

PARISH NEWS

BORLEY : FOXEARTH : LISTON : PENTLOW

October 2019

“Craftsman’s Art & Music’s Measure”

30th September - 1st November 2019

ON YOUR MARKS ...

Flash mob event at Sudbury Market Square
Thursday, 26th September at 12 noon
to promote the South Stour Churches Festival

GET SET ...

Opening Service for South Stour Churches Festival
7pm on Monday, 30th September at Belchamp St Paul
led by Bishop Stephen of Chelmsford featuring
a special peal of bells and two choirs

GO ...

Festival kick off with an accordion concert at
Lamarsh - 3pm on Wednesday, 3rd October
“Fats Waller & the Spirit of Paris”

LOOK OUT FOR PULL OUT PROGRAMME OF EVENTS
IN THE CENTRE PAGES OF THIS PUBLICATION

www.southstourchurchesfestival.org

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USEFUL

Team Rector:

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www.northhinckfordparishes.org.uk

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**PLEASE SEND YOUR ARTICLES/PHOTOGRAPHS TO
PARISHEDITOR@OUTLOOK.COM**

DEADLINE FOR COPY IS 16TH OF THE MONTH

All contributions will be acknowledged

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Community items are free

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Ruminations from the Rectory.....

Dear Friends,

It is a very hot day in mid-September and we are half way through our feast of Harvest Services. The churches have been lovingly decorated, and food and money donated to the Storehouse Foodbank at Sudbury. People have been very generous and I know how much the Foodbank needs this. For those who still believe the Foodbank is used by “scroungers”: the FoodBank can only help those who have been referred to them by a GP or Social Services, so recipients are in genuine need. It could be that, being on zero hours contract not enough money came in, and then there is the lengthy wait for benefits to kick in : there is no safety net anymore. It could be that someone has had a family break up or other crisis. Families on low incomes who rely on school meals, do not have that option during the holidays. Let us thank God for the Foodbank but pray for an end to the need for them. It is hard to believe that, in an affluent country, we have such a need in the 21st century. Jesus was quite a radical fellow who tried to help us get our priorities right.

We are in this very special month for our Benefice hosting the South Stour Churches Festival. A huge amount of work, by a number of dedicated people, has gone into this. I am sure there is something for everyone in our very varied programme. Be brave, go along to different church one you have never been in before. Each church is different and all of them have interesting features. This is a real harvest of the talents in our villages. It has been a delight to discover all sorts of things I was unaware of. Come and be surprised.

God bless you all

Margaret, your Team Rector

www.southstourchurchesfestival.org

NOTE FROM THE EDITORS:

Although you will find the full festival programme in the centre pages of this magazine, events taking place in our four parishes, Borley, Foxearth, Liston and Pentlow, are featured as individual events.

Congratulations to Revd Margeret for her fantastic achievement in organising this festival.



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Pastoral Ponderings



Dear Friends

I have recently had a delightful week looking after my daughter's dog, Tia. She may only be a toy poodle but she holds all the characteristics of a large dog! Having her stay with us changed our routine somewhat, and gave us the experience of life as a dog owner. We thoroughly enjoyed exploring the footpaths around the fields and I was glad to meet fellow dog walkers. As I walked, I was mindful of the beautiful jewels hanging from the branches of the hedgerows and could not resist biting into the juicy blackberries. I also noticed the

numerous red berries waiting to be ripened by the sun. Autumn really is a season of change.

We have looked at change in our church services recently, in particular how Jesus brought about change. Whether you believe in him as the Son of God, or as a historical character, there is no doubt that he brought change into the world. Just one example is that our current calendar is based on the number of years since His birth.

People can change our lives significantly, whether a new life being born into the family or the death of a family member and so a loss. People leaving this world can have a great impact on our lives; grieving can be a sad and difficult time as we learn to adjust to life without a loved one.

All Souls Day gives us an opportunity to remember with fondness those who have died. In the busyness of life, we don't often get the chance to just be still and remember so, we have two services in the Benefice where you are invited to come and light a candle in memory of someone who has died. The services are being held on the 2nd and 3rd November (please see separate notice in the magazine for further details).

They say that the only constant about life is change and so in a life of constant change be thankful for each moment and cherish those jewels that remind us of the seasons of life.

Gill

Rev Gill Morgan



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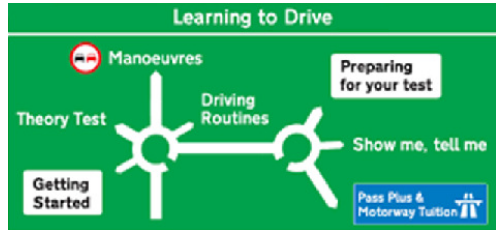
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LOCAL, PART-TIME WORK

Administrator

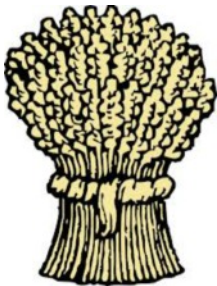
10.5 hours per week. Flexible working hours
working from office and home.

North Hinckford churches are looking for someone to provide administrative support to the leaders of the churches and assist with the running of the parishes. The role includes rota planning, safeguarding administration, attendance and note taking at meetings as well as other general office duties.

We are looking for someone who is able to work flexibly (occasional evening work required) and is a good communicator with excellent administrative skills. Some understanding of church life would be an advantage but is not essential.

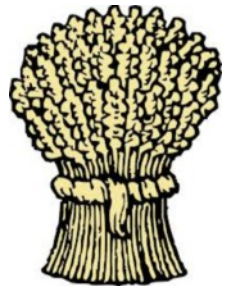
Please send your CV and covering letter to either Rev Margaret King or Rev Gill Morgan by 31st October.

