CHURCH DOORS TO REMAIN OPEN DURING COVID -19 AND UNCERTAIN WORLD

As you will no doubt be aware all Public Worship has new been suspended due to the COVID -19 virus.

There is no doubt that a great many people are extremely worried, and that the future is uncertain.

During this difficult period the church will remain open as a living symbol that life goes on.

We are also committed to maintaining a prayerful presence in the church.

A member of the clergy will therefore be saying prayers in church, for the community each and every Sunday and at various times throughout the week.

We would also be pleased to make contact with anyone who would like support, or just a friendly chat. Please do phone me if you need to on 01296 712564.

Our church, as you know, is dedicated to St. James.

St. James is commonly thought to be the brother of Jesus.

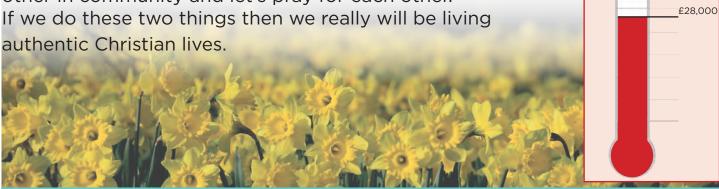
James in many ways teaches us what it means to be Christian, his writings are less concerned with belief and doctrine than they are about living the

£50,000

Christian life. We will in all probability be unable to celebrate

Easter in church but what we can do is to reflect on some of what James has to say to us in the here and now.

Two of St. James' most famous writings are: 'Faith without works is dead,' and 'true religion is this to look after the widows and orphans in their distress.' Let's look after each other in community and let's pray for each other.



Advertising and copy deadline for next issue : 15th April 2020.

To advertise or submit articles email: editor@ghfocus.com



Clinical Pilates Exercise Classes

Padbury Village Hall

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Monday 25th May, 8 High Street, Great Horwood, (opposite Church) 10am to 12 noon **Refreshments and Raffle** All in aid of St James Church

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Church Times

Rev Andrew Lightbown e-mail alightbown@hotmail.co.uk phone 01296 712564 www.winslowbenefice.org.uk

St James' Services

Unfortunately, public worship has been put entirely on hold for the foreseeable future as a result of COVID 19.

The Clergy do however feel that it is vital that a prayerful presence is maintained in the Church. The Church will therefore continue to be open for private prayer during the day.

On Sunday mornings, the Clergy will take the Eucharist at 9.30am at St Laurence Church, Winslow on behalf of the whole Benefice and will pray for those on the Electoral Roll and those who have requested prayer. This will be live streamed via the Benefice website and facebook. We hope you will 'join' us online at this time.

Church Key Denise Davies - 712763

All upcoming events and activities planned by St James' Church have been postponed for the time being. Lent Lunches will not take place and the Church will not be decorated with Easter lilies this year. We very much hope to continue our fundraising for the Church roof as soon as it is safe to do so. All donations are gratefully received at any time. Thank you.

HAPPY TO HELP!

A few weeks ago, St James' Church posted a message on the Great Horwood Facebook page

offering help and support, from collecting any groceries, medicines or just having a friendly

chat. We started phoning fellow residents and will continue to do so. If you need support or

know of someone who does, please feel free to contact any of the Church Family who will be happy to help.

David Brazier Home – 01296 714712

Mobile - 07773 340916

June Margerrison Home – 01296 714554

Helen Grimditch Mobile – 07503 488743

W.I NEWS

Several of our members had a lovely day out at Kew gardens orchid festival recently. We actually enjoyed lovely weather! A few also attended a Science Investigation and Discovery day, a very informative day with some lively and interesting speakers.

At the time of writing I have just had to make the difficult decision to postpone our Bake Off event due to the virus. We will however re-plan hopefully later in the year when things are improved. So please keep your ticket and watch out for details.

Our next meeting is our April dinner which this year is being held in The Swan Great Horwood.

If you would like to come along and visit one of our meetings you are most welcome.

Angela Mayne on 715400 or angela.mayne@googlemail.com

IMPORTANT NOTICE: GREAT HORWOOD FUN RUN POSTPONED

After very careful consideration, dialogue with Great Horwood School PTA, Governors and the Head Teacher we have made the hard decision to postpone the Mad March Hare Run, this is a direct result of current COVID-19 outbreak.

