

Opening Times
Monday – Friday
9:30am – 4pm

www.gdropin.com

Cheltenham Drop In

July 2018 What's On and Where

2nd Floor
Children's Library
Chester Walk
Clarence Street
Cheltenham
GL50 3JT
01242 244950

Drop In can support you with:	Monday Drop In open 9.30am - 4pm		Tuesday Drop In open 9.30am - 4pm		Wednesday Drop In open 9.30am - 4pm	
<ul style="list-style-type: none"> Housing bidding Employment Advice with emotional, practical & financial support Developing a social network Talks/ Workshops Keep Safe Hate Crime 	Swimming Meet at the Drop In 10am	£1.60 (50p locker)	Coffee Morning 10:00am Cornerstone Centre	£1.00	Fair Shares IT and Cuppa - Grove Street Resource Centre 10am – 12noon	Free
	Gym – Leisure@cheltenham Meet at Drop In – 10.30am	£3.50 +50p locker	Tai Chi at springbank meet at drop in 10am.	£5.00	Bowling at Hollywood bowl Cheltenham	£3.50
	LUNCH CLUB AT BANKHOUSE (Monday 4th June) (ONCE A MONTH)	£10.00	Cheltenham Bowling – Be at Drop In 10:30am	£3.50	Health Walk at Park Campus. Meet at Drop-in at 1pm	Free
	Cheltenham Library Computers	Free	Aqua Fit – Meet at the Drop-in at 11.30am Concession Price	£4.40 50P	Educational/social/fun talk at Cheltenham Drop In (see 2nd page for new talks for the month)	Free
	Pool at Hollywood Bowling Meet at the Drop In. 1pm	£1.00	Social Drink Museum café Meet at Drop in 1pm	£2.50 for drink		
	Healthy Walk. Pittville Meet at Drop In 1pm	Free	Healthy Walk at Cox's Meadow Meet at Drop-in 1pm	Free		
	The Zone Meet at Cornerstones for 1pm	£1.50				
	Cinema at Cineworld	£10.80 will be more for a 3D film				
Thursday Drop In open 9.30am - 4pm	Friday Drop In open 9.30am - 4pm	Saturday Drop In Closed	Sunday Drop In closed			
Crazy Golf at Lost world Golf Cheltenham brewery-11am	£8.75	Swimming Meet at the Drop In 10am	1.60 +50p locker			
Swimming at the Lido-Meet at Drop In for 11am.	£4.20	Art Springbank Resource Centre 10am – 12noon	Free			
Health Walking Group – Springbank Resource Centre 10.30am	Free	Bowling at Cheltenham 1pm	£3.50			
Soup Lunch At Cornerstones. Meet at the Drop In 11:30am	£2.00	Bingo – As above 12:30pm	£4.50			
Over 50's Fitness At Cornerstones Centre 2-3pm	£3.00	Quiz at Tewkesbury drop in 2pm-3pm	Free			
Pool at the Hollywood bowl	£1.00					
Forward employment resources centre 2:00pm-4:00pm	Free					



To find out more

PLEASE NOTE THE ACTIVITIES ARE IN THE COMMUNITY AND ARE NOT RUN BY DROP IN STAFF. IF REQUIRE INFORMATION PLEASE ASK A MEMBER OF STAFF OR CONTACT COMMUNITY NUMBERS BELOW

keepsafeglos.org

Other events in the community

TALKS

- Keep Safe Wednesday 4th July
- Healthy Lifestyles Wednesday 11th July
- Safety in the home Wednesday 18th July
- Safety around animals Wednesday 25th July

CHELTENHAM WILSON MUSEUM

Clarence Street, Cheltenham GL50 3JT



01242 237431

Inclusion Hub

Gloucester Hub (Grey friars) is open from **11am-3pm** Monday, Wednesday & Friday
Gloucester Drop In Friends Meeting House
Greyfriars Gloucester
GL1 1TS

Stroud Inclusion Hub opens every Friday from 11am-3pm at the Open House, Gloucester Street, Stroud GL5 1QG.

Cheltenham Inclusion Hub opens from 11am-3pm every Thursday at The Phoenix Centre, 90 Winchcombe St, GL52 2NN

Forest of Dean Inclusion opens from 11am-3pm every Monday at Sixteen Community Café, 16 Bank Street, Coleford GL16 8BA

Forwards Work Clubs can support anyone who is finding it difficult to overcome health related barriers. Help is delivered by our experienced staff as well as partners including 2Gether Trust, Adult Education in Gloucestershire, Barclays and other partners including employers.

To find out when it takes place in your area please visit www.forwardsgloucestershire.co.uk

If you would like to attend please complete referral from by visiting www.forwardsgloucestershire.co.uk



HESTERS WAY COMMUNITY RESOURCE CENTRE



Hesters Way Community Resource Centre, Cassin Dr, Cheltenham GL51 7SU

01242 521319

SPRINGBANK COMMUNITY RESOURCE CENTRE



Springbank Cottage Hope Orchard, Springbank Way, Cheltenham GL51 0LT

01242 539088

CORNERSTONES CENTRE

1 Severn Rd, Cheltenham GL52 5QA



01242 777777

forwards

Cheltenham West End Regeneration Partnership
Community Resource Centre
Grove Street
Cheltenham
GL50 3LZ
01242 692112
Every Thursday 2-4pm



To find out more

keepsafeglos.org



To find out more about the Keep Safe Scheme visit www.keepsafeglos.org