For more information please contact either Margaret on 01787 269385 mandgking39@hotmail.com or Gill 01787 584993 revgillmorgan@outlook.com



LISTON HARVEST FESTIVAL

**6PM ON SUNDAY 6TH OCTOBER
AT LISTON CHURH**



MOBILE LIBRARY SCHEDULE:

2nd & 23rd October
13th November

2.10 - 2.40 pm
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Foxearth Old School

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BAT TALK & WALK

WITH THE ESSEX BAT GROUP

at 6 pm on Friday, 3rd October 2019



at Liston Church

An event organised for the
South Stour Churches Festival
www.southstourchurchesfestival.org

BORLEY ART EXHIBITION & BAKE SALE



BORLEY CHURCH BY VERNON LEVER

at BORLEY CHURCH

on Saturday 5th &
Sunday 6th October 2019

OPEN 10AM - 5PM

An event organised for the
South Stour Churches Festival
www.southstourchurchesfestival.org

Sudbury Area Cancer Support Group

Don't Face Cancer Alone

Come and join us !

We are a local support group where adults (18+) with cancer, their partners and friends can share experiences, obtain information and take part in social activities. Meetings are free and open to any adults from Sudbury / Great Cornard and surrounding villages.

Call Ruth or Phil Worsley

Tel: 01787 370978 email: ruth-SACSG@outlook.com

Meeting Dates / Times

Evening Meetings

Thurs 24th October

Chair Yoga with Karen Vatter

Thurs 28th November

Christmas Social & Fundraiser

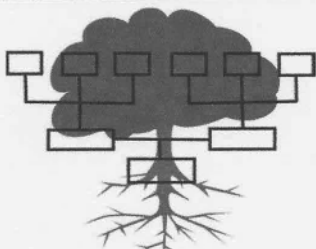
Thurs 26th December

No Evening Meeting

Café Club @ Assington Country Kitchen:

2nd Friday of each month from 12 - 2 pm at Assington Country Kitchen, Assington, CO10 5LW.

Join us for an informal chat over coffee and a sandwich



YOUR ANCESTRY

- **Have your Ancestry traced** – visit to discuss your requirements and the information you have as a start point
- **Receive a copy of your tree** – with individual data sheets

Contact Robert:

07943 873995

01787 280144

knoxcourtfarm1@btinternet.com

PROFESSIONAL FRIENDLY BESPOKE SERVICE

Somewhere over The Rainbow

An evening of Poetry and Music
with Canon Peter Sandberg

7.30pm on Thursday, 10th October 2019
at Pentlow Church

An event organised for the
South Stour Churches Festival www.southstourchurchesfestival.org



B O R L E Y **HARVEST SUPPER**

BORLEY VILLAGE HALL

FRIDAY, 11TH OCTOBER 2018 AT 7 PM

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FOXEARH & DISTRICT HISTORY SOCIETY

The History of Liston Hall

A talk by Ian McMillan

at 7.30 pm on

Tuesday 15th October

at Foxearth Village Hall



If you would like more information or help with transport contact
Clare Mathieson 01787 311337/Lynda Rumble 01787 281434
Email: foxhistsoc@gmail.com

THE MEAD SINGERS

AUTUMN SERENADE CONCERT

Tuesday 15 October 2019

7.30pm at BORLEY CHURCH

A selection of popular songs from your favourite musicals

Free Admission

Retiring collection for the benefit of Borley Church

An event organised for South Stour Churches Festival www.southstourchurchesfestival.org



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- Sun 10am to 4pm



Somewhere over
The Rainbow

SATURDAY & SUNDAY, 19 & 20 OCTOBER

**THE ART & CRAFT
OF THE VILLAGERS OF PENTLOW**

at Pentlow Church 10am-4pm

An event organised for the
South Stour Churches Festival www.southstourchurchesfestival.org

I C O N S

A display, talk and hands-on workshop
with Revd Margaret

on Tuesday, 22nd October 2019

9.30am-3pm at Liston Church

Booking required for workshop

An event organised for the
South Stour Churches Festival www.southstourchurchesfestival.org



Little Acorns Playgroup

Thursdays 9.30- 11am (Term Time only)
at Belchamp St Paul Primary School.

Mums, Dads, Grandparents,
Childminders, Toddlers, Babies and
Bumps all invited. Drinks and Snacks
provided for adults and children. £1.50
per child

Any toy donations very welcome.

The health visitor attends the group once
a month for baby weighing and to
answer questions.

Please contact Verity on 07980993975 or
verity.bridge@outlook.com or join the
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for further information.

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FOXEARTH VILLAGE HALL

COFFEE MORNING

Tuesday, 22nd October 2019

10.00 am -----12.00 noon

Please join us for tea/coffee

and a piece of cake ...

and sausage rolls !!!!

All Welcome!!!!!!



Please contact Pam on 07503940532 for more information

ART & CRAFT EXHIBITION

Tuesday 29th October 2019

10am - 4pm

Foxearth Church

**Make & take card making
sessions at 11am & 2pm**



An event organised for the
South Stour Churches Festival www.southstourchurchesfestival.org

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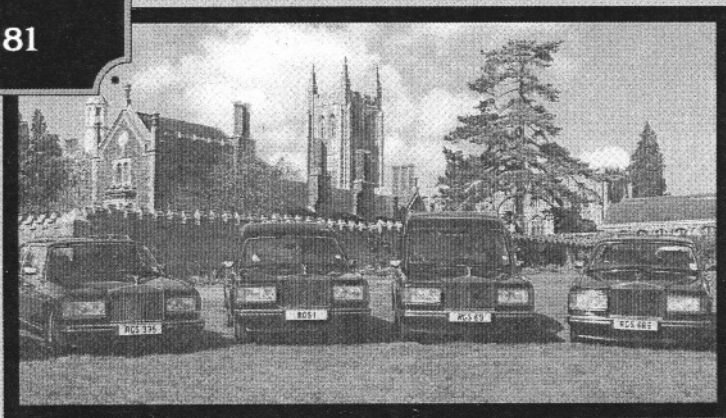
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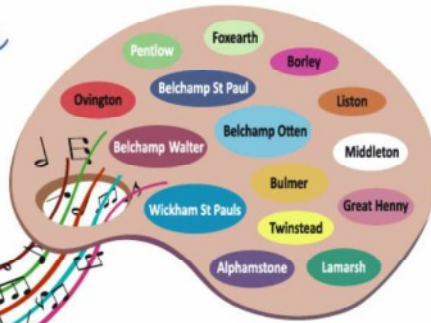
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South Stour Churches Festival



“Craftsman’s Art & Music’s Measure”

South Stour Churches Festival

30th Sept – 1st Nov 2019

A major arts, crafts, music and literary event being held in the 15 magnificent rural churches of the North Hinckford benefice on the south side of the River Stour in Essex.

