tuesday of every month in the Village Hall at 7:30 pm, except in August and December.

We have a number of interesting speakers booked including:

July 14<sup>th</sup> Rose Twiddel, "The History of Nursery Rhymes"

September 9<sup>th</sup> Peter Regelous, a musician and entertainer who is speaking about "A Life on the Road" October 13<sup>th</sup> Dorothy O'Grady is demonstring "Ways with Wrapping"

November 10<sup>th</sup> Malcolm Crowe will be demonstrating "The Making of Wooden Toys"

First three visits are free and after that you can join, should you wish to do so, for an annual subscription.Our Motto for 2020 to 2021 seems pretty relevant at the moment: Life is not about waiting for the stormto pass. It's about learning to dance in the rain.Pam NuttallPresident

## Looking Back

## **Church Services**

Owing to Coronavirus, there will be no planned church services until further notice,. Funerals will be for family members only.

Please look at the Church of England website for further information.

### Wickham Lottery

Congratulations and a cheque for £25 goes to Phil Jeggo who is the holder of No. 25, which is the winning bonus ball for the April draw.

I would like to say thank you and good luck to everyone who has now given me their money for this year's lottery.

## This and That

## **Shopping Online**

As we are being asked to stay at home as much as possible, many of you will be shopping online. Can I ask that you consider downloading the Easyfundraising App and then where it asks which charity you wish to support please select "All Saints Church, Wickham St Pauls". When you shop via Easyfundraising it costs you nothing, but will raise funds for our church from retailers. Retailers include Amazon, Ebay, John Lewis, Waitrose, Tesco, Sainsbury as well as a number of Insurance and Utility Companies.

We are so grateful to everyone who responded to our appeal last year and that has really helped with finances to keep the church running, however the rest of the money we need to run the church each year comes from services and fundraising events which will not now be taking place. Easyfundraising is an easy way for you to help without having to ask you for money.

## Parish Council News

Our 24<sup>th</sup> March meeting was cancelled owing to the Coronavirus, however all the agenda items were discussed via emails and here is a brief summary.

Full minutes are posted on notice boards and on the website, but if you would like a hard copy, (also available in large print or Braille), please let our Clerk know:

Mrs. Diane Jacob tel: 07907 631172 e-mail: wickhamstpauls@hotmail.com

#### **New Councillor**

We are pleased that Angela Johnstone has rejoined us as a Parish Councillor and that we now have a full complement of Councillors. Welcome back Angela.

## Village Pump

The pump has now been painted and is ready to be fixed to the base. It will not be fully functional owing to the very high cost of removing the debris from the well.

## Tree Planting on the Village Green

Still planned to go ahead in May, subject to Covid19 restrictions.

#### V.E. Day Celebrations

This has now been cancelled, another casualty of the virus, but maybe we can celebrate this in August jointly with V.J. Day.

### Footpath - Nature Trail

The notice board is complete and will be assembled and placed in situ shortly. We are now awaiting leaflets.

## The A131 Long Gardens - Footpath

We have been in discussions with Highways regarding a pavement and they have advised us that they have initial concerns that there may not be sufficient space to install a path. It was agreed that we do not pursue as Highways advise it is not practical due to limited space.

### The Green (Oak Road)

The repairs to the verge by the house builder will not take place until the summer.

We agreed to install six new oak posts at the end of The Green (Oak Road) to deter parking adjacent to the recreational equipment.

We considered white lining on Oak Road, requested by a resident, but it would be very expensive and is not in our budget; also it would set a precedent for other areas. Therefore we will not proceed.

#### Volunteer Working Group - Clearing Village Hall Pond

The working group were to meet on Saturday 4<sup>th</sup> April to clear the village pond, but this has been cancelled owing to the Coronavirus.

#### Annual Parish Assembly

The 20<sup>th</sup> May event has unfortunately been cancelled, but hopefully we will be able to hold it later this year. Please keep your eye on notice boards and social media for announcements.

Wickham St. Pauls Parish Council Responsibilities:

Your Councillors will continue with their duties and are also here to support residents where we can with issues caused by the Coronavirus. We receive information from Braintree District Council, Essex C.C. and from various government bodies on a daily basis and can pass this on to residents in hard copies or by email.

Please do not hesitate to contact us and please adhere to Government advice and stay safe.

Clerk:	Diane Jacob,	tel: 07907 63 11 72	e-mail: wickhamstpauls@hotmail.com
Chairman:	Derek Stokes	tel: 01787 269284	
Vice-Chairman:	Martin Cooper	tel: 01787 269236	
Councillor:	David Sear		
Councillor:	Bev Trew		
Councillor:	Janice Barlow		
Councillor:	Angela Johnston	ie	

## Other news....

## **Belchamp Morris**

All our events have been cancelled for the foreseeable future, as there were concerns about huge crowds gathering to watch us!