We would like to take this opportunity to thank those who have sent entries in and those who planned to take part as well as our sponsors Howe and Co Fish and Chips, we are extremely grateful. In addition we would like to let you know we have not processed any entry forms or payments, these will be environmentally and securely destroyed (burned).

We are looking at options for new dates in the summer months and will update as soon as we can.

For now please keep exercising, running and look after each other - more now than ever we need a servant heart.

Keep well and we look forward to seeing you all once things get back to some kind of normality.

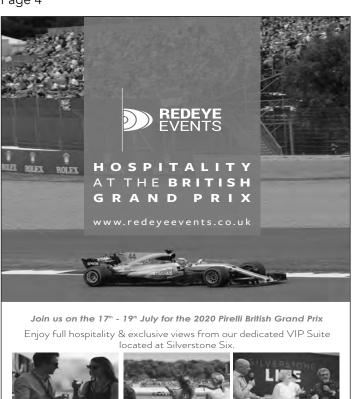
Kindest Regards

The Great Horwood Fun Run Team

WATER AID LENT APPEAL: JARS OF CHANGE

St James' Church will again be participating in the Lent Appeal 2020 for Water Aid and would like to open this initiative up to the wider village community. Lent is a time when we might give up small luxuries in life. But imagine if you had to give up more important things like education or employment because you do not have clean water close to home and have to walk miles to fetch it every day. The idea is simply this: you take an empty jar, give up something for Lent, maybe a bar of chocolate or cup of coffee and donate the money you save by placing it in the jar. Even though there is no Easter Day Service bring the jar to St James' on Easter Morning and the contents will be sent collectively to Water Aid. All donations welcome.

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Best location for race viewing

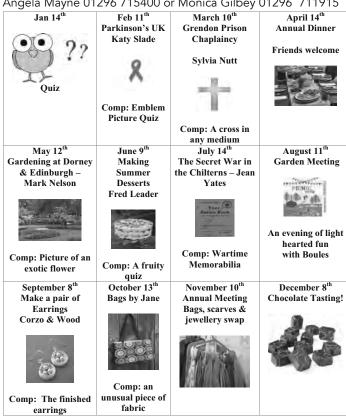
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GREAT HORWOOD & SINGLEBOROUGH WI-PROGRAMME 2020

We meet on the 2nd Tuesday of each month in the Village Hall at 7.30pm, Visitors most welcome.

For more information please contact -

Angela Mayne 01296 715400 or Monica Gilbey 01296 711915







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WINSLOW AND DISTRICT RAMBLERS CLUB

Despite the very wet weather Winslow District Ramblers Group are carrying on with their programme of walks every weekend.

Anyone is welcome to join us and see if rambling is for you. Then if you decide you enjoy it you are welcome to become a member.

We also have an annual outing and this year which is to the Huntingdon area where we will do an interesting walk on the Ouse Valley Way which includes a visit to a working flour mill. There will also be a chance to visit the town shopping centre.

The date is Saturday 23rd May.

If you would like to join the club contact our Membership secretary Susan Cobbold on 01296 670045.

Our walks in April are as follows. Sunday, 5th April 10.30 CUDDINGTON

Park in village streets near The Crown (their car park for customers only). GR 738113 Circular walk through fields to Upper Winchendon (some livestock) crossing the River Thame passing the old mill and picturesque village of Nether Winchendon. 4.5 miles

Sunday 12th April 2.00pm BUCKINGHAM

Walk off those Easter eggs. Meet at the Cornwalls car park behind Waitrose MK18 1RS. Circular walk through the parks in Buckingham along the old railway walk and back through Bourton Meadow Park. One stile and one section on grass which may be muddy. Dogs on leads. 3.5 miles

Wednesday 15th April 10.30am CALVERT JUBILEE RESERVE

Meet and park outside Calvert Green Village Hall, Cotswold Way GR686240 MK18 2FJ. This is the main street of village. From Claydons take Brackley Lane into Cotswold Way. Level walking, may be muddy, no stiles. Visit site before HS2 works begin in earnest. 3 miles

