

Children & Young People's Network E-bulletin



March 2021

Dear Members,

It's hard to believe we have passed the one year anniversary of the UK being in lockdown due to the Coronavirus pandemic and what a year it has been! But what a great start to the first week of the most recent lockdown easing, with the clocks going forwards, having lighter evenings and such sunny weather I can't wait for the rest of spring...

There is also so much to look forward to over the next few weeks with the Easter holidays just round the corner and more groups offering face to face activities, you will find all the details of what our members are up to in this bulletin as much more!

If you would like to share your news directly with other members, why not join us tomorrow (March 31st) for our Virtual Network meeting 10-11am via zoom... I am trying to keep optimistic that as restrictions ease we will be able to hold our next, June, CYPN meeting face to face at the Odd Down Community Centre!

If you have a spare 2 minutes I would really appreciate you completing our annual CYPN survey <u>here</u>. We have 9 responses so far and would love to hear from more of our members. This will help us reflect on what we are offering members and will shape the future of the network. If you would like to discuss getting more actively involved with the network please feel free to email me: gilly@bathareaplayproject.co.uk

Kindest regards,

Gilly Samuddin, Children & Young People's Network Coordinator.

What's in this month's Newsletter:

Welcome and Contact us page

Local News and Information

Business and Funding

Training opportunities.

Up-coming meetings/ events

Job opportunities

Please keep us up to date... Let us know if your contact details change:

Contact the CYPN at: Odd Down Community Centre Odd Down, Bath BA2 2TL 01225 832479 gilly@bathareaplayproject.co.uk

Local News & News from CYPN Members:

<u>Shine a light on the stars in your community</u> Community heroes in Bath and North East Somerset who have made an exceptional contribution to helping others during the Covid-19 pandemic are set to be recognised in a raft of special new awards. The awards aim to highlight people who have gone above and beyond to support members of their community over the past year. Nominations are encouraged to be made online via the nomination form before 30th April 2021.

Kooth Please continue to remind young people aged between 11 – 18, that Kooth.com is available for them for free, safe and anonymous wellbeing support and advice and is accessible from any internet enabled device. Rachel, our local representative is available to deliver virtual, staff refresher sessions and provide virtual or recorded presentations for young people. If you would like to book virtual support, please do get in touch <u>rpotter@kooth.com</u>. Back to school resources are available in various formats including for social media <u>HERE</u>

<u>Quartet Vital Signs 2021 report</u> on climate and communities focuses on areas where philanthropy can make a difference. It highlights how Covid has hit our most disadvantaged communities hardest – and warns the climate crisis will do the same. Published in March 2021, the report examines how the climate crisis is already affecting lives in the West of England and includes local and national data on energy and transport, food, weather and nature. It also features local projects already taking positive steps to improve the environment and tackle climate change.

Street to Studio: Monday –Thursdays at the Southside Youth Hub: Music Production, Musical instruments, singing, rapping and music technology. For more information/to book email: George.saunders@YCSW.org.uk

<u>3ways café</u>: The café will be reopening after Easter - check their social media for updates @3cafekitchen

Wheels for All, Bath: Lockdown loan a Trike offer. We're offering a selection of our trikes to help existing users keep active until we're able to re-start sessions at Odd Down. Email your request to <u>Chris - loan a</u> <u>trike</u>. We look forward to getting back to Odd Down. Please visit <u>https://www.eventbrite.co.uk/e/wheels-for-all-saturday-club...</u> for first Sat Club of 2021 on the 10th April 12.00 & <u>https://www.eventbrite.co.uk/e/wheels-for-all-twilights-reg...</u> for twilight session of Tues 6 April 4pm start!

<u>Rapid Covid-19 test site for key workers</u> All staff working out in the community are being encouraged to get tested at least once per week – and preferably twice, 3-5 days apart. You can book a quick, free and easy lateral flow test (LFT) at the Apex Hotel in Bath, Masonic Hall in Keynsham, Centurion Hotel in Midsomer Norton. All sites will be open from 7am to 7pm, Monday to Saturday. Book:www.bathnes.gov.uk/rapidtest

<u>COVID 19 January 2021 Survey</u> Young Minds' have produced their latest report on the impact the Pandemic had on young people's mental health needs.

<u>Lloyds' Bank Foundation Report</u> finds smaller charities 'showed up' and 'worked flexibly' in response to the pandemic. The report, called <u>The Value of Small in a Big Crisis</u>, shows that smaller charities quickly responded to the emerging situation, 'in contrast to parts of the public sector, who were slower to react, and to informal support and mutual aid, which has dissipated over time'.

<u>Rebalancing the Relationship report</u> by NCVO: The pandemic has led to some impressive examples of collaborative working across the sector; sharing knowledge, resources and energy between organisations, but the report highlights how unequal the current system can sometimes be.