40+ events, 33 days, 15 churches

Come and join us!

www.southstourchurchesfestival.org

ABOUT THE FESTIVAL

“Craftsman’s Art & Music’s Measure”

The South Stour Churches Festival is a major arts, crafts, music and literary festival to be held in the 15 beautiful churches in the North Hinckford benefice on the Essex side of the River Stour throughout October 2019, celebrating the diversity of local talent in the creative arts in our 15 communities. A diverse programme of events will be hosted in the inspiring venues of our parish churches, giving visitors an opportunity not only to enjoy creative events but also to explore 15 beautiful iconic churches set in the stunning countryside of the South Stour Valley.

Join us for a month of creativity in the arts whilst also delighting in the architectural splendour of 15 historic churches and the surrounding countryside. All events are free to attend, although any donations to the individual churches are welcome. Art and craft items will be available to purchase at exhibitions, with a percentage of the sale price going to the church hosting the exhibition.

Craftsman’s Art & Music’s Measure, the theme of the festival, is a line from the hymn *Angel Voices Ever Singing*.

FIND MORE INFORMATION AT

WWW.SOUTHSTOURCHURCHESFESTIVAL.ORG

*Find information on events and services in the
North Hinckford benefice
www.northhinckfordparishes.org.uk*

*The South Stour Churches Festival is part of the
River Stour Festival
www.riverstourfestival.com*

South Stour Churches Festival



Programme of Events

Mon 30th Sept

Belchamp St Paul 7pm *Opening service with Bishop Stephen of Chelmsford, featuring a special peal of bells and 2 choirs*

Wed 2nd Oct

Lamarsh 3pm *"Fats Waller & the spirit of Paris" – an accordion concert with Peter Collier and David Ashton*

Thurs 3rd Oct

Alhamstone 2pm *Teddy Bears Picnic – storytelling and singing for children of Pebmarsh School to include blessing of the bears*

Liston 6pm *Bat talk & walk with Essex Bat Group*

Fri 4th Oct

Belchamp Walter 7.30pm *Concert of well-loved classical music on wind instruments by Stour Winds, 10 local musicians*

Sat 5th & Sun 6th Oct

Henny 10am - 4pm *Art & craft exhibition – various arts & crafts created by the villagers of Great & Little Henny*

Borley 10am - 4pm *Art exhibition staged by the villagers of Borley*

Sat 5th Oct

Belchamp Walter 11am - 2pm *Art, crafts and music events & workshops – learn a song, paint a picture, listen to the Belchamp Walter Singers, sample delights from the lunch club supercooks*

Tues 8th Oct

Middleton 6pm *Bat talk & walk with Essex Bat Group*

Lamarsh 7.30pm *Concert of ethereal ballads with Lamarsh singer songwriter Flo Davis*

Wed 9th Oct

Belchamp St Paul 2pm *Belchamp St Paul Primary School Harvest Service & art display on the theme Water. Teddy bears picnic and blessing of the bears*

Thurs 10th Oct

Bulmer 1.30pm *Bulmer Primary School in concert – poetry and music on the theme Around the World*

Pentlow 7.30pm *Poetry and music evening with Canon Peter Sandberg on the theme Over the Rainbow (with refreshments)*

Fri 11th Oct

Ovington 7.30pm *Talk by Barry Bowyer on "Tales and stories of Ovington in times gone by"*

Sat 12th Oct

Alphamstone 1 - 5pm *Display of Tithe records & map*

Belchamp Otten 7pm *Concert with the Abbot Consort of Voices and the world première of a piece written by Michael Aves especially for the festival*

Sat 12th & Sun 13th Oct

Middleton 10am - 4pm (Sunday 10am - 1pm) *Middleton's Got Talent - a mixture of exhibition and demonstrations celebrating the wide ranging talents of the villagers of Middleton*

Sun 13th Oct

Lamarsh 3pm *Talk "On and Off the Roadshow" by Bunny Campione of the Antiques Roadshow*

Alphamstone Village Hall 7pm *Film and talk by Janet Penfold about travels in a tall ship around the Pacific (with cheese and wine)*

Mon 14th Oct

Belchamp St Paul 6pm *Bat talk and walk with the Essex Bat Group*

Tues 15th Oct

Borley 7.30pm *Concert – The Mead Singers sing pieces by Ivor Novello and Gilbert and Sullivan*

Wed 16th Oct

Lamarsh 7.30pm *Rosheen and Cal Finnigan talk about their book "Letters from the Suitcase", based on Rosheen's parents' wartime correspondence*

Fri 18th Oct

Belchamp St Paul 7.30pm *Bell Ringing open evening. Discover the art and science behind this traditional method of summoning the faithful to prayer*

Sat 19th Oct

Twinstead 2pm *Wood turning demo by Tina Outhwaite – watch old and rare woods metamorphose into beautiful and useful items*

Sat 19th & Sun 20th Oct

Bulmer 10am - 4pm *Art exhibition – the work of artists & craftspeople of Bulmer, plus a display of bricks from the Bulmer Brick & Tile Company*

Pentlow 10am - 4pm *Art & Craft exhibition – Over the Rainbow, a display of art & crafts by the villagers of Pentlow*

Wickham St Paul 10am - 4pm *Art & Craft exhibition – a display of art & crafts by the villagers of Wickham St Paul*

Sun 20th Oct

Belchamp St Paul 10am - 4pm *Music workshop and concert by Sudbury Tenor woodwind & bass group – live rehearsal followed by concert at 3.45pm*

Gestingthorpe (Hill Farm) 2pm *Talk by Ashley Cooper on unearthing a Romano-British craftsman's village & villa at Hill Farm*