We are however, doing virtual practicing, which entails playing music and dancing (in our own homes of course) starting at 9:00 pm each Monday. If you open your windows about that time you may hear us! We also have a virtual pint afterwards at our virtual pub. This has proved so popular that the virtual pub virtually ran out of virtual beer last week.

Our members send our best wishes to you all and please stay safe.

Look us up on belchampmorrismen.co.uk email us at: info@belchampmorrismen.co.uk

## Flag Flying Programme

8 <sup>th</sup>	V.E. Day	Union
12 <sup>th</sup>	Manitoba Day	Manitoba
16 <sup>th</sup>	Relief of Mafeking	Union
21 <sup>st</sup>	St. Helena Day	St. Helena
24 <sup>th</sup>	Bermuda Day	Bermuda
28 <sup>th</sup>	Battle of Goose Green	Union
31 <sup>st</sup> to 1 <sup>st</sup> June	Battle of Jutland	White Ensign

The St. George flag will be flown most of the time in between other appointed flags.

The W.I. flag will be flown on the second Tuesday of each month and when there is the monthly Soup and Social at the village hall, providing it does not clash with other flags.

The Wickham St. Pauls flag will be flown when the cricket team plays at home and for our resident's special occasions.

A full list of our flag flying days is posted on the village notice board and on the W.St.P. website.

## Halstead Repair Café at Halstead Library

Did you know that you can take items for repair, get advice on how to repair things yourself, or even learn a new skill? Repair sessions at the Library are on one Saturday per month.

For mechanical, furniture repairs and restoration contact::Steve01787 469390/07713521236Steve01787 469390/07713521236For clothing repairs talk to Library staff on 01787 462537stevemenit@hotmail.com/repaircafehalsteadessex

## And now for some light hearted fun to brighten up our days!

The following poems have been sent to me by Pam Nuttall, Sandra O'Sullivan, and Janice Rudd and I am so pleased to give you something else to think about. Thank you to them all. If you can contribute something for June's magazine, do please email it to me, or post it through our letter box at The Old Rectory.

#### A poem to help explain the current crisis to children

#### The Time We Spring-Cleaned the World

The world it got so busy, There were people all around. They left their germs behind them; In the air and on the ground.

These germs grew bigger and stronger. They wanted to come and stay. They didn't want to hurt anyone -They just really wanted to play.

Sometimes they tried to hold your hand, Or tickled your throat or your nose. They could make you cough and sneeze And make your face as red as a rose.

And so, these germs took over. They started to make people ill, And with every cough we coughed More and more germs would spill.

All the queens and kings had a meeting. "It's time to clean the world up!" they said. And so they had to close lots of fun stuff, Just so these germs couldn't spread.

We couldn't go to cinemas Or restaurants for our tea. There was no football or parties, The world got as quiet as can be.



The kids stopped going to school, The mums and dads went to work less. Then a great, big, giant scrubbing brush Cleaned the sky and the sea and the mess!

Dads started teaching the sums, Big brothers played with us more, Mums were in charge of homework And we read and played jigsaws galore!

The whole world was washing their hands And building super toilet roll forts! Outside was quiet and peaceful, Now home was the place for all sports.

So, we played in the world that was home And our days filled up with fun and love, And the germs they grew smaller and smaller And the sun watched from up above.

Then one morning the sun woke up early, She smiled and stretched her beams wide. The world had been fully spring cleaned, It was time to go back outside!

We opened our doors oh so slowly And breathed in the clean and fresh air. We promised that forever and always Of this beautiful world we'd take care!



## And for the adults

#### A Message

#### Bernard Sandler

We fell asleep in one world, and woke up in another, Suddenly Disney is out of magic, Paris is no longer romantic, New York doesn't stand up any more The Chinese wall is no longer a fortress, And Mecca is empty.

Hugs and Kisses suddenly become weapons, And not visiting parents and friends becomes an act of love Suddenly you realise that power, beauty and money are worthless, And can't get you the oxygen you are fighting for.

The world continues its life and it is beautiful, It only puts humans in cages, I think it is sending us a message "You are not necessary. The air, earth, water and sky without you are fine. When you come back, remember that you are my guests Not my masters"

Resignation

#### Author Unknown

I am hereby officially tendering my resignation as an adult. I have decided I would like to accept the responsibilities of an 8 year old again.

I want to go to McDonalds and think it's a four star restaurant.

