

# Children & Young People's **Network E-bulletin**



## September 2020

Dear Members,

Thank you for taking the time to read this month's ebulletin. We have a very exciting grant opportunity from St James' Place included so please have a look at that below. Philip Marten, who spoke to us at a CYPN meeting last year got in touch to offer CYPN members the opportunity to apply for some funding – it's use it or lose it so please have a look!

Also a polite reminder to please let me know if you would like to join us for our zoom network meeting next Wednesday (30<sup>th</sup> September) it'll be an opportunity to share what your organisations has been up to during the summer and what your plans for the Autumn are. Please join us if you can.

If you have any news or stories you would like to share please let me know. As always please do get in touch if I can help in any way. Thank you for everything you are all doing in our community. Continue to keep safe and take care,

Gilly Samuddin, Children & Young People's Network Coordinator.

What's in this month's Newsletter:		
Welcome and Contact us page	Up coming meetings/ events	Please keep us up to date Let us know if your contact details
Local News and Information	Training opportunities.	change:
Business and Funding	Job opportunities	Contact the CYPN at: Odd Down Community Centre Odd Down, Bath
		BA2 2TL 01225 832479

gilly@bathareaplayproject.co.uk

## Local/National News:

#### New restrictions from Monday 14 September

From Monday 14 September there will be a ban on meeting socially in groups of more than six. This will apply in any setting, indoors or outdoors and the ban will be enforceable by the police. COVID-secure venues like places of worship, gyms, restaurants and hospitality venues can still hold more than six people in total. Within those venues however, there must not be individual groups larger than six, and groups must not mix socially or form larger groups. You can find out more information <u>here</u>.

#### **COVID TEST CENTRES - B&NES**

A second drive-in Covid-19 mobile testing unit has opened at Odd Down Park and Ride. It is in addition to the temporary Covid-19 mobile testing unit at Paulton Football Club which will be available until September 21.

#### <u>ELSA</u>

If you have a young person struggling with managing their emotions at the moment, ELSA (emotional Literacy Support Assistant) have an abundance of high quality, free and accessible resources to help parents support them at home: <u>ELSA</u>

#### Food Clubs now open at B&NES Children's Centres

Bright Start Children's Centre Services, in partnership with Family Action, Fareshare & Radstock TC, are now running weekly Food On Our Doorstep (FOOD) clubs across B&NES. The three clubs provide local families, with children under 11 a range of affordable food every week. We receive weekly produce from Fareshare who redistribute food from manufactures to people who need it the most.

- Keynsham Children Centre Weekly Thursday, 2pm-4pm
   65 West View Rd, Keynsham, Bristol, BS31 2UE Tel: 01225 395400
- St Martins Children Centre (Bath area) Weekly Friday, 10-12pm 150 Frome Rd, Bath, BA2 5RE Tel: 01225 396004
- Radstock Children Centre and Library Weekly Friday, 1.30pm-3.30pm Church street, Radstock, BA3 3QG Tel: 01225 396660

Further information about food clubs can be found here

**Step by Step** - supporting B&NES families with chn 5yrs & under with additional needs (diagnosed or undiagnosed), offers; introduction to a range of services, weekly support from experienced staff and an opportunity to meet with, share experiences and gain support from other parents. Our next course will be online via Zoom! Starting 7 October. If you have any concerns about a child's development, talk to your Health Visitor about Step by Step or contact us on 01225 396662 or <u>Rebecca\_wren@bathnes.gov.uk</u>

Don't forget that **KOOTH** is still here and available for all young people aged 11 - 18 in BANES. They have created back to school brochures for staff and students that are full of useful advice. They can be found here at <u>Staff</u> and <u>Students</u>. Please forward these links to any of your contacts that would benefit from them.

**Time 2 Talk**: National Development Team for Inclusion (NDTi) are providing a new service to young people with Special Educational Needs and/or Disabilities to support them to plan for their future and counter social isolation brought about from the pandemic. Time to Talk can be accessed by any young person aged 16-25, and sessions will take place virtually. Spaces are limited and the dead lining for submitting a request for support is 21st September at 10am. More information can be found on the <u>NDTi website</u>, or by calling Alice McColl on 01225 789135.

**Message from LD & PSI Comms**: Every Mind Matters -children & YP campaign. New mental health campaign to support children and YP: Better Health Every Mind Matters. This is a part of the wider Every Mind Matters campaign. Launched this week; it directly targets YP aged 13 -18 and the parents/ carers of children and YP from 5-18. The campaign aims to: •Equip parents/carers and YP to take action to protect and improve children and YP's mental wellbeing •Build mental resilience to navigate the Covid-19 outbreak and evolving mental health challenges •Provide support for those children at greater risk of worsening mental health. You can download a range of resources to help including by signing in to/ registering on the PHE resources website.

