

June E-Bulletin



Children and Young People's Network



Monday 11th June 2018



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Please keep us up to date... Let us know if your contact details change!

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Welcome!

Welcome to this month's edition of the CYPN newsletter.

Our next Network meeting is just around the corner (on the 26TH June) but to keep you up to date with news and events in B&NES please have a read of this months ebulletin!

My aim as coordinator is to provide members with relevant information regarding meetings, events, training, consultations and developments to ensure that the sector is informed and kept up to date at a local and national level.

If you have any information that you would like included in future e-bulletins or If you have any feedback regarding this e-bulletin then please contact me.

Gilly Samuddin

Children & Young People's Network Co-Ordinator gilly@bathareaplayproject.co.uk

For more information on the Network please see our pages on the website <u>here</u>.







Children & Young People's Network News

Our next Network Meeting is being held **on** <u>Tuesday 26th June, 10 – 12pm</u> at the Odd Down Community Centre and will be focusing on Collaboration. We will have a short presentation from our Researchers who will have completed their report and can share with us their findings, this will be followed by some groups discussions and opportunities for you to get involved with shaping the future collaboration within the network. Please join us as we would love to hear how the Network can work to help you and your organisations.

Kooth an online counselling provider of mental health services for children, young people and adults will also be popping along to highlight the services they offer and what they do.

GDPR: Update for the CYPN:

As you all know the new regulation came into force at the end of last month. Maintaining your privacy matters to us a network so I have updated the privacy policy. If you are happy to continue receiving our amazing ebulletin monthly and occasional emails regarding local consultations and meetings, then you don't have to do anything.

However, if you would like to unsubscribe and no longer want to receive emails from us then please contact me here to unsubscribe from our database.

Collaboration across the CYPN:

I have recently been working on the CYPN pages of our website (<u>see here</u>) and have now added a 'useful resources' button – there will be a space here to upload and share resources, policies and documents that you are happy to share with other CYPN members.

I have also been recommended the '<u>Loomio</u>' sharing resource so am exploring how useful this might be for the CYPN. Please have a look and let me know what you think.

We will also be having a selection of workshops at the next CYPN meeting, as mentioned above, and will have an opportunity to discuss what useful documents you might like to see on the website.

We have already had requests for: Privacy Notices / Policies, policy additions around data retention periods or data breaches in relation to the GDPR



If you're interested in more information, please contact: (01225) 331243

The service provides targeted support and early help to vulnerable families with children aged 5-19yrs. It works alongside Children's Centre services and Connecting Families to deliver a co-ordinated early help offer to families in B&NES

Anyone working with a family or the family themselves can make a referral for support and all referrals go to a fortnightly Partnership Allocation Meeting where, when there is capacity, the family will be allocated to a worker or a particular service.

A home visit is completed for every referral so that the Family Support & Play Service can build a clear picture based on the issues the family and child think are important and steps are agreed to work towards improving outcomes for children and the whole family.

We work not just with the child but with the whole family as this ensures that the family and child agree



Star Project of the Month

Family Play and Support Service

Bath Area Play Project are working in partnership with Southside delivering this early help Family Support & Play Service. This work has developed from the B&NES Play Service and now covers the whole of Bath & North East Somerset.

the outcomes together and supports increased understanding of the value and role of each family member has as well as the role of the family in the child's life.

One of our family support workers shares a recent case here: "I was given a referral for a young person who was struggling to complete day to day activities and keep any form of routine. The young person had come into some extreme difficulties towards the end of the academic year and recently was diagnosed with Agrophobia as well as suffering from extreme anxiety and severe depression. This has meant that she was unable to attend and commit to her school responsibilities and attend essential GCSE exams.

When I first picked up the case, the young person was, the young person was not even confident enough to get on the local bus and leave the house, let alone attend school to complete revision and her exams.

After many multi agency meetings with relevant professionals such as myself, GP and Child and Adolescent Mental Health Service workers (CAMHS), I was able to grant the young person a more intimate space at the school to sit and complete her exams. This has resulted in the young person sitting 6 GCSE exams, leading to her being able to obtain her place at college.

I have also been seeing the young person once a week in a 1:1 setting to talk through her thoughts, feelings, difficulties and challenges in a confident, confidential way. I have been able to identify the young person's needs and offer strategies to help her cope with the difficult feelings she is presented in her life.

I was able to establish such a great rapport/relationship with the young person enough that she feels confident enough to call/text me off of her own phone when she is experiences difficulties and/or anxious moments."

