



FREE 'GROW YOUR OWN' GARDENING COURSES IN MALDON!

Supported by

Essex Child & Family Wellbeing Service



Free one day a week Course in Gardening!

Learn basic gardening skills including how to grow your own vegetables.

12-week course – gain a Qualification and/or a Certificate of Completion.

Get outdoors, learn new skills and meet people.

All abilities welcome – no prior qualification needed.

Help build your confidence and self-esteem with inclusive wellbeing support.

The course can be accessed via online lessons. Face-to-face sessions will be available when restrictions allow. These sessions will be in Central Maldon with transport available.

Contact us now on:

01787 228269/07929 286836
info@abbertonruraltraining.org
or ask at the Job Centre