Sunday 19th April 10.30am COOMBE HILL FROM WENDOVER

Meet at the clock tower at the bottom of Wendover High Street. Car park off High Street behind the library. Walk to the Monument up Coombe Hill-a steady climb. Approx 4 miles

Saturday 25th April 2.00pm EMERSON VALLEY, MILTON KEYNES

Meet at car park in Rosemullion Avenue on V2, turn left off A421 H8. Walking east to Tattenhoe Park then passing Howe Wood along east end of valley. 4 miles

Website: www.bucksvoice.net-district-ramblers-group

MEN IN SHEDS

The three Rs (Reduce, Re-use, Re-cycle) are the familiar watchwords we are encouraged to remember when we buy and, eventually, dispose of the things we use, but there is a fourth R – Repair.

Dick Powell is co-founder of the hugely successful design consultancy Seymourpowell and, at a gathering of design luminaries in the late 90's, he was invited to future-gaze about what the direction and priorities should be for designers at the start of the new millennium.

Amid much speculation about computerised everything and sci-fi gadgetry, Dick's contribution was more grounded: "We need to be designing stuff that you can fix".

And he was right... but getting there is still a work in progress.

Simple economics often dictate that 'fixing stuff' has to be a DIY thing but now we hit another stumbling block, a lack of knowledge, experience and the confidence to have a go.

With this in mind, the Repair Cafe movement was founded in Holland around ten years ago and now has over 2200 centres worldwide.

Each centre is very much a community resource and provides a workspace for volunteers to share skills, share company – and fix things!

Centres are not necessarily 'equipped' – volunteers tend to bring along the tools and equipment they need as appropriate to the expertise they can offer and this too determines what can be repaired at any given centre.

Repairs that need current, safety-related qualifications (electricity and gas spring to mind) would be a problem but, otherwise, suitable cases could vary from teddy bears to garden tools.

We were asked if this was something MISW would be interested in and, at the time, we felt that we already covered the ground – albeit in our own way.

By coincidence, a week or so later our Curate, Mark, popped-in to ask the same question. He had recently visited the established Repair Cafe in Aston Clinton and had been mightily impressed, not just by the service it offered but for the lively community spirit it engendered. We have invited Mark to our next committee meeting to explain more.

Whatever the outcome, MISW will be taking a keen interest. The more we fix then the less we throw away and that's got to be a good idea.

We don't just fix things here at The Shed, we make quite a lot too.

For an idea of what we have been up to lately do pop in to the Town Meeting on Thursday 23rd April where we will have a small display.

The Shed is open: Tuesdays and Thursdays 10:00 - 4:00. Unit 4, Station Road Ind. Estate. www.MenInShedsWinslow.org.uk

Or for more info call Dave Saunders; 01296 714164

ED: With an increasing number of social event being cancelled presently, we suggest that you contact organisers to ensure an event you wish to attend is still going ahead.

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Great Horwood
Parkin Council

Members of the Parish Council:

Please note that councillors now have a dedicated Parish Council email address. This is in order to comply with new Data Protection Regulations that came into force in 2018. It is good policy to keep council emails separate from private emails.

John Gilbey Chairman
01296 711915 johnwgilbeypc@gmail.com
Caroline Cousin Vice Chairman
01296 713548 carolinecousinghpc@gmail.com
Julia Day julia.day49@gmail.com

Jackie Goss

 01296 713135
 jackiegossghpc@gmail.com

 Nigel Heywood
 01296 711558

 nheywood11@gmail.com
 07847 627044

 Angela Mayne
 01296 715400

Dave Taylor angelamayneghpc@outlook.com
O7980 546484
daveghpc@btinternet.com

Clerk to the Council

Sue Brazier 01296 714712

clerk@greathorwoodpc.org.uk

Parish Council Website www.e-voice.org.uk/ghpc/ Great Horwood Village Hall Bookings 01296 712165 Doctors Car Service 07704 140110 Winslow and District Community Bus 01296 715786 Aylesbury Vale Dial-a-Ride 01296 330088

Community Police Officers

PCSO Andy Piotrowski Tel: 101

WinslowandDistrictNHPT@thamesvalley.pnn.police.uk



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ALL are welcome to come on the Community Bus!

