

## Harmony Grows

A six Week Therapeutic Parenting Course  
For Black & Dual heritage Kinship carers.



- FULL TIME CARER?
- NAVIGATING CHALLENGING BEHAVIOUR?
- UNDERSTAND TRAUMA AND IT'S IMPACT.
- FEELING OVERWHELMED AND UNDER RESOURCED?

**Starts:**  
**Thurs Oct 26th**  
**10.30- 12.30pm**  
**Online- Zoom**

**Build stronger happier  
relationships  
with your children.**

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