Tues 22nd Oct

Liston 9.30am - 3pm *Icons – a display, talk & hands-on workshop with Revd Margaret King (Booking required for workshop – see website)*

Wed 23rd Oct

Wickham St Paul 10am *Concert & coffee with the Kirk Quartet*

Wickham St Paul 6pm *Bell ringing open evening with Ted Laurence*

Fri 25th, Sat 26th & Sun 27th Oct

Alphamstone 11am - 5pm *Art exhibition - bookbinding, paintings, ceramics, and photos by local artists*

Sat 26th Oct

Twinstead 2.30 - 4.30pm *Spinning demo by Gill Read of the Lavenham Guild of Spinners and Weavers*

Alphamstone Village Hall 11am - 1.30pm *Pumpkin Patch – pumpkin competitions, games & café*

Alphamstone 7.30pm *"Desert Island Discs" with baritone Stephen Varcoe, interviewed by Andrew Marsden*

Sun 27th Oct

Twinstead 2.30pm *Walking the Labyrinth (meet at Twinstead church)*

Tues 29th Oct

Foxearth 10am - 4pm *Art & Craft exhibition, to include make and take card making sessions at 11am & 2pm*

Fri 1st Nov

Wickham St Paul 7.30pm *Festival Finale – Closing service to include Faure's Requiem sung by the South Stour Churches Festival choir*

Extended Exhibitions



1st - 30th Oct

Lamarsh

“Remote Places” – a small exhibition of amateur photos by Janet Penfold, taken on her walking holidays in different parts of the world.

10am - 4pm



30th Sept - 30th Oct
Belchamp St Paul

Photo & Art Exhibition “Celebrating the natural world” – a diverse exhibition of amateur photos, paintings, pottery and batik by Belchamp St Paul residents

10am - 4pm



30th Sept - 30th Oct
Belchamp St Paul

“Memories of the people and places of the Belchamps” – a display of bygone photos offering a pictorial social history of the Belchamps and Ovington.

10am - 4pm



7th - 20th Oct
Alphamstone

Photo exhibition – “Memories of the People And Places of Alphamstone”

10am - 4pm

THE CHURCHES

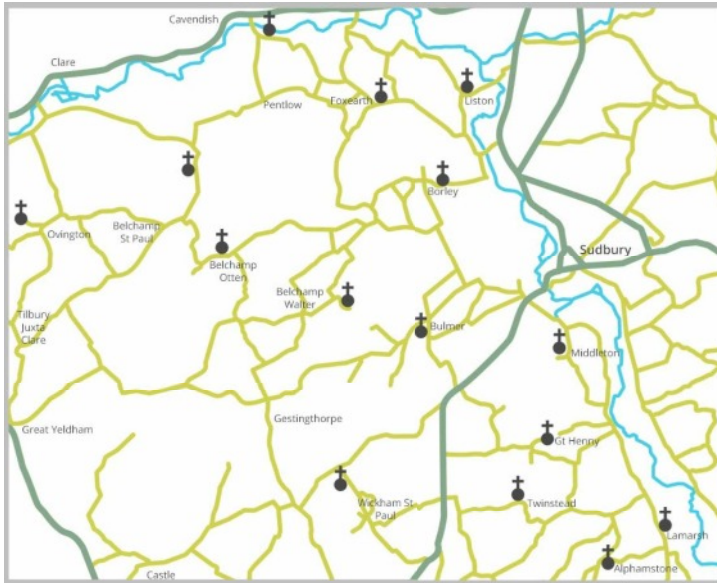
There are 15 churches to explore in the North Hinckford benefice, each with its own character and in its own rural setting on the south side of the River Stour:

Alphamstone *St Barnabas*
 Belchamp Otten *St Ethelbert & All Saints*
 Belchamp *St Paul St Andrew*
 Belchamp Walter *St Mary the Virgin*
 Borley
 Bulmer *St Andrew*
 Foxearth *St Peter & St Paul*
 Great Henny *St Mary the Virgin*
 Lamarsh *Holy Innocents*
 Liston
 Middleton *All Saints*
 Ovington *St Mary*
 Pentlow *St George & St Gregory*
 Twinstead *St John the Evangelist*
 Wickham *St Paul All Saints*

You can find out more about these beautiful churches and their history and architecture on the superb *Open Doors, Sacred Doorways* website: www.explorestourvalley.co.uk



South Stour Churches Festival



For more information, details and locations of all events
www.southstourchurchesfestival.org

Events may be subject to change so please check the website for up
to date information

Email: info@southstourchurchesfestival.org

Follow us on Facebook: South Stour Churches Festival

FOXEARTH GAMES NIGHT

It is with great disappointment that, due to the lack of village attendance and support for the monthly Foxearth village games night, we have come to the tough decision to cancel it for the foreseeable future.

Thank you to those that did attend and support the evening. All donations that were received in aid of the games night will be given to the church.



**FOXEARTH
MEMORIAL SEAT**

In memory of Jim and Vivienne Hastie who, as all will recall, died within the last year - their daughters Judith and June are arranging to have placed in Foxearth churchyard, a memorial seat, which will be installed shortly. It is lovely that a couple with such a long history of residence in the village, who we remember with affection and respect for their friendship and years of active involvement in village life, should be commemorated in this way.

We greatly appreciate this useful addition to the churchyard and thank Judith and June for their generosity and thoughtfulness. Use the seat and think of Jim and Viv.

Ken Nice

**LISTON
BORLEY
PENTLOW
FOXEARH
TRUST FUND**

Grants for educational development, community projects and religious purposes are available for individuals and organizations in our villages
Applications are considered by the Trustees in Spring and Autumn
Requests for support should be made in writing to the Secretary:-
Dr Douglas New at Bunters, Borley CO10 7AE

CRIME PREVENTION

AUTUMN & WINTER NIGHTS - CREATE THE ILLUSION OF OCCUPANCY

Upon walking down the road and with the darker nights, it is easy to spot that empty house; there is a line of houses, lights within and signs of occupancy. In the middle of the row is a similar house, but this one is in darkness with no signs of occupancy. It is easy to spot the empty house and chances are the burglar will too. At this time of year, an increased number of house burglaries occur between dusk and when you get home. You don't have to be a magician to create the illusion of occupancy and it may help protect your house.

