

<p>Category A - Government identified group at especially high risk</p> <ul style="list-style-type: none"> • people who have received an organ transplant and remain on ongoing immunosuppression medication • people with cancer who are undergoing active chemotherapy or radiotherapy • people with cancers of the blood or bone marrow such as leukaemia who are at any stage of treatment • people with severe chest conditions such as cystic fibrosis or severe asthma (requiring hospital admissions or courses of steroid tablets) • people with severe diseases of body systems, such as severe kidney disease (dialysis) 	<p>Category B - Wider at-risk group</p> <p>People who are at increased risk of severe illness from coronavirus (COVID-19) to be particularly stringent in following social distancing measures.</p> <p>This group includes those who are:</p> <ul style="list-style-type: none"> • aged 70 or older (regardless of medical conditions) • under 70 with an underlying health condition listed below (ie anyone instructed to get a flu jab as an adult each year on medical grounds): <ul style="list-style-type: none"> ○ chronic (long-term) respiratory diseases, such as asthma, chronic obstructive pulmonary disease (COPD), emphysema or bronchitis; chronic heart disease, such as heart failure; chronic kidney disease; chronic liver disease, such as hepatitis; chronic neurological conditions, such as Parkinson’s disease, motor neurone disease, multiple sclerosis (MS), a learning disability or cerebral palsy; diabetes; problems with your spleen – for example, sickle cell disease or if you have had your spleen removed; a weakened immune system as the result of conditions such as HIV and AIDS, or medicines such as steroid tablets or chemotherapy; being seriously overweight (a body mass index (BMI) of 40 or above) • those who are pregnant
<p>Category C – Vulnerable individuals</p> <p>There are a number of vulnerable individuals who, while not at increased risk of severe illness, are at risk due to the restrictions that have been put in place through increased social isolation, worsening mental and physical health, increased domestic violence etc.</p>	<p>Category D – Frontline workers</p> <p>There are a number of frontline workers who are providing essential services, we will need to ensure they are adequately supported and so they can remain on the front line.</p>