I want to think M&Ms are better than money because you can eat them.

I want to lie under a big oak tree and run a lemonade stand with my friends on a hot summer's day.

I want to return to a life that's simple: when all you knew were colours, multiplication tables and nursery rhymes but that didn't bother you because you didn't know what you didn't know and you didn't care anyway. All you knew was to be happy because you were blissfully unaware of all the things that make you worried or upset.

I want to think the world is fair. That everyone is honest and good. I want to believe that anything is possible. I want to be oblivious to the complexities of life and be overly excited by the little things again.

I want to live simple again. I want to forget computer crashes, mountains of paperwork, depressing news, how to survive more days in the month than money in the bank, gossip, illness and loss of loved ones.

I want to believe in the power of hugs, smiles, a kind word, truth, justice, peace, dreams, the imagination, mankind and making angels in the snow.

So . . . here's my cheque book and my car keys, my credit card and the bills, and my inland revenue statement. I am officially resigning from adult hood.

And if you want to discuss it further, you'll have to catch me first . . . .

"Tag" - you're it!

## WSPCC HONOURS BOARD

WSPCC PLAYERS AT THE WICKHAM OVALISH

1968 - 2000

## CENTURIES

	en l'Alexan - Dien Futbers in die Dietschieber kande state in die Hand Hander (		
DATE	NAME	OPPOSITION	SCORE
1974	R.JONES	LT BARDFIELD	112*
1977	R.JONES	BOB HEARN XI	100*
1995	M.WAITHMAN	CASTLE HEDINGHAM	156*
1997	M.WAITHMAN	CASTLE HEDINGHAM	107
1998	M.WAITHMAN	CASTLE HEDINGHAM	119*
	[16] [16] [16] [16] [16] [16] [16] [16]		

## **BEST BOWLING FIGURES**

DATE	NAME	OPPOSITION	FIGURES
1968	B.BARNES	GLEMSFORD	7 - 15
1969	P.WEAVERS	GLEMSFORD	7 - 12
1970	P.WEAVERS	CHELMSFORD NOMADS	7 - 57
1971	B.BARNES	GAINSBOROUGH CORNARD	9 - 17
1972	R.JONES	BLACKMORE END	8-21
1973	R.JONES	LT BARDFIELD	6 - 13
1974	R.JONES	MILDEN	7 - 11
1975	P.WEAVERS	EDWARDSTONE	6-7
1976	P.WEAVERS	LONG MELFORD	7-4
1977	F.PARTRIDGE	CHELMSFORD R.C	6 - 7
1983	D.SEARS	MILDEN	8-20
1984	A.LAW	SUDBURY WANDERERS	6 - 45
1985	D.PUDNEY	BOB HEARNS XI	7-38
1987	I.SAVILLE	LT WALDINGFIELD	5-26
1988	I.SAVILLE	RAYNEII	7 - 19
1989	A.URQUHART	BOB HEARN XI	7 - 53
1990	A.URQUHART	MILDEN	7-3
1991	A.URQUHART	COGGESHALL 3'S	7 - 22
1994	M.WAITHMAN	GOSFIELD	6 - 21
1995	A.URQUHART	PRESIDENTS XI	6 - 31
1996	A.URQUHART	GOSFIELD	5-8
1997	C.MOORE	GESTINGTHORPE	6 - 11
1998	A.URQUHART	MILDEN	8-8
1999	P.GIBSON	MELFORD II	5-21

(SEASONS BEST BOWLING - MIN 5 WICKETS)

## WSPCC HONOURS BOARD

WSPCC PLAYERS AT THE WICKHAM OVALISH FROM THE YEAR 2000

## CENTURIES

DATE	NAME	OPPOSITION	SCORE
2002	M.WAITHMAN	GESTINGTHORPE	142
2003	D.SEARS	LONG MELFORD	153*
2003	D.MINTER	LONG MELFORD	103*
2011	R.HOLMAN	TWINSTEAD	107*
2016	M.COOPER	EARLS COLNE	111*