Become an illusionist and make your home appear occupied even when you are out. Simple things like lights on timers in rooms that you would normally occupy whilst in and a TV simulator for the evenings, you can now even get a timer that fits over your light switches (search on the internet for light switch timer) and door bells you can monitor and answer remotely via your mobile phone. During the day leave a radio on, boots outside the back door, vacuum cleaner out with the lead going out of sight (not plugged in though), newspaper over the arm of the chair with a drink on the table and a pair of spectacles, the list goes on. Don't leave garden tools out in the garden though or you may find the burglar uses them. Lock tools securely away in a secure shed or garage; use a shed alarm these can also be remotely monitored too.

Stephen Armson-Smith

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for more information please contact Linda - linda_mercer@msn.com
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REMEMBERING THOSE WE NO LONGER SEE...



This year for All Souls Day we are holding two services in our benefice where everyone is welcome to come along to remember the people they have known, who have died, either recently or anytime in the past. There will be readings, hymns, music and an opportunity to light a candle to remember each life.

The services are being held on:

Sat 2 Nov - 4pm at Henny Church led by Revd Margaret King

Sun 3 Nov - 4pm at Bulmer Church led by Revd Gill Morgan

If you are unable to come but would like a candle lit in memory of someone email either Margaret or Gill and let us know the name of the person you would like to remember. For more information contact Revd Margaret King 01787 269385

revd.margaret@northhinckfordparishes.org.uk -or-

Revd Gill Morgan 01787 584993 revgillmorgan@outlook.com

CLUES ACROSS

- 1 Small planet - closest to earth (4)
- 4 Beds down cosily - Len & Tess make it! (7)
- 8 Liquorice (8)
- 9 . . . Brown's Schooldays - novel by Thomas Hughes (3)
- 11 Hurry - as then arranged! (6)
- 13 Structure that transmits and receives radio waves (6)
- 14 Kingdom (5)
- 15 Not hot (4)
- 17 Fruit - a conference favourite (4)
- 18 Round, flat cap of felt or cloth (5)
- 20 Alcoholic drink (6)
- 21 Of French origin a sweet made of egg white, nuts and honey (6)
- 24 Foot digit (3)
- 25 Told formally - about diet info. ! (8)
- 26 Rest day used - wandered off track! (7)
- 27 Food in haste at supper time! (4)

CLUES DOWN

- 2 Book of maps (5)
- 3 Senior nurse (6)
- 4 Allegedly he fiddled during conflagration (4)
- 5 Organised scheme or method (6)
- 6 Structure of criss-cross strips creating trellis effect (7)
- 7 The quality of being like something but not identical (10)
- 10 Cool cheats create box of delights! (10)
- 12 Not ever (5)
- 13 A line redrawn for foreign species! (5)
- 16 Strong, flavoured spirit-based drink (7)
- 18 Captain William Bligh's ship - HMS (6)
- 19 Sticky pudding (6)
- 22 Non-member in rogues tavern! (5)
- 23 Horse breeder stirs up dust! (4)

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PRIZE CROSSWORD No. 240

At a time of political upheaval and uncertainty, one looks for comfort of some sort. In my case it tends to be something nice to eat or drink - usually both! Some associated words provide the starting point for this month's competition. Some cryptic clues as usual!

Ken Nice

Entry of.....
 Add/Tel.....
 Email.....

	1	2		3		4		5		6		7
	8									9		
10												
11					12		13					
				14								
15		16							17			
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20							21			22		
						23						
24				25								
26								27				

OCTOBER WINNER PRIZE CROSSWORD

Nicola Chinnery of Pentlow

A bottle of wine will be winging its way to you shortly

Prize Crossword No 239 (September) Solution

Across: 1 and 3 Moon Landing, 8 Hubble, 9 Troupe, 10 Shuttles, 11 Emus, 12 Apollo, 15 Eleven, 17 Eros, 19 Terrible, 22 Estate, 23 Vienna, 24 Elderly, 25 Star
 Down: 1 Mouth, 2 Orbital, 4 Artiste, 5 Drone, 6 Neptune, 7 Neil, 13 Parasol, 14 Oatmeal, 16 Evident, 18 Space, 20 Rave, 21 Lunar

ADVENT QUIET DAY

on Thursday 5th December 9:30am – 3pm
at HOME retreat house
in Monks Eleigh in Suffolk

In the run up to Christmas why not take time out to remind ourselves of the real meaning of Christmas, to slow down, take a step out of busyness.....

A precious day to be refreshed in a peaceful village

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OCTOBER GARDEN JOBS BY ISOBEL CLARK

October can still be lovely, although definitely part of autumn, and it is an opportunity to do a lot in the garden.

- For early flowers, plant sweet peas indoors now in root trainers or 9 cm pots, and keep young plants in a cold frame or unheated greenhouse over winter.
- Look out for bare-root trees and shrubs, and hedging plants becoming available.
- For tropical house plants such as *Anthurium*, *Codiaeum* and *Philodendron*, stand them on trays of wet gravel to counteract the drop in humidity when central heating comes on.
- Once the first frosts have blackened the dahlia foliage, cut down to ground level and lift tubers for frost-free overwintering – laying them on their side to prevent rot from water in the hollow stems. In mild regions, leave them in, topped with an organic mulch.
- Move tender plants indoors for protection, but first check for pests such as red spider mite.
- Plant hardy spring bedding plants such as wallflowers, primulas and forget-me-nots into pots or prepared beds.
- When herbaceous perennials have finished flowering, cut them down to ground level, except for those with ornamental seedheads, which provide winter interest or habitat for wildlife.
- Improve fertility in the vegetable garden by sowing a cover crop of rye, vetches or ryegrass to be dug in from next February. This also improves soil structure, reduces weed growth and supports wildlife.
- Continue harvesting apples and pears. To store, place in an open-sided crate or trays, carefully not touching, in a cool, dark, well-ventilated place. Check regularly for ripeness and signs of rot.