For more details please call: 01225 331243

National News & information

Charities are 'behind the curve' on blockchain, a report warns

Blockchain technology could revolutionise the charity sector as much as the internet did, according to a report recently published. But Nothing To Lose (But Your Chains), which was commissioned by the think tank Charity Futures, warns that the sector is "behind the curve" and missing opportunities. It calls for sector leaders to team up with technologists to create a voluntary sector taskforce to get to grips with blockchain.

Charity Blogs: you can use WordPress as a blog for your charity. Does your charity really need a blog? This article may help you decide. https://wiredimpact.com/blog/should-your-nonprofit-start-blog/

Small Charity Week – 18th – 23rd June 2018

Small Charity Week celebrates and raises awareness of the essential work of the UK's small charity sector which makes an invaluable contribution to the lives of millions of individuals, communities and causes across the UK and the rest of the world. Bath & North East Somerset Council Funding Journal – last updated 1st June 2018 26 of 493 Small Charity Week is brought to you by the Foundation for Social Improvement (FSI), who with the support of partner organisations ensure the work of small charities is recognised and celebrated. To find out about their events, visit their website.

Local & Regional News & information

FARESHARE: Charities and community groups in Bath to be offered surplus food from Tesco

Charities and community groups across the Bath area are being invited to receive free surplus food from Tesco this summer, as part of their ongoing scheme to reduce food waste. The free food includes fresh produce such as fruit, vegetables and bakery products and chilled food like meat, cheese and ready meals. Groups registered with the Community Food Connection are given scheduled collection days and receive a text alert to tell them what food is available. They can then choose what they want from the surplus food on offer. If your group could benefit from the support of Community Food Connection, visit www.fareshare-go to register your interest.

B&NES Carers' Centre launches new discount card scheme for local carers

The B&NES Carers' Centre is launching a new discount scheme as part of Carers' Week, which will run from 11th to 15th June, as part of their ongoing campaign to support local carers.

This year's theme is "healthy and connected" to promote communities that support the health and wellbeing of carers, which is why the Carers' Centre has chosen to launch the 'Carer Friendly Banes' scheme and the new carer discount card. The scheme currently has 35 local businesses signed up to help carers stretch the pound a bit further. Twenty of those are in Bath.

TechforGood, Bath

This is part of a wider national and global movement to grow skills and knowledge sharing in the non-profit sector around digital. They have been going in Bath since April 2017 with around 380 members meeting every couple of months or so in quite an informal setting to bring nonprofits and the digital tech community together with the ultimate objective of connecting and building the opportunities for skills sharing and support. The next event is Monday 25th June from 6pm at St Johns Foundation with the subject of tech in the context of youth and kids exploring the challenges and opportunities.



Forthcoming strategic meetings

These are meetings which our Network Reps will attend. If you have an issue which you feel should be considered by the Board, please contact the relevant Representative here. You can also ask for details of meeting Agendas —available the week before the meeting.

- Emotional Health & Well being group: 14.6.18
- SEND Strategy: 21.06.18
- Workforce reform meeting 18.07.18
- Early Help board 26.07.18
- LSCB 04.09.18

If you would be interested in becoming a representative for the Network on one of these boards please get in touch with me as I have been contacted by a few reps who are willing to hand over their responsibilities if the right person comes along!

Meetings & Events

Mental Health Review:

As you may know, the CCG and Council are reviewing the way community mental services are delivered locally, so they can decide what improvements need to be made in the future. The review began last summer; Find out what people told them here.

There are a series of public workshops in June 2018 to discuss in more detail how community mental health services can be improved. You can find out more and sign up for workshops <u>here</u>. (13.06.189 - 12.30pm or 18.06.186.30 - 8.30pm in the Keynsham Community Space)

<u>Small Charities Week:</u> lots of events planned all week starting with: <u>I Love small charities day</u> 18th June 2018 This is a day to raise awareness of the work of all small charities across the UK. Getting involved is easy and your small charity has the chance to win up to £450!

Bath Fundraisers Meeting – Innovation funding Tuesday 12th June

The next Bath Fundraisers' Group session is a great opportunity to learn from <u>Catherine Ainsworth of The Dot Project</u> about digital technology for charities and how to fund new developments: Short workshop to demonstrate opportunities for funding mechanisms to support internal organisational strengthening through digital tools and technology platforms. Focuses on how to develop a strong funding proposal and how to decide whether a funding opportunity is right for you.

<u>The Innovation Centre</u>, Carpenter House, Broad Quay, Bath, BA1 1UB

Interagency meetings

A really useful forum and wonderful opportunity to meet local people/ groups and hear some of the new and exciting things they have planned over the coming months. I attended the Chew Magna meeting on behalf of the network and enjoyed meeting representatives from lots of groups working in the area. Alex, a community first responder, offered free CPR training to groups in the 'Chew Valley' area so if this is of interest please let me know.