April - May 2020

Thursday 2nd April The Wavendon Arms - Lunch and visit to Frosts Garden Centre. £5.00 travel. Tuesday 7th April Buckingham Bus - 1 hour in town then 1 hour in Tesco, or 2 hours in Tesco.

Door to door service, bus passes accepted, otherwise £4.50 return.

Thursday 9th April Westcroft Shopping - Morrisons, Boots, Aldi, etc., bus passes accepted, otherwise £4.50 return.

Departs Winslow 9.30am, village pick-ups. Ring to book.

Thursday 23rd April Westcroft Shopping - Morrisons, Boots, Aldi, etc., bus passes accepted, otherwise £4.50 return.

Departs Winslow 9.30am, village pick-ups. Ring to book.

Asda Shopping MK1 - option to go to M&S, Primark, etc. £4.00. Monday 27th April

Tuesday 28th April Bluebell Run, Ashridge - Drive & lunch at The Greyhound in Aldbury. £5.00 travel.

Thursday 30th April Bicester Avenue - Blue Diamond Garden Centre, Lakeland, Cotton Traders & more. £5.00 travel.

Tuesday 5th May Buckingham Bus - 1 hour in town then 1 hour in Tesco, or 2 hours in Tesco.

Door to door service, bus passes accepted, otherwise £4.50 return.

Coton Manor Gardens - The sea of bluebells and the beautiful scent of the flowers makes this one of the Thursday 7th May

most spectacular bluebell woods in England. £15 includes admission.

Tuesday 12th May Lunch at The Red Lion, Evenley - £4.50 travel.

Thursday 14th May Westcroft Shopping - Morrisons, Boots, Aldi, etc., bus passes accepted, otherwise £4.50 return. Departs

Winslow 9.30am, village pick-ups. Ring to book.

Gloucester & Warwickshire Steam Railway - shopping and free time exploring the beautiful Cotswold Thursday 21st May

village of Broadway, before boarding the GWSR to Cheltenham Race Course. £25 includes train journey.

Tuesday 26th May Asda Shopping MK1 - option to go to M&S, Primark, etc. £4.00.

Thursday 28th May Westcroft Shopping - Morrisons, Boots, Aldi, etc., bus passes accepted, otherwise £4.50 return.

Departs Winslow 9.30am, village pick-ups. Ring to book.

SCHEDULED WEEKLY SHOPPING ROUTES:

Every Friday and Saturday morning -Aylesbury Market Bus - from Winslow, through the Horwoods, Mursley and Swanbourne, arriving in Aylesbury just after 10am and departing 12.15pm.

FREE with a bus pass, otherwise only £4.50 return.

Every Wednesday morning - Winslow Market Service - bringing surrounding villages into Winslow (Swanbourne, Mursley, Great Horwood, Whaddon, Nash and The Claydons). Pick up times vary according to village. FREE with a bus pass, otherwise only £3.00 return.

Call for more information on times, or visit our website!



If you are aged between 30 and 70 years of age, have a D1 on your licence, and have some spare time, please consider becoming a driver for your local Community Bus!

You can do as much or as little as you like, from shorter local runs to some of our longer day trips. We visit all kinds of places, garden centres, stately homes, shopping centres, countryside drives as well as our regular bus services, and the people who use the bus are a very friendly crowd!

We offer certificated training to MIDAS standard, and pay out-of-pocket expenses.

Please call or email for more info!

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Light up the tower of St James

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A Recipe For Easter From Sara Walsh

A Sunday roast, something a little different for an Easter gathering.

Garlic crusted slow- cooked lamb shoulder.

Serves 8-10
Prep time 20 mins
Cooking time 4 hours 20 mins

Large garlic cloves crushed2.5 cmpiece of ginger peeled &

crushed/finely chopped

11/2 tsp Ground ginger

2 tsp Salt

1 tsp Ground black pepper

3 heaped tsp English mustard 1/2 tsp dried rosemary

- 1- combine together all the spice/ mustard ingredients in a bowl.
- 2- slash lamb all over with a sharp knife.
- 3- spread the spice /mustard mix all over the lamb.