Cavendish Horticultural Society : 7th October - Outing to Hyde Hall

WORLD RECOGNITION FOR ANAEROBIC DIGESTER AT BOXFORD (SUFFOLK) FARM

As part of the Lent Series of Events, on 21st March, we visited this facility and are pleased to learn that the AD Biogas industry has awarded it the status of 'World Anaerobic Digester Plant 2019'. Well done them!

PLUM AND ALMOND PUDDING

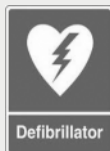
Prep: 20 mins Cook: 40 mins

Ingredients:

8 ripe plums, quartered and stoned
pinch cinnamon
zest 2 lemons
4 tbsp brandy (optional)
100g soft butter
100g light brown sugar
2 eggs
100g self-raising flour
50g ground almonds
3 tbsp flaked almond
clotted cream, to serve

Method:

1. Heat oven to 180C/160C fan/gas 4. Toss the plums, cinnamon, lemon zest and brandy, if using, together in a bowl, then leave to macerate while you make the batter.
2. Cream the butter and sugar with an electric whisk until pale and fluffy, add the eggs one at a time, then tip in the flour and ground almonds. Mix until completely combined.
3. Tip the fruit into a buttered shallow baking dish, spoon over the cake batter, then sprinkle over the flaked almonds. Bake for 35-40 mins until browned and cooked through. Test if the pudding is ready by inserting a skewer. If it comes out clean, the pudding is ready; if there is some batter on the skewer, then give it a few mins more. Remove from the oven and serve warm with clotted cream.



PUBLIC ACCESS DEFIBRILLATOR CAN BE FOUND AT:

Fox Lodge, Brook Hall Lane, Borley CO10 7AE

Foxearth Village Hall, School Street, Foxearth CO10 7JE

FOXEARTH & DISTRICT HISTORY SOCIETY

On our meeting in June, 18 members and guests met at Sudbury Cemetery for a guided talk with Helen Richardson on a project to record Headstones & Memorials.

A team from the Sudbury & District group of The Suffolk Family History Society have been involved since 2005 in a large project to record Monumental Inscriptions in our local churchyards. Head and foot stone information can often offer extra information not on burial registers, so helpful for ancestors when researching family history.

Sudbury's Cemetery and Chapel dates from 1859 to accommodate both Conformists and Non-Conformists. Churchyards were becoming rather full so something had to be done.

Every year the weather takes its toll on the stones so it is important to record information before it is lost. Volunteers work in pairs to decipher and record on to laptops for transferring to the burial index. Copies of these are held at the Cemetery, Record office, Library and by The Family History Society.

Helen explained that they have found different methods to decipher some rather weathered information. We were shown a way to show up some otherwise illegible inscriptions: a small quantity of shaving foam spread over the lettering then scraped off showed clearly what would otherwise be missed. Great care is taken to wash the stones afterwards! The churchyard & stones are treated with great respect.



A map has been made of the cemetery with plot numbers on the plan to help find where a relative is buried. Information is recorded with plot number, design, shape and description of the stone. All information detail / full name/ when they died/ age/ if an additional family member has been buried in the grave with inscription on the stone is recorded too. Every burial is recorded and the wording gives useful clues about our ancestors' lives & occupations. Sudbury Cemetery holds some interesting examples.

e.g. Esther, Wife of George Baker H.M. Inland Revenue 1884.

Ronald Greenwood C.B.E.: West Ham United Manager, & English National Football team manager 1977 to 1982

Clive Madgwick: Local dentist and painter. (He depicted local pastoral scenes, farmers and fishermen at work. Some of his oil paintings are in the Queen's collection at Windsor Castle)

Thomas Haywood: Ticket Collector Sudbury station, fell onto the rails.

Joseph George: Landlord of Rose & Crown twinned with

William Bailey: Landlord of The Four Swans.



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... continued Foxearth & District History Society

Anthony Wheeler: Benefactor.

Helen and her team served tea, coffee & biscuits afterwards with a chance to discuss the project and see illustrations of the work. The talk and walk through the graveyard / cemetery was a really interesting insight into this valuable project.

If anyone is interested to join the volunteers with the monumental inscriptions, work for an hour at a time or all day, no experience is necessary. For more information, contact Helen Richardson 01787 376287

Clare Mathieson



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FOXEARTH VILLAGE HALL QUIZ

Saturday, 14th September, saw Foxearth Village Hall crammed with over 50 people striving to prove how much, or little, they knew across a highly diverse range and subjects.

Almost under the control of MC Peter Highmore, they battled and heckled their way through 8 rounds before the "Foxearth Flyers" triumphed over the "Village People" by 55 points to 52.

Angela excelled in the catering department, providing a mouth watering lasagne, followed by home made cakes.

All in all, a very successful evening. Thanks to everybody that came along.

Peter Highmore

Confirmation

Often when we are babies, our parents brought us to church and made vows on our behalf. When we grow up, it is time to decide whether we would like to make these vows our own. That is what Confirmation is, confirming that we do indeed want to follow the way of Christ. After Confirmation people then become Communicant members of the church able to receive Holy Communion. In the Church of England, only a Bishop can confirm people. We are delighted that Bishop Roger of Colchester will be coming to confirm on Wednesday 15 January at 7:30pm in St Andrew's Church Belchamp St Paul.

You are never too old to be confirmed and children from Year 5 upwards may also be confirmed. We shall be offering classes in the schools.