<u>UK's first therapeutic fostering agency expands into Bath</u>: <u>ISP Fostering</u> provides specialist therapeutic support and services to vulnerable young people in care (there are 186 children in care across B&NES). The number of children and young people in the UK seeking foster parents has grown by 44% since the beginning of the coronavirus pandemic. To find out more you can join the weekly Thursday evening sessions. To register interest, follow the link here - <u>https://ispfostering.org.uk/resources/events/</u>

Are children in Bath becoming more <u>'aggressive' and 'demanding'</u> as a result of lockdown? Southside's Penny McKissock has recently spoken to Somerset live about the increased number of reports of children using physical and emotional abuse against family members. Read the <u>article here</u>. If you are working with a family experiencing domestic abuse please contact Southside for further support.

<u>Dream Space</u> **exhibition launching on 31 March** The launch of <u>Dream Space</u>'s new multimedia exhibition of over fifty personal and local stories, revealing what some of the world's biggest challenges – Covid-19, racism, and the climate crisis - mean for life here in the city. The free online exhibition will present a collection of spoken word, poems, songs, and reflections shared by Bath locals towards the end of last year, and give us a unique insight into local life, and how we as a community can create a kinder and more inclusive Bath.

Youth programmes review-Digital Culture Media Sport (DCMS) Young people's views wanted: The DCMS is reviewing the programmes and services it supports for young people outside of school including the National Citizen Service, youth clubs, youth volunteering opportunities and local sports/arts groups. They want to hear from as many young people as possible to inform their policy and have developed a questionnaire for young people ages 11-18, or up to 25 if they have additional needs. The deadline for submissions is 7 April <u>Questionnaire</u>

Business & Funding Opportunities:

The Masonic Charitable Foundation Children and Young People's Grant

Revenue grants ranging from £1,000 to £60,000 over 1-3 years for registered charities for projects that enable disadvantaged and vulnerable children and young people aged up to 18 years (or up to 25 years for disabled young people) to overcome the barriers they face in life. Applications close 31st March.

The Pixel Fund

Grants of between £500 and £5,000 for UK-based registered charities and Charitable Incorporated Organisations (CIOs) for projects that promote the mental health and wellbeing of children and young adults aged 25 and under. Applications may be made at any time.

<u>The Grocers' Charity Memorial Grants</u> One-off grant, up to £5,000 for small charities working in the areas of education, environmental causes, health, heritage, people with a disability, support for children and young people, no matched funding requirement. There are four deadlines per year.

The Constance Travis Charitable Trust

Grants generally of between £20,000 and £100,000 for charities working in a wide range of areas, including arts outreach, community projects, education and social mobility. Applications may be made at any time in writing, they are reviewed 9 times a year.

Crime Prevention Through Sport Fund –Wesport

Wesport are working in partnership with Somerset Activity & Sports Partnership (SASP) to deliver the Crime Prevention through Sport Fund commissioned by Avon & Somerset Constabulary. Together they endeavor to support projects that have a considered approach to supporting young people who are involved or are at risk of being involved in criminal activity. The Fund aims to support projects that use sport and physical activity to reduce violence, crime & anti-social behaviour for young people up to 25.

<u>Youth Endowment Fund-Another chance</u> -Diversion from the criminal justice system. The Youth Endowment Fund (YEF) has announced a new fund of up to £20 million (opens 19 April 2021), to find out how diversionary programmes can keep children out of the criminal justice system. Whether through mental health support, whole family interventions or mentoring, the YEF wants to know how offering alternatives to arrest, conviction and custody to children who have offended, can sustainably prevent them from becoming involved in violence later in their lives.

The Joyce Fletcher Charitable Trust

Grants up to £2,000 for UK voluntary and community sector organisations working with music and the arts to improve the lives of children, the disabled and disadvantaged. The Trust does not have an application form. Annual deadline of 1st November applications by September preferred. All applications must be made by letter and should include:

- •The purpose of the grant.
- •An indication of the history and viability of the organisation.
- •A summary of accounts, and
- •A stamped, addressed envelope, or email address if a response is required.

Curo Community Chest – Foxhill/Combe Down, Bath

Have you got a great idea for the Foxhill and Combe Down area? Do you want to organise a local event, need a piece of equipment for your community group or need some cash to make something happen in the local neighbourhood? If so, the Curo Community Chest Grant could help you. The Community Chest will provide grants to support initiatives that help 'to make a positive and profound contribution to the neighbourhoods where we work –supporting people to succeed in life'

GLL Community Foundation

The foundation supports projects which encourage local people to be active, learn and play together with a potential pledge of up to £5,000. GLL operate leisure centres in Bath and North East Somerset.

Quartet Community Foundation: Various grants available. <u>Bath Half Marathon Fund</u> - closing date: 21st May up to £1,000 <u>Express programme</u> (includes coronavirus response) £500-£5000 <u>High Sheriff of Somerset Charitable Trust</u> - next deadline: 10th May Up to £1,500

Training & Support Opportunities:

B&NES Learning Pool Training: To book a space on one of these sessions please follow the links or go to the Learning Zone. All training is currently virtual.