If you have time, leave to marinate for 24 hours, but this is not essential.

- 4- heat the oven to 150c/130c fan /gas 2
- 5- place the lamb in a roasting tin, transfer to the oven and roast uncovered for 4 hours.
- 6- remove from the oven and check the blackened crust has formed, if it hasn't, increase the temp to 220c/200c fan/ gas 7 then return the lamb to the oven, for the last 20 mins.

If the crust has formed, return the joint to the oven and continue to cook at the original temperature.

7- at the completed cooking time, remove from the oven. The lamb will have a lovely blackened crust, leave it to rest for 20 mins. Transfer to a board, shred with 2 forks and serve.

Serve with crispy roast potatoes and seasonal vegetables and a light gravy.

PARISH PUMP







LOCAL ELECTIONS

As I am sure you are all aware, the local Elections planned for 7th May have been postponed. The current Parish Council will continue for another year which will make it six years in total.

Great Horwood Parish Council has a vacancy and would very much like to hear from any resident willing to become a co-opted member of the Council. If you care about our community, like meeting people, have some time and energy, you might be the person we need to fulfill this very important role. If you are interested, please contact the Clerk on the details below. An informal chat can be arranged with a Councillor to find out more.

ANNUAL PARISH MEETING

Unfortunately, the Annual Parish Meeting scheduled for 20th April will not now be taking place but can hopefully be rescheduled for later in the year.

ROAD REPAIRS

I am assuming that Transport for Bucks will still be undertaking road repairs although of course we may experience a back log of works. Please still report any problems to www.fixmystreet.buckscc.gov.uk. The job can be tracked in their schedule of works.

THE NEW BUCKINGHAMSHIRE COUNCIL

The new Buckinghamshire Council launches on 1 April as planned and will be your one-stop shop for all of the services currently delivered by your district or county council. Recycling and waste collections, libraries and the other day-to-day services you use will continue, just under the new Buckinghamshire Council.

LITTER PICK POSTPONED

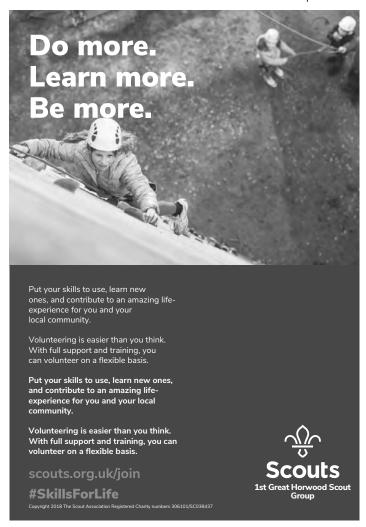
The Litter Pick which the Parish Council were planning on organizing for Sunday 26th April will be postponed. It is intended to reschedule this event for September to coincide with the Great British September Clean. A date will be set in the near future.

The minutes of the previous Parish Council meeting held on 9th March can be found on the noticeboard in the High Street and also on the Parish Council website. The next meeting of the Parish Council is still planned for Monday 6th April at 7.30pm but that may change depending on Government advice.

Sue Brazier, Parish Clerk Great Horwood clerk@greathorwoodpc.org.uk

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CORONAVIRUS HELP AND SUPPORT

In these uncertain times, it's so important to look out for each other, an opportunity to knock on a neighbour's door and say hello. Maybe find out if they need any groceries, medication or just someone to talk to.

Thank you to everyone who is doing just that!

This doesn't need to be a burden with lots of people rallying around.

Not everyone has internet access to stay in touch and it's important that people don't feel alone.

Just to let everyone know that John and Monica Gilbey will no longer be able to run the Doctor's Car Service during these uncertain times.

We thank them very much for their dedicated service over many years.

DID YOU KNOW?

Norden House Surgery offer a FREE DELIVERY SERVICE to dispensing patients who are over 60 and who live in the villages surrounding Winslow. Telephone the dispensary on 01296 715439 for further details.

The Parish Council, like all of us, have contacted those that they know might need help.

Please feel free to contact:

Councillor Dave Taylor on 07980 546484

in the first instance if you know someone who might need help.