The programme <u>See, Hear, Respond</u> is run by Barnardos (in partnership with the DfE) to refer children adversely affected by lockdown/exposed to harm to receive support to prevent escalation of difficulties. The funding from government is aimed at families where there is increased parental conflict or DV and children experiencing anxiety, bereavement, self-harm and online grooming as a result of lockdown. The referral portal is currently active & taking referrals <u>until October 2020</u>

**Bath Area Play Project new group:** Thanks to funding from Quartet Community Foundation, BAPP will be starting a new well-being group for children aged 8+ years. Where children have been struggling with social anxiety, stress or just not coping that well with back to school and feeling isolated, then this may be a good option.

The weekly group will be run by experienced staff, with knowledge of CBT and mental health aware and will provide support for children to develop strategies for managing their well-being. For more information and an application form, please email enquiries@bapp.org.uk

## **Business & Fundraising:**

#### Great Grant opportunity: Apply ASAP

Philip Marten, who spoke to us at a CYPN meeting last year, has got in touch to offer CYPN members the opportunity to apply for some funding from St. James's Place. Grants of up to £2,500 for projects concerning Young People (also covers projects for mental health, cancer or for hospices) and grants of up to £1,000 for any general charity projects. The application process is through an <u>online portal</u>: Charities complete a short application (3 pages) regarding themselves, the project and upload their accounts. There is a question – "Were you invited to apply for this grant through one of the following people? "Please put in "St. James's Place Partner" and later in the application put Philip Marten's name as a reference. He is very happy to answer any questions you have before you apply: <u>Phil.Mwm@sipp.co.uk</u>

This grant is 'use it or lose it' stage so PLEASE apply and help them use it well!!

<u>The Health and Wellbeing 2020-21</u> 'Starting Well' Fund: Grants between £200,000 and £510,000 for Voluntary, Community and Social Enterprise (VCSE) organisations in England for projects that improve outcomes for mothers and babies in deprived areas and/or from BAME backgrounds. The application deadline for the Fund is midday on Friday 30th October 2020

<u>The Baily Thomas Charitable Fund</u>: A reminder of this fund which offers Small Grants up to £10,000 and General Grants over £10,000 for UK registered charities, voluntary organisations associated with a registered charity and exempt charities such as schools, for the care and relief of people affected by learning disability in the UK. The next applications deadline: • Tuesday 1st December 2020 for consideration in March 2021.

<u>The Central Social and Recreational Trust</u>: Grants up to £1,000 for sports clubs and organisations in England to provide opportunities for disadvantaged children and young people aged 21 and under.

<u>The Van Neste Foundation</u>: One-off grants generally around £7,500 for charitable organisations based and working in Bath, Bristol, Plymouth and Somerset working to support children and young people.

<u>Tesco Bags of Help</u> – focus on Youth Projects: The Bags of Help grant programme will be providing grants of £1,000 to support projects focused on local children and young people.

## Training & Support Opportunities:

To book your space on one of these training sessions please see the Learning Zone

**BCSSP Domestic Abuse Inter-Agency Child Protection - Virtual session** Only available to those who have previously completed the Advanced Inter-Agency Child Protection course. A course for those looking to refresh and build on their knowledge and skills to support children and families living in environments with high levels of domestic abuse: **ZOOM SESSION – THURSDAY 24<sup>th</sup> September 2020 09.45 UNTIL 12.45** 

<u>ONLINE SAFETY – VIRTUAL TRAINING</u>: This virtual course will provide an overview of the latest online challenges facing not just children and YP but those who work with and care for them. It will consider the impact that COVID-19 has had on online safety and what we have learnt from lockdown. There will be a focus on the latest guidance from government as well as an overview of the most recent and relevant research and resources that are available: ZOOM SESSION – TUESDAY 13<sup>TH</sup> OCTOBER 2020 10.00 UNTIL 12.00

<u>SARI Virtual training - General Race Equality, Equality & Diversity and Cultural Competence</u>: aimed at Social Workers and Support Workers who work with children and young people: Friday 2<sup>nd</sup> October 2020 – 09.30 until 13.00 (including break)

If you require any further info please contact: childrensandadultsworkforce training@bathnes.gov.uk

## Events:

23<sup>rd</sup> September: 3SG Senior Leaders Network Meeting 2- 3.30pm
30<sup>th</sup> September: CYPN Zoom Network Meeting 10 – 11.30am

#### Reopened

Just to let you know the **Café at Threeways School** has reopened this month so why not pop along to support them. They have a simplified menu including take away, pastries, lunches, coffee and cake. (Card payment only). If you are still working from home why not take a break and pop along <sup>©</sup>

Thank you for talking the time to read this e-bulletin. Please do keep sending in events and news to share with the sector. Now, more than ever, it is so important for us to come together and share knowledge and resources. If I can help in any way please don't hesitate to get in touch,

Kind regards, Gilly Samuddin Children and Young People's Network Coordinator