If any adult would like to be confirmed please get in touch with Revd Gill, Revd Paul or Revd Margaret



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October Listing

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Folk Music: The Churchfitters Fri 4 -7.30pm
Music: Committed to The Blues Brothers
Saturday 5th October 7.30pm
Film: Rocketman Mon 7 2.30pm/ 7.30pm
Live Cinema: ROH: Don Giovanni Tuesday
8th October 6.45pm
Irish Comedy Drama: Guttled Wed 9 7.30pm
Chiller Drama: The Turn of the Screw
Thursday 10th October 7.30pm
Music: A Lennon Retrospective with John
Lennon UK Sat 12th Oct 7.30pm
Sudbury Flower Club Visting Demonstrator
Mon 14th October 7.30pm
Ethereal Music: The Blackheart Orchestra
Wed 16th October 7.30pm
Stand-Up Comedy: Prophet Sharing
Thursday 17th October 7.30pm
Chiller Drama: The Witching Hour Friday
18th October 7.30pm
Music: Who Are You UK Sat 19 - 7.30pm

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Princess & the Frog Wed 23rd Oct 1pm
& 3.30pm



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FOXEARTH & DISTRICT HISTORY SOCIETY

The History Society met on Tuesday 10th September to hear Dr Pat Murrell talk about the history of one of the most historic buildings in Bury St Edmunds - Cupola House. Dr Murrell briefly explained her own background as an historian working mostly in adult education, with a particular interest in the Stuart era. Influenced by the enthusiasm of an architect friend who was keen to restore the building, she became involved in researching it in about 2003, and was particularly fascinated to delve into the families that lived there. At that time, the building was deemed to be "at risk" but restorative work removed it from this register in 6 months.

The two timber-framed buildings, from which the house was developed, were constructed in the early 17th century and came into the ownership of a prosperous apothecary, Thomas Macro (born 1616). Thomas became a significant figure in local society, serving on the "elite" body of 37 men who governed the city and elected the Member of Parliament. His son - also Thomas - followed his father into the profession and he married Susan Cox in 1679 whereupon the building came to him. He amalgamated the two buildings into one, adding numerous baroque features including a wrought iron balcony and the cupola. This work was completed in 1693 and the result must have looked extremely impressive. The cupola added considerable height and was an obvious landmark, intended to command attention as a sign of prestige as well as providing a viewing chamber for visitors. The noted traveller, Celia Fiennes recorded the splendour of the construction as an example of "the new mode of building". The house remained the property of the Macro family until the mid 18th century by which time the apothecary's business had long ceased to exist. Thomas (jnr) had moved on to higher things, being three-times Mayor of the borough and High Sheriff. After a short occupancy by one Thomas Moyle, it was sold to Robert Hockley in 1757 where it was used for his grocery business; Hockley established a liquor trade which was extended by subsequent owners and leasees, with the premises eventually passing to the Clarkes brewery (later Greene King). In 2002 the building became privately owned and was used - after some restoration - as a bar and restaurant. The styling of it as Cupola House occurred in Victorian times and, when listing was introduced, it was accorded Grade I status.

In 2012 - to the great distress of local folk - Cupola House was considerably damaged by a fire and a further restoration project was organised. This consisted of a steel framework to support the structure but the 18th century facade was able to be saved, preserving the building's external appearance, together with some of the internal fabric, carved brackets etc and justifying its new Grade 2 listing. It reopened as a restaurant in 2017. On behalf of about 25 members and guests, Dr Murrell was warmly thanked by Secretary, Clare Mathieson, for her presenting such interesting evening.

Next meeting: Tuesday 15th October 7.30pm when Ian McMillan will speak about the history of Liston Hall

Ken Nice

#Taken by Tony Parsons was well worth the wait! Tony Parsons has excelled himself with his Max Wolfe series of thrillers. This, sadly, the last in the series, just gets better.

Unlike the typical thriller hero, Max Wolfe is no Phillip Marlow, Jack Reacher or James Bond. Max is a detective with the Metropolitan Police based at Saville Row Police Station and is a single parent, with responsibility for his daughter, Scout, and their King Charles Spaniel, Stan. He is not quite the domesticated modern man but close to it.

This instalment creates the usual tensions, twists and turns one has come to expect from Parsons, but these are not formulaic. Wolfe is confronted with a kidnapping or abduction at an upmarket London estate. The female abducted happens to be the flatmate of the latest squeeze of a 'former' underworld villain. The 'villain' is now a 'respectable' scrap metal merchant operating a yard close to King's Cross Station.

No one can quite understand why this abduction has taken place. There are few positive leads, Wolfe and his boss (who is challenging her own demons) are mystified and not helped by a retired police officer who thinks he knows better.

At the same time, Wolfe is battling his domestic arrangements. Scout is getting older, and her mother has, yet another, new relationship and wants Scout to spend a holiday with her, and her new man. Wolfe is resistant but a truce is agreed, with mother and father agreeing to attend Scout's sports day.

One is immediately absorbed by this book. It is full of drama and brilliant writing which is so descriptive that the reader is immediately taken to the situation unfolding on the page, as if an observer. Although Parsons says that **#Taken** is the last of the Max Wolfe novels, he has not finished it as such. Maybe his contract with the publisher was to write 6 books. Perhaps, at this moment he is renegotiating with them for a new series! I, for one, would be delighted if he did.

Those People by Louise Candlish I really enjoyed her previous work, 'Our House' and I was anxious to see if her creative, plot driven and plot twisting, could be replicated in this new work.

The background for this edge-of-the-seat story is a typical west London street which has found itself to have become gentrified. The residents of the street, Lowlands Gardens, feel they have something superior than other streets and go about making their community safe and more importantly, preserving the increasing values of their properties.

The story follows the fortunes of the residents; two brothers and their families living next door to each other; a recent divorcee now B&B provider; a young couple with a baby who live in one of the only semi detached houses on the street. The house they are 'attached' to has recently been inherited by a family member of the elderly lady owner.

OPEN GARDEN at WOODBURN COTTAGE, BORLEY

The National Open Garden Scheme (NGS) exists to raise much needed funding for charity, and to showcase the many beautiful gardens which are lovingly cared for by their owners.

One such garden, opened to the public on 8th September, was that of Becky and Jon Gorringe at Woodburn Cottage in Borley. Becky and her gardener, Anna, have worked tirelessly over the past few years since moving to the village, to create a typical country cottage garden. The challenge has been the invasion of rabbits and the lack of rain (particularly in the last few months). Becky had kept her fingers crossed that the lack of meaningful rain would not disrupt the late summer display in her garden paradise.

