

Children & Young People's Network E-bulletin



February 2021

Dear Members,

To suggest that last year was a challenging one for charities is a bit of an understatement.

Adopting creative and innovative solutions for day to day operations and meeting the needs of our users proved the sector's versatility and resilience which I have tried to convey in our statement for the interim Children & Young People's Plan.

In-person events were largely absent throughout 2020, which had a significant impact on fundraising. However, charities quickly adapted to meet the 'new normal' and the absence of in-person events led to an explosion in virtual events, a trend that is expected to continue throughout much 2021.

In this month's bulletin you will find details of lots of virtual sessions and events being offered by CYPN members and as we wait tentatively for next week's update on current lockdown restrictions we can look forward to Spring and the new opportunities ahead. Restrictions are not going to disappear overnight, even with the promising take up of the vaccine. However hybrid events with small groups conforming to social restrictions may be the way forward.

Despite its challenges the Pandemic has helped reignite people's interest in their local community with 30% planning to get more involved in 2021. Let's make the most of this and look to the rest of 2021 with excitement and optimism.

Gilly Samuddin, Children & Young People's Network Coordinator.

What's in this month's Newsletter:

Welcome and Contact us page

Local News and Information

Business and Funding

Training opportunities.

Up-coming meetings/ events

Job opportunities

Please keep us up to date... Let us know if your contact details change:

Contact the CYPN at: Odd Down Community Centre Odd Down, Bath BA2 2TL 01225 832479

gilly@bathareaplayproject.co.uk

Local News & News from CYPN Members:

For the next 2 weeks Health and Social Care Workers are able to book a vaccine appointment directly, via the National Booking service. This can be done via the following <u>link</u> Where you are have direct contact with service users who are at high risk of Covid-19 you may be eligible. For more details see: <u>Covid-19</u> vaccination page

Kooth – <u>#DontDoltAlone</u> campaign: designed to encourage open conversations around mental health so children and young people know they are not alone with their struggles. Young people can access counselling, messaging, peer to peer communities and relevant content. You can signpost all CYPs between 11 – 18 to the service.

<u>We hear you</u> - Counselling service supporting young people affected by all life threatening conditions, including COVID-19 and is available to anyone impacted by a life threatening experience of the virus, whether directly or indirectly. They have a very short waiting list. <u>Contact them</u> to find out more.

<u>Healthwatch</u> – 2021 Community Pot applications open: designed to support voluntary, community and social enterprise (VCSE) organisations and groups operating in B&NES. A one-off grant ranging from £500 to £5,000 to fund a piece of work or project that will be completed by Thursday 30 September 2021.

St John's – <u>SKiP</u> project was founded to help improve the lives of children of local families in B&NES. Families may find themselves in temporary financial hardship or, increasingly, in 'in-work' poverty. Children who are referred to us are offered new school related items, such as uniform, bags and so on. It's aim is to help children to feel equal amongst their peers and to reach their full potential at school.

Off the Record: Youth Forum Team #wellbeingwednesday are creating a self-care calendar. Have a look at week 1 ©

<u>Project Search</u> in B&NES offers supported internships to young people with SEND to support them develop key skills to prepare them for paid employment.

<u>Voices for Life</u> is a new music and wellbeing children's charity based in Bath and created during the pandemic in response to the increasing deterioration of mental health and wellbeing in children. Through the powerful interplay of music and confidence and emotion coaching techniques, the programs will enable children to develop their musical skills, experience emotional expression through music and ultimately have fun singing together... for details email: shean@voicesforlife.org.uk.

<u>KIDS: Virtual Be Positive sessions</u> For young people with additional needs aged 13-25 yrs. To book a free space on one of these sessions please email: Siobhan.hayward@kids.org.uk. Sessions can be completely flexible, no commitment to attend them all. Dates in April & May now available.

Calling all young artists & designers! As part of LGBT+ History Month 2021, the council is pleased to announce a competition for young people to design a logo that will be used to promote LGBT+ History Month 2022, and also be used to promote LGBT+ related news and events in the B&NES area. So, it's time to get your imaginative ideas flowing by designing a logo that: Helps promote the message of LGBT+ equality, Is memorable, Refers to our local area, B&NES (either



in words or images), Will stand out (event when used as a small logo on social media and web pages). Send your logo design to equality@bathnes.gov.uk by the closing date of Friday 11th June 2021. Visit the Council's web pages to see full details of the competition

An update on the local NHS Covid-19 vaccination programme is to be the subject of the latest webinar being organised by Bath & North East Somerset Council. Residents are being invited to join the hour-long online discussion at **10.30am on Friday 19 February**. Council leader Councillor Dine Romero will be joined by panelists, Councillor Rob Appleyard, cabinet member for Adult Services, Gill May, Director of Nursing and Quality for B&NES, Swindon and Wiltshire Clinical Commissioning Group and Andrew Smith, Chief Executive of B&NES Enhanced Medical Services (BEMS) and Dr Bernie Marden, RUH Medical Director. The panel will address residents' questions and take stock of the vaccination programme locally, including the plans for the continued rollout to priority groups. To register for the webinar click here. The webinar will also be live streamed on their Youtube Channel and will also be available afterwards for viewing.

Bath Mind are running a young person's peer-support and wellbeing group via zoom. It is called Safe Space. It is 5-6.30pm every Thursday. The age range is usually 16-25 years old. If staff want know any more information about the group (such as about the referral process) contact Becky Hughesman, Wellbeing groups manager. BeckyHughesman@bathmind.org.uk. Upcoming sessions include:

18.2.2021: A creative workshop with Alex Ogando, theatre practitioner, 25.2.2021 Nutrition and wellbeing session with the Bath College tutor, 4.3.2021: Creative workshop with Alex, the theatre practitioner.

