

# SPOTTING TRAPS, SCAMS AND MISINFORMATION ONLINE

## WORKSHOP OPEN TO MEMBERS OF THE PUBLIC SPECIFICALLY OLDER ADULTS

There's so much to discover online—but not everything you find is trustworthy. This welcoming workshop is designed to help older adults feel safer, more confident, and better equipped when navigating the digital world.

Join us to learn:

- How to spot common tricks used in misleading posts, viral rumours and emotionally charged content
- How images, algorithms and headlines can push us towards strong reactions without us realising it
- How scams, fraud, and misinformation often overlap, and the easy ways to keep you and your loved ones safe online
- How online rumours fuel real-world tensions, and what you can do to calm conversations and protect your community
- Easy tools and questions you can use to check whether something is trustworthy before sharing it

You do not need technical skills, just curiosity. The session is welcoming, interactive, and jargon-free.

## WHAT CAN YOU EXPECT FROM THIS WORKSHOP?

- ✓ Friendly, non-judgmental facilitators who **care about your safety**
- ✓ **Practical tips** and tools to help you stay safe online
- ✓ Gain a clearer understanding of UK laws governing online behaviour
- ✓ You will have some **ready made questions** to ask your friends and family when you are unsure about online information

Explore our bespoke and tailored programmes for schools, communities, and workplaces.  
Contact us: [info@connectfutures.org](mailto:info@connectfutures.org)

### WHY CHOOSE US?

We've worked with **313,306** young people, communities and practitioners to challenge hate, violence and prejudice

Our team consists of professionals, researchers and youth workers with over 50 years of experience

We provide post-course support, free resources and ongoing support

### About the sessions

- It's free.
- Content tailored to Essex older adults
- 90 mins workshops to fit around busy schedules
- Post-session resources available to all attendees

Dates and Eventbrite registration links include: (choose one date and time )

- **12.01.26** Online | 11:00-12:30 | 13:00 -14:30
- **29.01.26** Online | 11:00-12:30 | 13:00 -14:30
- **26.02.26** Online | 11:00-12:30 | 13:00-14:30

Contact below for more information

“

*It was a very powerful session. There is so much more to unpick, and in particular for the adult to think about. We cannot use our lack of knowledge or confidence to avoid discussing fear and hate-speech.*

*We need to find a common language to speak in informed ways about what is happening in the world.*

**Jenni, Slough,**  
Adult participant