## **5 WICKET HAULS**

DATE	NAME	OPPOSITION	FIGURES
2000	T.FERGUSON	BURES	6 - 25
2000	S.BARNES	BRAINTREE COLLEGE	5 - 7
2000	A.URQUHART	KNEBWORTH	5 - 26
2001	D.SEARS	CASTLE HEDINGHAM	7 - 26
2001	I.COYNE	KNEBWORTH	5 - 36
2004	D.SEARS	TWINSTEAD	5-6
2005	P.GIBSON	BURES	5 - 23
2005	A.PACKER	CORNISH HALL END	5 - 12
2005	D.SEARS	KNEBWORTH	5 - 22
2006	S.BARNES	KNEBWORTH	6 - 42
2006	L.STORRER	TWINSTEAD	6-23
2007	D.MINTER	GESTINGTHORPE	6 - 83
2007	R.HOLMAN	BURES	5-37
2008	I.SAVILLE	STOWTING/ELHAM	6 - 47
2008	R.HOLMAN	TWINSTEAD	5 - 24
2009	J.FAZAKERLEY	BURES	5-21
2011	D.SEARS	WETHERSFIELD	5 - 28
2012	M.COOPER	LEAVENHEATH	7 - 32
2013	G.PRITCHARD	LEAVENHEATH	5 - 14
2013	E.GREEN	EARLS COLNE	5 - 14
2013	C.HANSEY	TWINSTEAD	6 - 18
2014	G.PRITCHARD	TWINSTEAD	5-31
2014	G.PRITCHARD	WETHERSFIELD	5 - 33
2015	R.HOLMAN	WETHERSFIELD	5 - 29
2016	J.GISBY	LINDSELL	6 - 56
2016	R.HOLMAN	GESTINGTHORPE	5 - 21
2016	H.PRITCHARD	LEAVENHEATH	5 - 10

## Wickham St Pauls Cricket Club

### (See previous two pages)

As there has been no cricket so far this season, some of you may be interested in these Wickham Cricket Club best home figures going back to 1968. There even may be some of you who can remember playing in or watching these sporting feats.

## And Finally

Thank you to all our contributors for the light hearted reading. Just what I had hoped for! So please, put your thinking caps on and send me verse, prose, quiz, crossword, spot the difference – anything you can think of that would be fun for others, and thank you in advance!!!

Could you send any material you would like me to include in the June issue by Friday 8<sup>th</sup> May please. If you have an article you wish to include in the May edition, but cannot get it to me by the 8<sup>th</sup>, please will you let me know by that date that you are sending something, and by what date. By leaving space in the type I send for printing I can very often insert a 'late' addition providing I am warned.

Using our constant message to everyone we are in touch with, please stay as safe as you can, and I hope you, your family, and friends remain well and find lots to do whilst you are confined to your home and garden. Susannah





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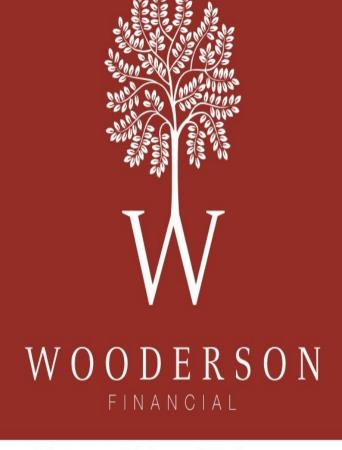
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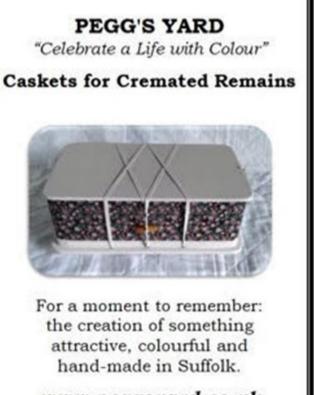
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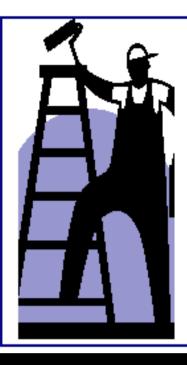




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So welcome to the new way (only while we are in lockdown) of receiving your Look Out magazine.

*I hope you did not have too much trouble getting the magazine up on your screens - and - you can now see it in all it's glorious colour!!* 

Those without 'download' facilities shall have their magazine posted - at no extra cost - thanks to our wonderful posties (and our printer, Anthony).

The post office at Wickham St Pauls' Village Hall is open Monday, Tuesday and Thursday from 9:00 am – 1:00 pm. The cues are much less than in Halstead!!

I trust you are all keeping well and remaining safe - we are so blessed that we live in the countryside and have easy access to lots of fresh air and space.

Take care and see you at the other side,

Anníe

Edítor

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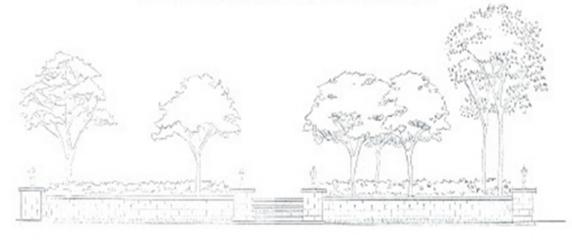
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