23rd April: 2-2.30pm <u>Early Help Assessment Overview - Virtual Briefing</u> To provide learners with a basic understanding of the Early Help Assessment (EHA), including the purpose and when one might be used, who to talk to and include, where it goes and what happens next

27th April 9.30 – 4.30pm <u>Emotional regulation tools, Triggers and Hot spots</u> This course will present emotional regulation tips and tools which can be used and transferred to work with children, adults, and parents, including for our own regulation. This will include some of the tools from the bestselling Presley the Pug, The Therapeutic Treasure Box, and the Therapeutic treasure deck of cards. The day will also consider triggers and hotspots and give some ideas of ways to talk about triggers in a more playful, accessible, and engaging way.

11th May 11-11.30am <u>Research Prior to an Early Help Assessment - virtual briefing</u> To enable learners to consider where they can gather information prior to writing an assessment, for example, speaking with the young person and their family, gaining consent to begin an assessment, acknowledging ongoing work with other agencies.

11th June 9.30 – 3.30pm <u>Working with Difficult, Dangerous & Evasive Behaviour – Virtual Session</u> This training will provide a variety of tools & techniques for working with service users in challenging situations

<u>St Mongo's Connect 5 -Session 1</u>, 31 March 2021, 1-4pm(online): The intended outcome of session 1 is to change the way you talk about mental health, so you are confident and skilled to have brief conversations in which you help a person think about ways they can take action to improve their mental wellbeing

<u>Psychological First Aid training</u> for supporting children and young people (Online) Public Health England launched a FREE new online Psychological First Aid (PFA) training course on how to provide practical and emotional support to children & young people affected by coronavirus, or other emergencies or crisis situations. The course will equip those completing the training to better identify children that are in distress and provide support to help them feel safe, connected and able to take steps to help themselves.

<u>Wellbeing College BANES</u>: The Wellbeing College provides a range of training for staff and volunteers, much of which is free. It also offers community courses designed to improve wellbeing. Keep an eye on their website for the latest opportunities

<u>Somerset Skills and Learning</u> Courses and Workshops, (online): Offer a range of free courses for learners aged 19+, who live in Somerset or BANES, and have lived in the UK for the last three years. Somerset Skills and Learning also offer bespoke courses and workshops, which can be tailored to the needs of your service users/community. To find out more, contact Lucy Hill by e-mail to lhill@sslcic.co.uk

Interagency Meetings - BANES wide (currently online): They give service providers an opportunity to share information, promote projects or events and improve partnership working. Upcoming dates: Tuesday 30th March 12-2pm: Zoom meeting <u>log in</u>: Meeting ID: 981 1164 4540 Password: v3zhs0KMt6 Tuesday 25th May12-2pm Tuesday 27th July 12-2pm Sign up to the Interagency Bulletin, or to attend their meetings <u>here</u>.

Events:

31st March: CYPN Network Meeting (Zoom): Emil Gilly for a link.

W/C 4th & 11th April: Free Easter Camp for Vulnerable children: Easter Break out: A series of free, fun filled Easter Holiday hubs for local children & Teenagers.

5th April: Kooth live forum: Accessed via <u>Kooth website</u>: Tackling Loneliness Together

16th April: Kooth Live Forum: : Accessed via <u>Kooth website</u>: Paw-sitive Powers of Pets.

17th April: <u>Bath Youth For Christ: Online Games Night</u> 7pm. £5 per household

17th September: TRC Autumn Conference. To book click <u>here</u>.

Job opportunitites:

Mentoring Plus:

Mentoring & Activities Practitioner: 30 - 37.5 hours p/w incl 1 weekly evening session in term-time. We're looking for a skilled and creative practitioner to support a diverse cohort of 11- to 21-year olds and their volunteer mentors. Alongside this, you'll be providing an engaging weekly term-time activities session for this cohort, complementing mentoring with supported group work offering a choice of sports, arts, cooking, wildlife etc. Salary: From £24,000 per annum, pro rata FTE. Closes 6th April. Professional Mentoring Practitioner 30 - 37.5 hours per week. Hours flexible with occasional out of hours working (with TOIL). Our Professional Mentoring practice supports young people with a 1-1 mentor. This enables us to help young people at a higher level of need than a volunteer can safely support, while still offering a child-centred and engaging service connecting young people with their community. We also provide primary and secondary schools with in-school professional mentors. From £12.30 per hour dependent on experience, plus pension. FTE = from £24k approx. Closes 6th April.

Thank you for talking the time to read this e-bulletin. Please do keep sending in events and news to share with the sector. If I can help in any way please don't hesitate to get in touch,

Kind regards, Gilly Samuddin, Children & Young People's Network Coordinator