The other problem for the open day was the potential for cold, windy weather with a touch of rain! But - the weather gods were with her. That day started with a bright sunny morning and by mid-day (opening time) the weather was calm, sunny and warm with a gentle breeze and not a cloud in the sky.

Later, cotton-wool clouds drifted across the view over harvested fields, into the Bulmer distance adding to the beauty and tranquility of the garden setting.

It is easy to believe that all one needs to do to open one's garden is to mow the grass and put a sign on the gate. Not so. Borders had been weeded, additional planting supplemented plants that had 'gone over', flowers had been dead-headed and essential pruning carried out - and Jon had mown the grass! Of course, an essential element of Open Gardens is the refreshments on offer to patrons and in this, Becky's team of helpers excelled.

The Borley Garden Group, of which Becky is a member, and friends provided a mountain of tea, coffee and oodles of cake. Gazebos, tables and chairs had been thoughtfully erected and placed on the lawn to the side of the house. Having walked the grounds, patrons were more than happy to bask in the autumnal sunshine, chat, admire the view, talk of Becky's plantings ... and eat cake!

On hand was the County NGS Organiser, Trishia, overseeing Becky's first open garden. Tricia was suitably impressed by the magnificence of the garden and also the meticulous attention to detail in the organisation of the day.

Of course, the most important part of the Open Garden was Becky and Jon's "boys". Three alpacas watched proceedings from their paddock,



Open Garden continued ...

...continued Open Garden

they were as curious of all the activity as were the patrons of them. Although the garden was the star of the afternoon, Kit, Cassie and Duggie were the best supporting attractions.

Once final takings for the afternoon had been totted up, the various charities supported by NGS benefitted to the tune of over £800.

Kelvin Hastings-Smith



...continued from page 40 *A Good Read*

All is not well when Darren and Jodie move in. Eager to renovate the property, they set about the task with gusto - even into the early hours of the morning. Tensions escalate and the residents feel aggrieved at this invasion of tranquility and set about making action plans to preserve the value of their properties and the community spirit of Lowland Gardens.

The story is told firstly as a police door-to-door investigation and secondly, the events that immediately preceded the investigation. This is cleverly done and goes a long way to increase the tension and intrigue. The guessing game will continue well into the later chapters and to the last page....which is rarely successfully achieved.

This is a great book. If you ever thought you could ever fall out with your neighbours then this book will show you how!

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Email: mark.prina@arocha.org

Working hours: Mon/WedThurs/Fri 09:00 to 17:30



FOXEARH VILLAGE AFTERNOON TEA



On a sunny and warm-ish August afternoon, Pam Pluck threw open the gates of Foxearth Hall for Afternoon Tea.

The preparation that must have gone into this event should not go unrecorded. Not only were there homemade sandwiches, cakes and scones, but the lawn had been laid out with table, chairs and white tablecloths, and an artfully arranged vase of flowers adorned each. The sandwiches were professionally laid out on platters and the cakes displayed on china cake stands. Menus could also be found on the tables which included a history of ‘afternoon teas’. The calligraphy on

the menus was an original touch which blended with the afternoon.

If one closed ones eyes, this could have been an afternoon tea at Henley Regatta. However, nothing could beat this fabulous offering.

Residents and friends gathered to renew acquaintances, catch up or just have a good old gossip! It was good to see some new residents come along to meet their new neighbours and be welcomed into the village.

I was delighted to join Derek and Sylvia Suckling, and John Geddes. We had a grand time, full of laughter and chat. It was (almost) the eve of Derek’s birthday, when he would be celebrating a birthday with a ‘9’ in it. We joked that this was his birthday tea.

Sampling the gastronomic delights put me in mind of the poem ‘Jim’ by Hilaire Belloc “they gave him tea and cakes and jam, and slices of delicious ham and chocolates with pink inside ...”. The vanilla butterfly cakes were delicious and worthy of inclusion in Belloc’s poem!

The water in the teapot kept getting low but Pam and her team made sure that not only was it filled and refilled but also kept to strength.

This was a lovely afternoon, congratulations to Pam, her team and Foxearth for staging such a delight. They made a profit of £43.50.



Kelvin Hastings-Smith

OCTOBER	WEST PARISHES				NORTH PARISHES				
Sunday	B Otten	B St Paul	B Walter	Ovington	Bulmer	Foxearth	Liston	Borley	Pentlow
Tuesday 1 st October	7.30pm Team Healing Service at Belchamp St. Paul - MHK								
Wednesday 2 nd October		10am Midweek Mass MHK							
6 th October	8.45am Communion	6pm MHK		9.45am Harvest Communion GM	10.30am Pet Service PG	10.30am	6pm Harvest Service MHK		11.15am Communion GM
16 th Trinity <i>Green</i>	PG Communion	Harvest Service GM				Start the Month! Churchwardens			Communion GM
13 th October	NO SERVICE	10am Matins		9.45am Communion	11.15am Communion GM	10.30am Family Service Churchwardens & Fiona Gault		11.15am Family Service MG	11.15am Communion PG
17 th Trinity <i>Green</i>		JM		GM					PG
20 th October 18 th Trinity <i>Green</i>		10am Belchamps combined service at Belchamp St Paul				10am Communion (BCP) GM		10am Communion PG	6pm Evensong PG
20 th October 18 th Trinity <i>Green</i>		11.15am Communion PG							
27 th October 19 th Trinity <i>Green</i>	8.45am Communion (BCP) GM	10am Communion GM				10.30 am Combined Service at Foxearth MHK			

More information from Revd Margaret H King 01787 269385 Revd.margaret@northhinkfordparishes.org.uk
 Visit our websites: www.achurchnearyou.com/benefice/08/315BJ www.northhinkfordparishes.org.uk www.explorestourvalley.co.uk

THE NORTH HINCKFORD TEAM

Monthly Services of Healing Prayer at 7:30pm

Tuesday, 1st October at Belchamp St Paul : Tuesday, 5th November at Belchamp Walter
All welcome to these quiet reflective services Contact Revd Margaret 269385