The next meetings are:

11.07.18: Community 67, Queen's Road, Keynsham 12-2pm 12.09.18: Council Chambers, The Hollies, Midsomer Norton 12-2pm

Local Charity events:

11th – 15th June: Carers' Week

25th June: Tech for Good 6.30pm (focus on young & kids)

 30^{th} June – 6^{th} July: <u>TRC awareness Week</u> various events around Bath

1st July Swallow: BikeBath Fundraising event - 25, 50 or 80 miles

14th July Dorothy House Bubble rush

21st July Bath Carnival

Business & Fundraising

Transform Foundation: £18,000 website grants for charities: applications open

The Transform Foundation is offering £18,000 grants to charities to fund the design and build of a new website for them. They will support organisations that are looking to use their website as a marketing platform in order to achieve their charitable objectives; raising funds, recruiting volunteers, carrying out online petitions or reaching beneficiaries. Therefore, do not fund organisations who simply want a basic brochure-style website or who have no defined measures of success. Click here for details.

Froebelian Innovation Grants - The Froebel Trust

Grants up to £40,000 available to UK registered charities, schools and international charities to support children aged 0 to 8 to play expressively and creatively.

The deadline for applications is 5pm on Friday 29th June for projects to start from November 2018.

First Growth

A grant-making trust offering grants to charitable organisations in England working in the areas of children and young people, the relief of poverty, and economic and community development. For details see: Charity Commission website.

<u>Grants to improve approaches to the educational achievement of 'looked after children' and young carers – the British and Foreign School Society</u>

The deadline for applications is the autumn bank holiday, Monday 27th August for decisions to be made in October 2018.

Partnerships Fund – Big Lottery

This funding awards grants of over £10,000 to organisations who share responsibility and influence with others, who have a shared set of goals and values and achieve their mission by starting with the bigger picture rather than just what their organisation can do on its own. The Big Lottery call this 'generous leadership'

The Truemark Trust

Grants of between £1,000 - £10,000 for small, neighbourhood-based UK registered charities dealing with all forms of disadvantage, particularly innovative community projects that engage less popular/marginalised groups. The Trust makes a small number of interest free loans during each year.

For more business and fundraising opportunities please see the B&NES June funding journal here.

Quartet Grants available:

RW Barnes Bursery Grant. Closes on 27th July £2,500

Fund set up to offer financial assistance to undergraduate students on programmes of study based on Engineering, Maths or Physics, at certain UK universities. Priority given to students wanting to attend Bath or Cambridge Universities or living within postcodes: BA8, BA9, BA11



12 hour Paediatric First Aid training course:

It is strongly recommended that you have someone who is qualified where you run any activity for children & young people.

OFSTED recognised qualification

£95 per person

Available for all

Venue: Odd Down Community Centre

Various dates and times available.

If you are interested or would like further information please email sarah@bathareaplayproject.co.uk

Training

FREE MENTAL HEALTH TRAINING IN B&NES - Connect 5

Provides participants with skills & competencies that build confidence in having conversations about mental health & well-being. It presents tools to empower others to take proactive steps to build resilience and look after themselves.

Selection of dates for session 1:

Wednesday 6th June 10.00-13.30 / Friday 15th June 9.30–13.00 pm/ Mon 9th July 9.30–13.00 / Wed 12th September 10.00–13.30pm For more information contact: clare_laker@bathnes.gov.uk

B&NES Children's Workforce Training:

- Online Safety 29th June 9.30 1pm Civic Centre, Keynsham
- Early help & Integrated working Family alcohol identification 18th July 9.30–12.30, The Hollies, Midsomer Norton
- **Eating Disorders** 27th Sept 9.30–1pm Civic Centre, Keynsham
- Neglect & Child protection awareness Training 8th October 2018 9.30–1.00 Civic Centre, Keynsham
- Working with families of change resistant drinkers 24th
 October 9.30 1.30pm The Community Space, Keynsham

All bookings for the Children's Workforce Training should be made through the online booking System here

Further information is available from Children's Workforce Training 01225 394210 or childrensworkforce training@bathnes.gov.uk

If your Organisation has any specific training needs you would like me to investigate on behalf of the CYPN please get in touch!

Youth Mental Health First Aid 2-day course 4th & 5th June 9 – 5pm

Suitable for anyone working with or supporting children & young people aged 8-18. It teaches the skills needed to spot the signs of mental health issues in a young person and builds confidence to offer first aid and knowledge to signpost to further support needed.

Email: Deborah carter@bathnes.gov.uk to book £85 (includes lunch)

I hope you have enjoyed this edition of the CYPN e-bulletin, if you have any feedback or would like to see me cover anything else in the next edition please do not hesitate to contact me at gilly@bathareaplayproject.co.uk