Business & Funding Opportunities:

Bath University's **Big Four** Applications are now open for 2021-2021 and this year they are digital. Closing date for applications is 29th March. Each year students at the University of Bath select four charities to support throughout the academic year. Please read the Big 4 Application guidelines below carefully before applying. Read their guidelines <u>here</u>. If you have any questions contact <u>Joshua Hale</u>.

<u>Family fund</u>: Support for low income families with a disabled or seriously ill child. Provide items/ services that they could not otherwise afford or access, and that help improve their quality of life, realise their rights, and remove some of the barriers they face.

The KFC Foundation Community Grants Programme: Grants between £200 and £2,000 for grassroots UK not-for-profit organisations for activities that enable young people aged 11-25 to fulfil their potential. Applicants should (a) be based in a part of the UK in which KFC has an outlet, and (b) working to help young people fulfil their potential by providing: • Mentoring. • Safe social spaces • Work, social & life skills Projects that address social disadvantage among young people. Deadline 28th February 2021

<u>COVID-19 Support: The UK insurance and long-term savings industry</u> The key aim is to provide immediate relief to charities affected by Covid-19, as well as a longer-term programme of support for people, communities & issues where there is the greatest need, including: • Community based charities that are under unprecedented strain • Charities supporting the most vulnerable – in particular, families and children living in poverty • Initiatives to promote wellbeing and mental health across society <u>Radstock Town Council Grants</u> Grants up to £1,000 are available for charitable or voluntary groups

undertaking projects which benefit the community of Radstock. The new closing date is 25 February.

Healthwatch B&NES Community Pot Fund: Voluntary, community and social enterprise organisations and groups operating in B&NES can apply to receive a one-off grant ranging from £500 to £5,000 to fund a piece of work that will help Healthwatch to understand local people's experiences of using health and social care services. Applications must be received by 12pm (midday) on 5 March 2021. If you would like to discuss your eligibility or talk through an idea for a Community Pot project, please get in touch.

Training & Support Opportunities:

Free Coaching Sessions are on offer for CEO's of small charities and Senior Managers of larger organisations. Rachel Stewart is the Volunteer Manager at Dorothy House and is currently studying for the ILM level 7 in Executive coaching and is looking to gain experience. The coaching is free of charge and will be 4 to 6 sessions over Zoom which can be arranged to suit other commitments outside working hours. If interested email her here or call her on 07896 814328 - Find out more.

B&NES Learning Pool Training: To book a space on one of these sessions please follow the links or go to the Learning Zone. All training is currently virtual.

<u>Loss & Bereavement</u> Tuesday 23rd February 2021 – 12.30 until 16.30

<u>Attachment – Introduction & Awareness</u>: Tuesday 2nd March 2021 – 09.30 until 15.30

<u>Transitions Training - Virtual Session</u>: Thursday 11th March 9.30 – 12pm The aim of this HALF day Virtual workshop will be: To improve our joint understanding between adult and children's services regarding the

legislative framework for disabled young people (14-25 year olds), with particular focus on: Children and Families Act 2014, Mental Capacity Act 2010, Care Act 2014.

Interagency Meetings - BANES wide (currently online): They give service providers an opportunity to share information, promote projects or events and improve partnership working. Upcoming dates:

Tuesday 30th March 12-2pm

Tuesday 25th May12-2pm

Tuesday 27th July 12-2pm

Sign up to the Interagency Bulletin, or to attend their meetings here.

EYFS: Inspirational Speakers Practical Ideas on supporting all Children's Wellbeing with Sonia Mainstone-Cotton Is now available on The Hub as an e-learning training session. You can view the video from the live event held earlier this month here: https://thehub.bathnes.gov.uk/Event/134980
You will need to have your own Hub login account. If you do not have one you can request one here

The next 'Inspirational Speaker Session' is an Overview of the Wellbeing and Involvement Scales - Anna Ephgrave on 2nd March. Book your place here: https://thehub.bathnes.gov.uk/Event/133605

Events:

- 18th February: Mentoring Plus quiz, 7pm on Zoom, £5 entry
- 18th February, 5.30pm **Southside Youth & Community Centre** are hosting a virtual gathering for local residents to have a say on the future of the facilities and community initiative projects.
- 25th February: CYPN Youth Work Community of practice (to join us please contact Gilly)
- 26th February, 9.30am-12.30pm **3SG Open Space** February
- 26th February 1.30-2.30pm Parent Champion zoom meeting: Find out what support is available from the SEND partnership service. Call 01225 394382 to book.
- 2-4th March 9 -1pm: <u>#BeMore Digital</u> FREE Conference: Sign up now for access to the Event Hub, where you can find full agenda details, session information and build your itinerary. events@charitydigital.org.uk
- 8^{th} March 10.30 11.45am Parent Champion zoom meeting: Find out what support is available from the SEND partnership service. Call 01225 394382 to book.
- 19th March: Red Nose day

Job opportunitites:

Bath City Farm: Saturday vacancy for a Site & Visitor Assistant - the role includes supporting our Saturday morning children's club, and leading animal and outdoor play activities for children's parties. For a job description/application form please visit our <u>website</u> or email <u>Sarah Neale</u>: Salary: £17,500, 7.5 hours per week. Closing date: 22nd February, potential start April 3rd.

Thank you for talking the time to read this e-bulletin. Please do keep sending in events and news to share with the sector. If I can help in any way please don't hesitate to get in touch,

Kind regards, Gilly Samuddin, Children & Young People's Network Coordinator